

CanDu (Dundee Cancer Support Network) SCIO

Scotland · Charity number SC048313

Details

Known as CANDU

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2018-04-18

Register [View on the OSCR register](#)

Contact

Address 31 South Tay Street
Dundee
DD1 1NP

Website www.cancerdundee.org

Activities

Activities: 'It makes grants, donations, loans, gifts or pensions to individuals','It makes grants, donations or gifts to organisations','It carries out activities or services itself'

Purposes: 'the advancement of education','the advancement of health','the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended','the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: We are a group of cancer patients & survivors who are passionate about helping others affected by cancer according to their individual needs. We work to ensure lived experience is placed at the heart of service design and delivery in cancer care, representing the cancer lived experience on a variety of platforms, acting to make a meaningful contribution to decision making. At the CANDU Wellbeing Hub we offer free practical and emotional support including 1-2-1 (By Your Side peer befriending programme) and group peer support sessions, wellbeing activities (complementary therapies, 'Living well with Cancer' mindfulness and nutrition courses, therapeutic arts and crafts) and social support drop-in sessions. We provide community outreach activities including home visits, community drop in café's, care package deliveries, online support sessions and volunteer-led transport for people experiencing isolation due to their cancer diagnosis.

Beneficiaries: 'People with disabilities or health problems'

Objectives: The advancement of education. The advancement of health. The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended. The relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage.

Geography

- **Main operating location:** Dundee City
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£82,481	£68,747	-	1
2024-03-31	£62,480	£59,720	-	1
2023-03-31	£70,626	£67,866	-	1
2022-03-31	£55,631	£34,730	-	1
2021-03-31	£24,327	£30,816	-	1

Accounts

CANDU (Dundee Cancer Support Network) SCIO
Scottish Charity SC048313

Receipts and payments account for the year ended 31 March 2025

				Total Funds	
	Note	Unrestricted	Restricted	Total Funds 2025	2024
				£	£
Receipts					
Grants & Donations	2	8,939	60,480	69,419	57,838
Fundraising		12,575		12,575	2,051
Interest				-	-
Misc		487		487	2,591
Total Receipts		22,001	60,480	82,481	62,480
Payments					
Fundraising		960		960	343
Charitable Activities		13,908	40,101	54,009	47,633
Office & Administration		6,418	7,354	13,772	11,744
Bank Charges		6		6	
Total Payments		21,292	47,455	68,747	59,720
Excess of receipts/(payments) over (payments/receipts in the year)		709	13,025	13,734	2,760

CANDU (Dundee Cancer Support Network) SCIO
Scottish Charity SC048313

Statement of Balances as at 31 March 2025

		Total Funds 2025 £	Total Funds 2024 £
Cash at Bank and in hand			
Bank and Deposit balances brought forward	78,009	42,481	39,721
Movement in year			
Excess of receipts over payments for the year	70913,025	13,734	2,760
Bank and Deposit balances carried forward	91,034	56,215	42,481
Represented By:	Bank	56,215	42,792
	Petty Cash	0 -	311
		56,215	42,481

The financial statements were approved by the Trustees on

Signed for and on behalf of the Board of Trustees.

CANDU (Dundee Cancer Support Network) SCIO
Scottish Charity SC048313

Notes to the financial statements

1 Accounting policies

Basis of accounting

These financial statements have been prepared on the receipts and payments basis in accordance with the Charities & Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Grants and Donations Received	Balance Brought Forward at 1/4/24	Income	Expenditure	Balance at 31/3/25
Wellbeing Retreat	338		338	-
Dundee City Council	4		4	-
Northwood Trust	-	15,000	-	15,000
Common Good Fund	706		706	-
DVVA	142		142	-
National Lottery - NTL	76,725	45,480	46,171	76,034
Scotmid	94		94	-
	78,009	60,480	47,455	91,034

CANDU (Dundee Cancer Support Network) SCIO

Charity number: SCo48313

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY & ITS TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

Trustees

[REDACTED]

Trustee Resignation

[REDACTED]

Chief Executive Officer

[REDACTED]

Charity registered number

SCo48313

Registered office

[REDACTED]

Independent Examiner

[REDACTED]

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report together with the financial statements of CANDU for the year ended 31 March 2025. The trustees confirm that the Annual report and financial statements comply with the requirements of the charity's governing document and the Office of the Scottish Charities Regulator (OSCR).

