

Alvah Gymteam

Scotland · Charity number SC048806

Details

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2018-11-01

Register [View on the OSCR register](#)

Contact

Address 20 Castlehill Drive
Gardenstown
Banff
AB45 3YG

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of public participation in sport'

What the charity does: The organisation has been formed with the following purpose: To encourage public participation in the amateur sport of gymnastics by young persons of all abilities, particularly in the Grampian Region, by providing gymnastics facilities, activities and training to improve the fitness, health and well-being of the persons for whom the activities are intended.

Beneficiaries: 'Children or young people'

Objectives: 4 The organisation has been formed with the following purpose: To encourage public participation in the amateur sport of gymnastics by young persons of all abilities, Particularly in the Grampian Region, by providing gymnastics facilities, activities and training to improve the fitness, health and well-being of the persons for whom the activities are intended

Geography

- **Main operating location:** Aberdeenshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£188,846	£160,974	-	16
2024-08-31	£138,893	£145,412	-	0
2023-08-31	£119,820	£97,433	-	0
2022-08-31	£90,669	£76,819	-	5
2021-08-31	£66,779	£38,167	-	6
2020-08-31	£40,308	£64,681	-	5

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Trustees' Annual Report

Hall Hire Agreement

The Trustees successfully negotiated a revised hall hire agreement with the local council. Payments are now made monthly by direct debit rather than annually in advance, improving cash flow management and financial planning. Charges still apply for booked sessions cancelled in advance; however, the revised arrangement provides greater financial flexibility overall.

Coaching Development

The club continued to invest in coach education and development throughout the year, despite a reduction in coach numbers due to maternity leave, relocation, and university commitments. Efforts are ongoing to recruit and retain new coaches, including former gymnasts returning to support the club.

Key qualifications achieved during 2024–2025 included:

- Multiple Level 1 and Level 2 Trampolining awards
- Level 3 Trampolining theory qualification
- DMT Club Coach awards
- Level 1 Gymnastics and Acrobatic Gymnastics coaching courses

The Trustees also welcomed the return of several former coaches and volunteers supporting classes and display teams.

Equipment Purchases

Significant investment was made in new equipment to support training and competition preparation, including:

- AirDot, Air Ramp Vault and AirBox
- Jersey mats and roll mats
- Additional gymnastics mats and general equipment upgrades

Fundraising

The annual Harbucks fundraising event in July raised approximately £12,000. Funds generated have supported equipment purchases, coaching courses, Gymfest participation, IRCC team support, and competition fees. The Trustees acknowledge the continued support of parents and volunteers in delivering this successful event.

Competitions and Events

Gymnasts represented the club at a range of regional and national events throughout the year, including:

- Scottish National TRA and DMT Championships
- Gymfest Edinburgh
- IRCC Qualifiers
- NTL Competitions
- Glitterball Gymnastics Competition

The club also celebrated success in winning the Northern Trampolining League (NTL) Trophy in June 2025.

Turriff Classes

Due to limited coach availability, the Trustees made the difficult decision to pause the Turriff classes. Alternative spaces were offered within the Macduff programme, with the majority of gymnasts successfully transferring.

Donside Aberdeen / Banks O' Dee Classes

From January 2025, Donside became part of Alvah, with classes operating on Tuesdays, Thursdays, and Sundays. Coaching staff continue to manage day-to-day delivery, while the club oversees administration and financial management. Recruitment efforts in the Aberdeen area have resulted in new memberships and continued programme growth.

Looking Forward

The Trustees remain committed to providing accessible gymnastics and trampolining opportunities for the local community at both recreational and competitive levels. Priorities for the coming year include:

- Recruiting and developing new coaches
- Supporting athlete progression pathways
- Expanding leadership and qualification opportunities for young people
- Maintaining affordable participation costs for members

Declaration

Signed on behalf of the charity trustees:



