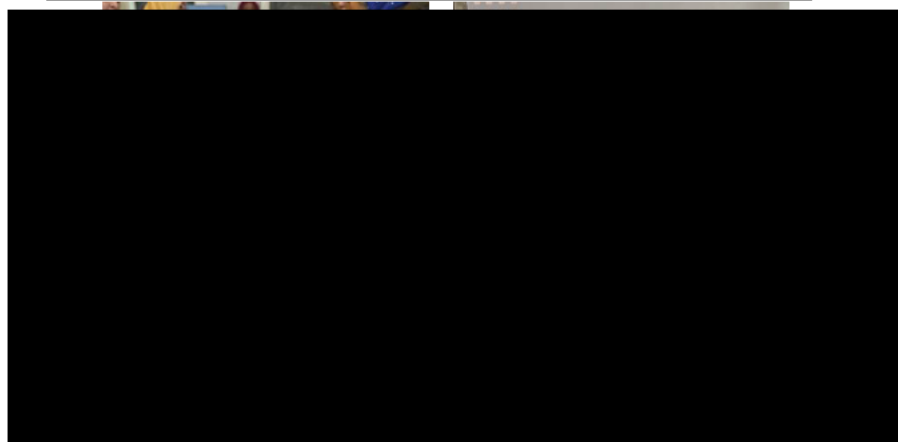
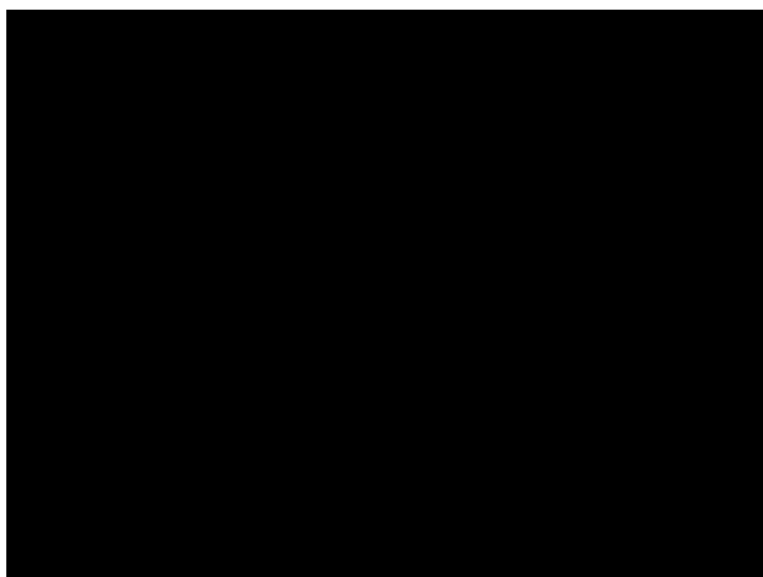


**The Glendale Women's Café Project**

**Report and Financial Statements**

**For the Year Ended 1 April 2025**

**The Glendale Women's Café**



**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

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**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

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**Reference and Administration Details**

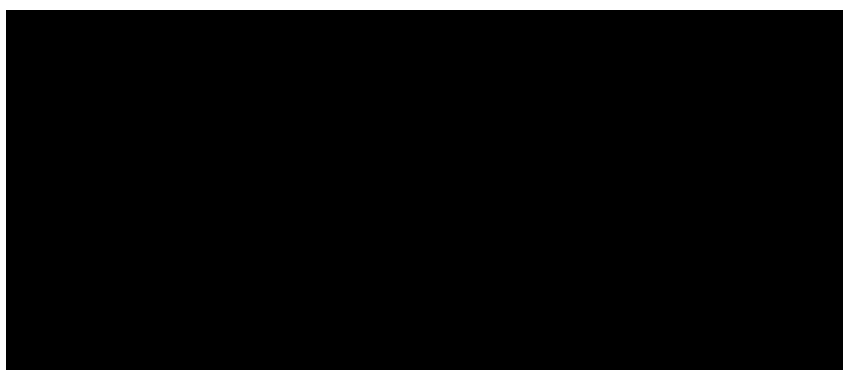
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**Charity Name** The Glendale Women's Café Project