CONSTITUTION

CANDU is registered as a Scottish Charitable Incorporated Organisation and was constituted on 7th April 2018.

METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES

The management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the charity's governing document.

MISSION STATEMENT

“Patients, their families, carers and service providers, working together to develop, implement and advance patient-centred, compassion-focussed approaches to cancer support in Dundee.”

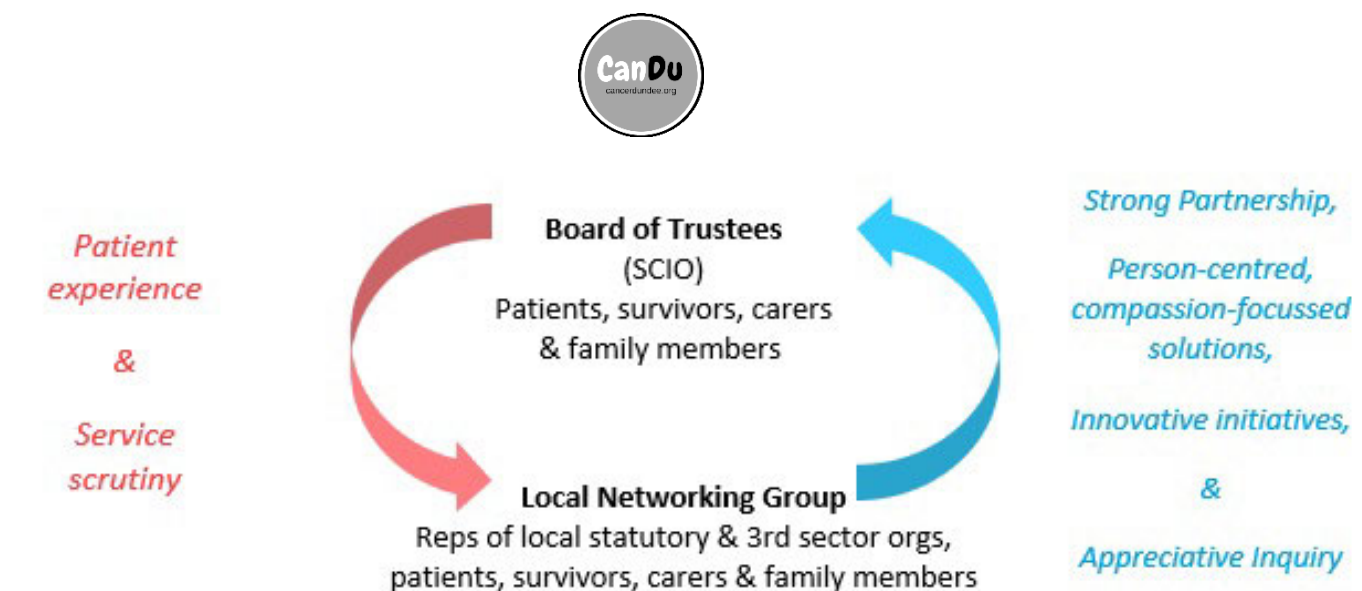
WHO WE ARE

We are a group of cancer patients & survivors who are passionate about placing the patient at the heart of service design and delivery in cancer care and treatment. As well as creating and delivering our own support projects and services & co-producing work with other organisations, we are also influencers, scrutinisers and representatives of the lived experience of cancer on a variety of statutory and third sector strategic boards, acting to make a meaningful contribution at every level of service design and decision making.

Moving forward, we hope to be able to continue to represent the needs of cancer patients at both a local and national level ensuring the patient voice is listened to, heard and responded to. We regularly attend national cancer care conferences and meetings and we are happy to attend events as speaking guests or on an advisory basis.

THE CANDU NETWORK

The CANDU patient group attend meetings, conferences and public engagement events, to ensure patients have a voice and are empowered to encourage positive change for others living with cancer. The independent patient-led approach of CANDU is unique and innovative and all participants are invited to share their experiences in order to evaluate impact and to influence the direction of the group. The CANDU team meet regularly with local cancer support professionals at Network Meetings to identify need, share local knowledge and encourage multi-agency approaches to person-centred cancer care.



