

Meditation Centre of Glasgow

Scotland · Charity number SC048654

Details

Known as	MCG
Status	Not Submitted
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2018-08-27
Register	View on the OSCR register

Contact

Address	15 Charlotte Street Helensburgh Argyll and Bute G84 7QS
Website	https://www.dhammadakayascotland.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of religion'

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The organisation's purposes are: To advance the Buddhist religion according to the Buddhist religious doctrines and in furtherance of this to promote meditation.

Geography

- **Main operating location:** Argyll And Bute
- **Geographical spread:** Scotland and other parts of the UK

Finances

Period end	Income	Expenditure	Assets	Employees
2021-06-30	£0	£0	-	3
2020-06-30	£113,321	£102,016	-	3

Meditation Centre of Glasgow

Scotland - Charity number SC048654

Accounts

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2020
for
MCG SCIO**


Scottcourt House
West Princes Street
Helensburgh
Argyll & Bute
G84 8BP

**Contents of the Financial Statements
for the Year Ended 30 June 2020**

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MCG SCIO

Report of the Trustees for the Year Ended 30 June 2020

The trustees present their report with the financial statements of the charity for the year ended 30 June 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

The Charity also operates under the names of Meditation Centre of Glasgow and Wat Phra Dhammakaya Scotland.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To advance the Buddhist religion according to the Buddhist religious doctrines and in furtherance of this to promote meditation.

Strategies for achieving objectives

Leading meditation class and retreat on weekly and quarterly basis for the local community and Thai community.

Provide Buddhist religion services, activities and events on a monthly basis and each special occasion for Buddhist and anyone who is interested.

Significant activities

Provide morning and evening chanting and meditation every day

Provide Sunday and Wednesday meditation class for local people between 18.30 - 20.30

Provide quarterly meditation retreat for local people between Friday - Sunday

Provide First Sunday Buddhist ceremony on the first Sunday of each month

Provide Buddhist ceremony on each Buddhist holy day, such as the Buddha Birthday, Buddhist lent season etc

Provide Buddhist blessing in members' house or restaurant on each occasion, such as new year, birthday anniversary, opening new restaurant, marriage ceremony, pass away ceremony

All of these activities are free of charge. Donations are acceptable for the temple upkeep

Public benefit

Public benefit is at the heart of what it means to be a charity. Two key principles define this area:

- 1 There must identifiable benefits.
- 2 The benefits must be to the public.

The trustees must carry out the following:

- 1 Review the activities undertaken for the public benefit.
- 2 State whether they have complied with this duty.

The trustees have reviewed the activities undertaken for the public benefit and confirm their compliance with this duty.

Volunteers

Each week volunteers assist at the temple with cooking, repair and cleaning. The average number of volunteers are five each week for cooking and five each week for repair and cleaning. The temple would like to thank the volunteers for their dedicated work.

MCG SCIO

Report of the Trustees for the Year Ended 30 June 2020

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Meditation is an activity with benefits that include bringing happiness and good positive thoughts into a person's mind to spread loving kindness. This is practiced at the temple and available to persons of any faith. Thus, the general public are given a warm welcome and the aim is for many members of the public to visit the temple and enjoy meditation.

People who are Buddhists are able to visit the Temple and attend morning and evening chanting and other ceremonies. This includes chanting the five precepts of good behaviour that help a person lead a life of goodness and respect of other people. In addition, they are able to hear talks given by monks. All chanting and ceremonies are open to persons of any faith. During the mornings people are able to make a food offering to monks and receive a blessing.

Review of activities

Regular events were held at the temple including the following numbers of participants:

	2020	2019
First Sunday Ceremony	10	10
Makha Bucha	10	20
Songkran Festival	20	30
Visaka Bucha Day	10	20
Meditation Retreat (3 days)	5	7
Kathina Ceremony	50	200
New Year Retreat	5	5
Weekly meditation class	20	35
Number of school visits	2 (80 children)	2 (25 children)

FINANCIAL REVIEW

Financial position

Financial position as at 30 June 2020 showed low bank and cash balances. This was due to the completion of refurbishment of work during the financial year that put pressure on bank and cash balances. Donation income was in line with expenses.

Reserves policy

The temple was created from an old church building with renovation taking place to attract members of the public. The temple are moving towards reserves of £10,000 that covers eight weeks of expenditure. However, during the year income matched expenditure with low actual reserves.

Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Charity constitution

MCG SCIO is registered as a charitable company limited by guarantee and was set up by a Constitution.

Recruitment and appointment of new trustees

The management of the Charity is the responsibility of the trustees who are elected and co-opted under the terms of the Constitution.

New trustees are chosen for their skills in respect of Buddhism and suitability to work as a member of the team of trustees.

Organisational structure

The trustees with the title "Phra" in their name are Buddhist monks. Usually monks ordain after graduation from university. One monk acts as the abbot of the temple. Decisions are reached by agreement between the monks.

MCG SCIO

Report of the Trustees for the Year Ended 30 June 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Other Buddhist temples in the UK have assisted with refurbishment of the building including sending monks and temple staff to help. Another Buddhist temple own the freehold to our temple building. No rent is paid. The longer term intention is to gift the freehold to our charity.

REFERENCE AND ADMINISTRATIVE DETAILS

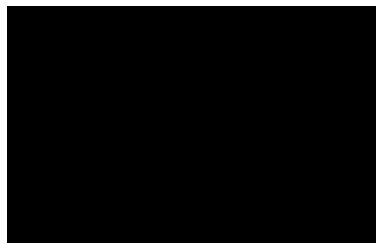
Registered Charity number

SC048654


Principal address

15 Charlotte Street
Helensburgh
Argyll & Bute
G84 7QS

Trustees



Independent Examiner


Scottcourt House
West Princes Street
Helensburgh
Argyll & Bute
G84 8BP

Approved by order of the board of trustees on 11 June 2022 and signed on its behalf by:



**Statement of Trustees' Responsibilities
for the Year Ended 30 June 2020**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in Scotland, the Charities and Trustee Investment (Scotland) Act 2005, Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's constitution, requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Examiner's Report to the Trustees of MCG SCIO

I report on the accounts for the year ended 30 June 2020 set out on pages six to twelve.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Scottcourt House
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G84 8BP

11 June 2022

MCG SCIO

**Statement of Financial Activities
for the Year Ended 30 June 2020**

	Notes	30.6.20 Unrestricted fund £	30.6.19 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>113,321</u>	<u>71,057</u>
EXPENDITURE ON			
Charitable activities			
Temple upkeep		<u>102,016</u>	<u>73,588</u>
NET INCOME/(EXPENDITURE)		11,305	(2,531)
RECONCILIATION OF FUNDS			
Total funds brought forward		5,382	7,913
TOTAL FUNDS CARRIED FORWARD		<u><u>16,687</u></u>	<u><u>5,382</u></u>

MCG SCIO**Balance Sheet
30 June 2020**

		30.6.20	30.6.19
		Unrestricted	Total
		fund	funds
	Notes	£	£
FIXED ASSETS			
Tangible assets	5	26,731	7,230
CURRENT ASSETS			
Cash at bank and in hand		6,743	193
CREDITORS			
Amounts falling due within one year	6	(6,741)	(2,041)
NET CURRENT ASSETS		<u>2</u>	<u>(1,848)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		26,733	5,382
CREDITORS			
Amounts falling due after more than one year	7	(10,046)	-
NET ASSETS		<u>16,687</u>	<u>5,382</u>
FUNDS	10		
Unrestricted funds:			
General fund		<u>16,687</u>	<u>5,382</u>
TOTAL FUNDS		<u>16,687</u>	<u>5,382</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 11 June 2022 and were signed on its behalf by:

Trustee

**Notes to the Financial Statements
for the Year Ended 30 June 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Motor vehicles	- 20% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

The interest element of these obligations is charged to the Statement of Financial Activities over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2020**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2020 nor for the year ended 30 June 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2020 nor for the year ended 30 June 2019.

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.6.20	30.6.19
Monks	6	6
Temple Staff	4	5
	<u>10</u>	<u>11</u>

No employees received emoluments in excess of £60,000.

All monks and temple staff have dedicated their lives to work for the temple with small amount of wages (around £150 - £200 per month). They perform Buddhist precepts and regulations within the temple area as minister of religion and religious workers. Accommodation, food, travelling and necessary needs are provided by the temple.

