

Gairloch Aid & Mobility Support SCIO

Scotland · Charity number SC047047

Details

Known as	GAMS
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-12-15
Register	View on the OSCR register

Contact

Address	7 Glebe Park Gairloch Ross-shire IV212DE
Website	www.gams.org.uk

Activities

Activities: 'It makes grants, donations, loans, gifts or pensions to individuals','It carries out activities or services itself'

Purposes: 'the advancement of health','the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended','the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: We serve the local community by organising outings for elderly people and those with limited mobility: running fall prevention classes. and providing aids and adaptations to enable people to remain living in their own homes.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The organisation's purposes are: 4.1 The advancement of health of those resident in the area of Wester Ross served by Gairloch and Aultbea Medical Practice extending from Mungasdale in the north to Letterewe and Grudie Bridge in the south comprising the villages of Gairloch, Poolewe, Aultbea and Laide and taking in all peninsular roads with the settlements along such roads (the Operating Area) through the implementation of purposes 4.2 and 4.3 following. 4.2 The organisation of recreational facilities and leisure time activity for persons resident in the Operating Area who have need of such facilities and activity by reason of their age, ill health, disability or other disadvantage with the object of improving the conditions of life of such persons. 4.3 The relief of those resident in the Operating Area in need by reason of age, ill health, disability or disadvantage through the provision by way of loan of wheelchairs (powered and manual) and

other mobility aids in order to assist those in need to keep their independence and to allow them to remain connected to the community in which they live together with provision of advice and training in the use of such items.

Geography

- **Main operating location:** Highland
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£17,827	£10,630	-	0
2024-01-31	£16,351	£10,146	-	0
2023-01-31	£8,738	£10,891	-	0
2022-01-31	£8,701	£7,252	-	0
2021-01-31	£13,376	£22,157	-	0

Gairloch Aid & Mobility Support SCIO

Scotland - Charity number SC047047

Accounts



Gairloch Aid & Mobility Support

**Trustees' Annual Report, Financial Statements and
Independent Examiner's Report
Gairloch Aid & Mobility Support SCIO
SC047047**

Year to 31st January 2025

Gairloch Aid & Mobility Support SCIO (GAMS)

Trustees' Annual Report

For the period to 31st January 2025

The Trustees present their report together with financial statements for the period from 1st February 2024 until 31st January 2025.

Reference and Administrative Information

Charity Name

Gairloch Aid & Mobility Support SCIO

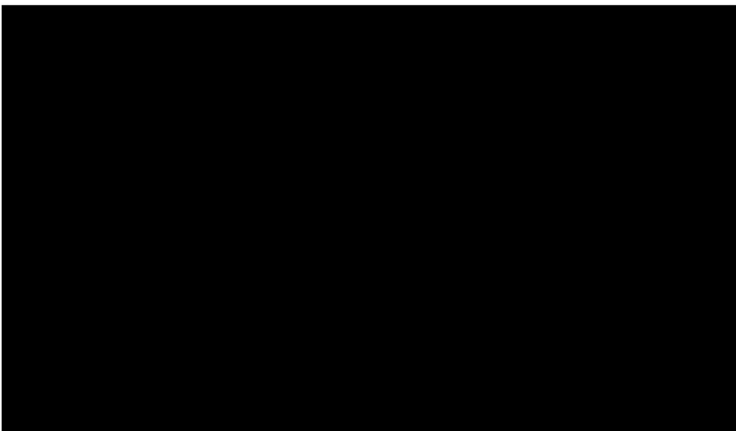
Charity Number

SC047047

Address

The Moorings, Badachro, Gairloch, Ross-shire, IV21 2AA

Trustees



Structure, Governance and Management

Constitution

GAMS is a Scottish Charitable Incorporated Organisation (SCIO). It was originally a project of Gairloch & Loch Ewe Action Forum (GALE) and was formally incorporated as a SCIO on 15th December 2016. It has a two-tier structure with 11 members as at 31st January 2025.