**Charity Number** SC047774

**Principal Address** c/o Brett Nicholls Associates  
24 herbert Street  
Glasgow  
G20 6NB

**Trustees**



**Bankers** Co-operative Bank  
PO Box 250  
Delf House  
Skelmersdale  
WN8 6WT

**Independent Examiner**

[Redacted]  
Brett Nicholls Associates  
Herbert House  
24 Herbert Street  
Glasgow  
G20 6NB

## **Trustees' Annual Report**

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The trustees present their Report and Accounts for the Year Ended 1 April 2025.

### **Structure, Governance and Management**

#### *Governing Document*

The Glendale Women's Café project was established in 2012 and initially operated as an informal unincorporated society, until 25 September 2017, at which point it was registered with the Office of the Scottish Charity Regulator as a Scottish Charitable Incorporated Organisation (SCIO).

The Charity is governed by its constitution.

#### *Key Management Remuneration*

The charity is managed on a day to day basis by the trustees, who are volunteers. No salary or remuneration was paid

### **Objectives and Activities**

#### *Charitable purposes*

The Glendale Women's Cafe Project is for the benefit of women in Pollokshields. We aim to advance citizenship and community development in Pollokshields and create a cohesive community. We do this through providing women with information, opportunities for personal development and engagement with wider society.

#### *Significant Activities*

The cafe is operational 38 weeks per year, delivering activities on Tuesday and Wednesday each week in line with the school year, while staff work more weeks in the year developing programme, supporting the board, and networking with partner organisations.

Our staff and board are members of CEMVO Ethnic Minority network which offers support for governance development and for staff networking.

The staff are developing and streamlining operational processes as we get bigger and busier - a welcome booklet and info for the ladies as they come to the cafe is being developed so they understand how we work and what we expect of them.

Focusing sessions on local issues alongside women's health and mental wellbeing will continue to drive the programme of activities, as these support our main vision of alleviating isolation. Whether we do these in large or small groups or as a whole cafe depends on the activities we deliver, and the needs of the ladies.

## **Trustees' Annual Report**

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### **Chair's Report**

This year has been one of both transition and achievement for Glendale Women's Café. I had the privilege of stepping into the role of Chair in January this year, following the dedicated leadership of [REDACTED] who guided the organisation with great care and commitment. I would like to extend my sincere thanks to her for her years of support and the solid foundation she has left behind.

From the moment I began, it was clear to me that Glendale Women's Café is a truly special organisation. It is a place defined by warmth, compassion and a deep sense of community. The dedication of everyone involved, from staff to volunteers, continues to make a real difference in the lives of women who rely on our support. A particularly significant milestone this year was the official inclusion of our staff on the payroll from April. This represents a major step forward in ensuring greater stability and sustainability for our team and for the organisation as a whole. It reflects both our growth and our commitment to recognising the invaluable work that our staff do every day.

We were also delighted to see Godsall appointed as CEO. This is a thoroughly well deserved recognition of her leadership, vision and long standing commitment to Glendale's mission. Godsall's positive impact gives us great confidence for the future.

As I look ahead to the coming year, I am filled with optimism for what lies before us. We have an exciting opportunity to build on our achievements, to strengthen our impact and to continue nurturing the supportive and welcoming environment that makes Glendale Women's Café so special.

### **Board Recruitment and Training**

[REDACTED] stepped down as Chair at AGM in November 2024. [REDACTED] agreed to acting Co-Chair.

-New trustees joined the board at 7th January 2025 meeting - [REDACTED]  
[REDACTED] was invited to be Chair and accepted at the February 2025 board meeting.

