

Mentalization Based Therapy Scotland (SCIO)

Scotland · Charity number SC046841

Details

Known as	MBT Scotland
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-09-13
Register	View on the OSCR register

Contact

Address	7 Clova Avenue Blairgowrie Perthshire PH10 6UQ
Website	https://mbtscotland.com/

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education'

What the charity does: To advance knowledge and education in Mentalisation Based Therapy (MBT). To create a training pathway for clinicians and workers in healthcare, social care, education and prison services. To provide access to a recognised training pathway with accredited trainers. To maintain the register of trainees in Scotland at all levels. To provide support for development along the training pathway.

Beneficiaries: 'Children or young people','Older People','People with disabilities or health problems','Other defined groups'

Objectives: 4.1 To Advance knowledge and education in MBT and help improve mental health outcomes 4.2 To provide training pathway for mental health clinicians and those working in social car. education. police. prison services and others interested in developing MBT skills 4.3 To provide support to clinicians in continuing use of MBT 4.4 To promote public awareness of MBT and the benefits to the community and provide access to information and advice

Geography

- **Main operating location:** Perth And Kinross
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£10,000	£6,321	-	1
2024-09-30	£0	£7,353	-	1
2023-09-30	£14,600	£7,886	-	1
2022-09-30	£14,005	£8,784	-	1
2021-09-30	£7,009	£4,504	-	1
2020-09-30	£4,020	£2,888	-	1