



# **PEEBLESSHIRE YOUTH TRUST (SCIO)**

**Annual Report and Financial  
Statements**

**Year to 31<sup>st</sup> July 2024**

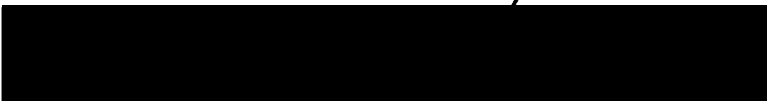
Registered Charity No SC047324

## INTRODUCTION

Peeblesshire Youth Trust ("PYT") was established as a charity in 2009, to address the need for support around transition to high school. We work with local children to help them achieve their potential. Our programmes include group sessions, individual mentoring, and programmes within schools. We also help local families via our Christmas hamper programme during the festive period to help families in need. Our strategic objectives are to help young people build resilience, achieve potential, form relationships and engage in the community.

In the last year we have worked with 85 young people with the support of 89 valued volunteers. 18 of these volunteers worked one-to-one as mentors to individually support their mentee, having received training and supervision through PYT. 24 of our volunteers were S6 pupils at Peebles High School who became buddies for the new S1 pupils at the school, easing transition into the new school year. Many of our volunteers assisted with our Christmas hampers programme, and others gave their time on the Board of Trustees, or to help organise our community fundraising events, Achieve-a-Ball and the golf day at Peebles Golf Club. The demand for our support continues to grow and we are very grateful to be able to meet this need with thanks to our army of volunteers and to our excellent staff team. It is also possible due to our kind sponsors, donors and funders, including many local businesses as well as Young Start by the National Lottery Community Fund and BBC Children in Need.

As a charitable organisation, the Trustees seek to engage as many young people as possible, and continually review our programmes to ensure that we grow and adapt to respond to an ever-changing need from our local young people. We look forward to another exciting year ahead where, as we enter the first of three years of our latest strategic plan, we aim to mentor, nurture, engage and encourage our young people to develop good relationships and make a positive impact in our local community.

  
**Date:** 25/3/2025

**Charity Name:** Peeblesshire Youth Trust (SCIO) **Charity Number:** SC047324

**Address:** 

**Trustees:**

The Charity Trustees serving on the date the annual report was approved were:



All other Charity Trustees who had served during the financial year covered by the accounts referred to in this report were:



Appointment of new trustees has been made in accordance with the provisions of the constitution. The term of office of each trustee is three years, with the possibility of re-appointment. The trustees have responsibility for appointing or re-appointing trustees by invitation to those who live within the community served by the Trust.

## **WHAT WE DO**

Peeblesshire Youth Trust supports 10-14 year olds throughout Tweeddale to build resilience and achieve their potential. We assist our young people in developing good relationships with their peers and families, to make a positive impact in our community. From primary 6 to S2 at Peebles High School, we tailor our support to smoothen the transition from primary to secondary school. We host a workshop programme for P6 pupils called “Achieve your Potential” which links with the Curriculum for Excellence to boost self-esteem and emotional wellbeing, whilst enabling children to develop their social skills as they meet pupils from other primary schools in the region. We also host regular group activities, with local outings and experiences, to broaden the horizons of our young people. Our mentors, who are trained in-house, enhance our work through one-to-one mentoring support, which runs alongside the activities of our small staff team, and our partnership work with other local organisations.

Our Constitution depicts our charitable purposes, which remain as follows:

Within the geographical area of Peeblesshire, the purpose of the Trust shall be to:

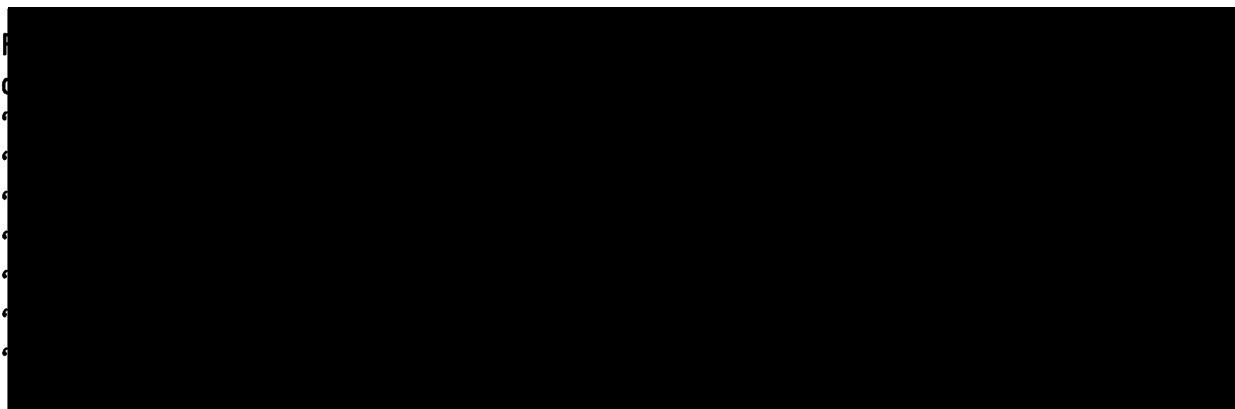
1. Prevent and/or alleviate poverty and deprivation by providing support and guidance to young people with a view to their realising their full potential within and beyond their communities.
2. Advance the education of selected young people through the provision of individual mentoring, group training and other confidence-building activities.
3. Advance young people’s contribution to society, their citizenship and thereby to community development more generally through peer mentoring.

In 2023-24, our achievements included:

### **Achieve Your Potential Workshops**

We hosted two 7-week series of workshops for primary 6 pupils, working with 23 children in total, to enhance good emotional wellbeing and encourage initial development of friendships between peers from different primary schools ahead of transition to secondary school. Participants are identified by local primary schools as children who would benefit from additional support through the transition to high school. Our workshops were based around fun games, craft activities, and outdoor sessions involving use of ropes, harnesses and helmets with qualified instructors, to help build confidence through pushing boundaries and allowing our pupils to see where they can excel. Key themes included friendship, teamwork, making decisions, expressing opinions and speaking with confidence.

Parents and carers were invited to the final session at each series, where we explained the next steps in support with PYT, through one-to-one mentoring and participation in group activities. From our evaluation and feedback, 83% of parents stated they would contact PYT for future support with their child. 100% of the attendees showed an improvement in speaking with confidence, with 96% displaying a marked improvement in interactions with peers and with adults. All showed improvement in their ability to take part in group activities.





### **Group Activities**

We host different activities and outings each month to help our young people to develop relationships with their peers, and to visit new places or try new things. The outcome of this is to grow confidence and improve social interactions, whilst broadening horizons. In the last year, we had a total of 69 children attend multiple group activity sessions, representing over 81% of the young people we support.

Our sessions included a summer BBQ (in the rain!), a trip to Ryze trampoline park, a scavenger hunt, youth club games evening, an inflatables session at the local swimming pool, strategic planning activities, Christmas games, a tunnel walk and helping to create a local display of poppies for Remembrance Sunday (in partnership with Floral Peebles).

We are very grateful for the support of our many partners that make these activities possible throughout the year.





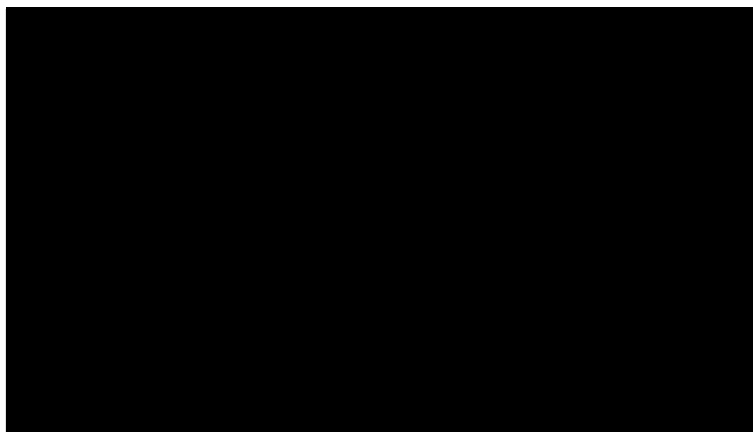
### **One-to-One Mentoring**

We trained and supported 20 volunteer mentors this year to work individually with their mentees. 17 of these trained mentors were successfully matched with mentees throughout the year. Each mentor meets their mentee approximately once a month to enjoy an outing whilst getting to know each other and building trust in the relationship. The mentor acts as a positive role model in the life of their mentee to encourage them to push their boundaries whilst staying safe in different environments. Mentors also help their mentees to set goals throughout the year, so that they can reduce anxieties and see progress that they make as they strive to be the best version of themselves.

