

Youth Inspired

Scotland · Charity number SC046578

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-05-23
Register	View on the OSCR register

Contact

Address	The YI Village Mossedge Village 145 Brediland Road Linwood Renfrewshire PA3 3RX
Website	www.youthinterventions.co.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health'

What the charity does: Youth Inspired are a multi-disciplinary team of professionals who specialise in the mental and emotional wellbeing of our young people and their families. We are a collective of BACP/COSCA registered Psychotherapists/Counsellors/Coaches, Youth Workers, Recovery & Wellbeing Practitioners and central to our work is our collaborative approach. We work at a community level providing group activities, one to one's and therapy to families who cannot afford to access private services. Everyone at YI is heard, valued, seen and respected.

Beneficiaries: 'Children or young people'

Objectives: The organisation's purposes are: To advance the health and education of young people by assisting them in identifying the risk and associated harms of drug and alcohol misuse and in furtherance thereof: To improve the physical and emotional health of young people by offering young people affected by substance misuse the opportunity to engage in therapeutic interventions To better improve the physical and emotional health of young people by introducing them to the concept of recovery and supporting them on their recovery journey, working towards the goals of equipping them to lead more positive, healthier lives. To reduce the stigma and shame carried by young people who are associated with addiction by educating the wider community on the cause of addiction.

Geography

- **Main operating location:** Renfrewshire
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-01	£175,497	£171,594	-	5
2024-08-01	£160,152	£157,607	-	6
2023-08-01	£234,910	£206,506	-	6
2022-08-01	£205,625	£212,008	-	11
2021-08-01	£146,145	£126,455	-	11

Accounts

Charity number: SC046578

Youth Inspired

Report of the Trustees and Unaudited Financial Statements

For the year ended 01 August 2025

Youth Inspired
Contents Page
For the year ended 01 August 2025

Report of the Trustees	1
Independent Examiner's Report to the Trustees	2
Statement of Financial Activities	3
Statement of Financial Position	4
Notes to the Financial Statements	5 to 9
Detailed Statement of Financial Activities	10 to 11

Youth Inspired
Report of the Trustees
For the year ended 01 August 2025

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 01 August 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Youth Inspired
Charity registration number	SC046578
Principal address	Acorn House Mossedge Village Brediland Road Linwood PA3 3RX

Trustees

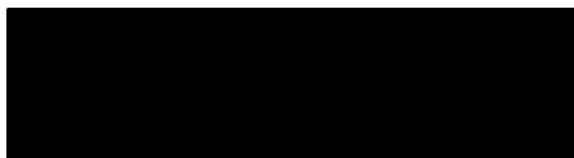
The trustees and officers serving during the year and since the year end were as follows:



Independent examiners


Donn Sheldon Enterprises Ltd 21 Forbes Place Paisley PA1 1UT

Approved by the Board of Trustees and signed on its behalf by



Youth Inspired
Independent Examiners Report to the Trustees
For the year ended 01 August 2025

I report to the trustees on my examination of the accounts of the charity for the year ended 01 August 2025.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ('the 2005 Act') and the Charities and Accounts (Scotland) Regulations 2006 (as amended). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Charity's accounts as carried out under section 44 (1)(c) of the 2005 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Independent examiners qualified statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 44(1)(a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended); or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Since the Charity's has prepared its accounts on an accruals basis and is also registered in Scotland, your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I confirm that I am qualified to undertake the examination by virtue of my membership of Association of Chartered Certified Accountants, which is one of the listed bodies.

[REDACTED]
[REDACTED]
Donn Sheldon Enterprises Ltd
21 Forbes Place
Paisley
PA1 1UT

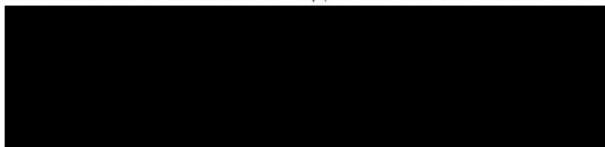
Youth Inspired
Statement of Financial Activities
For the year ended 01 August 2025

