

Details

Known as	Inverclyde Faith in Throughcare
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2019-03-29
Register	View on the OSCR register

Contact

Address	The Dutch Gable House 14 William Street Greenock Inverclyde PA15 1BT
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of citizenship or community development', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: IfiT has been set up to support people in Inverclyde who are affected by, or at risk of becoming involved in, the community/criminal justice system, including those transitioning from prison to community. We work collaboratively with participants, on a referral basis, as well as other third sector and government organisations. We believe everyone should have the chance to learn new skills and be empowered to realise their full potential to make positive changes in their lives and the community in which they live.

Beneficiaries: 'Other defined groups', 'No specific group, or for the benefit of the community'

Objectives: To prevent and relieve poverty and other disadvantage experienced by people in Inverclyde who are affected by, or at risk of becoming involved in, the community/criminal justice system, including those transitioning from prison to community. To reduce loneliness and isolation amongst people in Inverclyde who are affected by, or are at risk of becoming involved in, the community/criminal justice system, including those transitioning from prison to community. To build resilience and promote better social and mental well-being amongst people in Inverclyde who are affected by, or are at risk of becoming involved in, the community/criminal justice system, including those transitioning from prison to community

Geography

- **Main operating location:** Inverclyde
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£101,949	£84,083	-	2
2024-03-31	£94,414	£89,019	-	2
2023-03-31	£76,245	£73,924	-	2
2022-03-31	£50,770	£40,246	-	1
2021-03-31	£17,870	£37,627	-	1

I FiT

Scotland - Charity number SC049182

Accounts

Inverclyde Faith in Throughcare



RECEIPTS AND PAYMENTS ACCOUNTS

Charity No: SC049182

Year ended 31st March 2025

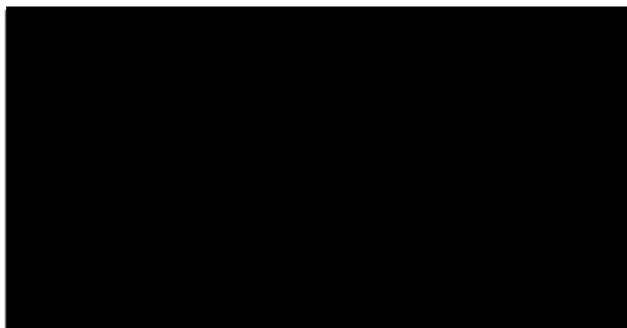
Reference and Administrative Information

Charity Name: Inverclyde Faith in Throughcare (IFIT)

Charity Registration Number: SC049182

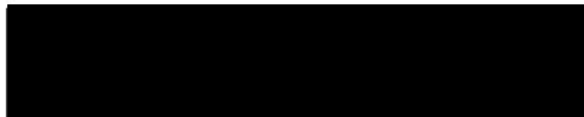
Contact Address: The Dutch Gable
14 William Street
GREENOCK
PA15 1BT

Trustees

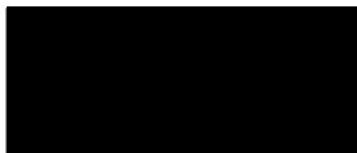


Principal Office-bearers

Chair :
Secretary :
Treasurer :



Independent Examiner



Bankers

The Co-operative Bank,
PO Box 101,
1 Balloon Street
Manchester M60 4EP

**Inverclyde Faith in Throughcare
Trustees' Annual Report
Year ended 31st March 2025**

Structure, Governance and Management

Governing Document

Inverclyde Faith in Throughcare is administered in accordance with the terms of its Constitution adopted on 5th February 2019.

Recruitment and Appointment of Trustees

Membership of Inverclyde Faith in Throughcare is open to any individual who supports the aims of the organisation. Any member will be eligible for election or appointment as a trustee provided they are not an employee, nor disqualified from being a charity trustee under the Charities and Trustee Investment Scotland Act (2005).

Organisational Structure

The organisation is managed by the Board of Trustees and the Board may exercise all the powers of the organisation.

Risk Assessment

All staff members and volunteers must be members of the Protecting Vulnerable Groups Scheme.

Objectives and Activities

IfiT has been set up to support people in Inverclyde who are affected by, or at risk of becoming involved in, the community/criminal justice system, including those transitioning from prison to community. We work collaboratively with participants, on a referral basis, as well as other third sector and government organisations. We believe everyone should have the chance to learn new skills and be empowered to realise their full potential to make positive changes in their lives and the community in which they live.

Our Mission Statement is: **To support people on a journey to desistance, from imprisonment to community.** We want to:

- prevent and relieve poverty and other disadvantage
- reduce loneliness and isolation
- build resilience and promote better social and mental wellbeing.

