

Heads Up Mid Argyll

Scotland · Charity number SC048779

Details

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2018-10-23

Register [View on the OSCR register](#)

Contact

Address M.a.y.d.s
50A Union Street
Lochgilphead
Argyll
PA31 8JS

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: To provide peer group support to residents of Mid Argyll who have experienced or are experiencing mental health issues including loneliness and isolation through regular weekly gatherings- to offer support for trips out and craft or other educational workshops.

Beneficiaries: 'Older People', 'People with disabilities or health problems'

Objectives: 3 The organisation's purposes are: 3.1 To provide support and recovery for residents of Mid Argyll who have suffered or are suffering from mental health issues, addictions or social isolation. 3.2 To provide group activities and peer group support, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended by encouraging people to take up pursuits or strategies that will be beneficial to their health and wellbeing. 3.3 To advance education by providing a variety of skill and craft courses. 3.4 To advance understanding of these issues within the wider community.

Geography

- **Main operating location:** Argyll And Bute
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£10,190	£4,641	-	0
2024-03-31	£7,434	£4,140	-	0
2023-03-31	£1,756	£4,113	-	0
2022-03-31	£5,016	£1,548	-	1
2021-03-31	£76	£1,110	-	1

Accounts

HEADS UP MID ARGYLL

SCOTTISH CHARITY

SC048779

ANNUAL REPORT 2025

FINANCIAL STATEMENTS FOR YEAR

APRIL 2024 TO MARCH 2025

Trustees Annual Report for year ending 11 December 2025

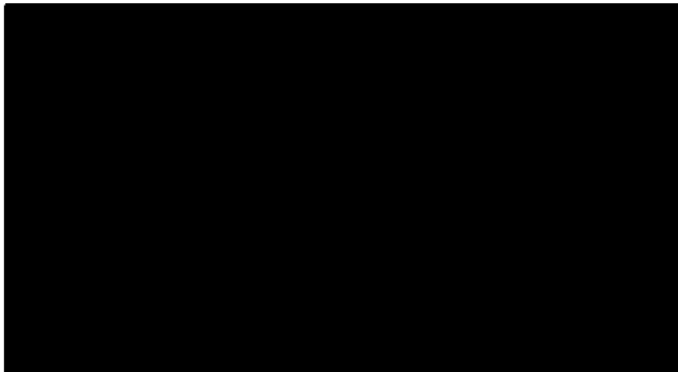
Charity Name : heads Up Mid Aryll

Charity Number: SC048779

Address:

c/o MAYDS, [REDACTED]

Current Trustees



Constitution

The Charity is a SCIO registered 23 October 2018.

Trustees

The constitution allows for a minimum of 3 and a maximum of 7 Trustees, following the deaths of two and resignation of two Trustees, there are currently six , with two apointed in August.

Purposes

The organisations puposes are:

1. To provide support and recovery for residents of Mid Argyll who have suffered or are suffering from mental health issues, addictions or social isolation
2. To provide group activities and peer group support with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended by encouragin people to take up pursuits of strategies that will be benefiacial to their health and well being.
3. To advance eduaction by providing a variety of skill and craft courses
4. To advance understanding of these issues witt he wider community

Activities

The past 12 months have been relatively quiet but steady. Thursday meetings in MAYDS have continued regularly every week and members can be confident that arrangements are in place for these to take place with refreshments or lunch available.

Any changes are well publicised through our private Facebook page or through personal phone calls and messages for those without access to Facebook.

Following last years AGM members were able to take part in two workshops – a ceramics workshop led by Jules Mather and a wreath making workshop led by [REDACTED]. Members also enjoyed Christmas Lunch at the Kilmarting Hotel, courtesy of the Angling Club.

In spite of some of our planned outings being disrupted through weather and transport conditions, we enjoyed trips to Auchindrain when some members attended the opening, and later met up for lunch in the Tearoom, but the highlight of the year had to be the day trip to Inveraray Jail – we were lucky to all escape at the end of the day although there were efforts to keep Karen locked up.....

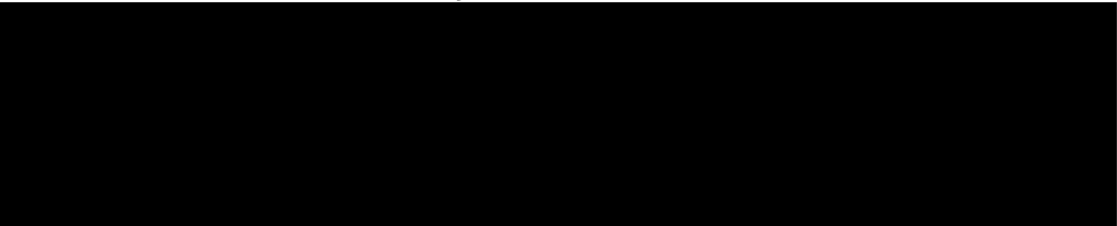
We were delighted in August to welcome [REDACTED] and [REDACTED] on board as Trustees bringing the number back up to five.

Financial Review

Attached are the accounts for the financial year 2024/25. Since March we have been delighted to be awarded money from The Angling Club, who have again raised funds for our Christmas Lunch. We have also been awarded a grant via the TSI to cover the cost of a years rent, so we can be confident that we have funds to keep our meetings going for the next 16 months. We have additional funding of £500 from the Community Shop. Thanks to those three funders, we are confident in being able to run events and workshops for the next year.

Future Plans

We have been kept very busy supporting current members but will be looking to reach out to a wider audience in the near future. The ways in which we plan to do this include updating the leaflet, contacting the mental health social worker and contacting the recently established counselling service.



HEADS UP MID ARGYLL

STATEMENT OF ACCOUNTS 2024-2025

RECEIPTS

Opening Balance	£9783.49
Donation	£400
Bank Sundries	£6.70
TOTAL	£10,190.19

PAYMENTS

Rent	£1848
Workshops	£1015.60
Visits	£1396.95
Refreshments	£228.63
Admin	£52.58
Cash	£100
TOTAL	£4641.76

CASH IN HAND

Receipt From Bank	£100
Payments -Travel	£88.80
CARRIED FORWARD	£11.20

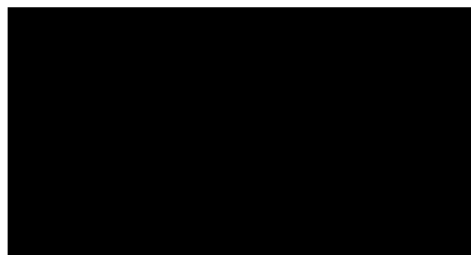
BANK TOTAL CARRIED FORWARD: £5,548.43

TOTAL CARRIED FORWARD INCLUDING CASH : £5,559.63

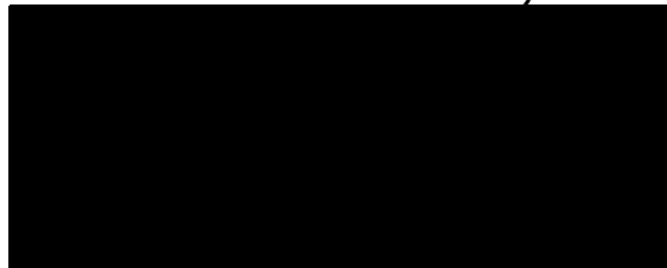
I declare that I have examined these accounts in accordance with regulations and that I have found them to be in order

SIGNED

SIGNED



On behalf of Trustees



Independent Examiner