	Notes	Unrestricted funds	Restricted funds	2025	2024
		£	£	£	£
Income and endowments from:					
Donations and legacies	2	50,050	125,447	175,497	160,152
Total		50,050	125,447	175,497	160,152
Expenditure on:					
Raising funds	3	(35,000)	(134,867)	(169,867)	(155,713)
Charitable activities	4/5	-	(1,727)	(1,727)	(1,894)
Total		(35,000)	(136,594)	(171,594)	(157,607)
Net income/expenditure		15,050	(11,147)	3,903	2,545
Reconciliation of funds					
Total funds brought forward		56,415	44,511	100,926	98,381
Total funds carried forward		71,465	33,364	104,829	100,926

Youth Inspired
Statement of Financial Position
As at 01 August 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	10	632	1,410
		632	1,410
Current assets			
Cash at bank and in hand		121,581	117,256
		121,581	117,256
Creditors: amounts falling due within one year	11	(17,384)	(17,740)
Net current assets		104,197	99,516
Total assets less current liabilities		104,829	100,926
Net assets		104,829	100,926
The funds of the charity			
Restricted income funds	12	33,364	44,511
Unrestricted income funds	12	71,465	56,415
Total funds		104,829	100,926

The financial statement were approved and authorised for issue by the Board and signed on its behalf by:



Trustee

Youth Inspired
Notes to the Financial Statements
For the year ended 01 August 2025

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Charities Act 2011.

Youth Inspired meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2. Income from donations and legacies

	Unrestricted funds	Restricted funds	2025	2024
	£	£	£	£
Donations received	2,550	-	2,550	465
Grants received	47,500	125,447	172,947	159,687
	50,050	125,447	175,497	160,152

3. Expenditure on generating donations and legacies

	Unrestricted funds	Restricted funds	2025	2024
	£	£	£	£
Donations	-	-	-	55
Support costs	35,000	134,867	169,867	155,658
	35,000	134,867	169,867	155,713

4. Costs of charitable activities by fund type

	2025	2024
	£	£
Restricted funds		
Activity 1	1,727	1,894

5. Costs of charitable activities by activity type

	2025	2024
	£	£
Activities undertaken directly		
Activity 1	1,727	1,894

Youth Inspired
Notes to the Financial Statements Continued
For the year ended 01 August 2025

6. Analysis of support costs

	2025	2024
	£	£
Voluntary Income		
Wages & Salaries	105,011	85,274
Pensions	10,137	5,999
Advertising	4,664	3,397
General costs	3,653	5,358
Utilities	12,379	12,812
Travel & Events	20,610	24,107
Training	635	1,263
Governance costs	12,778	17,448
	169,867	155,658

7. Net income/(expenditure) for the year

This is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of owned fixed assets	1,727	1,894
Accountancy fees	750	750
Staff pension contributions	10,137	5,999

8. Staff costs and emoluments

Total staff costs for the year ended 01 August 2025 were:

	2025	2024
	£	£
Salaries and wages	105,011	85,274
Pension costs	10,137	5,999
	115,149	91,273

Youth Inspired
Notes to the Financial Statements Continued
For the year ended 01 August 2025

9. Comparative for the Statement of Financial Activities

	Unrestricted funds £	Restricted funds £	2024 £
Income and endowments from:			
Donations and legacies	36,415	123,737	160,152
Total	36,415	123,737	160,152
Expenditure on:			
Raising funds	(10,000)	(128,265)	(138,265)
Charitable activities	-	(1,894)	(1,894)
Total	(10,000)	(130,159)	(140,159)
Net income/expenditure	26,415	(6,422)	19,993
Reconciliation of funds			
Total funds brought forward	30,000	68,381	98,381
Total funds carried forward	56,415	61,959	118,374

10. Tangible fixed assets

Cost or valuation	Computer Equipment £
At 02 August 2024	7,936
Additions	949
At 01 August 2025	8,885
Depreciation	
At 02 August 2024	6,526
Charge for year	1,727
At 01 August 2025	8,253
Net book values	
At 01 August 2025	632
At 01 August 2024	1,410

11. Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	15,330	16,011
Accruals and deferred income	2,054	1,729
	17,384	17,740

Youth Inspired
Notes to the Financial Statements Continued
For the year ended 01 August 2025

12. Movement in funds

Unrestricted Funds

	Balance at 02/08/2024 £	Incoming resources £	Outgoing resources £	Balance at 01/08/2025 £
<i>General</i>				
General	56,415	50,050	(35,000)	71,465
	56,415	50,050	(35,000)	71,465

