

Active Life Club (ALC) SCIO

Scotland · Charity number SC048534

Details

Known as	ALC
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2018-07-10
Register	View on the OSCR register

Contact

Address Govanhill Workspace
69 Dixon Road
Govanhill
Glasgow
G42 8AS

Website www.activelifeclub.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of health'

What the charity does: Advocates for equity and promotes inclusion by delivering a range of free activities including weekly sports programs, a youth forum, parents forum, training, outdoor education and community events. These initiatives improve the health and well being of young people and children, deliver transferrable skills for future success, prevent and relieve poverty and encourage active citizenship.

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems'

Objectives: the organisation's purposes are: 1. to improve the social, physical and mental well being of disadvantaged and excluded population groups in Glasgow. 2. to prevent or relieve poverty amongst diverse minority ethnic youth in greater Glasgow through the provision of activities and membership 3. to advance education and training opportunities for diverse ethnic minorities by developing policies and procedures that support volunteer learning, training and coaching. 4. to improve the health and fitness of communities through the delivery of regular physical activity programmes 5. to develop short programmes of work with different communities to build religious and racial tolerance and understanding 6. to develop and coordinate international cultural exchange visits and volunteering opportunities, by sending and hosting short and long term international volunteers.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** UK and overseas

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£121,390	£111,163	-	2
2024-03-31	£157,098	£96,755	-	2
2023-03-31	£106,978	£76,815	-	2
2022-03-31	£98,120	£66,890	-	2
2021-03-31	£38,662	£28,695	-	2

Active Life Club (ALC) SCIO

Scotland - Charity number SC048534

Accounts

ACTIVE LIFE CLUB (ALC)

TRUSTEE'S ANNUAL REPORT

For the year ended 31 March 2025

The Trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31 March 2025.

Reference and Administrative Information

Charity Name: Active Life Club
Charity No.: SC048534
Address: Govanhill Workspace, 69 Dixon Road, Glasgow, G42 8AT

CURRENT TRUSTEES:



Chair
Vice Chair
Secretary
Assistant Secretary
Treasurer
Trustee
Trustee
Trustee
Trustee
Trustee

Bankers: Royal Bank of Scotland

Structure, Governance and Management

Constitution

The charity is a Scottish charitable incorporated organization (a SCIO). It is governed by its constitution, and the organisation was established in 1999.

Appointment of trustees

The management committee, which normally meets once every two months, is also responsible for control and supervision of the day-to-day operations of the organisation.

The committee members are recruited from the membership and appointed at the AGM according to the constitution, in the event of mid-term resignation, people can be co-opted by the trustees and ratified at the next AGM.

Objectives and Activities

Charitable Purpose

Active Life Club continues to deliver a range of activities and initiatives to empower young people through Scotland.

Charitable Purposes

The main activities through the year included:

- To raise funds to finance physical activities amongst young people.
- Continue promoting physical activity and healthy lifestyles among young people aged 5 to 25.
- Creating a safe and supportive environment, we ensure our weekly sports activities are inclusive and free of charge.

ACTIVE LIFE CLUB (ALC)

Activities & Achievements

1. **25th Anniversary:** celebrated with over 600 attendees and 61 partner organisations
2. **Expanded to reach 1,056 individuals** across 11 projects
3. **Women Empowerment:** Delivered female-only activities for 96 participants
4. **Volunteer Development:** Total of 33 volunteers from underrepresented backgrounds, delivered over 2,496 volunteer hours
5. **Training & Employability:** delivered 154 hours of work experience with various partners
6. **Youth Leadership:** Became a licensed Duke of Edinburgh provider
7. **Strategic Growth:** Recognised as a Living Wage Employer.
8. **Awards & Recognition:** Received multiple national awards, including the SAMEE Outstanding Contribution to Diversity Award and the Eric Liddell Award.

Financial Review

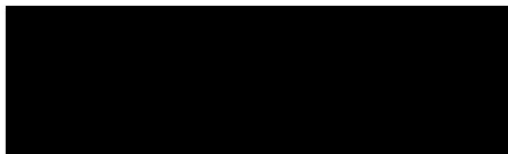
The accounts have been prepared on a Receipts & Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2025 and the Charities Accounts (Scotland) Regulations 2026.

Financial performance

Active Life Club's financial performance has been impacted by the ongoing cost of living crisis. We closed the year with a financial surplus of £10,227.07 and our plan is to continue having a good budget and fundraising strategy in place.

Declaration

The trustees declare that they have approved the report above on 01/06/2023, and signed on their behalf by:



21/4/2026

Dated

Chair

ACTIVE LIFE CLUB (ALC)

Independent Examiner's Notes on ALC Receipts & Payments Statement

1 April 2024 – 31 March 2025

Statement of Responsibilities of Trustees & Independent Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in any material respect the requirements:
 - To keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

02.04.26

Dated

K. Malik & Co Ltd
Chartered Certified Accountants
59 James Street
Glasgow
Lanarkshire
G40 1BZ

ACTIVE LIFE CLUB (ALC)