Women visitors to the cafe have joined as trustees - at our AGM in Autumn 2024 2 women visitors who have been coming to the cafe regularly volunteered to become trustees. Neither woman has previous experience of being on a board, but they are passionate about the benefit the cafe brings to ladies in the community and are keen to support our charity.

-Our board now has 5 women from the visitor community sitting on our board of 8. The other 3 women on the board have experience working in Pollokshields and know the community well. The strengths of community experience are supporting the women to understand what the cafe visitors need, and they are all keen to develop their skills by undertaking training and learning on the responsibilities of governance, and understanding the differences between operational responsibilities (the staff) versus strategic responsibilities (the board).

## Trustees' Annual Report

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### Staff roles and Development

The board worked with external HR support to review the staff roles and job descriptions. The staff job titles were reviewed and the key 3 roles are now Chief Executive Officer, Cafe Mother, and Cafe Sister. The board are working to ensure that the staff team will become employees in the financial year of 25/26 moving towards a more sustainable and supported workplace for these key cafe roles.

Our staff and board are members of CEMVO Ethnic Minority network which offers support for governance development and for staff networking.

Members of staff attended the following external sessions:

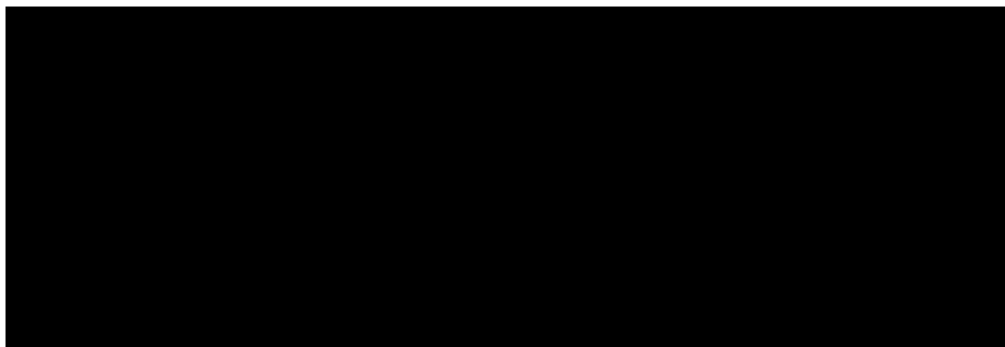
- Women's Fund for Scotland Conference in Stirling in March 2025
- Rosa Summer online conference in Summer 2024
- Adam Smith Business School Marketing Communications - Students project through year
- Emergency First Aid at Work training November 2024
- Hosted a 30 hours student placement from BSc in Psychology & Counselling course at the University of Strathclyde, running between November 24 and March 25

### Achievements and Performance

*Case studies / example projects:*

*Local Community connections May / June 24*

3 visits from 10 girls from St Alberts local primary school P6/P7 in an intergenerational learning project connecting local women and local girls talking in English and community languages, including Urdu and Punjabi. In the sessions the participants worked together to create banners, learn mendhi, and plant seeds.



*DeLaine LeBas visit and creative session at Tramway*

Tuesday 17th September 2024

30 women walked from the cafe through Pollokshields to Tramway. The venue was closed to the public so we were given a private tour of the DeLaine LeBas exhibition from [REDACTED] curator, followed by an onsite creative arts Workshop from [REDACTED] Cafe Sister, inspired by the exhibition.

Feedback:

- I enjoyed the arts and crafts. The exhibition was new to me - I enjoyed their expression of feeling. The art spoke to me. It was great to understand new culture/feelings.
- I really enjoyed the exhibition and it was interesting to hear other people's stories/experiences/cultures
- a bit scary, visually striking



## Trustees' Annual Report

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### Achievements and Performance

#### *Case studies / example projects:*

##### *To Absent Friends, 'Eternal Blooms' 5th November 2024*

GWC's cafe visitors were invited to decorate pots and plant bulbs together, while reflecting and remembering absent friends and family.