Print name

George West

Designation

Board Member

Date

04/12/2025

Alvah Gymteam

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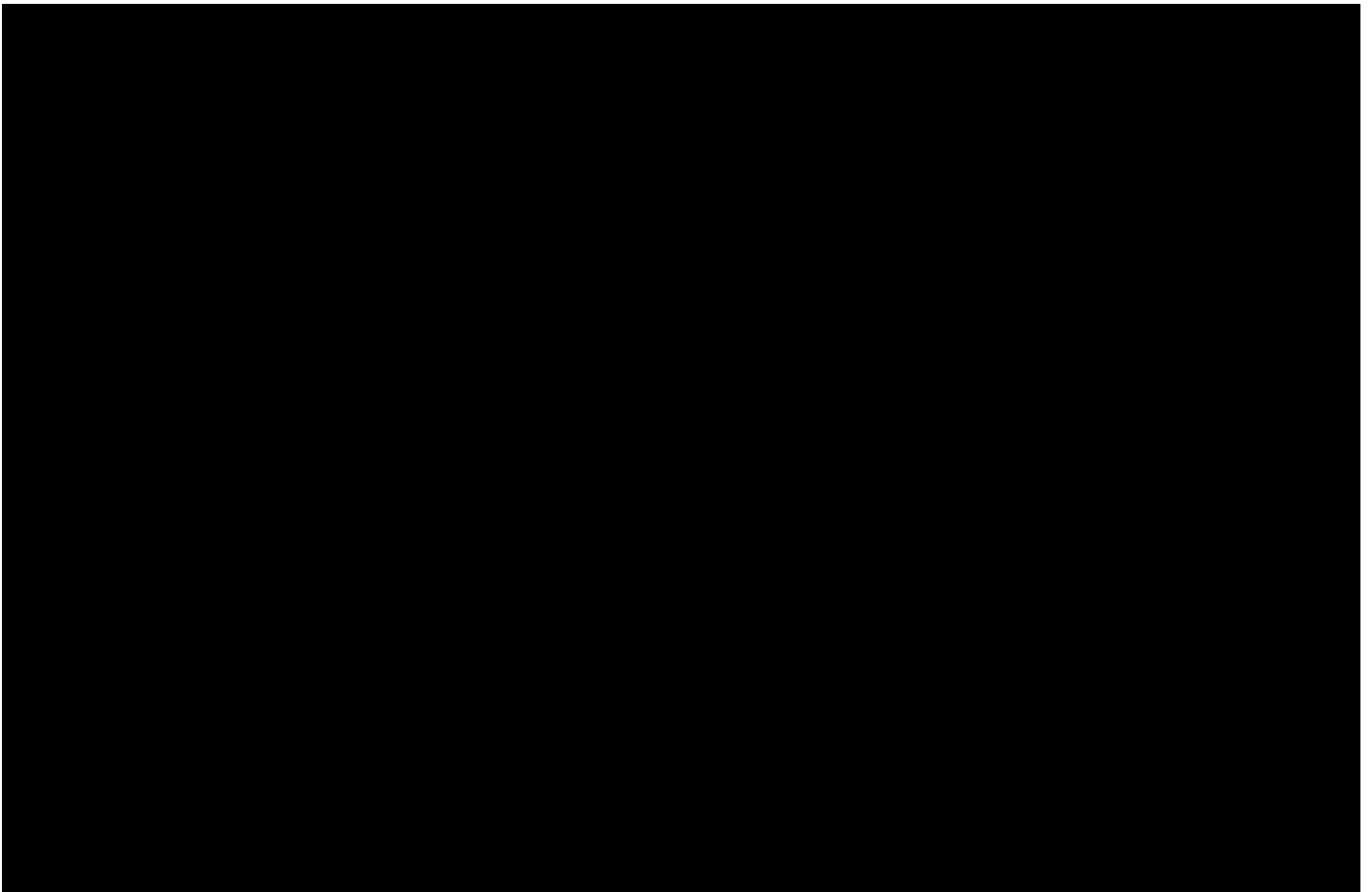
Accounts



Alvah Gymteam

Trustees' Annual Report

**1st September 2023 – 31st August
2024**

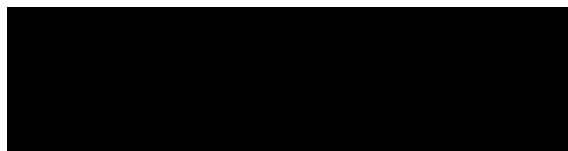
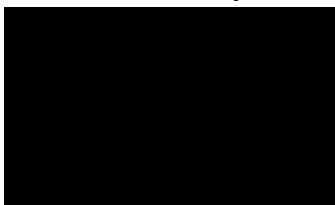