We employ one full time coordinator and one full time throughcare support worker who together coordinate the support of volunteers, many of whom also have experience of the criminal justice system.

Objectives and Activities – (cont)

IfiT supports people in our community by enabling participants to engage in a range of activities, to aid recovery, enjoy new experiences, improve wellbeing and help build resilience. One of IfiT's key strengths, as an organisation, is its ability to connect with people and help them access local services. Our staff and six volunteers are well informed, engage in their own continuous professional development, and have access to vital community resources. We currently have three participants engaging in college courses, two have gained full time employment and others are exploring educational opportunities that are sourced by IfiT Staff, these include, mental health wellbeing courses, cooking classes and life skills. Two participants have gained full time employment following a successful move on from support. We accept referrals from individuals as well as organisations such as social work, the Scottish Prison Service, and other third-party charities. We support clients who are stable in their recovery and engaging well in support through a thorough initial, and ongoing, assessments.

IfiT continues to be a people-led project. Most of the volunteers and the staff members we have employed, since the project started, have had experience - either directly or indirectly - of the criminal justice system. They bring their own lived experience to shape how IfiT works and the activities it engages in. They know what their own experiences have been and have been able to build the positives of this into the shape of how IfiT works with people, as well as knowing the things that could have gone better for them, and the things they would like to try to do differently for others.

We support several clients who are experiencing challenges around substance use disorders. We continue to provide an informed choice about recovery pathways and encourage attendance within IfiT groups to improve social isolation, increase a positive mental health outlook, and for general wellbeing. Consistency in communicating the values of IfiT is very important especially when asking people to leave and return at another time if they are overmedicated or under the influence on arrival. This has been normal practice as we take a consistent approach and protect people from risk of being triggered, maintaining health and safety for all present, and ensuring participants feel safe to engage with others.

We know there is a need for IfiT because evidence shows that effective, tailored, and sustained support is a protective factor to reduce instances and change patterns of re-offending and re-imprisonment. Remembering that most of our participants also have history of addictions, the need for our project is also emphasised by the succinct conclusion of [REDACTED] that "the opposite of addiction is not sobriety, it is human connection."

We journey with our participants directly, and at least initially, go with them to appointments such as the doctor, housing, drug team etc. This ensures that the person gets there, and that the coordinator/volunteer acts as a constant source of support and vital holder of information across the many services that the person is required to engage with, at this crucial transition phase.

Unlike some statutory organisations we do not place limits on the length of time that people can stay involved with us, meaning that we are a constant, reliable, trusted source of support. We want to maximise the positive impact on lives, through the work that IfiT does, for very vulnerable individuals, and their families, at this critical point in their lives. In doing this we empower participants to take back control of their lives in a positive manner, re-engage with family, and support them, in finding ways back into the community.

Objectives and Activities – (cont)

Case Study

Staff received a referral request from the local MSP who met X when they were sleeping on the streets. The individual was experiencing homelessness following a rekei had recently been liberated from prison with no prior support in place. Furthermore, they experienced withdrawal symptoms from class A substances and their mental health had significantly deteriorated with symptoms of psychosis and phycological stress. X was signposted to IfiT for support. At the initial meeting, an overview of our organisations aims were explained and the support available. Following assessment by staff, an individualised care plan was agreed.

At the time of referral, engagement was sporadic due to combined factors of personal choice, environmental and societal challenges they were facing. Due to repeated illicit substance use, X experienced relapses into old patterns of behaviour that caused him to reoffend and resulted in him being re-incarcerated.

In prison, IfiT reconnected with X and offered throughcare support whilst in custody to ensure their experience of leaving prison was positive; care plans were in place prior to liberation to ensure a successful and safe reintegration. Staff worked with local services, Homelessness casework team, (ADRS) alcohol drug recovery service at Wellpark to ensure that all identified areas of support were met.

When X was liberated a support worker brought them back to Greenock, implementing their personalised action plan. Meeting with X immediately after release eased their anxiety and was assisted in attending appointments with housing support services, benefits advice services and support access to tenancy. Initial support needs were met, a weekly schedule of community supports and IFiT specific groups gave the routine and structure vital for X's reintegration as they began to rebuild relationships with his family.

Engagement increased and preferred outcomes were discussed as a priority. X had a significant history of (ACES) adverse child experiences and trauma that manifested as anger and substance abuse. X experienced challenges around communicating their true feelings, causing them to isolate at times and affect their mental health. X began attending recovery-based meeting within the community and tailored recovery orientated groups that were delivered within IfiT.