CANDU 2024-25 – DUNDEE'S LIVED EXPERIENCE CANCER CHARITY

Regular Participation in Decision Making Forums

Scottish Government CPG on Cancer
Scottish Government CPG on Health Inequality
Voluntary Health Scotland
Health and Social Care Alliance Scotland
North Cancer Alliance
NHS Tayside
NHS Tayside Living with and after cancer
Macmillan & DCC Improving the Cancer Journey
DVVA
Dundee Carers Interest Network

Lived Experience Representatives
Community Representatives
Members
Members
Lived experience representatives
Public Partner
Lived Experience Representatives
Network Members
Members
Members

Conferences

VHS Annual Conference
Scottish Cancer Conference
CANDU Lived Experience Conference 2024
From Kilt to Kimono

Attendees
Attendees

Organisers and Contributors

FROM KILT TO KIMONO – CANDU LIVED EXPERIENCE CONFERENCE 2024@ V&A DUNDEE

SUPPORTING LIFE WITH CANCER ACCORDING TO INDIVIDUAL NEED

At the CANDU Wellbeing Hub we offer a variety of in person activities, and have continued online, at home & telephone support, for those who are unable to visit us, as we understand many people living with cancer, and the effects of treatment, are vulnerable to infection or may be physically and/or emotionally frail. CANDU offers support designed around the individual needs of people with cancer which varies from person to person.



CANDU Wellbeing Space



info@cancerdundee.org
SC048313

Would you like to meet other people affected by cancer?

We are a group of friends who listen & help others where needed.

Activities are free to anyone affected by cancer and those who support them

WELLBEING

Mindfulness, relaxation & stress management drop-in sessions, courses & retreats

COMPLEMENTARY THERAPIES

Reiki, Reflexology, Hypnotherapy & Indian Head Massage.

THERAPEUTIC ART

Choose from a variety of art & craft activities designed to inspire your creativity, relieve stress and encourage self-expression

FAMILY SUPPORT

All our activities are available to carers & family members.

SUPPORT FOR LIVING

Care parcels, home visits, transport & advocacy. We help any way we can.

SOCIAL SUPPORT

Social evenings, gatherings, group outings & short breaks for you and your family at our holiday lodge in Blairgowrie.

BY YOUR SIDE

Talk 1-2-1 with someone who has also experienced living with a cancer diagnosis and is trained in active listening & emotional support.

CANDU EXPERTS

We welcome new friends who are passionate about sharing their lived experience to influence & improve cancer care & support services.

If you have been affected by cancer we would love to hear from you.

Join the Dundee Cancer Support Network

If you have lived experience of cancer or work with patients & their families we invite you to join our lived experience-led network.

We work together to ensure 'co-production' becomes a reality
& **the voice of lived experience is heard & valued.**

LIVING WELL WITH CANCER

CANDU offers Level 1,2 & 3 psychological support for people affected by cancer through our activities.

By Your Side

By Your Side is a cancer lived experience peer support service co-designed by patients and survivors and delivered by fully trained CANDU volunteers. Lived experience volunteers will meet with people affected by cancer to offer support on a short-term basis, and, if required, will buddy them to appropriate support activities.

Time To Talk

1-2-1 listening service which allows us to stay connected with people affected by cancer, including those who are not able to visit us directly. *Time To Talk* is run by volunteers trained as active listeners and with lived experience of cancer. The service includes regular, informal *check in* calls as well as a more formal appointment-based listening service, where needed.

Mindfulness

CANDU delivers 8-week courses in mindfulness-based cognitive therapy for cancer (MBCT-Ca) offering peer group support and in depth-coaching in mindfulness-based approaches to self-care and improved wellbeing. Weekly, drop in, practice & group support sessions are also offered providing ongoing, long-term, support.

Complementary Therapies

Our dedicated team of volunteer therapists offer sessions on 'Feel Better Friday'. Clients can choose from Reiki, Relaxation, Indian Head Massage, Crystal Therapy & Hypnotherapy.

Breast Cancer Friendship Group

We also facilitate and support a group of people affected by breast cancer to meet every Tuesday for wellbeing and social gatherings. The group directs it's own activities.

