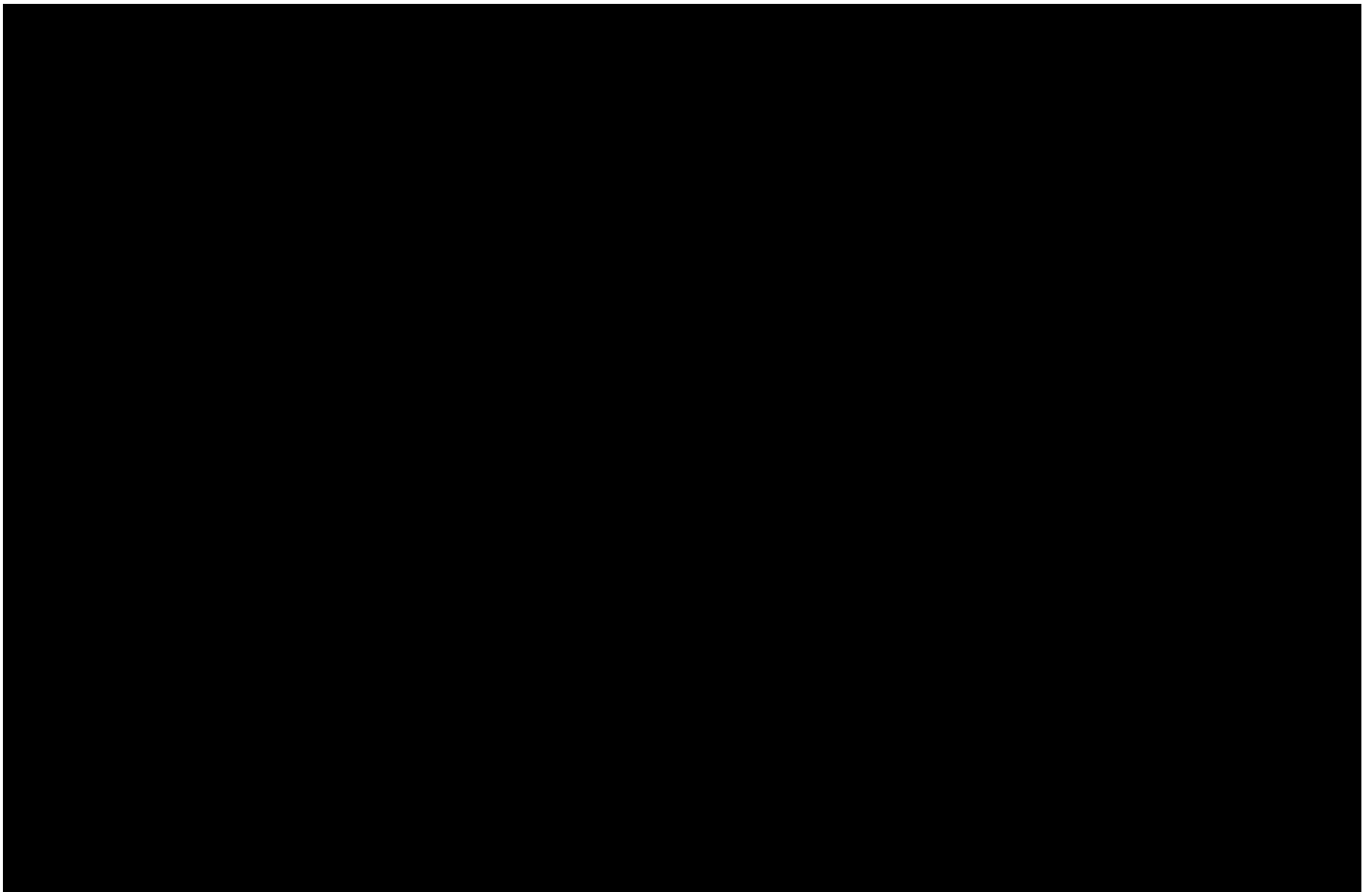




**Alvah Gymteam**

**Trustees' Annual Report**

**1<sup>st</sup> September 2023 – 31<sup>st</sup> August  
2024**

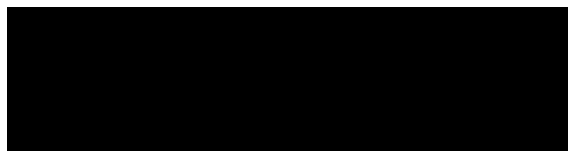
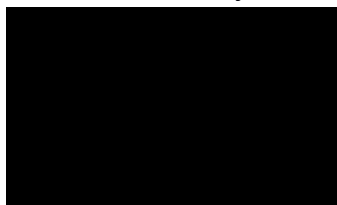