IfiT identified a ten-day retreat that was tailored for X where he thrived along with others who had similar experiences. This boosted X's confidence and allowed them to take part in a range of outdoor activities. X also attended a retreat in the Isle of Mull called CAMAS. X was part of a group that were stable in their own recovery journey but supported by staff and volunteers to contribute to the planned retreat activities including, orienteering, kayaking, abseiling, sea fishing and wild camping.

X has since desisted from offending behaviour and maintains his own recovery, living independently without the need for support and has been engaging with an integrative councillor weekly which has supported X to respond in a healthier way to challenges in their life. X cares for their mother who does not keep well and also is a positive influence in their younger brother's life.

Objectives and Activities – (cont)

Case Study (cont)

X has achieved a coaching qualification with Street Soccer Scotland and is captain of a local community justice football team that plays in a local recovery league. The change in X has been remarkable and is a positive asset to himself and the wider community and peer group. X enjoys a quiet life supports his local football team. X's presence in IfiT positively impacts on others who are exploring recovery activities and is an encouraging person to have around peer groups.

"If I had not been engaging in IfiT, things would have been much harder for me, I've now learned how to cope in a healthier way and how to express my feelings. I accessed the right support for me and am settled; I have structure in my life. I feel at times life in general can

be over whelming but now the tools I have learned help me to take a step back and respond more positively."

Volunteers update

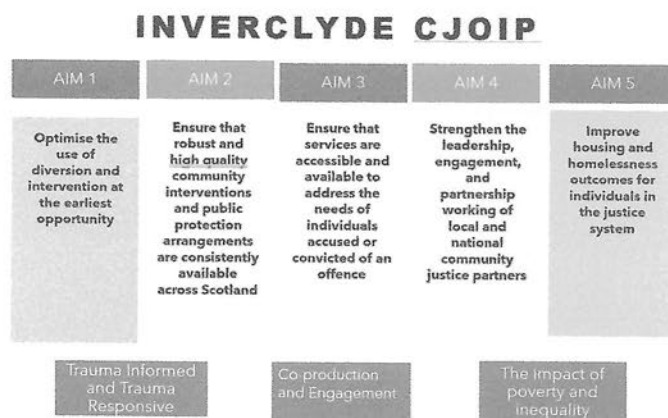
Currently we have six active volunteers who all contribute in their individual way, bringing unique perspectives and skills that enhance IfiT as a service. All our volunteers are previous participants of IfiT and have benefited from being part of the charity, wishing to give back some of their experience to new participants coming through. The local coordinator provides support and supervision, ensuring the roles are mutually beneficial and meaningful within our service.

Students

During this year we have had two students on placement. One a third year social work student who completed a report on the different organisations IfiT engages with and how IfiT interacts with that organisation. We currently have a counselling student on placement offering counselling four hours per week for participants free of charge. We are exploring funding to enable this to continue once their placement finishes.

Community Justice Outcomes Improvement Plan (CJOIP)

IfiT has been represented at the local third sector community justice forum since established early 2023. The purpose has been to provide a platform for third sector organisations who work with people in the justice system and share knowledge, experience and practice that will support the local provision to respond to needs of people navigating the justice system.



Objectives and Activities – (cont)

Training, staff and volunteer development

Training for both IfiT staff and volunteers is in place and covers areas such as Safeguarding, Health and Safety, Social Media protocols. Specific training accessed: ASSIST Suicide prevention training, support planning, throughcare volunteering, Activate course (Community development), Conflict resolution, Staff Coordinator awarded SVQ 4 Social care services ,support worker awarded SVQ 3 social care services.

New and appropriate training sessions will be tailored to the groups as needed while holding each other accountable, encouraging good and safe practice for all. Support and supervision is provided while reviewing roles and promoting opportunities for personal & professional development. Employees undertake an annual appraisal where training needs are identified in line with IfiT's vision and strategy, in order to support not only the staff but participants.

Spotlight on Activities:

Where possible and funding allows, we invite external agencies to deliver group activities such as *Wellbeing, (CBT) Cognitive behavioural therapy, (NLP) Neuro Linguistic programming and Massage therapy.*

Wellbeing Wednesdays

Our volunteer led wellbeing group has been delivered every Wednesday with an average of 5 people attending. Two of the group are now peer mentors and have experience of leading Tai Chi in a group setting. The people attending are regulars and value wellbeing practices such as emotional check ins, meditations, mindful walking and tai chi. In warmer weather we look to build on this and take trips into nature and encourage others to promote health and wellbeing through exercise.

