

Dingwall and District Men's Shed

Scotland · Charity number SC047255

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2017-03-18
Register	View on the OSCR register

Contact

Address	Dingwall & District Men's Shed Jubilee Park Road Dingwall IV15 9QZ
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: See No, 1 above

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The purpose of the organisation is to provide recreational facilities and advance the social needs, health and well being of men of all ages and backgrounds living in Dingwall and surrounding areas. Creating, developing and maintaining a facility, namely a Men's Shed. Offering opportunities for men in the Dingwall area to meet and undertake creative, physical, purposeful and recreational activities of their choice. Reducing isolation of men in the area thus contributing to their physical and mental wellbeing. Developing the capacity of men in the Dingwall area to share their skills and knowledge with others in the community.

Geography

- **Main operating location:** Highland
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£13,642	£6,776	-	9
2024-03-31	£5,965	£8,805	-	0
2023-03-31	£22,483	£59,128	-	0
2022-03-31	£56,248	£26,029	-	0
2021-03-31	£15,518	£20,361	-	0

Dingwall and District Men's Shed

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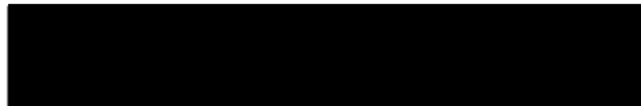
Accounts

Dingwall & District Men's Shed



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

Correspondence Address:



The Trustees present their report with the Independent Examiner's Report of the Charity for the year ended 31 March 2025.

Objectives and Activities

The Dingwall Men's Shed opened in January 2017 and gained charitable status on 18 March 2017. The Charity's activities are directed by Trustees who meet informally on a weekly basis and formally every quarter.

- The constitution states that the main aim is to "address the social, health and well-being needs of men of all ages and backgrounds living in Dingwall and surrounding areas, through the creation, upkeep and development of facilities in which men can meet and jointly or individually undertake creative, physical and recreational activities of their choice.
- ideas and pass on knowledge
- actively pursue hobbies and pastimes
- work on projects that will aid the community and help develop a positive sense of achievement.
- have a place to go and relax, drink a 'cuppa', discuss issues, share concerns and talk, knowing they are among friends.
- encourage general physical and mental well-being.

Achievements and Performance

Following the damaging COVID period the last two years has seen our charity bounce back in terms of membership and progress in constructing the Community Craft Village. The Craft Village as planned is complete. It consists of a Poly-tunnel, a Log Cabin, an Art and Craft Unit, a Social Unit and Metal and Wood Workshop in addition to separate

workshop for wood turning and kindling. The major hurdle of Road Widening for FRSS access has been overcome.

Once again, we have been extremely fortunate in attracting members who have the necessary skills and experience which have been central to the speed of the development. Other members have assisted enthusiastically.

Whilst the Charity grew rapidly from an initial membership of 6 to 36 over its first three years, membership had fallen to 30 active members. This year, however, membership has increased to over 50.

The Charity continues to help people who have, for many reasons, become entirely disengaged from their communities and are struggling to cope with their isolation. One member has stated that membership assisted his recovery from suicidal idealisation back to full employment and renewed social involvement. The Shed acts as a neutral gateway back into the Community. It is not based upon a medical or social work organisational model and, whilst help is available through established networks, if individuals request assistance, engagement is achieved through social interaction, a sense of purpose and activities. An average of 16-18 members attend on Wednesday and 14 on Fridays. It is hoped that some of our passive members return now the construction process is completed.

In addition, the NHS use the facility twice a week currently. Usage includes community nurses, mental health teams and patients; occupational therapists have booked a women's shed group from July. The facility is also used by the Ross-Shire writing group.

Financial Review

The financial statement is presented on Page 6.

The Trustees, whilst welcoming grants and donations, decided to pursue trading income as the principal means of meeting our running costs. This decision was made in recognition of the current era of austerity and the diminishing possibility of grant income. Trading income will depend on government restrictions. The Shed's income relies on organised attractions such as street fayres, craft events and seasonal events.

Principal Risks and Uncertainties

The first uncertainty is membership/usage. The village was built to accommodate up to 100 members/users once complete. Trustees need to develop strategies to market the facility and attract finance to maintain it. A strategy will be developed to increase membership through publicity and partnerships with statutory and third sector organisations.

The second issue will require the resumption of our income raising schemes coupled with more grant applications and local fundraising.

Going Concern

The Trustees consider that they have secured sufficient funding for the year ahead to continue as a going concern.

Plans for Future Periods

Targets for future development of Dingwall and District Men's Shed include:

1. Membership and usage

Without members and users, the need for the Shed would not exist. To achieve the aim of becoming a significant sponsor for the improvement of people's health and wellbeing, a strong membership is vital. The concept of creating a community craft village with a Men's Shed as the core will continue.

In line with this objective we will prioritize connecting mains water to the site and at some future date explore the addition of Pottery to our activities. As already mentioned a wood turning facility has been added this year and an active craft group now meets weekly.

2. Partnerships

These will be developed with other third sector organisations, local businesses, and public bodies. The local NHS use our facility for staff and patient groups including Occupational Therapists who formed a Women's Shed for patients utilising the workshops. We are now a member of the Highland Third Sector Interface and have full membership of the Scottish Men's Shed Association.

3. Income

An income stream of between £5000 and £10000 p.a., excluding grants, will be targeted.