Unrestricted Funds - Previous year

	Balance at 02/08/2023 £	Incoming resources £	Outgoing resources £	Balance at 01/08/2024 £
<i>General</i>				
General	30,000	36,415	(10,000)	56,415
	30,000	36,415	(10,000)	56,415

Restricted Funds

	Balance at 02/08/2024 £	Incoming resources £	Outgoing resources £	Balance at 01/08/2025 £
General	44,511	125,447	(136,594)	33,364
	44,511	125,447	(136,594)	33,364

Restricted Funds - Previous year

	Balance at 02/08/2023 £	Incoming resources £	Outgoing resources £	Balance at 01/08/2024 £
General	68,381	123,737	(147,607)	44,511
	68,381	123,737	(147,607)	44,511

Youth Inspired
Notes to the Financial Statements Continued
For the year ended 01 August 2025

13. Analysis of net assets between funds

	Tangible fixed assets	Net current assets / (liabilities)	Net Assets
	£	£	£
Unrestricted funds			
<i>General</i>			
General	632	104,197	104,829
Restricted funds			
	632	104,197	104,829
Previous year			
	Tangible fixed assets	Net current assets / (liabilities)	Net Assets
	£	£	£
Unrestricted funds			
<i>General</i>			
Restricted funds			
General	1,410	99,516	100,926
	1,410	99,516	100,926

Youth Inspired
Detailed Statement of Financial Activities
For the year ended 01 August 2025

	2025	2024
	£	£
INCOME AND ENDOWMENT		
Donations and legacies		
Donations	2,550	465
Grants receivable	172,947	159,687
	175,497	160,152
Total incoming resources	175,497	160,152
EXPENDITURE		
Raising donations and legacies		
Donations	-	(55)
	-	(55)
Charitable activities		
Cost of direct charitable activity	(1,727)	(1,894)
	(1,727)	(1,894)
SUPPORT COSTS		
Wages & Salaries		
Wages & Salaries	(105,011)	(85,274)
	(105,011)	(85,274)
Pensions		
Pensions	(10,137)	(5,999)
	(10,137)	(5,999)
Advertising		
Advertising	(4,664)	(3,397)
	(4,664)	(3,397)
General costs		
General costs	(3,653)	(5,358)
	(3,653)	(5,358)
Utilities		
Utilities	(12,379)	(12,812)
	(12,379)	(12,812)
Travel & Events		
Travel & Events	(20,610)	(24,107)
	(20,610)	(24,107)
Training		
Training	(635)	(1,263)
	(635)	(1,263)
Governance costs		
Governance costs	(12,778)	(17,448)
	(12,778)	(17,448)
Total resources expended	(171,594)	(157,607)

Youth Inspired
Detailed Statement of Financial Activities Continued
For the year ended 01 August 2025

Net Income	3,903	2,545
------------	-------	-------



YOUTH INSPIRED

We see you. We hear you.
We've got you.

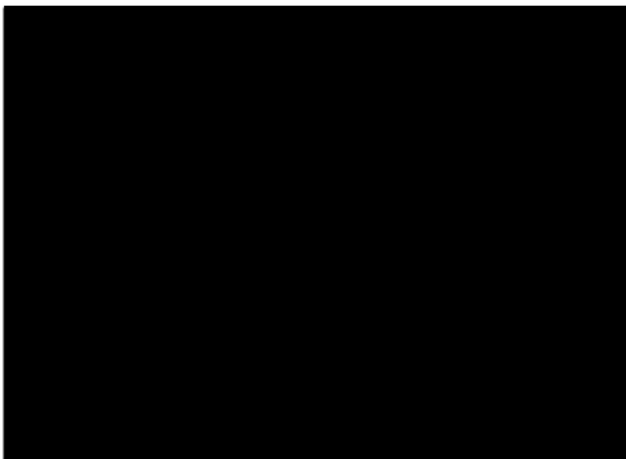
ANNUAL REPORT 2024-2025

Youth Inspired

Scottish Charity Number: SC046578

Acorn House

Mossedge Village

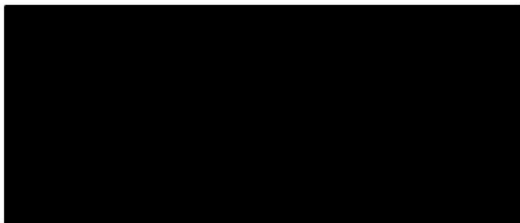


Structure, governance and management

Youth Inspired is a Scottish Charitable Incorporated Organisation (SCIO46578) and we have a governing constitution.