Restorative Justice Sycamore tree group

The sycamore tree restorative justice course has been a powerful learning experience and has been very engaging with on average 8 people attending weekly. The facilitators, from Prison Fellowship, were very good at capturing the attention of the group and establishing the important point of commitment throughout the course. We learned about retributive justice and restorative justice and how the two different forms of justice impact of communities. Although Sycamore tree is delivered in prisons, the facilitators skilfully adapted the course to IfiT and has been a highlight this year so far.

IfiT Guitar Jam – Volunteer led

The music group continues to run weekly and with two regular engaging participants. Staff engage in the music group to ensure continuity and we are looking to implement other elements to help record music. We are also looking to develop a podcasting group but early stages yet.

Objectives and Activities – (cont)

Spotlight on Activities (cont)

Stigma training program

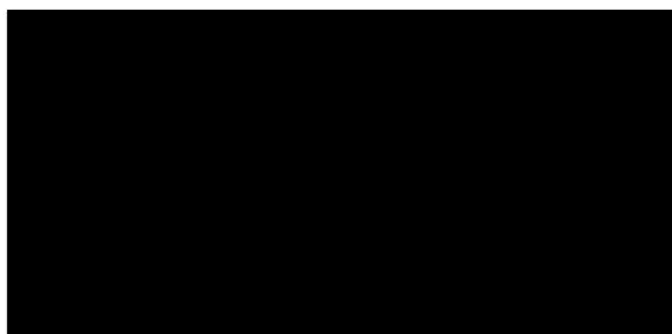
IfiT has been working in partnership with Inverclyde community Justice partnership members to co-create a local community justice stigma training program (through CVS Inverclyde). We had meetings with partners to work through the Justice Stigma learning outcomes. Our staff, volunteers, peer mentors and volunteers have been instrumental in developing this work with three participants being empowered to share lived and living experience of stigma and the justice system. IfiT participants will create a film in this funded project in a setting that is comfortable while doing an activity they enjoy. The film will be added to the local training platform and be utilised locally to educate and challenge stigma.

Cognitive Behavioural Group with Rebecca

The CBT group had an amazing success with the first week having twelve participants in attendance, we started with a group agreement, emotional check in and discussed CBT models and learned about emotional regulation and windows of tolerance. The group continued to be well attended and the facilitator works well with participants who have commented on how much they value the course. The average attendance each week is six people.

CAMAS 2024

Camas is the Iona Community's outdoor activity centre on the Isle of Mull. The retreat to Camas this year was an overall success and learning from previous year was drawn on in terms of risk management and health and safety planning. Seven participants, two volunteers and one staff member attended this year. The IfiT group attending Camas had an amazing time and enjoyed activities *Abseiling, Kayaking, Wild Swimming, Camping at Market Bay, Hillwalking and an amazing Fishing trip on a local fishing boat*. The opportunity to connect with each other in a safe environment with a tailored programme was life changing for people. This year participants shared stories which were recorded and we will look to create a film for everyone to remember their time together.

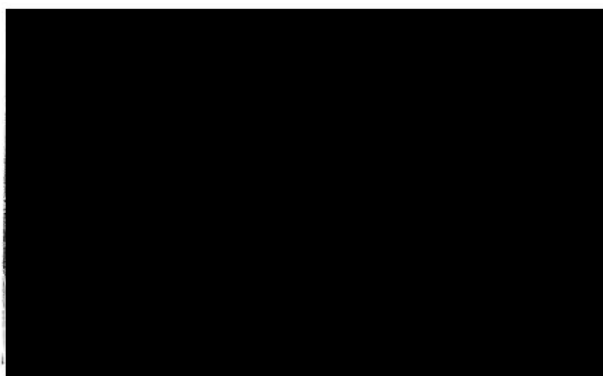


Objectives and Activities – (cont)

Spotlight on Activities (cont)

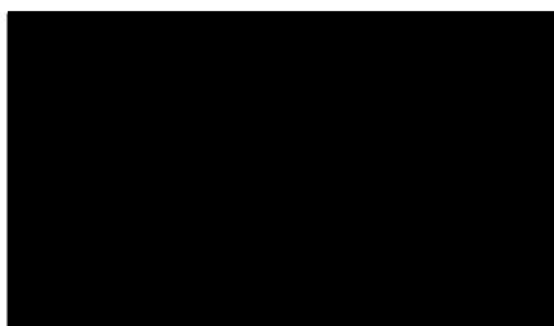
Inverclyde Hope in the Square

ifiT works in partnership with recovery services and groups and sit on a local forum. The Recovery development group work closely with local partners to create recovery program over the course of recovery month in September. Our staff, volunteers and participants facilitated information sharing sessions and volunteer and participant played a set of songs in front of the local community. This was an amazing outcome for our participant whose mother was in attendance, he valued the experience and their relationship has been restored.



