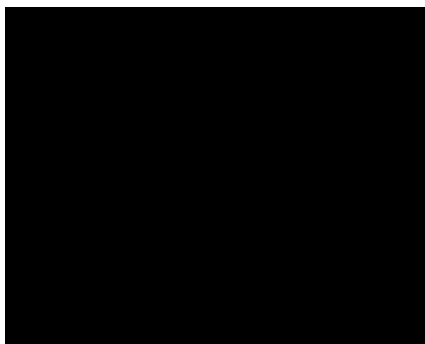


Trustees' Report and Accounts for the period from 01 September 2023 to 31 August 2024

Current Trustees



Independent Examiner



Bankers

Royal Bank of Scotland

Contact Address

St Augustine's Community Hall
St Mary's Way
Dumbarton
G82 1LL

Food For Thought

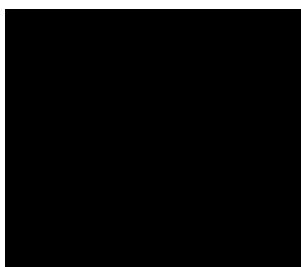
Scottish Charity No SCO 47239

Receipts and Payments for the period to 31 August 2024

		2024	2023
		Total Funds	Total Funds
		£	£
Income			
Donations	1	18,481	28,348
Grants	2	59,120	106,794
Catering		-	1,262
Refunds		4,403	18,380
Total Income		82,004	154,783
Expenditure			
Payments relating directly to charitable activities	3	96,449	162,626
Statement of Balances as at 31st August 2024		162,626	162,626
Bank and Cash in Hand			
Opening Balances	4	25,322	33,165
Surplus/(Deficit for the year)		(14,445)	(7,843)
Closing Balances		10,877	25,322
Reserves		-	-
General Fund			
Closing Balances		10,877	25,322

The association has no other investments, assets,
or material Liabilities

Approved by the Trustees and signed on their
behalf



Food For Thought

Scottish Charity No SCO 47239

Independent Examiners Report to the Trustees

I report on the accounts of the charity for the year ended 31 August 2024 which are attached.

Respective responsibilities of trustees and examiners

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1)d of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the act and to state whether particular matters have come to my attention.

Basis of independent examiners statement

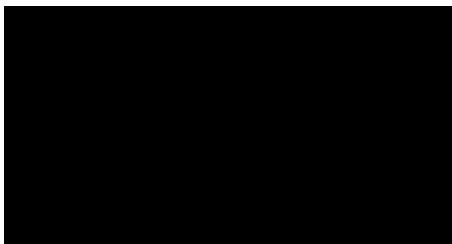
My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanation from the trustees concerning any such matter. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner statement

In the course of my examination, no matter has come to my attention, which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 accounts Regulations

have not been met.



Food For Thought

Scottish Charity No SCO 47239

Notes to the financial statements

1. Donations are gratefully received from the local and wider community in support of the aims and objectives of Food for Thought.

Food for Thought successfully delivered essential services to approximately 62 referring agencies including more than half from West Dunbartonshire Council. We provided emergency food parcels to 3840 single adults and 960 families throughout this reporting year.

2. Grants totalling £59,120 were gratefully received from West Dunbartonshire Council, National Lottery, Asda Community Fund and Dunbritton Housing Association during the year.
3. Expenditure for the accounting period of 1st September 2023 to 31st August 2024

	£
Wages	39,315
Rent	5,731
Administration	5,397
Food Supplies	38,963
Van	2,810
Utilities	4,232
Total Expenditure	96,449

4. **Basis of preparation**

The financial statements have been prepared under the historical cost convention. They have been prepared in accordance with the Charities Statement of Recommended Practice (SORP 2005), the Charities Accounts (Scotland) Regulations 2006, and applicable Accounting Standards.