Breast Cancer Friendship Group

CANDU Wellbeing Space, 31 South Tay St., Dundee, DD1 1NP

Every Tuesday 6.30pm



Join others with a shared experience of living with the effects of a breast cancer diagnosis at our informal social gathering every week.
Enjoy spending time with people who understand.

Suitable for anyone affected by breast cancer & those who care for them

info@cancerdundee.org 07427 607 380



CANDU (Dundee Cancer Support Network) SCIO is a charity registered in Scotland SC048313

Our main priority for delivering care parcels is to reach out to vulnerable people who find themselves isolated and struggling due to their cancer diagnosis and also to provide local wellbeing & support information.

Referrals are received from a variety of sources including the Dundee City Council/Macmillan Improving the Cancer Journey team, Roxburgh House, DCC Welfare Rights, NHS Tayside oncology teams & local GP surgeries, Tayside Cancer Support, Maggie's Dundee and the Dundee Carers Centre.

Patients receiving active treatment, in palliative/end of life care and those in recovery/rehabilitation have received care parcels, and many have established supportive and ongoing connections with our volunteer team. We have been able to connect with and support over 300 cancer patients since we began this project and some have continued to access other support services offered by CANDU, including support gatherings, complementary therapies, counselling, short breaks, mindfulness courses, art classes and exercise sessions.

Opening up communication and encouraging supportive connections has been life changing for some of our clients who experience financial disadvantage, mental health challenges as well as the physical difficulties of living with a cancer diagnosis. We have been able to help some to become digitally connected and ongoing wellbeing calls and visits help to overcome the sense of social isolation which many experience.

Discussions have also facilitated patients to discover other sources of support available to them locally, such as befriending through Tayside Cancer Support or emotional and psychological support through Maggie's.

Contents of care parcels include gifts made by CANDU volunteers who are themselves living with cancer and have given their time throughout the year to work on supporting others. We are incredibly grateful for their creative genius and kind offerings.

Transport

Support with transport continues to be a priority area for CANDU as this remains a significant barrier for people accessing support opportunities. This problem is further exacerbated for those who are too vulnerable to use public transport and are unable to use private taxi companies due to financial difficulty.

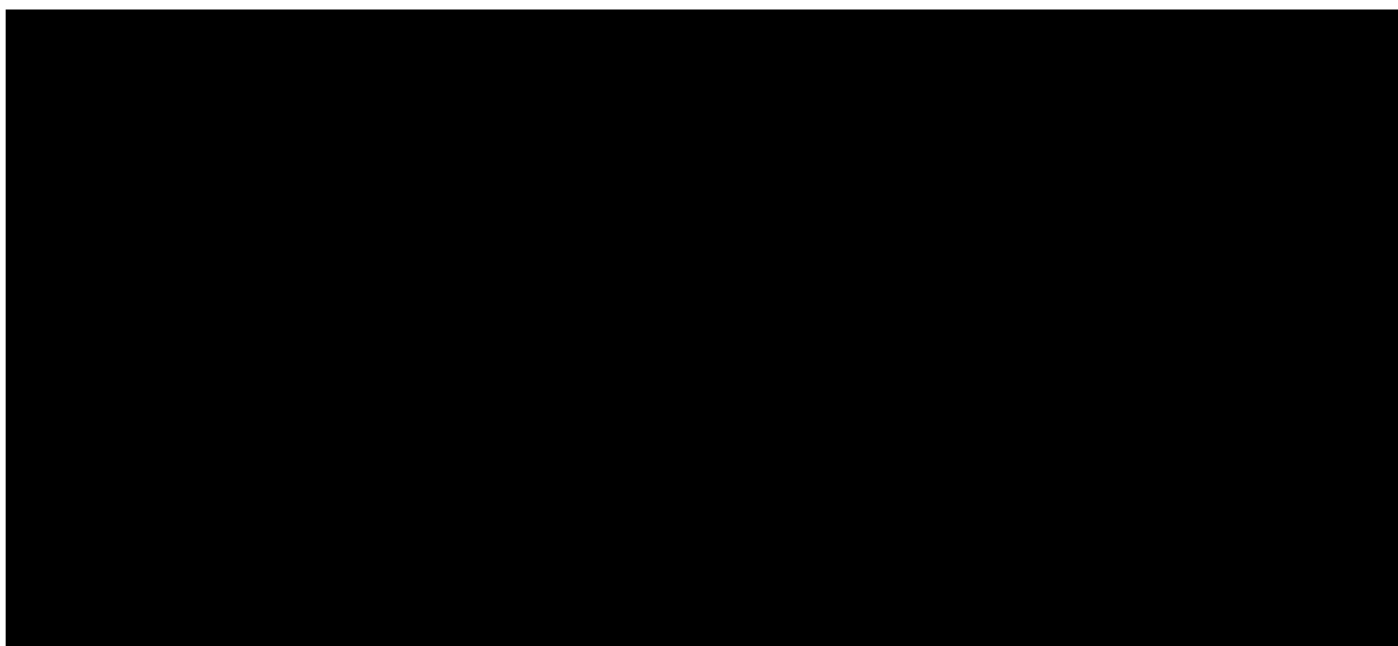
CANDU continues to provide safe transport for those most in need, as best we can. We have a small team of volunteer drivers who transport people for medical appointments & support activities and will also help with day-to-day transport needs such as shopping etc.