The session offered the chance to talk about and remember loved ones who have died, while painting pots and planting bulbs that will flower in remembrance of them. While planting the women shared stories of their loved ones, and how they impacted their lives. Conversations while crafting included remembering loved ones who have died, what colours those people liked, how flowers were important to these people, how the flowering of the plants later in the year will be a nice reminder to take a minute to remember them.

We set up a craft table area in the cafe space, so that women dropping into the session through the day could quietly take part at their own pace, with simple instructions on the wall above the table.

The activity gave women a chance to chat about their loved ones that have died, and to have reflective conversations about the death and grief sessions that had been facilitated through Prince and Princess of Wales Hospice.

There was also a chance for women who had not taken part in the death and grief sessions to talk about what they learned with other cafe attendees.

##### *Collaboration between Living Streets and GWC, 12TH February 2025*

This project aimed to explore the deeper relationship between walking and belonging for South Asian women in Glasgow. The session wanted to understand how walking - or the lack of it - connects to identity, safety, community, and access. This collaboration explored co-creating solutions or starting a dialogue that respects lived experiences and reimagined walking as a meaningful, inclusive act.

#### **Key questions:**

1. How do South Asian women experience walking in their daily lives?
2. What influences their decision to walk (or not), beyond obvious barriers like infrastructure or time?
3. How can walking be reframed as a tool for confidence and essential health improvement?

<https://www.livingstreets.org.uk/blog/the-streets-we-walk-and-the-streets-we-don-t/>

## **Trustees' Annual Report**

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### **Achievements and Performance**

*Case studies / example projects:*

#### **Some feedback from our annual survey in August 2024:**

**Please give us 3 words that describe how you feel when you come to the cafe?**

- happy, content, excited, relaxed
- pleased, interested, comfortable
- welcome, warm, interesting
- happy, confident, community
- relax, fresh mind

**Please tell us how coming to the cafe is good for your mental health and wellbeing:**

- It's very good to get out in the house sometime is a human being need to get out and make a new friends
- When i come to the cafe i feel relaxed and stressfree when i get to sit with my friends and enjoy the activities
- Feel less isolated, sense of belonging to the cafe and the local community
- Look forward to meeting new people and friends.
- Feel motivated to come the next day.
- Having a chat with other ladies makes me feel mentally happier.
- I live on my own so it's nice to be amongst women

#### *Charitable Activities*

##### *April*

- Eid one dish party
- Women on Wheels bike taster session
- Kelvingrove museum session around accession of photos to the Glasgow Life Collection
- CEMVO personal finance session
- Kelvinhall Screen Archive visit

##### *May*

- Massage drop in
- Led walks to Botanics
- St Albert's Primary P6 & 7 girls intergenerational crafts and chat sessions
- Willow Tea Rooms tour and visit
- Demystifying Death Week visit and intro to Prince and Princess of Wales Hospice, including tour, afternoon tea, open discussion and feedback
- Hunterian Museum scoping chat for visits and involvement

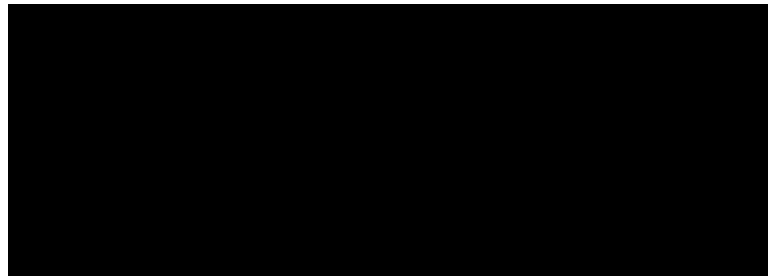


## Trustees' Annual Report

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### Achievements and Performance