We support mentors through initial training and ongoing development during 'Inspire' sessions, whereby mentors can network with each other, as well as meet with PYT staff, and listen to topic-specific training, in areas such as bullying, neurodiversity, social media, goal setting, etc, to help them during their mentoring journey. In the last year we hosted 3 Inspire sessions attended by many of our current mentors. We held a celebratory event at Christmas time with live music and refreshments to thank our volunteers for giving up their valued time over the course of the year.

## **Transition Support Programme**

During the summer term we worked with Oor Space Youthy to deliver support sessions for 25 P7 pupils moving up to Peebles High School. We hosted the evenings at the youth club, with our young people enjoying games and snacks, as well as some conversations around the transition to high school. We also had a trip to Fox Lake, on the water inflatable, which brought many screams and giggles, as well as the opportunity for the P7s to forge more friendships with those from other primary schools, ahead of their start at high school.



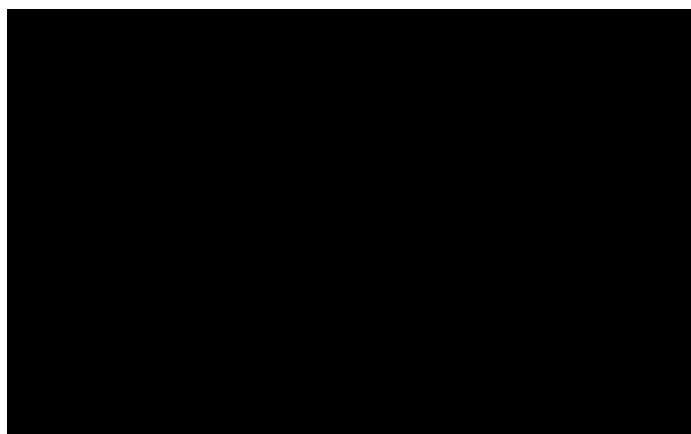
## **In School Support**

### ***S6 Buddies at Peebles High School (“PHS”)***

PYT recruited and trained 24 S6 pupils to act as peer mentors for new S1 pupils requiring additional support. We hosted 3 lunchtime sessions with the group, facilitating games to help the S1s get to know the S6s and feel more comfortable around them, so that they could approach them for assistance around the school.

### ***S1 Residential Trip with Peebles High School***

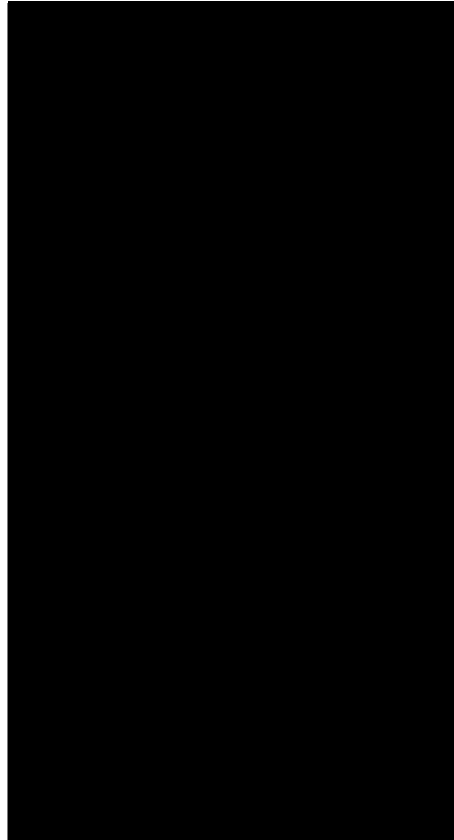
Our programme manager attended the PHS S1 residential trip to Wales in May 2024, responsible for a group of 10 pupils for the duration of the week. We worked closely with the school prior to this to identify S1 pupils already engaged with PYT, so that there was continuity in their support and familiarisation with staff during their residential.





### **Christmas Hampers**

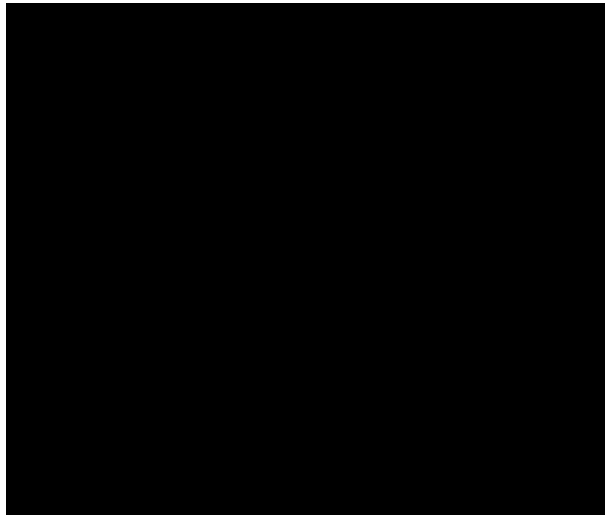
Our army of volunteers helped to pack and deliver Christmas hampers to 120 local families, with donations and goods provided by businesses and organisations in our community. These hampers contained basic provisions as well as a few festive treats, to help provide a little peace of mind to families in need.



### **Community Fundraising**

All the programmes delivered by Peeblesshire Youth Trust in 2023-24 were successful due to the award of funding, the generosity of donors, and our community fundraising efforts. We hosted two main community events; Achieve-a-Ball – a fundraising ball with dinner, dancing and an auction at Peebles Hydro – which raised a fantastic £5586, and a charity golf day at Peebles Golf Club, which raised £5,961.





### **Reserves Policy**

A deficit of income over expenditure of £6,316 was recorded for the year (Deficit £2,979 in previous year). Whilst a Reserves Policy of £30,000 was aimed for throughout the year, representing approximately six months of expenditure, this was not always maintained. The Trustees are endeavouring to have this buffer restored in 2024/2025.

A Grant payment of £28,000 was received subsequent to the end of the Financial Year from The National Lottery (January 2025) and further grant support will be sought again from them and BBC Children in Need in due course.

Approved by the Trustees and signed on their behalf by:

[Redacted signature]

[Redacted signature]

Date: 25/3/2025

# Peeblesshire Youth Trust (SCIO)

## Statement of Receipts and Payments

For the Year to 31st July 2024

	<u>Note</u>	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Year to 31/7/2024</b>	<b>Total Year to 31/7/2023</b>
<b>Receipts</b>		£	£	£	£
Voluntary Receipts					
Donations (incl. Gift Aid)	3	0	4,081	4,081	6,747
Grants	4	41,119	0	41,119	43,339
Receipts from Fundraising Activities					
Achieve-a-Ball		0	10,652	10,652	15,170
Golf Day		0	8,020	8,020	7,540
Income from Investments					
Bank Interest		0	903	903	121
		<b>£41,119</b>	<b>£23,656</b>	<b>£64,775</b>	<b>£72,917</b>
<b>Payments</b>					
Achieve Your Potential Programme		1,745	0	1,745	1,875
Mentoring Support:					
Group Activities		1,305	0	1,305	1,471
Mentoring Expenses		304	0	304	429
Travel Expenses		43	0	43	20
Volunteer Expenses		961	0	961	209
Peer Mentoring/Transitioning		1,554	0	1,554	1,537
Grants & Donations (for the benefit of individuals):					
Christmas Hampers		1,350	2,091	3,441	2,880
Hardship Grants		0	0	0	5,085
Fundraising Activities:					
Achieve-a-Ball		500	4,566	5,066	6,763
Golf Day		0	2,059	2,059	1,696
Administration:					
Payroll & Pension Admin Costs		390	0	390	288
Bank Charges		86	0	86	90
Computer Software		155	0	155	80
Insurance		721	0	721	695
Misc Costs		1,404	0	1,404	236
Office Rent (incl Broadband)		3,456	0	3,456	3,456
Salaries		27,123	19,770	46,893	46,972
Staff Training		92	0	92	559
Stationery & Postage		117	0	117	398
Subscriptions		160	0	160	160
Telephone		552	0	552	490
Travel		107	0	107	56
Website		480	0	480	451
		<b>£42,605</b>	<b>£28,486</b>	<b>£71,091</b>	<b>£75,896</b>
<b>Surplus / (Deficit) for the Year</b>		<b>(£1,486)</b>	<b>(£4,830)</b>	<b>(£6,316)</b>	<b>(£2,979)</b>
Transfers between funds		£0	£0	£0	£0
<b>Total Surplus / (Deficit) for the Year</b>		<b>(£1,486)</b>	<b>(£4,830)</b>	<b>(£6,316)</b>	<b>(£2,979)</b>