## Charity contact information



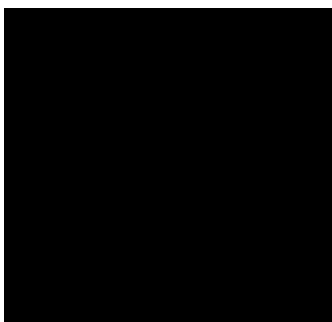
Alvah Gymteam

Scottish Charity Number: SC048806



Facebook – Alvah Gymteam – Enquiries Page

## Charity Trustees



## Objectives and activities

Our charity was set up to encourage public participations in the amateur sport of gymnastics, trampolining and DMT by young persons of all abilities, particularly in the Grampian region. By providing gymnastics facilities, activities and training to improve the fitness, health and well-being of the persons for whom the activities are intended. We currently hold classes 6 days a week for different levels and abilities in two local town's to provide activities to as much local children as possible, our aim would be to provide more classes when possible. We also hold Easter and Summer camps throughout the holidays for children to continue to develop their skills and have some fun, we would like to continue to provide this in the coming years. We also hold a yearly invitational competition which sees other clubs come and join us from various parts of the country, this opens up a whole new experience for gymnasts and allows them to compete against similar levels and age groups and is also a great fundraiser for the charity.

## Structure, governance and management

The structure of the organisation consists of:

The Members – who can attend members meetings and AGM and have the powers to appoint people to serve on the board and take decisions on changes to the constitution.

The Board – who hold regular meetings and generally control the activities and the financials of the organisation.

## Constitution

Our charity is governed by a constitution by which we run our organisation to at all times.

## Trustee recruitment and appointment

Our constitution states that each of the Charity Trustees must stand down and then be re-elected to the Trustee board. As there were no written responses to anyone resigning, all Trustees were re-elected and the motion was passed. We have a good combination of business, sport and accounts based minds in our Trustee board which contributes greatly to the charity.

## Achievements and performance

This has been a fantastic year of growth, achievement and community engagement for our club.

### Macduff and Turriff:

- 2 Gym Minis classes in Macduff and 1 in Turriff, totalling 45 Gym Minis in Macduff and 15 in Turriff.
- 33 Parent and Toddler gymnasts across both locations.
- Recreational gymnastics: 70 gymnasts training 1.5 hours weekly, and 39 training 1 hour weekly.
- Advanced recreational: 50 gymnasts training 4 hours weekly.
- Competitive gymnastics: 51 gymnasts training 2+ hours weekly, plus display.
- Trampolining: 29 recreational gymnasts training 1 to 1.5 hours weekly and 44 competitive gymnasts training 6 hours weekly.
- Adult trampolining: 8 attendees weekly.
- In total, we now offer **22 classes per week**, showcasing our growth and commitment to accessible training opportunities.

### Bracoden School, Gardenstown:

- 3 classes each Thursday over a 6 week period from 0930 to 12pm for the local primary school (approx. 45 children)

## Coach Development

Our coaches continue to expand their skills through courses and qualifications:

1. [REDACTED] passed her TRA Level 1 in Banchory.
2. [REDACTED] completed their Level 2 Trampolining course.
3. [REDACTED] completed a DMT development course, with her exam pending.

## Alvah in the Community

We actively support our local community through:

1. Involvement with the Turriff Sports Hub.
2. A second-hand donation box for leotards, shorts, and more.
3. Collaborative training sessions with Donside coaches and gymnasts, which have strengthened bonds and shared knowledge between our clubs.

## Equipment and Courses Investment

This year, significant investments were made to enhance our facilities and training:

1. New equipment, including mats, a vault, a springboard, and an ultimate trampoline.
2. Gym Minis and toddler equipment to support our youngest gymnasts.
3. Investment in coaching courses, enabling staff to gain Level 1 and Level 2 qualifications across multiple disciplines.

## Club Events, Performances, and Competitions

Our gymnasts have shone on both local and national stages, with outstanding performances and achievements:

1. Numerous competitions, including the Floor and Vault in Inverness and the NTL rounds in Banchory.
2. Gymfest in May, where young leaders and parents played vital roles as volunteers.
3. Several gymnasts qualified to represent Scotland at the IRCC finals in Birmingham, a testament to their hard work and dedication.
4. At the Annual Aberdeenshire Clubsport Awards, George was named Sports Volunteer of the Year, [REDACTED] received Young Coach of the Year, and [REDACTED] was selected as Scotland DMT Coach for the IRCC in Birmingham.