#### Charitable Activities

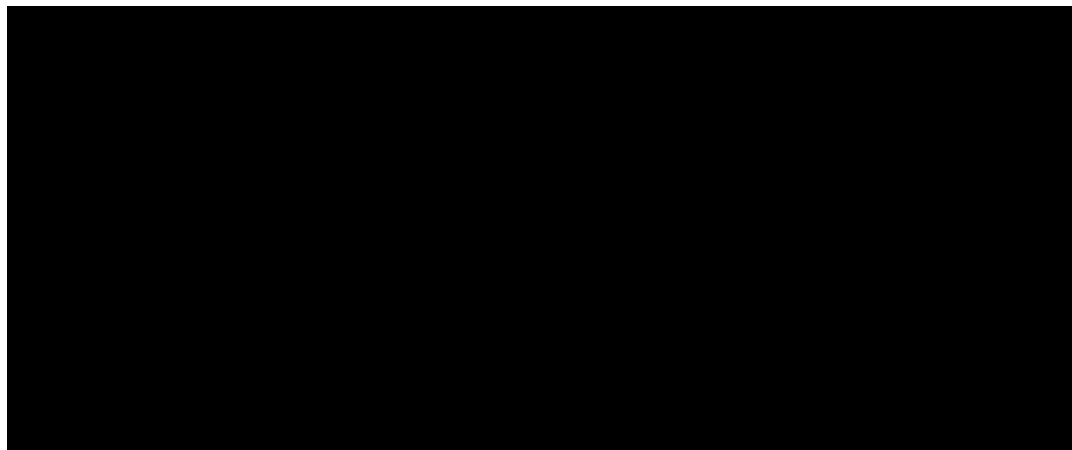


#### June

- Massage
- St Albert's Primary P6 & 7 girls intergenerational crafts and chat sessions
- [REDACTED] CEMVO budgeting session
- [REDACTED] CEMVO energy session
- [REDACTED] CEMVO cost of living session
- [REDACTED] 3 hr walks sessions - Pollok park
- Hunterian trip
- Tramway local connection meeting
- One dish summer party

#### July

- Aqsa Arif closing event Kelvingrove Museum
- Admin activities



#### August

- Staff funding information session with [REDACTED] from CEMVO
- Tramway mural discussion / consultation
- Massage session
- [REDACTED] EMVO economic abuse session

## Trustees' Annual Report

---

### Achievements and Performance

#### Charitable Activities

##### September

- Massage

■■■■■ budget / finance / economic abuse

■■■■■ session in response to the recent race riots, and highlighting their helpline services

■■■■■ walks to Bellahouston Park

- Grief series Prince and Princess of Wales Hospice / Mary

- Tramway Delaine La Bas visit / crafting session

##### October

■■■■■ 3 hr walks sessions - Linn Park

■■■■■ anking

- College of Physicians and Surgeons historian visit to café to discuss portrait and history of Dr Sen

- Visit to Hunterian Museum

- Grief series Prince and Princess of Wales Hospice / ■■■■■

- Calligraphy Salwa

- Massage

##### November

- To Absent Friends planting and painting pots

- FASS alcohol addiction info session with Kathleen

- AGM

■■■■■ 3 hr walks sessions - Rouken Glen Park

■■■■■ finance

- Massage

- Science Centre visit – DNA workshops, tour, planetarium

##### December

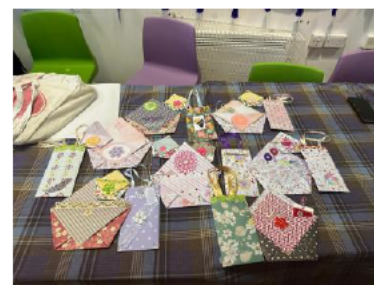
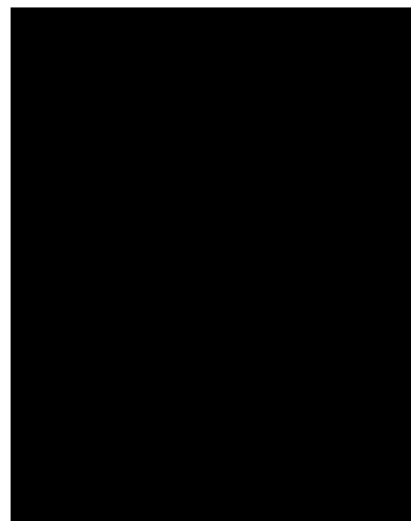
- Employability session with ■■■■■ Amina MWRC, looking at skills, interests, and CVs