## Peeblesshire Youth Trust (SCIO)

### Statement of Balances - as at 31st July 2024

	Restricted Funds	Unrestricted Funds	Total as at 31/7/2024	Total as at 31/7/2023
<b>Funds Reconciliation</b>				
Cash at Bank - 1st August 2023	£15,986	£35,402	£51,388	£54,367
Receipts & Payments Surplus/(Deficit) - 31st July 2024	(£1,486)	(£4,830)	(£6,316)	(£2,979)
Cash at Bank - 31st July 2024	<b>£14,500</b>	<b>£30,572</b>	<b>£45,072</b>	<b>£51,388</b>
<b>Bank &amp; Cash Balances - 31st July 2024</b>				
Bank of Scotland - Business Account	£322	£677	£999	£6,371
Bank of Scotland - Online Savings Account	£7,744	£16,329	£24,073	£25,017
Bank of Scotland - Notice Account	£6,434	£13,566	£20,000	£20,000
Cash in Hand	£0	£0	£0	£0
Total	<b>£14,500</b>	<b>£30,572</b>	<b>£45,072</b>	<b>£51,388</b>
<b>Other Assets (Unrestricted Funds)</b>				
Office Equipment & Fittings (at estimated valuation)			<b>£3,000</b>	<b>£3,000</b>
<b>Other Liabilities</b>				
			<b>£0</b>	<b>£0</b>
<b>Contingent Liabilities</b>				
			<b>£0</b>	<b>£0</b>

### Notes to the Accounts - For the Year to 31st July 2024

#### 1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

#### 2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the organisation.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The Trustees are diligent about tracking restricted funds and only use them in line with donor restrictions. Where costs exceed available restricted funds they are subsidised by unrestricted funds.

#### 3 Donations Received

Donations include institutional and personal donations together with their associated gift aid.

## Notes to the Accounts - For the Year to 31st July 2024 - cont'd

	<u>Year to</u> <u>31/7/2024</u>	<u>Year to</u> <u>31/7/2023</u>
<b>4 Restricted Fund Grants Received</b>		
BBC Children in Need	£9,739	£9,739
BBC Children in Need - Supplementary Grant	£0	£500
Big Lottery Grant	£27,000	£26,000
Borders Community Action Grant	£0	£500
Corra Foundation	£0	£5,250
Groundwork UK (Tesco)	£1,500	£0
National Lottery - Community Support Grant	£0	£1,350
Scottish Borders Council - High School Commitment 2024/25	£2,880	£0
	<b>£41,119</b>	<b>£43,339</b>


		<u>As at</u> <u>31/7/2024</u>	<u>As at</u> <u>31/7/2023</u>
<b>5 Outstanding Restricted Fund Grants</b>			
BBC Children in Need	For Achieve Your Potential/Mentoring/Overheads	£2,525	£4,188
Big Lottery (The)	For Achieve Your Potential/Mentoring/Overheads	£7,084	£7,504
Borders Community	For Increased Venue Hire Costs	£0	£500
Clubsport Tweeddale	For Sports Activities within Tweeddale	£2,010	£2,443
National Lottery Grant	For Community Support with Inflation Costs	£0	£1,350
Scottish Borders Council	For High School Commitment 2024/2025	£2,880	£0
		<b>£14,499</b>	<b>£15,985</b>

**6** No remuneration was paid to a Charity Trustee or any person connected with a Trustee (2023: £0)

**7** No Trustees received any reimbursement of expenses. (2023: £0)

**8** There were no transactions or balances with Charity Trustees or their connected persons in respect of years ending 2024 or 2023.

**Declaration: The Trustees declare that they have approved the above report.**



Treasurer

Date: 25/3/2025

## **Independent Examiner's Report to the Trustees of Peeblesshire Youth Trust**

I report on the closing accounts of the charity for the year ended 31 July 2024, which are set out on pages 10, 11 and 12.

### **Respective Responsibilities of Trustees and Examiner**

The Charity Trustees are responsible for the preparation of the accounts in accordance with the terms of the Charity and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The Charity Trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of Independent Examiner's Statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent Examiner's Statement**

In the course of my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in any material respect the requirements:
  - a. To keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
  - b. To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 26/03/2025