Therefore the minimum wage is exempt as stated in www.gov.uk/national-minimum-wage/who-gets-the-minimum-wage: people living and working in a religious community are not entitled to the National Minimum Wage or National Living Wage.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>71,057</u>
EXPENDITURE ON	
Charitable activities	
Temple upkeep	<u>73,588</u>
NET INCOME/(EXPENDITURE)	(2,531)
RECONCILIATION OF FUNDS	
Total funds brought forward	7,913
TOTAL FUNDS CARRIED FORWARD	<u><u>5,382</u></u>

Notes to the Financial Statements - continued
for the Year Ended 30 June 2020

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 July 2019	8,530	-	8,530
Additions	810	25,699	26,509
At 30 June 2020	<u>9,340</u>	<u>25,699</u>	<u>35,039</u>
DEPRECIATION			
At 1 July 2019	1,300	-	1,300
Charge for year	1,868	5,140	7,008
At 30 June 2020	<u>3,168</u>	<u>5,140</u>	<u>8,308</u>
NET BOOK VALUE			
At 30 June 2020	<u>6,172</u>	<u>20,559</u>	<u>26,731</u>
At 30 June 2019	<u>7,230</u>	<u>-</u>	<u>7,230</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.20 £	30.6.19 £
Bank loans and overdrafts (see note 8)	-	41
Hire purchase (see note 9)	2,741	-
Other creditors	4,000	2,000
	<u>6,741</u>	<u>2,041</u>

7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	30.6.20 £	30.6.19 £
Hire purchase (see note 9)	<u>10,046</u>	<u>-</u>

8. LOANS

An analysis of the maturity of loans is given below:

	30.6.20 £	30.6.19 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>-</u>	<u>41</u>

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2020**

9. LEASING AGREEMENTS

Minimum lease payments under hire purchase fall due as follows:

	30.6.20	30.6.19
	£	£
Net obligations repayable:		
Within one year	2,741	-
Between one and five years	10,046	-
	<u>12,787</u>	<u>-</u>

10. MOVEMENT IN FUNDS

	At 1.7.19	Net movement in funds	At 30.6.20
	£	£	£
Unrestricted funds			
General fund	5,382	11,305	16,687
	<u>5,382</u>	<u>11,305</u>	<u>16,687</u>
TOTAL FUNDS	<u>5,382</u>	<u>11,305</u>	<u>16,687</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	113,321	(102,016)	11,305
	<u>113,321</u>	<u>(102,016)</u>	<u>11,305</u>
TOTAL FUNDS	<u>113,321</u>	<u>(102,016)</u>	<u>11,305</u>

Comparatives for movement in funds

	At 1.7.18	Net movement in funds	At 30.6.19
	£	£	£
Unrestricted funds			
General fund	7,913	(2,531)	5,382
	<u>7,913</u>	<u>(2,531)</u>	<u>5,382</u>
TOTAL FUNDS	<u>7,913</u>	<u>(2,531)</u>	<u>5,382</u>

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2020**

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	71,057	(73,588)	(2,531)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>71,057</u>	<u>(73,588)</u>	<u>(2,531)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.18 £	Net movement in funds £	At 30.6.20 £
Unrestricted funds			
General fund	7,913	8,774	16,687
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>7,913</u>	<u>8,774</u>	<u>16,687</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	184,378	(175,604)	8,774
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>184,378</u>	<u>(175,604)</u>	<u>8,774</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2020.

MCG SCIO**Detailed Statement of Financial Activities
for the Year Ended 30 June 2020**

	30.6.20	30.6.19
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Temple donations	113,321	71,057
Total incoming resources	<u>113,321</u>	<u>71,057</u>
EXPENDITURE		
Charitable activities		
Staff costs	16,060	15,576
Travel	10,549	9,410
Premises costs	28,005	18,082
Welfare & food	14,388	9,868
Insurance	1,234	2,492
Ceremony & public work	5,459	3,449
Telephone & internet	1,610	2,959
Postage and stationery	419	879
Motor expense	4,648	4,721
Sundries	1,021	571
Fixtures and fittings	1,868	800
Motor vehicles	5,140	-
Hire purchase	412	-
Donation to Buddhist Temples	7,637	2,553
	<u>98,450</u>	<u>71,360</u>
Support costs		
Finance		
Bank charges	62	228
Governance costs		
Accountancy and legal fees	3,504	2,000
Total resources expended	<u>102,016</u>	<u>73,588</u>
Net income/(expenditure)	<u><u>11,305</u></u>	<u><u>(2,531)</u></u>

This page does not form part of the statutory financial statements