- Creative activity with Khansa

- Massage

■■■■■ budgeting

- Winter one dish party



Trustees' Annual Report

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Achievements and Performance

*Charitable Activities*

*January*

██████████ Emotional Wellbeing 6 week series – closed group

- Seated yoga 6 week series with Wee Retreat

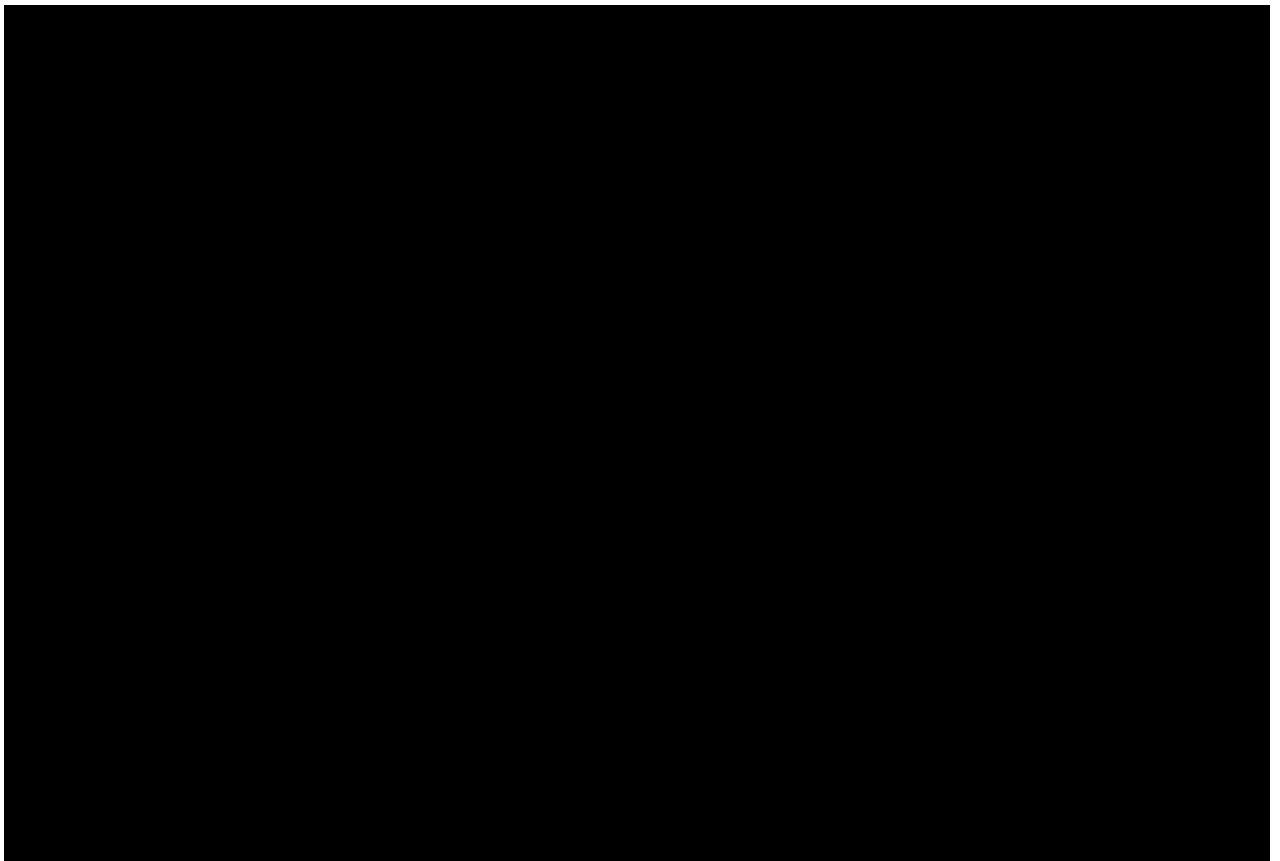
██████████ budgeting

- Intimate Image Abuse session with Safa from Amina

- Dundee trip with Amina Women Friendship Group to meet Amina Creative Well-Being project - stitching workshop in Tuesday meeting space, lunch, walk through town, tour of Dundee tapestry at V&A.

