

NOMADIC SURVIVAL CHARITY

**Annual Report and Accounts
for the Year Ended 31st March 2025**

Nomadic Survival Charity

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Trustees' Report

Board of Trustees and Administration Details

Nomadic Survival Charity was established as a Scottish Charitable Incorporated Organisation with a constitution and recognised as a charity in Scotland (No. SC047579) on the 14th July 2017. It was established to replace the charitable unincorporated association Nomadic Survival (SC039728), which has now wound up and passed its assets and activities to Nomadic Survival Charity.

The structure of the charity consists of Charity Trustees who serve on the Board, and who are the only members of the charity. The Board controls the activities of the organisation and has the power to appoint further Charity Trustees and to take decisions in relation to changes to the constitution. The current Trustees, who also served during the year, are [REDACTED]

The office of the charity is [REDACTED]

The Objects of the Charity

The charities purposes are:

- Advancement of education
- The advancement of health

Trustees' Annual Report

Ongoing work of the charity

The information we can receive from within Tibet is shaping the charity's immediate and long terms aims and objectives. The trained birth attendants on the ground have succeeded in obtaining 100% survival rate for mothers and the levels of anxiety and fear of not surviving is reduced due to funding available to plan for pre-natal care and the birth. The charity has reached the level where training can be taken further by people trained within Tibet.

It has been recommended to the charity that the maternal and child health book in Tibetan to be completed so that resourced training for the "train the trainers" can commence as soon as possible for the communities living within Tibet as well as for Tibetans living elsewhere.

Anaemia project

To reduce the numbers of birth emergencies it is imperative that mothers are healthy and receive nutritious diet in pregnancy. We are supplementing the diet of the most vulnerable mothers to prevent birth emergencies due to the presence of maternal anaemia in pregnancy. In the long run we must come up with a sustainable idea to maintain expectant maternal health without relying on funding from outside.

To this end a building of a pilot solar greenhouse has been suggested. This will provide fresh green vegetables for most of the year as opposed to 5 months of the year at the present time. The charity aims to investigate a feasibility study for building a greenhouse in one of the five communities we have been working with. The study will be based in Ladakh which share some of the climatic and altitude conditions to the environment of the communities we work with. More importantly an activist in Ladakh has taken on the responsibility of learning how to

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Trustees' Report (continued)

grow organic vegetable in the deep winter months. We will be interested in gaining valuable information from this personnel and community.

Should this pilot project be successful in one community within Tibet, the charity hopes that the other communities will want to follow suit. The charity will then be satisfied that it has found a sustainable method to not only protect lives (maternal and infant) from birth emergencies and mortality from the side effects of anaemia but also improving the experience of childbirth to be enjoyable with better health for both the mother and child leading to a healthier generation for the future.

The maternal and child health book

The first draft of the book is completed in English (22 chapters). We have not been able to work on the second draft as we had intended. It is essential to complete this book to use the information and skills recommended in it to as many Tibetans as possible.

Summary

It is disappointing that the charity cannot carry on with its face-to-face work within Tibet, as this works best with maternal and child health matters with local communities. However, the charity is continuing to do valuable work even without having direct training contacts. We have successfully raised funds to continue to fund for the prevention of birth emergencies (using blood tests and investigations carried out prior to the births), as well as for the actual birth emergencies and transport. The Charity's past maternal and child health training with the added support for survival is allowing the 100% survival of mothers and their infants in the five communities we are involved with. The strategies the charity has adopted has helped the mothers to have confidence in surviving the birth with less fear and anxiety.

Our priorities for the immediate future, in this order:

- 1) Continue to support the present five communities we work with.
- 2) Complete the writing of the child health book in Tibetan to be used in training and for general distribution within the Tibetan population wherever they may be.
- 3) Complete a feasibility study on the suitability of building a greenhouse for growing organic vegetable to serve expectant mothers in the deep winter months of the year, allowing the expectant mothers to access good micro-nutrients throughout the pregnancy, all year round.
- 4) Test the validity of the child health book we are preparing for the use of Tibetan women within Tibetan Diaspora wherever they may be.
- 5) As the charity is not gaining access to Tibet itself for childbirth training, explore other avenues in other areas of the Himalaya where such training could be useful.

We wish to thank all our supporters for helping with the charity's work, and particularly our faithful voluntary committee members, who selflessly and consistently offer their skills, time and patience.