Charity contact information



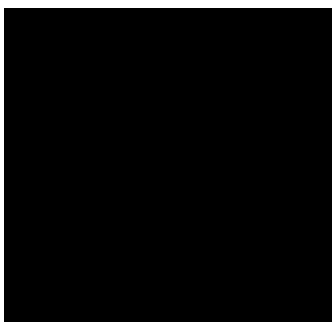
Alvah Gymteam

Scottish Charity Number: SC048806



Facebook – Alvah Gymteam – Enquiries Page

Charity Trustees



Objectives and activities

Our charity was set up to encourage public participations in the amateur sport of gymnastics, trampolining and DMT by young persons of all abilities, particularly in the Grampian region. By providing gymnastics facilities, activities and training to improve the fitness, health and well-being of the persons for whom the activities are intended. We currently hold classes 6 days a week for different levels and abilities in two local town's to provide activities to as much local children as possible, our aim would be to provide more classes when possible. We also hold Easter and Summer camps throughout the holidays for children to continue to develop their skills and have some fun, we would like to continue to provide this in the coming years. We also hold a yearly invitational competition which sees other clubs come and join us from various parts of the country, this opens up a whole new experience for gymnasts and allows them to compete against similar levels and age groups and is also a great fundraiser for the charity.

Structure, governance and management

The structure of the organisation consists of:

The Members – who can attend members meetings and AGM and have the powers to appoint people to serve on the board and take decisions on changes to the constitution.

The Board – who hold regular meetings and generally control the activities and the financials of the organisation.

Constitution

Our charity is governed by a constitution by which we run our organisation to at all times.

Trustee recruitment and appointment

Our constitution states that each of the Charity Trustees must stand down and then be re-elected to the Trustee board. As there were no written responses to anyone resigning, all Trustees were re-elected and the motion was passed. We have a good combination of business, sport and accounts based minds in our Trustee board which contributes greatly to the charity.

Achievements and performance

This has been a fantastic year of growth, achievement and community engagement for our club.

Macduff and Turriff:

- 2 Gym Minis classes in Macduff and 1 in Turriff, totalling 45 Gym Minis in Macduff and 15 in Turriff.
- 33 Parent and Toddler gymnasts across both locations.
- Recreational gymnastics: 70 gymnasts training 1.5 hours weekly, and 39 training 1 hour weekly.
- Advanced recreational: 50 gymnasts training 4 hours weekly.
- Competitive gymnastics: 51 gymnasts training 2+ hours weekly, plus display.
- Trampolining: 29 recreational gymnasts training 1 to 1.5 hours weekly and 44 competitive gymnasts training 6 hours weekly.
- Adult trampolining: 8 attendees weekly.
- In total, we now offer **22 classes per week**, showcasing our growth and commitment to accessible training opportunities.

Bracoden School, Gardenstown:

- 3 classes each Thursday over a 6 week period from 0930 to 12pm for the local primary school (approx. 45 children)

Coach Development

Our coaches continue to expand their skills through courses and qualifications:

1. [REDACTED] passed her TRA Level 1 in Banchory.
2. [REDACTED] completed their Level 2 Trampolining course.
3. [REDACTED] completed a DMT development course, with her exam pending.

Alvah in the Community

We actively support our local community through:

1. Involvement with the Turriff Sports Hub.
2. A second-hand donation box for leotards, shorts, and more.
3. Collaborative training sessions with Donside coaches and gymnasts, which have strengthened bonds and shared knowledge between our clubs.

Equipment and Courses Investment

This year, significant investments were made to enhance our facilities and training:

1. New equipment, including mats, a vault, a springboard, and an ultimate trampoline.
2. Gym Minis and toddler equipment to support our youngest gymnasts.
3. Investment in coaching courses, enabling staff to gain Level 1 and Level 2 qualifications across multiple disciplines.