Discretionary Support

In exceptional cases, CANDU provides financial support, on a discretionary basis, to support immediate & urgent local need eg. A new bed following major life changing surgery.

Social support

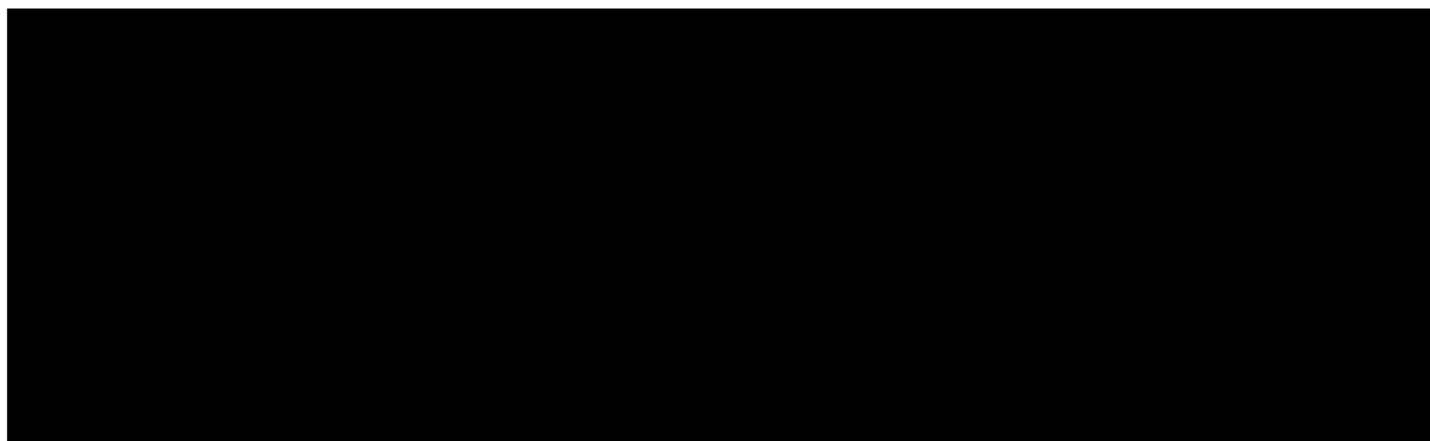
We enjoy a number of social activities throughout the year bringing people together to enjoy companionship and social time in a safe and supported environment. We held Easter, Halloween & Christmas fun nights this year where guests were pampered, created crafts & enjoyed good food together. We also had a number of outings to museums and galleries.



Living Creatively

We provide regular arts and crafts workshops, courses and weekly sessions which provide group support and allow participants to explore their own cancer experience through creative media.

Participants have enjoyed sewing, painting and crafting workshops together with support from our sessional art teacher, [REDACTED] and volunteer workshop facilitators.