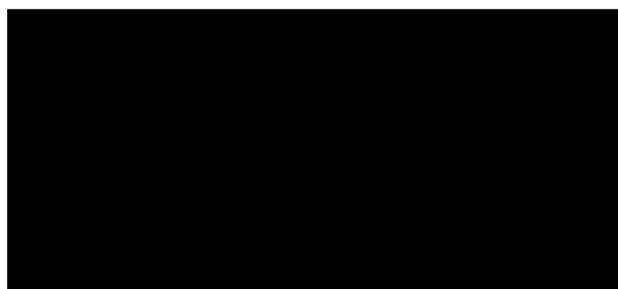
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Financial review

At the year-end cash funds stood at £17,769, of which £9,235 were restricted. As the charity operates on a project funded basis, it is the Board's policy to maintain sufficient reserves to meet future planned activity and to cover administration costs, which remain low.

Approved by the Board of Trustees and signed on their behalf:



Date

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Independent Examiner's Report to the Trustees of the Nomadic Survival Charity

I report on the accounts of the charity for the year ended 31st March 2025 which are set out on pages 5 – 7.

Respective responsibilities of trustees and examiner

The charity's Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The Trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

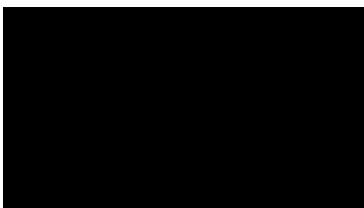
1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed .. 

Date 17/11/2025



Nomadic Survival Charity
Receipts and Payments Account for the Year Ended
31st March 2025

	Restricted funds £	Unrestricted funds £	Total 2024/25 £	Total 2023/24 £
<u>Receipts</u>				
Grants	19,318	-	19,318	18,802
Donations	-	958	958	470
Total receipts	<u>19,318</u>	<u>958</u>	<u>20,276</u>	<u>19,272</u>
<u>Payments</u>				
Fundraising expenses:				
Travel expenses	-	291	291	446
Payments for charitable activities:				
Bank charges	-	33	33	9
Currency exchange loss	-	-	-	278
Office costs	-	24	24	232
Donations made	18,813	-	18,813	23,802
Total payments for charitable activities	<u>18,813</u>	<u>57</u>	<u>18,870</u>	<u>24,321</u>
Governance costs:				
Accounts and independent examination	-	440	440	425
Total payments	<u>18,813</u>	<u>788</u>	<u>19,601</u>	<u>25,192</u>
Transfers between funds	-	-	-	-
Surplus/(deficit) for year	505	170	675	(5,920)
Cash funds brought forward	8,730	8,364	17,094	23,014
Cash funds carried forward	<u>9,235</u>	<u>8,534</u>	<u>17,769</u>	<u>17,094</u>

Nomadic Survival Charity

Receipts and Payments Account for the Year Ended 31st March 2025

Bank and cash on hand

	2024/25	2023/24
	£	£
Opening balances	17,094	23,014
Surplus / (deficit) for year	675	(5,920)
Closing balances	17,769	17,094

Assets

	2024/25	2023/24
	£	£
Estimated gift aid	-	-

Liabilities

	2024/25	2023/24
	£	£
Liabilities	-	-

Restricted funds

	Balance at 01/04/2024	Received	Paid	Balance at 31/03/2025
Camellia Foundation	-	15,000	(15,000)	-
Tibet Fund US	-	3,813	(3,813)	-
Tibet Relief Fund		505	-	505
Tibet Relief Fund (training)	3,747	-	-	3,747
Tibet Fund US (training)	2,850	-	-	2,850
Donations: textbook	2,133	-	-	2,133
	8,730	19,318	(18,813)	9,235
Unrestricted funds	8,364	958	(788)	8,534
Total funds	17,094	20,276	(19,601)	17,769

Camellia Foundation

Funding to cover the cost of obstetric emergencies and blood tests in Tibetan communities.

Tibet Fund US

Funding to cover the costs of blood tests and hospital tests.

Tibet Relief Fund

Funding to cover the costs of Ladakh teaching materials.

Tibet Relief Fund (training)

Funding to produce maternal health training materials for Tibetan communities.

Tibet Fund US (training)

Funding to produce maternal health training materials for Tibetan communities.

Donations: textbook

Donation received to produce maternal health training materials for Tibetan

Nomadic Survival Charity
Receipts and Payments Account for the Year Ended
31st March 2025

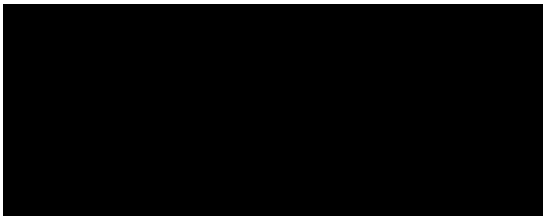
Donations made

In the year the charity made a donation of £18,813 to representatives of five Tibetan communities to fund care for women experiencing obstetric emergencies (2024: £23,802).

Trustee expenses

The members of the Board did not receive any remuneration in the year. Travel expenses totalling £291 were reimbursed to one Board member during the year (2024: £446).

Approved by the Board of Trustees and signed on their behalf



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Date