Appointment of Trustees

The Trustees act as the Board of the charity and carry out the day-to-day management, meeting whenever necessary and generally at least bi-monthly.

Trustees will be elected or re-elected by the members at the forthcoming Annual General Meeting. There must be a minimum of four and a maximum of eight Trustees.

Objectives and Activities

Charitable purposes

GAMS' purposes are:

1. The advancement of health of those residents in the area of Wester Ross served by Gairloch and Aultbea Medical Practice extending from Mungasdale in the north to Letterewe and Grudie Bridge in the south comprising the villages of Gairloch, Poolewe, Aultbea and Laide and taking in all peninsular roads with the settlements along such roads (the Operating Area) through the implementation of the following purposes:
2. The organisation of recreational facilities and leisure time activity for persons resident in the Operating Area who have need of such facilities and activity by reason of their age, ill health, disability or other disadvantage with the object of improving the conditions of life of such persons.
3. The relief of those resident in the Operating Area in need by reason of age, ill health, disability or disadvantage through the provision by way of loan of wheelchairs (powered and manual) and other mobility aids in order to assist those in need to keep their independence and to allow them to remain connected to the community in which they live together with provision of advice and training in the use of such items.

Activities

Activity report for year to 31st January 2025

OUTINGS 2024

A steady group of volunteers have enabled GAMS to continue with a full schedule of outings throughout the year. Around 50 people have shown interest in participating in this programme. Most have participated in at least one trip. We repeated two of the more popular outings. Most of the time our minibus was full. Our first outing this year was on the 24th of April with a visit to the Ardesier Cheese factory. After a tour of the factory and an opportunity to buy some interesting cheeses, we all enjoyed a tasty lunch at Wendy's café. Our driver on the day was [REDACTED] and our organiser was [REDACTED]

The programme for 2024 also included:

- A cruise on the Waverley Steamer
- Two Cruises down the Caledonian Canal, with picnic on board
- Inverness Botanic Gardens with lunch at the gardens
- Inverewe Gardens which included cream teas at the restaurant there
- Lochcarron Games with picnic at Lochcarron Golf Club
- Two visits to Attadale Gardens with lunch at Carron restaurant
- Strathpeffer Games
- A trip to Ullapool with Lunch at Ullapool Golf Club
- A visit to Brodie Castle
- A visit to Applecross including lunch at the Applecross Inn and a visit to the Applecross Museum
- A visit to The Falconry at Shielding Lodge, followed by afternoon tea at the Lodge
- Pre-Christmas trip to Inverness, with lunch at Bella Italia and time to view the city in all its Christmas splendour.

Making all this possible were

our drivers: [REDACTED]

our organisers: [REDACTED]

The services of [REDACTED] who makes sure the bus is fit for purpose, clean and filled with fuel for every trip is invaluable and greatly appreciated.

FALL PREVENTION AND EXERCISE CLASS

The Fall Prevention Classes take place throughout the year, with a short break over the festive season. The classes offer an opportunity to follow an exercise programme, the main aim of which is to improve the individual's balance.

The classes take place in the main hall of the Gairloch Community Centre. Some of the participants want to improve their balance, while others want to maintain their present level of balance.

There is no age limit and both men and women are welcome.

The classes take place on Friday afternoon in the Gairloch Community Hall and run from 2.30pm until 3.30pm

Fund Raising

Great Wilderness Challenge

Sponsorship raised through the GWC is greatly appreciated. This year our team was made up of:

Limited mobility section: [REDACTED]

7 milers: [REDACTED]

Longer distances: [REDACTED]

Our thanks to them and also our thanks go to everyone who has supported this year's GAMS team by sponsoring them the money raised by our team is returned to GAMS with enhancement and gift aid. It is one of our main sources of income. We are grateful to be recognised by The GWC as one of their charities.

Poolewe Partnership Ceilidh: [REDACTED]

very kindly offered to run the Poolewe Ceilidh for us this year. All profits from this event, including raffle and "Guess the Brand of Whisky" were donated to GAMS.