Cancer Support Drop-In



Cancer Support Drop-In
Every Thursday 10am - 2pm @ The Listening Post
Wellgate Shopping Centre
(Steps Entrance)

CanDu
Dundee Cancer Support Network

Have you, or someone you know, been affected by cancer? Maybe we can help ...

Pop in for a cuppa & some company

Share your story with others affected by cancer

We always have time to listen

Find out where you can get help & support

If you want to find out more about the work of CANDU please get in touch

info@cancerdundee.org
www.cancerdundee.org
Twitter: @CancerDundee
Facebook: Dundee Cancer Support Network
01382 525395
07427 607380

We continued throughout the year to run informal, drop-in café's for people affected by cancer, within the Listening Post at the Wellgate Shopping Centre.

Trained volunteers are available every Thursday to offer a listening ear, make a cuppa and signpost people for ongoing support, where appropriate.

This weekly service has been very successful at reaching out to patients who may not access other forms of support, including those from areas of socio-economic deprivation in the city and those with multiple, complex needs.

Visitors are facilitated to attend by volunteer drivers who will collect and return participants home, where needed.

Short Breaks @ The Lodge, Blairgowrie

Through the kindness and generosity of CANDU trustee's Alison and Stephen Connolly we have continued to offer short breaks to families affected by cancer at their luxury lodge in Blairgowrie.

Alison shares her special place with CANDU clients in the wish that they can relax with family, enjoy the beautiful countryside and make precious memories at what can be a stressful, physically challenging and emotionally distressing time in life.

Approx 50 families a year are able to enjoy a short break at the lodge and the number of referrals continues to grow.

CANDU fundraises to contribute to the running and upkeep of the lodge and guests are able to stay for free.

Volunteer drivers also ensure that transport to and from the lodge, for their special break is always accessible.



SHORT BREAKS
CANDU offers free short breaks in a welcoming, comfortable lodge, in Blairgowrie for you and your family.

Are you or someone you know struggling to cope & have cancer?
Could you benefit from a short break close to home?

- Self Catering Lodge
- Twin Room
- Double Room
- Children's Playground
- Outdoor seating area & BBQ
- Towels & Bedding provided
- All Mod Cons

CONTACT US
Alison - 07949 021 090
CANDU - 01382 525 395
info@cancerdundee.org
www.cancerdundee.org

BEDROOM

LOUNGE

GRANTS

National Lottery Scottish Community Fund - £ 45, 480 towards core lived experience activities of CANDU and salary of [REDACTED].

Northwood Trust- £15000 towards salary of new Community Outreach Worker.

We continue to receive monthly support from the Lothian Family Charitable Trust of £300 towards the daily running of CANDU.

FUNDRAISING

CANDU is largely self-funded. A Fundraising Special was held on 28th March at the Friary and raised over £10,000 to support our short breaks programme.

VOLUNTEERING

CANDU operates with the help of a team of volunteers who are vital to the successful operation of the charity. Volunteers give freely of their time and are largely people with their own lived experience of cancer.

Special thanks go to our volunteer, volunteer co-ordinator [REDACTED] for her dedication and commitment.

During the year, 2024-25 volunteers gave an estimated 1500 hours of time to the charity. Thank you to all for your continued support.

Volunteer Training

The CANDU team has delivers a bespoke training programme for volunteers which consists of:

- CANDU Background & Activities, Cancer Awareness Training, Sharing Your Experience, Listening Skills and Practice & Supervision.

[REDACTED]

Signed by [REDACTED])

On behalf of the Trustees

**Independent Examiners Report to the Trustees CanDu (Dundee Cancer Support Network) SCIO
Scottish Charitable Incorporated Organisation SC048313**

I report on the accounts of the Charity for the year ended 31st March 2025, which are set out on the accompanying pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Account Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

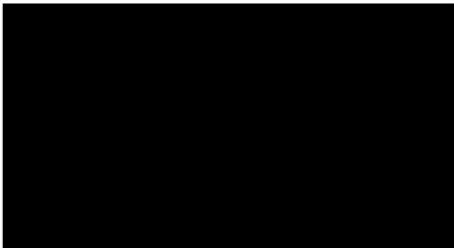
Independent examiner's statement

In the course of my examination, no matter has come to my attention

- which gives me reasonable cause to believe that in any material respect the requirements:
 - To keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



8th August 2025