## Financial review

2024 has been an incredible year of growth and success so far. Our gymnasts, coaches, and community have all contributed to making this a year to remember. As we look forward to what is yet to come, we remain committed to fostering a love of gymnastics and trampolining while continuing to grow and develop as a club.

Although showing a loss of £6518.11 it has been a great year of investing in our equipment, coaches and gymnasts. We spent £16794.36 on various new equipment including a new trampoline, table vault & spring board.

Investment in higher qualified coaches has been key in supporting our gymnast further their goals. In total £5151.90 has been spent on courses. These include level 2 and 3 trampoline, DMT, level 1 gymnastic and first aid.

## Sponsors, Grants & Fundraising

We are incredibly grateful for the support from sponsors and fundraisers, which allow us to continue offering high-quality programs:

- £309 from Aberdeenshire Clubsport.
- £400 from Deveron District Age Concern.
- £600 from NTL for the IRCC.
- £3095 Bingo Fundraiser
- £430 club comp cafe
- £2665 funday
- £8966.52 Harbucks
- £250 [REDACTED]
- £507 Display Hamper
- £3675 90's Night Fundraiser
- £25,295 from Gift Aid contributions.

## Future plans

Plans Going Forward – 2024/25 Season

### 1. Young Leader Development

- Continue to mentor existing young leaders, providing them with regular opportunities to shadow experienced coaches.
- Support young leaders in completing their Level 1 Gymnastics and Trampolining coaching qualifications.

- Offer guidance and assistance with course registration, funding (if applicable), and practical coaching hours.

## 2.Coaching Pathways

- Identify potential trainee coaches from within the current team or older athletes.
- Provide support for trainee coaches to begin or progress through their coaching qualifications (Level 1 and beyond).
- Explore possible funding opportunities or partnerships to help subsidise training costs.

## 3.Equipment Investment

- Plan to purchase new floor roller carpets to improve training and competition conditions.
- Source quotes and explore funding/grants to assist with this capital investment.

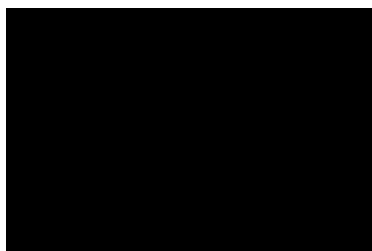
## 4.Leadership & Sustainability

- Build a sustainable coaching team with a pipeline from young leaders to qualified coaches.
- Encourage parent and volunteer involvement to support club activities and events.

## Declaration

Signed on behalf of all the charity trustees:

Print name



Designation

Trustee

Date

19/05/2025

Alvah Gymteam

SC048806



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	01	Month	Year		Day	Month	Year
	01	09	2023		31	08	2024

## Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations		2,200			2,200	
Legacies					-	
Grants		24,708			24,708	
Receipts from fundraising activities	12,257	5,932			18,189	
Gross trading receipts	93,796				93,796	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>106,053</b>	<b>32,840</b>	<b>-</b>	<b>-</b>	<b>138,893</b>	<b>-</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>106,053</b>	<b>32,840</b>	<b>-</b>	<b>-</b>	<b>138,893</b>	<b>-</b>
<b>A3 Payments</b>						
Expenses for fundraising activities		11,042			11,042	
Gross trading payments	114,212				114,212	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations		3,400			3,400	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>114,212</b>	<b>14,442</b>	<b>-</b>	<b>-</b>	<b>128,654</b>	<b>-</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets		16,758			16,758	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>16,758</b>	<b>-</b>	<b>-</b>	<b>16,758</b>	<b>-</b>
<b>Total payments</b>	<b>114,212</b>	<b>31,200</b>	<b>-</b>	<b>-</b>	<b>145,412</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>(8,159)</b>	<b>1,640</b>	<b>-</b>	<b>-</b>	<b>(6,519)</b>	<b>-</b>
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>(8,159)</b>	<b>1,640</b>	<b>-</b>	<b>-</b>	<b>(6,519)</b>	<b>-</b>

# APPENDIX 3



		Independent examiner's report on the accounts <span style="float: right;">v2</span>					
Report to the trustees/members of	Charity Name – Alvah Gymteam						
Registered charity number	SC048806						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	09	2023	to	31	08	2024
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>						
Basis of independent examiner's statement	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>						
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p>						
	<ol style="list-style-type: none"> <li>which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> <li>to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> </li> </ol> <p>have not been met, or</p> <ol style="list-style-type: none"> <li>to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol>						
Signed:							
Name:							
Relevant professional qualification(s) or body (if any):							
Address:							

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.