

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	30	09	2020	To	30	09	2021

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Speak
SC047772
Postcode

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Constitution

Trustee recruitment and appointment

Charity Trusteeship is open to:

12.1 any person aged 18 or over who expresses an interest in mental health and can contribute to the achievement of the purposes of the organisation.

Application for charity trusteeship

13. Any person who wishes to become a charity trustee must sign a written application for charity trusteeship.

14. The application will be considered by the board at its next meeting.

15. If the application is successful, the applicant will be subject to a PVG check.

16. The board may, at its discretion, refuse to admit any person to trusteeship. This will be determined by majority vote.

17. The board must notify each applicant promptly in writing (including email) of its decision on whether or not to admit them. The board does not need to provide a reason.

Subscription to the SCIO

18. No subscription will be payable.

Number of trustees

19. The minimum number of charity trustees is 3 (three)

20. The maximum number of charity trustees is 7 (seven)

Eligibility

21. A person will not be eligible for election or appointment to the board if they:

21.1 are disqualified from being a charity trustee under the charities and trustee investment (Scotland) Act 2005

21.2 if the board deems there to be a conflict of interest

Initial Charity Trustees

22. The individuals who signed the charity trustee declaration forms which accompanied the application for incorporation into the organisation shall be deemed to have been appointed as charity trustees with effect from the date of incorporation of the organisation and its entry on the Scottish charity register.

22.1 The founding trustee of Speak (SCIO) is [REDACTED]

Charitable purposes

4. The organisation is established for charitable purposes only with the primary objectives being:

4.1 To reduce isolation in those suffering from mental illness or mental health issues by providing a safe space online in which individuals can anonymously talk about their problems with other users.

4.2 To provide information relating to mental health conditions, advice and information on how and where to get help.

4.3 To encourage involvement in the community by providing face to face support groups and supported community activities.

4.4 To increase understanding and provide insight of what it is like to have and live with a mental health condition, to encourage communication from those who feel they would benefit from talking to someone and to reduce stigma by the trustees and associates of the organisation giving frank, open and humorous (where appropriate) talks to students, communities and professional organisations. This will give 'normal' faces to mental illness.

5. The area within which the organisation will operate (referred to in this document as 'the area of benefit') shall be the United Kingdom with scope to expand over time to Europe, The United States of America, Canada, Australia and New Zealand.

6. The beneficiaries of the organisation will be the general public of the United Kingdom with the exclusion of children under the age of 12, and in the future, the general public of the countries mentioned in 5.

Summary of the main activities in relation to these objects

- Online mental health campaigns
- Media features
- Presentation at national conference
- Online support forum
- Link with mental health society at Edinburgh University
- Shortlisted for 'Campaign of the Year' with NRA
- Mental health resources
- Community mental health day (cancelled)

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

- Online mental health campaigns
- Corporate mental health system
- Media features
- Presentation at national conference
- Online support forum
- Highly Commended award with NRA

Financial review

Brief statement of the charity's policy on reserves

Any surplus assets available to the organisation immediately preceding its winding-up must be used for purposes which are the same as, or which closely resemble, the purposes of the organisation as set out in this constitution.

Details of any deficit

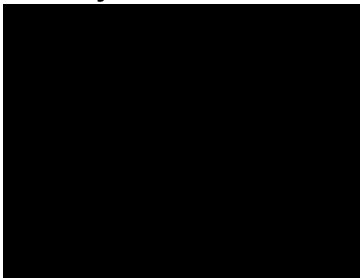
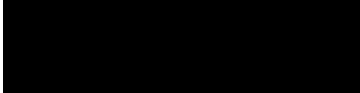
Donated facilities and services (if any)

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		26/06/22
Full name(s)		
Position (e.g. Chair)	Trustee	
Date	26/06/22	

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Receipts and payments accounts							
For the period from	1/10/2019			to	30/9/2020		
	Day	Month	Year		Day	Month	Year
	01	10	2020		30	09	2021

Section A Statement of receipts and payments

	Unrestricted to nearest £	Restricted to nearest £	Expendable to nearest £	Permanent to nearest £	Total funds to nearest £	Total funds last to nearest £
A1 Receipts						
Donations	1,170				1,170	135
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable	90				90	-
					-	-
A1 Sub total	1,260	-	-	-	1,260	135
A2 Receipts from asset &						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	1,260	-	-	-	1,260	135
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable	519				519	967
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination	150				150	150
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	669	-	-	-	669	1,117
A4 Payments relating to asset and						
Purchases of fixed assets	-				-	189
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	189
Total payments	669	-	-	-	669	1,306
Net receipts / (payments)	591	-	-	-	591	(1,171)
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	591	-	-	-	591	(1,171)

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Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	1				1	1,172
	Surplus / (deficit) shown on receipts and payments account	591				591	(1,171)
						-	
						-	
	Cash and bank balances at end of year	592	-	-	-	592	1
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Computers and Equipment	Unrestricted Funds			189
		Total	-	-	189

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

			27 June 2022

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

Speak Charity has received £1170 in donations and £90 from travel refunds. These unrestricted funds may be used at the discretion of the Trustees in furtherance of the objects of the Charity. Total expenditure of £669 was mainly related to charitable activities, leaving a surplus of £591. Balance of unrestricted funds at the year end was £592. The Charity has not received any restricted funds in this financial year.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
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Authority under which paid

C3b Trustee remuneration - details

	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	x
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction	Balance

C6 Other information

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Additional analysis (1)**Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	1,170				1,170	135
					-	
					-	
					-	
Total	1,170	-	-	-	1,170	135

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2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
Total	-	-	-	-

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3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Travel Refunds	90				90	
					-	
					-	
					-	
					-	
					-	
					-	
Total	90	-	-	-	90	-

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4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Internet					-	276
Professional Membership and Training	71				71	68
Travel					-	458
Insurance	157				157	157
Bank Charges	2				2	2
Miscellaneous					-	6
Staff Welfare	30				30	-
Subscriptions	164				164	-
Equipment Expensed	95				95	-
					-	-
					-	-
Total	519	-	-	-	519	967

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Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below Binn Group	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	1,170				1,170	135
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities	90				90	-
Sub total	1,260	-	-	-	1,260	135
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
Sub total	-	-	-	-	-	-
Total receipts	1,260	-	-	-	1,260	135
Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	519				519	967
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination	150				150	150
Preparation of annual accounts					-	-
Legal costs					-	-
					-	-
					-	-
Sub total	669	-	-	-	669	1,117
Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	189
Purchase of investments					-	-
Sub total	-	-	-	-	-	189
Total payments	669	-	-	-	669	1,306
Net receipts / (payments)	591	-	-	-	591	(1,171)
Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	591	-	-	-	591	(1,171)
Nature and purpose of funds						

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Additional analysis (3)**6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	-	-	-	-	-

Nature and purpose of funds

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APPENDIX 3



Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Respective responsibilities of trustees and examiner

Basis of independent examiner's statement

Independent examiner's statement

Relevant professional qualification(s) or body (if any):

Address:

Independent examiner's report on the accounts

v2

Charity name

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Period start date

Day

Month

Year

to

Period end date

Day

Month

Year

01

10

2020

30

09

2021

(remember to include the page numbers of additional sheets)

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Name:

Date:

27/06/2022

BA ACCOUNTING WITH FINANCE

[Redacted Address]