

British Society of Lifestyle Medicine

Scotland · Charity number SC046920

Details

Known as	BSLM
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-10-21
Register	View on the OSCR register

Contact

Address	Suite 12 28 Sidegate Haddington East Lothian EH41 4BU
Website	www.bslm.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health'

What the charity does: BSLM provides services and projects to further the cause of Lifestyle Medicine.

Beneficiaries: 'Other defined groups', 'No specific group, or for the benefit of the community'

Objectives: The BSLM promotes education and research into the field of Lifestyle Medicine by providing support and a networking platform for doctors, associated health professionals and others by: Collecting and sharing research and case studies Providing online discussion forums on lifestyle medicine related matters Publishing regular newsletters for exchange of ideas and information Providing educational and networking opportunities The BSLM promotes public awareness of Lifestyle Medicine and to educate the public by: Providing a list of practitioners working in the field who accept referrals Disseminating relevant scientific and educational information in easily understandable language to enable persons to take informed lifestyle choices Facilitating educational meetings and gatherings. Promoting the adoption of healthy lifestyles by all sections of the population for their general wellbeing and prevention of illness.

Geography

- **Main operating location:** East Lothian
- **Geographical spread:** Scotland and other parts of the UK

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£0	£0	-	14
2024-10-31	£1,206,448	£1,275,144	-	14
2023-10-31	£1,097,483	£1,054,556	-	10
2022-10-31	£879,212	£890,885	-	8
2021-10-31	£578,583	£717,724	-	5
2020-10-31	£419,044	£276,144	-	6