██████████ research for her upcoming performance

- Student placement – helping women with online forms and the emotional wellbeing series





## Independent Examiner's Report

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<b>Report to the trustees/members of</b>	The Glendale Women's Café Project
<b>Registered charity number</b>	SC047774
<b>Accounts of the charity for the period</b>	2 April 2024 - 1 April 2025
<b>Set out on pages</b>	14 - 18

### Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### Basis of Independent Examiner's statement:

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

### Independent Examiner's statement:

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements to:

- keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 03/12/2025

===== 310C3009-BA37-CE34-AB13-98DE218671DD =====

Fellow of the Association of Chartered Certified Accountants  
Brett Nicholls Associates  
Herbert House, 24 Herbert Street, Glasgow, G20 6NB

**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

**Receipts and Payments Account**

		<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds</i>	<i>2024 Total</i>
	<i>Notes</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<b>Receipts</b>					
Donations	3	346	-	346	623
Grants	4	18,000	62,925	80,925	32,347
Other	5	-	-	-	175
		<u>18,346</u>	<u>62,925</u>	<u>81,271</u>	<u>33,145</u>
<b>Payments</b>					
Charitable Activities Costs	6	7,578	52,434	60,012	47,568
Support Costs	7	660	-	660	660
<b>Total Payments</b>		<u>8,238</u>	<u>52,434</u>	<u>60,672</u>	<u>48,228</u>
<b>Net Receipts/-Payments</b>		<u>10,108</u>	<u>10,491</u>	<u>20,599</u>	<u>(15,083)</u>
<i>Funds Brought Forward</i>		5,008	10,247	15,255	30,338
<b>Funds Carried Forward</b>	9	<u>£15,116</u>	<u>£20,738</u>	<u>£35,854</u>	<u>£15,255</u>

All income and expenditure derive from continuing activities in both years.  
The notes on pages 16 to 18 form an integral part of these accounts.

**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

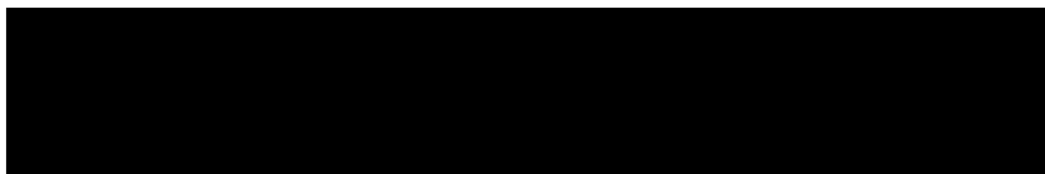
**Statement of Balances**

	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
Opening Cash and Bank Balances	5,008	10,247	15,255	30,338
Surplus/-Deficit for the year	<u>10,108</u>	<u>10,491</u>	<u>20,599</u>	<u>(15,083)</u>
Closing Cash and Bank Balances	<u>£15,116</u>	<u>£20,738</u>	<u>£35,854</u>	<u>£15,255</u>

The year end balances are made up:

Bank balance	35,730	15,255
Cash held	<u>124</u>	<u>-</u>
	<u>£35,854</u>	<u>£15,255</u>

Signed on behalf of the trustees:



Date: 02/12/2025

Date: 03/12/2025

31CC009-BA57-CE34-AAF6-98DE318E7100

**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

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**Notes to the Accounts**

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**1. General Information**

The Glendale Women's Café Project ("the charity") is a SCIO (Scottish Charitable Incorporated Organisation) governed by its constitution. It was registered as a charity in Scotland (registered number SC047774) on 25 September 2017. Its registered address is c/o Brett Nicholls Associates, 24 Herbert Street, Glasgow, G20 6NB.

