

# Sadaya (SCIO)

Scotland · Charity number SC047678

## Details

---

Known as	Sadaya
Status	Not Submitted
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2017-08-30
Register	<a href="#">View on the OSCR register</a>

## Contact

---

Address	79 Hillview Road Edinburgh EH12 8QE
Website	<a href="http://www.sadaya.org.uk">www.sadaya.org.uk</a>

## Activities

---

**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of health', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**Beneficiaries:** 'Other defined groups'

**Objectives:** 1.1 The advancement of health and wellbeing of veterans particularly those who have suffered detriment as a result of their service. With a particular focus on peer support and techniques of psychological self support. 1.2 The provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the veteran 1.3 To offer support by veterans , to veterans and their families and to advance health their health and wellbeing through that activity.

## Geography

---

- **Main operating location:** City of Edinburgh
- **Geographical spread:** Wider, but within one local authority area

## Finances

Period end	Income	Expenditure	Assets	Employees
2022-08-31	£0	£0	-	0
2021-08-31	£34	£281	-	0
2020-08-31	£1,978	£932	-	0
2019-08-31	£10,075	£6,874	-	0

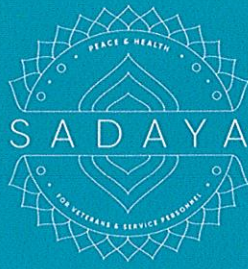
**Sadaya (SCIO)**

Scotland - Charity number SC047678

---

# Accounts

---



**Sadaya (SCIO)**

**Annual report and financial statements**

**For the year ended 31 August 2021  
(Registered Charity Number SC047678)**

**Contents**

	<b>Page</b>
General Information	1
Trustees Annual Report	2
Receipts & Payments Account	3
Statement of Balances	4
Notes	5-6
Independent Examiner's Report	7

**Sadaya (SCIO)**  
**Scottish Charity Number SC047678**

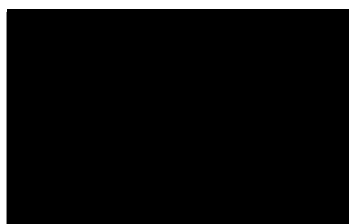
**Trustees' report**  
**For the year ended 31 August 2021**

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 August 2021.

**Reference and administrative information**

Charity name: Sadaya Scottish Charitable Incorporated Organisation (SCIO)

Trustees



(deceased 11/11/21)

Principal Address: 79 Hillview Road  
Edinburgh  
EH12 8QE

Scottish Charity Number: SC047678

Accountants: George & Co (Scotland) Ltd  
Chartered Tax Advisers & Accountants  
13 Rutland Street  
Edinburgh  
EH1 2AE

Bankers: Bank of Scotland plc

**Structure, Governance and Management**

**Constitution**

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 30 August 2017.

**Recruitment and appointment of Trustees**

Trustees are appointed by invitation and agreement of a majority of the board of trustees.

**Objectives and activities**

The charity was set up to remove veterans from isolation or the feelings of isolation and to have them engage with fellow veterans, men and women, who share their experience, strengths and hopes, who strive to solve all common problems and to help each other manage their lifestyles to a point where they feel free from danger, torment and suffering. It does this by providing a place to meet every week, enjoy food, soft drinks and fellowship, tai chi, yoga and other means including residential retreats.

**Achievements and performance**

Due to Covid the café was shut for most of this period, only opening again in August 2021, and has been opening every week since then. There have been no retreats run in this period.

**Financial review**

The charity continues to be financially sound and ends this financial year with a surplus

**Plans for future periods**

The board of trustees agreed that the activities of the Veterans Community Café and Sadaya with its mindfulness and retreats are increasingly separate and the two charities are now formally separate.

Approved by the board of trustees on 15<sup>th</sup> June 2022 and signed on their behalf by

  
.....  
 Trustee

  
.....  
 Trustee

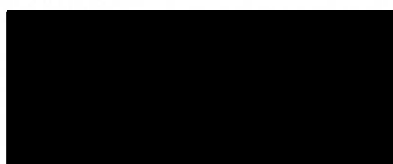
Statement of Receipts and Payments  
for the year ended 31 August 2021

	Unrestricted funds	
	Total 2021 £	Total 2020 £
<b>Receipts</b>		
Retreat income	-	-
Café sales and income for Yoga classes	-	67
Donations	34	111
Grants	-	1,800
Total receipts	<u>34</u>	<u>1,978</u>
<b>Payments</b>		
Cost of charitable activities	281	932
Total payments	<u>281</u>	<u>932</u>
(Deficit) / Surplus for the year	<u>(247)</u>	<u>1,046</u>

Approved by the board of trustees on 15<sup>th</sup> June 2022 and signed on their behalf by



Trustee



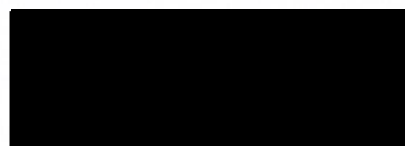

Trustee

Statement of balances  
At 31 August 2021

	Total 2021 £	Total 2020 £
Opening cash at bank and in hand	6,445	5,399
(Deficit) / Surplus for the year	(247)	1,046
Closing cash at bank and in hand	<u>6,198</u>	<u>6,445</u>
 <b>Bank and cash balances</b>		
Bank account	6,198	6,445
Cash	-	-
<b>Total</b>	<u>6,198</u>	<u>6,445</u>

Approved by the board of trustees on 15<sup>th</sup> June 2022 and signed on their behalf by

  
.....  
, Trustee

  
.....  
 Trustee

**Notes to the accounts for the year ended 31 August 2021**

**1. Basis of accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

**2. Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

The trustees maintain a single unrestricted fund for the day-to-day running of the charity. There are no restricted funds.

**3. Donations and grants**

	<b>Unrestricted funds</b>	
	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b><i>Donations</i></b>		
Other donations	-	111
	<hr/>	<hr/>
	-	111
<b><i>Grants</i></b>		
Grant from The Robertson Trust	-	1,800
	<hr/>	<hr/>
	-	1,911
	<hr/> <hr/>	<hr/> <hr/>

Notes to the accounts for the year ended 31 August 2020 (*continued*)

4. Cost of charitable activities

	Unrestricted funds	
	2021	2020
	£	£
<i>Charitable activities</i>		
Costs of retreats	-	800
Purchases for café	198	-
Travel expenses	-	-
Workshop expenses	-	-
Yoga instructor	-	80
Repairs and Renewals	-	-
Bank charges	83	52
<i>Governance costs</i>		
Preparation of accounts and independent examination	-	-
	<hr/>	<hr/>
	281	932
	<hr/>	<hr/>

Trustees did not receive any remuneration or reimbursement of expenses in the current year (2020: Trustees did not receive any remuneration or reimbursement of expenses).

### Independent Examiner's Report to the Trustees of Sadaya (SCIO)

I report on the accounts of the charity for the year ended 31 August 2021, which are set out on pages 3 to 6.

#### Respective responsibilities of directors and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

#### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.


#### Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
  - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 15<sup>th</sup> June 2022



For and on behalf of George & Co (Scotland) Ltd  
Chartered Tax Advisers & Accountants  
13 Rutland Street  
Edinburgh  
EH1 2AE