Club Events, Performances, and Competitions

Our gymnasts have shone on both local and national stages, with outstanding performances and achievements:

1. Numerous competitions, including the Floor and Vault in Inverness and the NTL rounds in Banchory.
2. Gymfest in May, where young leaders and parents played vital roles as volunteers.
3. Several gymnasts qualified to represent Scotland at the IRCC finals in Birmingham, a testament to their hard work and dedication.
4. At the Annual Aberdeenshire Clubsport Awards, George was named Sports Volunteer of the Year, [REDACTED] received Young Coach of the Year, and [REDACTED] was selected as Scotland DMT Coach for the IRCC in Birmingham.

Financial review

2024 has been an incredible year of growth and success so far. Our gymnasts, coaches, and community have all contributed to making this a year to remember. As we look forward to what is yet to come, we remain committed to fostering a love of gymnastics and trampolining while continuing to grow and develop as a club.

Although showing a loss of £6518.11 it has been a great year of investing in our equipment, coaches and gymnasts. We spent £16794.36 on various new equipment including a new trampoline, table vault & spring board.

Investment in higher qualified coaches has been key in supporting our gymnast further their goals. In total £5151.90 has been spent on courses. These include level 2 and 3 trampoline, DMT, level 1 gymnastic and first aid.

Sponsors, Grants & Fundraising

We are incredibly grateful for the support from sponsors and fundraisers, which allow us to continue offering high-quality programs:

- £309 from Aberdeenshire Clubsport.
- £400 from Deveron District Age Concern.
- £600 from NTL for the IRCC.
- £3095 Bingo Fundraiser
- £430 club comp cafe
- £2665 funday
- £8966.52 Harbucks
- £250 [REDACTED]
- £507 Display Hamper
- £3675 90's Night Fundraiser
- £25,295 from Gift Aid contributions.

Future plans

Plans Going Forward – 2024/25 Season

1. Young Leader Development

- Continue to mentor existing young leaders, providing them with regular opportunities to shadow experienced coaches.
- Support young leaders in completing their Level 1 Gymnastics and Trampolining coaching qualifications.

- Offer guidance and assistance with course registration, funding (if applicable), and practical coaching hours.

2.Coaching Pathways

- Identify potential trainee coaches from within the current team or older athletes.
- Provide support for trainee coaches to begin or progress through their coaching qualifications (Level 1 and beyond).
- Explore possible funding opportunities or partnerships to help subsidise training costs.

3.Equipment Investment

- Plan to purchase new floor roller carpets to improve training and competition conditions.
- Source quotes and explore funding/grants to assist with this capital investment.

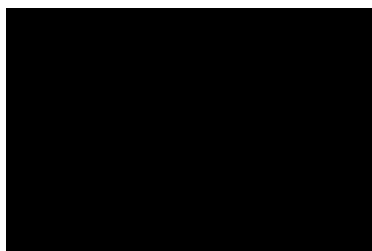
4.Leadership & Sustainability

- Build a sustainable coaching team with a pipeline from young leaders to qualified coaches.
- Encourage parent and volunteer involvement to support club activities and events.

Declaration

Signed on behalf of all the charity trustees:

Print name



Designation

Trustee

Date

19/05/2025

Alvah Gymteam

SC048806



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	01	Month	Year		Day	Month	Year
	01	09	2023		31	08	2024

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations		2,200			2,200	
Legacies					-	
Grants		24,708			24,708	
Receipts from fundraising activities	12,257	5,932			18,189	
Gross trading receipts	93,796				93,796	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	106,053	32,840	-	-	138,893	-
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	106,053	32,840	-	-	138,893	-
A3 Payments						
Expenses for fundraising activities		11,042			11,042	
Gross trading payments	114,212				114,212	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations		3,400			3,400	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	114,212	14,442	-	-	128,654	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets		16,758			16,758	
Purchase of investments					-	
A4 Sub total	-	16,758	-	-	16,758	-
Total payments	114,212	31,200	-	-	145,412	-
Net receipts / (payments)	(8,159)	1,640	-	-	(6,519)	-
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	(8,159)	1,640	-	-	(6,519)	-

APPENDIX 3



		Independent examiner's report on the accounts v2					
Report to the trustees/members of	Charity Name – Alvah Gymteam						
Registered charity number	SC048806						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	09	2023	to	31	08	2024
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]						
	- which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed:							
Name:							
Relevant professional qualification(s) or body (if any):							
Address:							

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.