**2. Basis of Preparation**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

<b>3. Donations</b>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
Individual Donations	346	-	346	623

<b>4. Grants</b>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
GCVS Wellbeing	-	10,500	10,500	10,000
Culture & Sport	-	-	-	150
Glasgow Winter Social Wellbeing	-	-	-	3,177
Rosa - cost of living	-	-	-	8,650
Rosa - RISE	-	-	-	9,370
Sustain Pollokshields	-	-	-	1,000
Corra Foundation	8,000	-	8,000	-
National Lottery Improving Lives	-	49,070	49,070	-
Volant	-	3,090	3,090	-
The Robertson Trust	10,000	-	10,000	-
Absent Friends	-	265	265	-
	18,000	62,925	80,925	32,347

<b>5. Other Income</b>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
Ticket Sales	-	-	-	175



**The Glendale Women's Café Project**  
**Report and Accounts for the Year Ended 1 April 2025**

**Notes to the Accounts**

<b>6. Charitable Activities Costs</b>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
Accountancy - Support Fees	1,680	-	1,680	2,100
Bank Charges	-	-	-	7
Catering	1,990	7,747	9,737	6,871
Equipment	68	780	848	97
Fundraising	-	-	-	4,805
Insurance	330	-	330	320
Marketing	60	200	260	737
Memberships	30	-	30	40
MGS Year of Stories	-	-	-	85
Programme - Events & workshops	-	2,932	2,932	1,801
Programme - 10 year celebration	-	-	-	808
Programme - Creative crafts	-	1,065	1,065	2,088
Programme - Massage	-	2,610	2,610	3,810
Programme - Walk sessions	-	546	546	314
Rent	2,500	2,500	5,000	4,000
Software and IT	530	-	530	190
Staff costs - Fees for services	-	33,784	33,784	19,150
Staff Training	95	-	95	-
Telephone	72	-	72	71
Travel	223	-	223	274
Human Resources	-	270	270	-
	<u>7,578</u>	<u>52,434</u>	<u>60,012</u>	<u>47,568</u>

<b>7. Support Costs</b>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds £</i>	<i>2024 Total £</i>
Independent Examination Fee	<u>660</u>	<u>-</u>	<u>660</u>	<u>660</u>

**8. Related Party Transactions**

No trustee received remuneration or expenses in the year (2024: Nil)

There were no related party transactions during the year (2024: Nil).

<b>9. Funds Analysis</b>	<i>Opening Balance 2 April 24</i>	<i>Receipts</i>	<i>Payments</i>	<i>Transfers</i>	<i>Closing Balance 1 Apr 25</i>
<b>Unrestricted</b>					
General	5,008	18,346	8,238	-	15,116
<b>Restricted</b>					
National Lottery - Improving Lives		49,070	42,899	-	6,171
GCVS Wellbeing	10,247	10,500	6,584	-	14,163
Absent Friends	-	265	265	-	-
Volant	-	3,090	2,686	-	404
	<u>10,247</u>	<u>62,925</u>	<u>52,434</u>	<u>-</u>	<u>20,738</u>
<b>Grand Total</b>	<u>15,255</u>	<u>81,271</u>	<u>60,672</u>	<u>-</u>	<u>35,854</u>

**Notes to the Accounts**

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**Purposes of Funds**

General Fund	-There is one unrestricted fund, the General Fund for day-to-day running of the charity.
National Lottery - Improving Lives	- three year fund to support staff and running costs, including fundraising activities
GCVS Wellbeing	- creative and wellbeing sessions including regular massage sessions, and provision of weekly healthy food.
Volant	- funding towards health and well-being activities for women
Absent Friends	- funding for Eternal Blooms session