

Frendz

Scotland · Charity number SC048080

Details

Status	Removed
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2018-01-19
Removed	2023-09-19
Register	View on the OSCR register

Contact

Address 24 Church Street
Dumfries
DG2 7AS

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: 4.1 Within a Christian ethos, the advancement of health and wellbeing through provision of counselling, advice and assistance to those who are suffering from any physical or mental illness. experiencing mental health issues, distress or poverty.

Geography

- **Main operating location:** Dumfries And Galloway
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2022-12-31	-	-	-	-

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Accounts

SC048080.2022.11

FRENDZ

OSCR Charity Reg. No. SC048080

Receipts and Payments Accounts
to the year ended 31 March 2022

<u>RECEIPTS</u>	2021-2022	2020-2021
Income – Donations	468.37	653.68
<u>TOTAL</u>	£468.37	£653.68
 <u>PAYMENTS</u>		
Weebly Site Plan (Paid by [REDACTED] – reimbursed by cheque)	36.00	36.00
ICO (Data Protection Membership)	35.00	35.00
ACC Membership	140.00	140.00
“Go Daddy” Web Domain Renewal (Paid by [REDACTED] – reimbursed by cheque)	47.95	-
Marsh Comm/Oxygen Liability Insurance	121.83	228.66 (2 yrs)
Mobile telephone (paid by donation)	168.37	133.68
<u>TOTAL</u>	£549.15	£573.34
Surplus or deficit	- 80.78	+ 80.34
 Statement of Balances as at 31 March		
Bank and cash in hand		
Opening balance b/f	£1551.58	£1471.24
Surplus/deficit for year	-80.78	+80.34
Cash in hand	Nil	Nil
CLOSING BALANCE IN BANK	£1470.80	£1551.58

All funds are unrestricted

Assets – Room Partition

£1906.00 accounted for in 2011

Signed

[REDACTED]

[REDACTED]

Independent Examiner.

Date 27/6/22

Treasurer.

Date 27/6/22

Chairperson.

Date 27/06/2022

Annual Report

July 2021 to March 2022

Object: Within a Christian ethos, the advancement of health and wellbeing through provision of counselling, advice and assistance to those who are suffering from any physical or mental illness; experiencing mental health issues, distress or poverty.

Frendz

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Frendz is a confidential service run by professionally trained volunteers who provide information, support and counselling within a non-judgemental and caring environment. Our services include support and information for women, their partners and families before, during or after pregnancy, miscarriage or abortion and general counselling for people over 16 years of age. Frendz is an affiliate member of Association of Christian Counsellors (ACC).

Clients / Volunteers / Training / Connections / Fundraising

23 client contacts
49 sessions with **13** clients
22 phone sessions
27 online sessions

7 Volunteers for
helpline & appointments
1 training/social event

Why

- 1** miscarriage
- 6** post abortion
- 7** unplanned pregnancy
- 2** fertility issues
- 2** sexual abuse / assault
- 5** general counselling

5 Trustees

4 zoom meetings

4 Connections
Cresswell Hospital
D&G Rape Crisis & Sexual Abuse Support Centre
Independent Living Support (ILS)
Ritual Abuse Network Information & Support (RAIN)

How clients heard

- Health Professionals
Freshers Fair (business card)
Various websites:
• ACC / Sexual Health / Google
Other organisations:
• Rape Crisis / ILS / Borderline

Risks & Opportunities

Coronavirus Pandemic – Scotland remained under various Covid-19 restrictions throughout the year. Despite the challenges Frendz has continued to support people by telephone, email, online and/or face to face when required. Continued risk of infection of clients and volunteers contracting the virus when reopening face-to-face support

Looking Forward

1. Reduced income and challenges in restarting face-to-face fundraising events e.g. wariness to gather with others, increase in cost of living
2. Increased pressures within local services who normally refer but are not functioning normally leading to reduced referral and awareness
3. Opportunity to increase our reach using zoom/telephone appointments as well as to increase our online presence via website/Facebook
4. Burnout and/or isolation of volunteers; greater use of supervision process, connect regularly to support wellbeing, recruit new volunteers

Get in touch with Frendz – email: frendzdumfries@gmail.com | telephone: 0796 186 5720 | Facebook: Frendz | website: www.frendz.org.uk

Chairperson:

4 July 2022