Beacon Festival

In celebration of recovery month our organisation attended Beacon Arts Centre to celebrate recovery month with the local recovery communities which participants engage in. there were a variety of personal stories of hope, prisoner art exhibition, wellbeing activities and harm reduction training session and other activities. This was a great experience of statutory and third sector working in partnership.

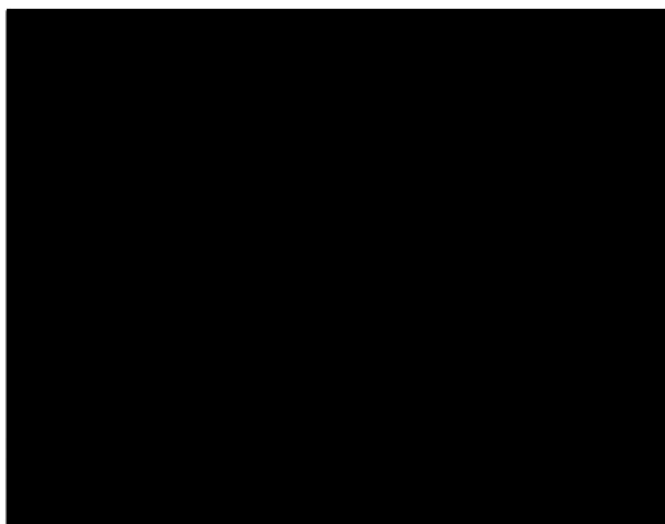


Objectives and Activities – (cont)

Spotlight on Activities (cont)

Prisoners' Week

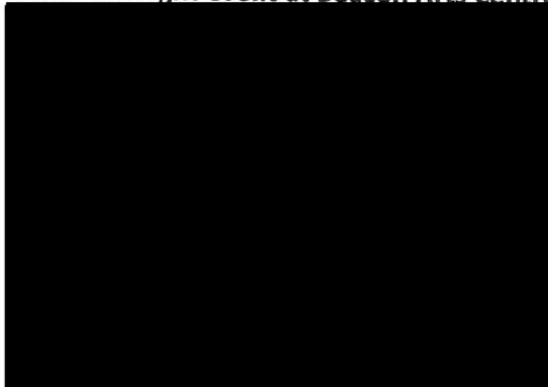
In November, IfiT staff led on a Prisoners' Week activity which was an outstanding success with over one hundred people in attendance. The theme was *'Hear my Voice'* there were lived experienced staff and volunteers who shared stories with our local community. Our volunteers and participants performed live music and we invited local counselling service Mind Mosaic to deliver a trauma workshop, and Families Outside to deliver a family impact workshop.



Creative Minds Festival

Our Project Worker led this year's activity with the Beacon Arts Centre for the Creative Minds Festival. The initial larger group ended up with a consistent number of three participants and a volunteer. The script and story of the play was about a man called Archie who is liberated from prison – *we have a script & narrative from* [REDACTED]. Our participants were originally planning to perform but time caught up really quickly and time didn't allow a full play but performed an amazing act telling the story of a man leaving custody and experiencing the very challenges we work to support. There is scope to build on this partnership and work with [REDACTED] in future.

Shine the Light event at Beacon Arts Centre



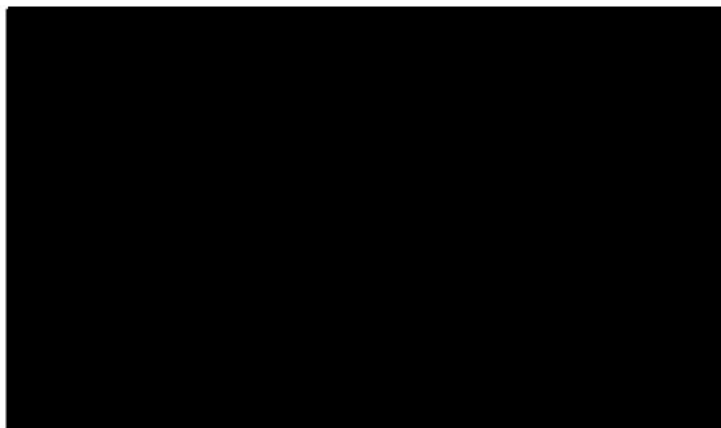
**Inverclyde Faith in Throughcare
Trustees' Annual Report (cont)
Year ended 31st March 2025**

Objectives and Activities – (cont)

Spotlight on Activities (cont)

Mental Health Wellbeing Football League 2024

IfiT participated in this football league travelling to Perth, Glasgow and Falkirk playing in a community justice partnership team. The experiences of connecting with like-minded people was empowering for individuals with added benefits of aiding wellbeing and physical activity. The team learned from the football initiative and connected with local organisations to begin a recovery league every month in Inverclyde.