RECEIPTS & PAYMENTS ACCOUNT STATEMENT

1 APRIL 2024 TO 31 MARCH 2025

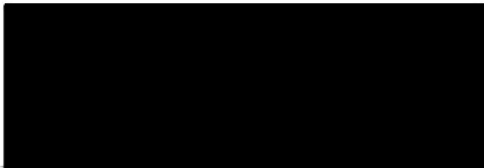
RECEIPTS	31/03/25 (Amended) £	31/03/24 (Amended) £
	Restricted Funds	Restricted Funds
Grants	95,375.74	134,605.68
	Unrestricted Funds	Unrestricted Funds
Grants & Donations	25,447.99	22,491.90
Interest	566.83	210.37
Total Receipts	121,390.56	157,307.95
PAYMENTS	Restricted	Restricted
Office Rent	7,272.17	6,961.70
Sports Regular Lets	7,630.00	5,839.00
Staff Wages / Travel	48,788.25	67,280.00
Consultancy	-	74.60
Utilities (electricity)	707.00	686.83
Insurance / Memberships / Subscriptions	882.50	560.99
Postage & Stationery	-	143.72
Website hosting	150.26	142.40
Telecoms	422.66	462.77
Publicity	2,014.18	531.00
Training	638.80	-
Travel	637.20	736.30
Awards	-	270.00
Outdoor Trips	993.10	1,938.20
Other expenses	6,691.60	694.40
Meetings / Events / Hospitality	277.00	577.37
Kids Development / Projects	8,439.70	6,651.40
Sports Equipment	1,951.37	2,844.33
Bank charges	40.95	-
Accounting fees	360.00	360.00
Total Restricted Expenses	87,896.74	96,755.01
	Unrestricted	Unrestricted
Staff Wages / Travel	23,266.75	-
Total Payments	111,163.49	96,755.01
Surplus / (Deficit)	10,227.07	60,552.94

ACTIVE LIFE CLUB (ALC)

STATEMENT OF BALANCES AS AT 31 MARCH 2025

	31/03/25 (Amended) £	31/03/24 (Amended) £
CASH FUNDS		
Cash and bank balance at start of the year	174,544.48	113,991.54
ADD: Surplus (deficit) for the year	10,227.07	60,552.94
Cash and bank balance at end of year	184,771.55	174,544.48
INVESTMENTS	-	-
OTHER ASSETS	-	-
LIABILITIES	-	-
TOTAL FUNDS	184,771.55	174,544.48

All funds are restricted to the purpose raised for, except generated income.



Signed on behalf of ALC

02/04/2026

Dated



ACTIVE LIFE CLUB (ALC)

NOTES:

1. Accounting policies

The accounts have been prepared on a Receipts and Payments basis. No accruals or prepayments have been included.

2. Trustee Remuneration

No Trustee has received any remuneration during the year.

3. Breakdown of Restricted Funds

	31/03/2025 (Amended) £	31/03/2024 (Amended) £
Glasgow City Council	1,200.00	2,020.00
Glasgow City Council Community's Fund	46,867.80	46,867.80
Glasgow Life BMX Project	1,900.00	-
Outdoor Trip Wiston Lodge	540.00	-
Overpayment Recovery	200.00	-
Cycling Access Fund	7,139.70	-
Duke of Edinburgh	7,613.20	-
Cricket Scotland Wicketz	3,306.00	4,221.50
Sponsors for 25 th Anniversary	10,169.50	-
Volunteer Support Fund – Impact Funding	11,250.00	12,850.00
Paid Work Replacement (PWP) – Activities Worker	5,189.54	2,116.38
Unit 9 Hire	-	180.00
GCDT Thriving Govanhill Fund	-	1,355.00
Go Cycle Fund – Culture and Sport CCSS	-	5,000.00
Women's Project (Parents Forum Trip)	-	855.00
Ethnic Minority Development Fund	-	12,000.00
Barclays Community Fund	-	500.00
Partick Campbell Solicitors – School Club Annette St	-	120.00
GCVS Mental Health and Wellbeing Fund	-	10,000.00
Cycling Scotland- Pedal for Scotland Grant	-	6,520.00
Health and Social Care Partnership Fund (NHS)	-	30,000.00
	95,375.74	134,605.68

4. Breakdown of Unrestricted Funds

	31/03/2025 (Amended) £	31/03/2024 (Amended) £
GMAC Film	1,068.94	-
MVMT Sports	200.00	-
Refunds	2,112.30	82.40
The Corra Foundation – Henry Duncan Grant	6,000.00	6,000.00
The Robertson Trust	15,000.00	15,000.00
Unit 9 Room Hire	1,066.75	1,009.50
University of Glasgow	-	200.00
HSCP MH Nad Racism Project	-	200.00
	25,447.99	22,491.90

ACTIVE LIFE CLUB (ALC)

5. Closing Bank Balance	31/03/2025 (Amended) £	31/03/2024 (Amended) £
Balance as per bank statement	184,771.55	174,544.48
Less: Cheques written but not cleared	-	-
Less: Accountancy Fee accrued	-	-
Add: Outstanding Lodgement	-	-
Balance as per balance sheet	184,771.55	174,544.48

6. Funds Analysis

	£	£	£
2025	Unrestricted	Restricted	Total Funds
Opening funds	172,510.28	2,034.20	174,544.48
Movement	2,748.07	7,479.00	10,227.07
Transfers	-	-	-
Closing funds	175,258.35	9,513.20	184,771.55
2024	Unrestricted	Restricted	Total Funds
Opening funds	51,522.16	62,469.38	113,991.54
Movement	22,702.27	37,850.67	60,552.94
Transfers	98,285.85	(98,285.85)	-
Closing funds	172,510.28	2,034.20	174,544.48

The transfer of funds in 2024 represents historic unrestricted funds misallocated as restricted, or restricted funds re-designated as unrestricted in line with the agreement with funders.