Fall Prevention and Exercise Classes: There is no fixed charge for this class. However, donations are welcome. All profits are used to help support the work of the charity.

Future plans

We intend to continue our operational activities over the coming year and support allied charities and organisations that help improve the lives of the elderly and people with restricted mobility, in this remote community.

[REDACTED]

Chair

Financial Statements

Year to 31st January 2025

GAIRLOCH AID & MOBILITY SUPPORT SCIO

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 JANUARY 2025**

Receipts	Notes	2025			2024
		£ Unrestricted	£ Restricted	£ Total	£ Total
Donations	3	9,667	-	9,667	8,412
FPC		2,945	-	2,945	3,072
Other charitable activities		-	-	-	17
Membership subscription		110	-	110	800
Outings		1,873	-	1,873	1,641
Gift aid		1,490	-	1,490	1,024
Interest		1,742	-	1,742	-
Grants		-	-	-	1,385
Total Receipts		<u>17,827</u>	<u>-</u>	<u>17,827</u>	<u>16,351</u>
Payments					
Outings		2,936	-	2,936	3,432
Operational costs		370	-	370	186
Rent		386	-	386	2,823
Minibus expenses		4,911	-	4,911	1,791
Mobility aids		279	-	279	76
Insurance		200	-	200	312
Travel		-	-	-	251
Bookkeeping		1,188	-	1,188	915
Accountancy		360	-	360	240
Donations	4	-	18,326	18,326	120
Aultbea Community		-	-	-	15,000
Museum donation		-	-	-	8,629
Total Payments		<u>10,630</u>	<u>18,326</u>	<u>28,956</u>	<u>33,775</u>
Deficit for the year		<u><u>7,197</u></u>	<u><u>(18,326)</u></u>	<u><u>(11,129)</u></u>	<u><u>(17,424)</u></u>

GAIRLOCH AID & MOBILITY SUPPORT SCIO

**STATEMENT OF BALANCES
AS AT 31 JANUARY 2025**

	2025	2024
	£	£
Bank and Cash in Hand		
Opening balances	120,480	137,904
Deficit for the year	<u>(11,129)</u>	<u>(17,424)</u>
Closing Balances	<u><u>109,351</u></u>	<u><u>120,480</u></u>
 Reserves		
Unrestricted	97,585	90,388
Restricted	<u>11,766</u>	<u>30,092</u>
	<u><u>109,351</u></u>	<u><u>120,480</u></u>
 Other Assets & Liabilities		
Vehicles at Cost		
Minibus	37,574	37,574
 Creditors		
Accountancy accrual	360	240

GAIRLOCH AID & MOBILITY SUPPORT SCIO

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 JANUARY 2025

1. Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

3. Donations

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
General donations	4,467	-	4,467	1,912
Great Wilderness Challenge	5,200	-	5,200	6,500
	<u>9,667</u>	<u>-</u>	<u>9,667</u>	<u>8,412</u>

4. Donations paid out

Gairloch Museum	5,000
Aultbea Hall	5,000
Aultbea Hall	2,326
Gairloch Community Hall	2,900
Dundonnell Mountain Rescue	1,000
Torrison & Kinlochewe Mountain Rescue	1,000
Screen Machine	<u>1,100</u>
	<u>18,326</u>

Independent Examiner's Report to the Trustees of Gairloch Aid & Mobility Support SCIO (GAMS)

I report on the accounts of GAMS for the period ended 31st January 2025 which are set out on the preceding three pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

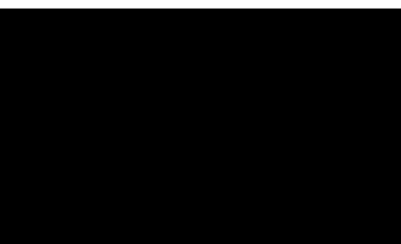
Independent examiner's statement

In the course of my examination, no matter has come to my attention.

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Leggatts Accountants Ltd, Kempfield Court, Dingwall, IV15 9RT