Our Evaluation Framework, is detailed in the table below.

Inverclyde Faith in Throughcare - Aims and Outcomes

Situation / need	Activities / Method	Outcomes	
		Short term	Which lead to longer term
Our participants: people involved in or at risk of being involved in the criminal justice system • don't feel heard • don't see any choices available to them • lack a feeling of agency/ control • lack connections to family, friends and community • can struggle to access support services	Relationship building: • developing personalised action plans • one to one meetings to support, set goals, review • developing new skills Advocacy: • supporting participants to speak/act for themselves • empowering people to engage with support services Community work: • building connections with others with lived experience • encouraging people to meet up • contributing to wider community well being • supporting participants in exploring volunteering opportunities	Our participants • feel more heard • are better able to take control of their lives • have more access to support/ opportunities • have improved self esteem • feel more connected to their community	Our participants • are more resilient • make a contribution to their community • are confident in recognising their own needs • are able to find ways to access support • are confident enough to move on from IFiT support

Objectives and Activities – (cont)

Achievements and Performance

We continue to work hard aiming to engage participants and support them individually in a person-centred way from initial assessment to ongoing support planning. We work closely with local community partners and work effectively in partnership to support participants with regard to issues such as addiction, poor mental health, housing, wellbeing, and meeting some identified training/employment needs. Due to the nature of our client group, several participants are unable to engage fully due to a wide range of complex issues. We continue to keep the door open for them.

We have worked closely with the local homelessness team in relation to several participants' housing and community support needs. Our co-ordinator attends multi-agency meetings relevant both to our participants, and the strategic development of recovery in Inverclyde.

Recently, we have entered into a Partnership Agreement with HMP Low Moss to allow flexibility with referrals from those in custody and planning for liberation. This will give us permission to access key information in line with information sharing agreements and remove barriers to provide best practice and a good quality of throughcare support.

Our annual target of supporting 25 participants to return safely to Inverclyde has proved to be achievable.

2024-25 Performance Measures

Participants engaged in service including previous years participants	34
New referrals	23
Referrals Closed due to non-engagement	18
Participants that never engaged following referral	2
Total number of active participants	24
Successful move on's from IFiT	3

Achievements and Performance (cont)

Summary of key activities

- ✓ Participants/Volunteer regular contact and support – individual support plans in place for all participants
- ✓ Accessing accommodation and housing support
- ✓ Mental health and addiction liaison, advocacy, and support
- ✓ Connecting participants with counselling support
- ✓ Help to access recovery meetings and support
- ✓ Mentoring, advice, and emotional support
- ✓ Volunteer and participant support plans developed for implementation, using Outcome Star evaluation tool
- ✓ Partnership with Health & Social Care Partnership, Scottish Prison Service, Homeless team, RiverClyde homes, Upside, etc.
- ✓ Volunteer recruitment and training
- ✓ Supporting prisoners on release from HMP Greenock and Lowmoss
- ✓ Development of walking groups
- ✓ Social Activities – planned via group decision making
- ✓ Partnership with Personal Trainer for individual and group fitness programming

Future Plans

We have recently received three years of grant funding from the National Lottery, alongside funding grants from The Robertson Trust, Bank of Scotland, and Inverclyde Council, which enables our work to carry on. However, long term funding for the work of IFiT continues to be a challenge as we receive no government funding for our work.

Currently, in conjunction with our participants and key stakeholders, we are exploring our vision and aims for the future to ensure we provide the best possible service for the community of Inverclyde.

**Inverclyde Faith in Throughcare
Trustees' Annual Report (cont)
Year ended 31st March 2025**

Financial Review

The project continues to seek and has been successful in securing funding from a variety of sources. Most notably, the increased salary costs were funded in the year by the Bank of Scotland Trust and the National Lottery Community Fund.

Our financial plan states that we will always seek to profile and phase our funding to ensure that we are not reliant on any single funding source for salary costs at any given time.

Raising Unrestricted Funds continued to be challenging however a mix of smaller locally sourced funds have helped to meet this year's costs. The project has operated this year from rented premises and has recorded a small surplus in the year. Available funds in hand have increased from £25,702 to £43,568 with Unrestricted Funds increasing from £6,536 to £10,542.

The charity continued to meet unforecast costs in response to the rising fuel costs crisis with the charity providing food to those attending project meetings.

Donated Facilities and Services

The Charity Trustees would like to thank all the Charity volunteers and others who have helped to contribute to the success and achievements of the past year.

Reserves Policy

As employers of members of staff, our policy regarding reserves is to establish a funding level that fully covers the legal requirements to honour the terms of our employee's contract, both in terms of ongoing revenue commitment whilst actively employed, and in terms of contingency in the case of termination of employment.

It is the Trustees' policy to work towards holding reserves of approximately six months expenditure including designated funds. At the year end IFIT held cash funds of £25,702 (2024 - £20,307). This balance represents about five months of committed expenditure and while this is lower than would normally be expected the Trustees note that timing of funding from one of the main funders will not be received until after year end date consolidating the 6 months reserves policy.

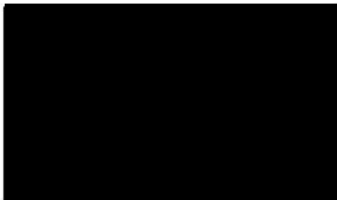
The Trustees continue to seek a broad basis of longer term funding in challenging conditions to enable a more comfortable level of reserves to be held.

Statement of Trustees' Responsibilities

The members of the Board of Trustees individually and collectively have a duty in exercising duties as a charity trustee to act in the interests of the organisation and in particular must –

- Seek, in good faith, to ensure that the organisation acts in a manner which is in accordance with its purposes
- Act with the care and diligence which it is reasonable to expect of a person who is managing the affairs of another person
- In circumstances giving rise to the possibility of a conflict of interest between the organisation and any other party to
 - Put the interests of the organisation before that of the other party
 - Where any other duty prevents him/her from doing so, disclose the conflicting interest to the organisation and refrain from participating in any deliberation or decision of the other charity trustees with regard to the matter in question
- Ensure that the organisation complies with any direction, requirement, notice or duty imposed under or by virtue of the Charities and Trustee Investment (Scotland) Act 2005.

Approved by the Trustees and signed on their behalf,



Date - 20th October 2025

Independent Examiner's Report to the Trustees of Inverclyde Faith in Throughcare

I report on the accounts of the charity for the year ended 31st March 2025 which are set out on pages 17 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)..

The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

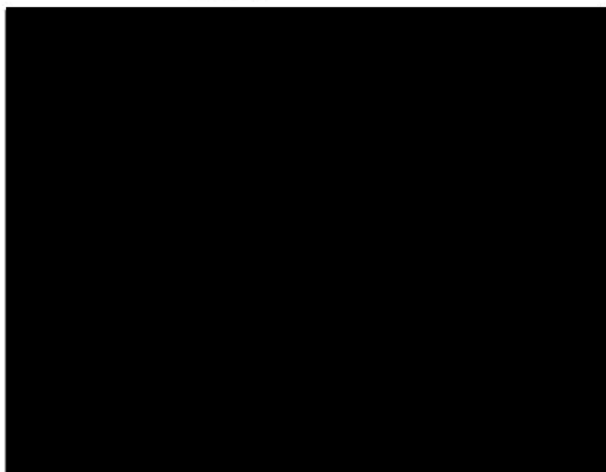
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention -

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 6th November 2025

Inverclyde Faith in Throughcare
Receipts and Payments Account
Year ended 31st March 2025

		Unrestricted Funds 2025	Restricted Funds 2025	Total 2025	Total 2024
<u>Receipts</u>	Note	£	£	£	£
Donations	3	3,467	-	3,467	4,710
Grants received	4	27,000	71,482	98,482	83,314
Fundraising from Events		-	-	-	6,390
Total Receipts		30,467	71,482	101,949	94,414
Payments	5				
Costs of generating funds		-	-	-	350
Charitable activities		16,993	67,090	84,083	88,669
Governance costs		-	-	-	-
Total Payments		16,993	67,090	84,083	89,019
Excess of Receipts over Payments for the year before transfers		13,474	4,392	17,866	5,395
Transfers		-9,468	9,468	0	-
Excess of Receipts over Payments for the year		4,006	13,860	17,866	5,395

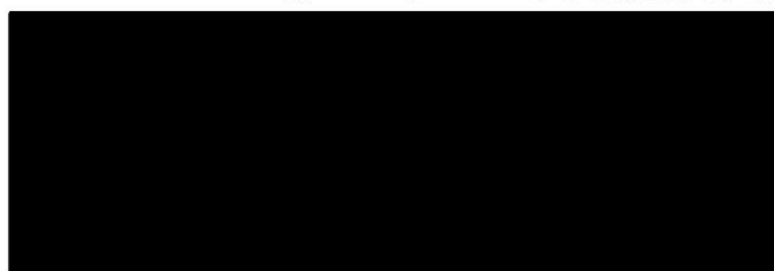
The notes on Pages 19 to 21 form an integral part of the Accounts