Structure Governance and Management

The Organisation is a Scottish Registered Charity (SCIO Number SC047255) incorporated on 18 March 2017. The Charity has a constitution and in the event of it being wound up, neither the Members nor Trustees have any financial obligation.

Permission has been granted by OSCR to alter the name of our charity to Dingwall and District Men's Shed to more accurately reflect our membership. We have also asked permission from OSCR to remove the requirement for office bearers to stand down annually for re-election. We believe that every three years is more practical.

Trustees



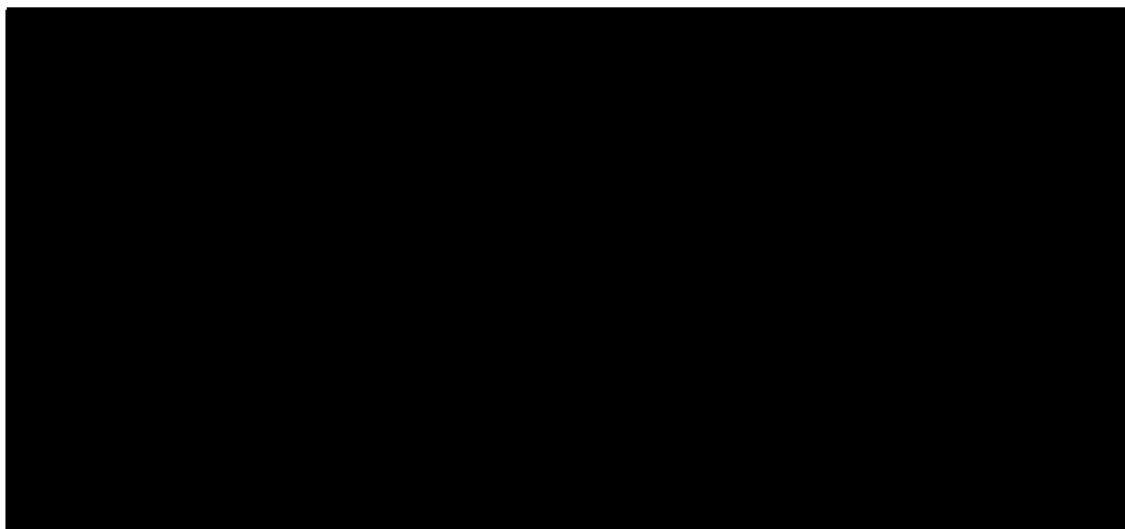
Trustees' Appointment

Trustees are appointed at the AGM by the Membership, initially for a Period of 3 years. The Trustees meet informally on a weekly basis and formally every quarter to discuss how the Charity is meeting its objectives.

Statement of Trustees' Responsibilities

The Trustees have a duty to maintain the Charity through adherence to the responsibilities set out in the Constitution which is based on the SCVO Model.

Report signed by:



Dingwall Mens Shed		Receipts and Payments		
Financial Year		1st April 2024 - 31st March 2025		
Opening Balance 2024/25		7470.08		
Reporting Period		1st April 2024 - 15 January 2025		
Operational Income 2024/25				
	Unrestricted Funds - £	Restricted Funds - £	Total - £	Total - £ FY23- 24
Donations	8,026.87		8,026.87	2,098.52
Grants & Donations - Restricted		500.00	500.00	300.00
Grants - Unrestricted	0.00		0.00	0.00
Fundraising / Fayres	414.80		414.80	1,006.50
Trading activities - SOGs	2,631.50		2,631.50	2,559.70
Room Hire	1,190.00		1,190.00	0.00
Other	879.71		879.71	0.00
TOTAL	13,142.88	500.00	13,642.88	5,964.72
Operational Expenditure 2024/25				
Operational Costs	3,746.40		3,746.40	8,064.10
Restricted Expenditure		500.00	500.00	0.00
Tools & Machinery	995.36		995.36	309.83
Trading Activities - COGs	546.67		546.67	9.29
Creation of Float	40		40.00	0.00
Other	947.99		947.99	422.00
TOTAL	6,276.42	500.00	6,776.42	8,805.22
SURPLUS For Reporting Period 2024/25 (Total operating income minus total operating expenditure)	6,866.46	0.00	6,866.46	-2,840.50
Opening Balance	370.08	7,100.00	7,470.08	10,310.58
Closing Balance for Reporting Period	7,236.54	7,100.00	14,336.54	7,470.08

STATEMENT OF BALANCES				
	Unrestricted	Restricted	Total Balance	2023/24
Cash & Bank Balance at start of financial year	370.08	7,100.00	7,470.08	10,310.58
Surplus (deficit) for current period	6,866.46	0.00	6,866.46	-2,840.50
Cash & Bank Balance at End of Reporting Period	7,236.54	7,100.00	14,336.54	7,470.08

APPROVED BY	Designation	Signature
	Chairman	
	Secretary	
	Treasurer	
Final Approval Date		

APPENDIX 3



		Independent examiner's report on the accounts						v2
Report to the trustees/members of		Dingwall and District Men's Shed						
Registered charity number		SC047255						
On the accounts of the charity for the period		Period start date				Period end date		
		Day	Month	Year	to	Day	Month	Year
		01	04	2024		31	03	2025
Set out on pages								(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner		The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement		My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement		In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*] - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed:							Date:	2 nd September 2025
Name:		[Redacted]						
Relevant professional qualification(s) or body (if any):		Institute of Chartered Accountants Scotland						
Address:		Mackay & Co						
		3 Fodderty Way						
		Dingwall						
		IV15 9XB						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose