

South Angus Parents of Adults with Learning Disabilities (SCIO)

Scotland · Charity number SC046702

Details

Known as	SAPALD
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-07-12
Register	View on the OSCR register

Contact

Address	Lochtyknowe 20 Dalhousie Street Carnoustie Angus DD7 6HE
Website	www.sapald.co.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: SAPALD is set up to strengthen and support parents of adults with learning disabilities helping them to choose a safe and appropriate route of support for when they are not able to support and be with them anymore. This includes helping them to advocate with public services, provide written support, campaign on issues, such as appropriate housing. We also create social and leisure opportunities for parents and carers to get together.

Beneficiaries: 'People with a particular ethnic or racial origin'

Objectives: The organisation's purposes are: 4.1 To provide relief to those in need by reason of disability, and 4.2 To provide recreational facilities with the object of improving the conditions of life for the persons for whom the facilities are primarily intended, and their families, by the establishment of permanent residential respite and residential facilities in the south Angus area.

Geography

- **Main operating location:** Angus
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-20	£14,752	£254	-	0
2024-07-20	£104	£0	-	0
2023-07-20	£620	£8,823	-	0
2022-07-20	£620	£8,823	-	0
2021-07-20	£211	£115	-	0

Accounts

**South Angus Parents of Adults with Learning Disabilities
(SAPALD)**

Registered Charity SCO46702

Annual Report and Financial Statements
For the year ended 30th June 2024



"Alone we can do so little, together we can do so much." — Helen Keller

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"It's not how much we give but how much love we put into giving." — Mother Teresa

Overview

Charity Name: South Angus Parents of Adults with learning disabilities

Registered Charity No: SCO46702

Trustees:



Personal information will be redacted when uploaded to OSCR

Contact information:



The South Angus Parents of Adults with Learning Disabilities (SAPALD) is a dedicated organization committed to supporting families and individuals navigating the unique challenges associated with learning disabilities. Over the years, SAPALD has tirelessly worked to provide a platform for advocacy, resources, and community engagement. Their unwavering dedication has made a significant impact in promoting inclusivity and understanding within the community.

The trustees of SAPALD play an essential role in guiding and overseeing the charity's mission and activities. Here's a general description of their roles and responsibilities:

1. Strategic Oversight:

- Set the long-term vision and objectives for the charity, ensuring alignment with its mission to support adults with learning disabilities.
- Make key decisions on the focus and direction of SAPALD's activities, such as the recent shift toward advocacy and lobbying.

2. Governance:

- Ensure the charity operates within legal and regulatory frameworks, including compliance with OSCR (Office of the Scottish Charity Regulator).
- Maintain transparency and accountability in financial and operational matters.

3. Fundraising and Financial Management:

- Oversee the financial health of the charity by monitoring budgets, approving expenditures, and exploring fundraising opportunities.
- Help develop strategies for sustainable funding, particularly as SAPALD adapts to its evolving role.

4. Advocacy and Representation:

- Represent SAPALD in external forums, such as local and national care service discussions, to advocate for the needs of adults with learning disabilities and their families.

- Engage with stakeholders, including members, associates, local authorities, and other organizations, to build partnerships and support.

5. Support and Volunteer Engagement:

- Work closely with the volunteer team to ensure the effective delivery of SAPALD's initiatives.
- Encourage active participation from members and associates to strengthen the charity's impact.

"Everyone is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing it is stupid." — Albert Einstein

Our purpose and mission.

‘We are dedicated to improving the quality of life for individuals by supporting adults with learning and life-long disabilities to live independently, in an appropriate housing, with the correct health and social care the right to Our mission is to enrich lives and foster well-being. Through our efforts, we aim to build a supportive and vibrant community where everyone can thrive.’

Governance and Leadership

This year saw a significant leadership transition, with [REDACTED] stepping down as Chair and [REDACTED] assuming the role. The trustees acknowledge the service and express their gratitude to [REDACTED] for his dedicated service. The trustees would like to extend their heartfelt thanks to [REDACTED] for his significant contributions and dedicated leadership over many years. His guidance and commitment have played a pivotal role in shaping the charity and ensuring its continued success. The entire team is deeply grateful for his service and wishes him the very best for the future.

The trustees welcome [REDACTED] as she leads the charity into its next phase.

Activities and Achievements

Meetings and Decision making

The trustees held regular meetings in the Co-op community room to discuss the charity's future direction. These gatherings provided an opportunity for thoughtful discussion, including input from a local councillor, about how best to continue serving the community. After careful consideration, the trustees unanimously decided to reaffirm the charity's commitment to its core objectives, ensuring all activities remain aligned with its founding principles.

Our charity created 2013, was rooted in these values, and it is important that we continue to champion them. As we are all aware, too many disabled people still have their ambitions, dreams and potential denied due to barriers imposed by society. These barriers are not caused by them or their impairments but by restrictions by authorities, ignorance and thoughtlessness. Real change is essential so that all disabled people are valued as equal citizens and can live their lives as independently as they wish. We must continue and carry on to work together, obviously due to Covid, over the last 5 years we haven't achieved as much as we would have hoped but, we need to rise out of the ashes and make ourselves heard to continue to achieve this.

The Social Care (Self-Directed Support) (Scotland) Act 2013 was passed by the Scottish Parliament 28th November 2012, received Royal Assent 10th January 2013, came into force April 2014. This SDS statutory Act aims for - flexibility, choice and control. It has 5 key principles - RESPECT; FAIRNESS; FREEDOM; SAFETY; INDEPENDENCE: encompassing,

collaboration, dignity, involvement and participation. Additionally, the Convention on the Rights of Persons with Disabilities (CRPD) is an international human rights treaty adopted in 2006 which the UK agreed to follow on 2009. By adhering to CRPD, the UK commits to protecting and promoting the human rights of disabled people including eliminating disability discrimination, enabling disabled people to live independently in the community, ensuring an inclusive education system and protecting disabled people from exploitation, violence and abuse.

Financial Review

The **Receipts and Payments Accounts** are set out on the following pages. These accounts provide a detailed overview of the charity's financial transactions for the year ended 30th June 2024. They include all the money received (receipts) and all the money spent (payments) during the reporting period. This type of accounting is straightforward and helps to maintain transparency in financial management, ensuring that all funds are accounted for and used effectively to support the charity's mission.

South Angus Parents of Adults with Learning Difficulties

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Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Year	Month	Day		Year	Month	Day
	01	JULY	2023		30	JUNE	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	-	-			-	-
Legacies					-	
Grants					-	
Receipts from fundraising activities	104				104	47
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
A1 Sub total	104	-	-	-	104	47
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	104	-	-	-	104	47
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	-	-	-	-	-	-
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	104	-	-	-	104	47
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	104	-	-	-	104	47

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	14,433				14,433	14,388
	Surplus / (deficit) shown on receipts and payments account	104				104	47
						-	
						-	
	Cash and bank balances at end of year	14,537	-	-	-	14,537	14,433
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total		

Date of approval

26/10/24

To support our local parents of adults with learning difficulties to ensure they receive all necessary help and advise that they are legally entitled to and to provide, if required, additional equipment and facilities not within the legal remit of the local council or Scottish Government.

£

[illegible]

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

3

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

£

Balance
outstanding at
period end (£)

PERIOD OF FURNISHING	PERIOD OF ACCRUAL	PERIOD END (Y)	

December 2007

South Angus Parents of Adults with Learning Difficulties

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total					-	

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
Total			-	

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
On line purchasing					-	
					-	
					-	
					-	
					-	
					-	
Total					-	

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Percussion garden instruments					-	
Web site costs					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total					-	

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Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted funds 1. unrestricted funds of land trusts	Unrestricted funds 2. unrestricted funds of land trusts	Unrestricted funds 3. unrestricted funds of land trusts	Unrestricted funds 4. unrestricted funds of land trusts	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations					-	
Grants					-	
Receipts from fundraising activities	104				104	47
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	104	-	-	-	104	47
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	104	-	-	-	104	47
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examinations					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	104	-	-	-	104	47
Transfers to / (from) funds					-	
Surplus / (deficit) for year	104	-	-	-	104	47
Nature and purpose of funds						

South Angus Parents of Adults with Learning Difficulties

06/04/02

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 — capital income of trusts for care	Restricted fund 2 — gifts & income of trusts for care	Restricted fund 3 — capital income of trusts for care	Restricted fund 4 — capital income of trusts for care	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds					-	
Surplus / (deficit) for year	-	-	-	-	-	-
Nature and purpose of funds						

APPENDIX 3



		Independent examiner's report on the accounts v2					
Report to the trustees/members of	Charity name	South Angus Parents of Adults with Learning Difficulties (SAPALD)					
	Registered charity number	SC046702					
On the accounts of the charity for the period	Period start date			Period end date			
	Day	Month	Year	Day	Month	Year	
	01	July	2023	30	June	2024	
Set out on pages	1 - 6					(remember to include the page numbers of additional sheets)	
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page] - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper						
Signed:	[Redacted Signature Area]						
Name:							
Relevant professional qualification(s) or body (if any):							
Address:							

*Please delete the words in the brackets in the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose

Reserves Policy

Our charity currently does not have a formal reserves policy. As a volunteer-led organisation with an income below £10,000, we focus our resources on delivering our mission and supporting our beneficiaries directly. Given our size and structure, our financial management practices prioritize maintaining flexibility and transparency in the use of funds, ensuring we can adapt to the needs of our community.

Risk Management

Best practices for risk management in SAPALD include:

1. Risk Identification: Proactively identify risks across all operational areas, including compliance, data security, and system performance.
2. Risk Assessment: Use tools like risk matrices to evaluate the likelihood and impact of each risk, prioritising those with the highest potential impact.
3. Mitigation Strategies: Develop clear plans to address risks, such as implementing robust controls, contingency plans, and regular audits.
4. Continuous Monitoring: Establish processes to track risks and the effectiveness of mitigation measures, ensuring timely updates and adjustments.
6. Stakeholder Engagement: Maintain open communication with stakeholders to ensure alignment and support for risk management initiatives.

These practices help create a resilient and adaptive risk management framework for SAPALD.

Future Plans

For the upcoming year, here are SAPALD's considerations:

Here are some key considerations for your charity as you plan for the upcoming year:

1. Funding and Grants

- Explore funding opportunities tailored to disability support, such as small grants for charities with limited income.
- Build relationships with local businesses or larger charities for sponsorships or partnerships.

2. Advocacy and Awareness

- Raise awareness about the challenges faced by parents of adults with disabilities, particularly in housing, health, and social care.
- Collaborate with other organizations to amplify your voice and influence policy changes.
-

3. Tailored Support Services

- Offer workshops or support groups for parents to share experiences and gain practical advice.
- Provide resources to help parents navigate housing options, healthcare systems, and social care services.

4. Community Engagement

- Foster a sense of community among parents and caregivers through events, online forums, or local meetups.
- Partner with local authorities to ensure SAPALD is included in their "Local Offer" of services.

5. Sustainability and Growth

- Develop a strategic plan to ensure the long-term sustainability of your charity.
- Invest in training for your team to stay updated on best practices in disability support.

6. Technology and Accessibility

- Leverage technology to improve communication and service delivery, such as creating an accessible website or app.
- Ensure all materials and events are inclusive and accessible to people with varying needs.

"Disability is not a brave struggle or courage in the face of adversity. Disability is an art. It's an ingenious way to live." — Neil Marcus