Inverclyde Faith in Throughcare
Statement of Balances

At 31st March 2025

	Note	Unrestricted funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<u>Bank & Deposit Balances</u>					
Bank & deposit balances brought forward		6,536	19,166	25,702	20,307
Movement in year:					
Excess of Receipts over Payments for the year		4,006	13,860	17,866	5,395
Bank & deposit balances carried forward		<u>10,542</u>	<u>33,026</u>	<u>43,568</u>	<u>25,702</u>
<u>Assets</u>					
Gift Aid Receivable		500	-	500	400
Payroll Overpayments		-	-	-	138
<u>Liabilities</u>					
Cost of Independent Examination		-	-	-	-

The accounts were approved by the board of Trustees on 20th October 2025.



Trustee

Trustee

Inverclyde Faith in Throughcare
Notes to the Accounts

1 Trustee Remuneration and Related Party Transactions

No trustee received any remuneration or reimbursement of expenses during the year. (2024 nil)

No trustee or a person related to a trustee had any personal interest in any contract or transaction entered into by the charity during the year. (2024 nil)

2 Movements in Funds

	At 1 April 2024	Receipts	Payments	Transfers	At 31 March 2025
	£	£	£	£	£
Unrestricted funds					
General Fund	711	5,467	5,190	0	988
Bank of Scotland Foundation	0	10,000	10,000	0	0
The Robertson Trust	5,825	15,000	11,271	0	9,554
	6,536	30,467	26,461	0	10,542
Restricted funds					
ICMHW	8,414	0	8,414	0	-
Warm Hand of Fellowship	581	1,000	1,581	0	-
Inverclyde Council	1,475	-	1,475	0	-
The National Lottery – Community Fund	8,429	65,482	45,260	0	28,651
FICS	-	5,000	625	0	4,375
Corra Household Hardship	267	-	267	0	-
	19,166	71,482	57,622	0	33,026
Total funds	25,702	101,949	84,083	-	43,568

Purposes of Restricted Funds

Warm Hand of Fellowship and Corra Household Hardship: These funds are to be used towards payments for relief cost of living hardship

The National Lottery Community Fund – Improving Lives : This fund supports salary costs of Project Workers

Inverclyde Communities Mental Health and Wellbeing Fund : This award is to be used to support Community based initiatives that promote and develop good mental health and wellbeing.

Faith in Community Scotland : This award is to be used towards wellbeing and health projects

Inverclyde Faith in Throughcare
Notes to the Accounts (cont)

3 Analysis of Donations	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total 2025 £	Total 2024 £
Donations from Organisations	1,357	-	1,357	960
Donations from Individuals	2,110	-	2,110	2,010
Miscellaneous Income	-	-	-	246
Tax recovered from Gift Aid donations	-	-	-	1,494
	3,467	-	3,467	4,710

4 Grants Received	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total 2025 £	Total 2024 £
Inverclyde Community Fund	2,000	-	2,000	900
Woodward Trust	-	-	-	1,000
Inverclyde Council	-	-	-	3,750
The National Lottery Community Fund	-	65,482	65,482	47,676
The Robertson Trust	15,000	-	15,000	15,000
Bank of Scotland Foundation	10,000	-	10,000	-
Trusthouse Foundation	-	-	-	-
IHMHVf	-	-	-	10,238
University of Glasgow	-	-	-	-
Foundation Scotland	-	-	-	2,000
FICS	-	5,000	5,000	500
Inverclyde Council Warm Hand of Fellowship	-	1,000	1,000	2,250
	27,000	71,482	98,482	83,314

Inverclyde Faith in Throughcare
Notes to the Accounts (cont)

5 Analysis of Payments

	Unrestricted Funds	Restricted Funds	Total	Total
	2025 £	2025 £	2025 £	2024 £
Charitable activities				
Salary Costs	8,039	51,553	59,592	54,542
Staff Expenses	716	-	716	1,330
Telephone Costs	-	-	-	-
Staff IT, Support and Training	300	225	525	498
Insurance	492	-	492	447
Events and Specific Project Spend	6,019	8,677	14,696	25,025
Volunteer Expenses	345	10	355	244
Rent of premises	-	6,625	6,625	5,560
Independent Examination	-	-	-	-
Other expenses	1,082	-	1,082	1,023
	16,993	67,090	84,083	88,669

6. Taxation

The charity is not liable to income tax or capital gains tax on its charitable activities.

The charity is not registered for Value Added Tax, thus all costs are inclusive of VAT charged.