We have a Board of Trustees who are professionals in the health and care sector. They contribute to the vision and aims of the charity, giving their time and expertise regularly to the YI Director.

Charity Trustees



The Team

Louise Dempsey: Service Director and Lead Psychotherapist

Emma Johnstone: Counsellor

Kayleigh McLaughlan: Family & YP Practitioner

Aimee Wilson: Youth Lead Practitioner

Skye MacDonald: Youth Practitioner

Report from our Chair

I have been a part of the YI concept since its inception 10 years ago and have served as a Trustee since it was constituted 9 years ago. It has been my pleasure to sit as Chair of the Board, and be a contributing part of this growing, dynamic, progressive mental health, youth and family organisation.

The commitment the organisation shows to families, children and young people is commendable, and I would like to thank the team for their hard work. From therapeutic one to one's for those who are in crisis, to providing children and young people with a safe place to be, connect and grow, their dedication and professionalism is noted and appreciated by everyone who reaches in.

As a small organisation, we have come to learn that the team often move on to pastures new, where larger organisations appear more appealing. This along with funding, are the two most difficult challenges the organisation faces, albeit they are common across the third sector. I would like to thank Louise for her steadfast determination and commitment to YI, and for providing the team with a professional, visionary leader. She continues to cultivate partnerships with funders and organisations across Renfrewshire including Kibble, Renfrewshire Council, Corra Foundation, The National Lottery Young Start, The Robertson Trust and The Scottish Government and we look forward to meeting new opportunities and partners through 2026.

At the end of this financial year, we have come to the end of multi-year funding from three funders who support our charitable endeavours. This is of course far from ideal, but we know the value, worth and impact the YI Hub and Team have upon the lives of the families, children and young people and we are certain that our current and future partners will see this too.

You will notice that we have changed our name. Everything that we do here is driven directly by the needs of the children and young people we support, and when it was pointed out to us that Youth Inspired was a much better name, we listened. We asked everyone of our children and young people to vote on the name change, and

Youth Inspired was a clear winner. We are delighted to evolve as Youth Inspired, as it is a true reflection of our work.

We look forward to the year ahead, showing the same commitment to children, young people and families as we always have.



Chair

Report from our Director

I have managed and developed the YI organisation and team for ten years and it is an honour to watch our work and the children and young people we support grow. This year, like every year has been fast, exciting, sad, joyful, challenging and rewarding. The rewards far outweigh the challenges, but the work requires considerable effort and consistent commitment. I am glad to report that the YI team continue to show up and deliver, showing professional competence and creativity. From August 2024 our projects and community events have flourished, and we have a steady/consistent footfall or around 45-55 clients per week.

Our Projects

We continue to partner with The Scottish Government and Kibble on our Equally Safe: Non Violence Against Women and Girls project. We have delivered workshops in schools and to other professionals, and our group of young people come together weekly to challenge violence against women and girls. This year, as they do every year, they designed their own banner and marched at Renfrewshire's Reclaim the Night. This project ends in 2026, but we will always remain committed to raising awareness and supporting girls and young women who have been affected by violence at the hands of men and boys.

We take a whole families approach to Our Young Persons Recovery project, offering 1:1's for individual family members, a youth space for children, and therapeutic recovery coaching. We are proud to be a recognised partner in Renfrewshire and participate in many working groups including Prevention and Education, Lived Experience and the Recovery Providers Forum. We spoke at 2024 Overdose Awareness Day, and a collective of the children and young people showed their support at the Scottish Recovery Walk. Data demonstrates that our holistic approach, combining emotional/mental health interventions with psychoeducation on drug and alcohol harms, provides good outcomes for young people, with all improving their emotional wellbeing and reducing their substance misuse.

Summer Connections was a huge hit this year as always, and throughout the 6 weeks of summer, the children and young people were provided with food, activities and outings. It was a consistent safe place to be, and 26 of them spent most of their

summer with us. Many of them continue to come to the hub, and we are enjoying getting to know each other. As well as lots of hello's, this year has also been a time of goodbye's. We first met a group of young boys 5 years ago as they transitioned into secondary school, and they came to the youth hub every week. They are growing into fine young men, and they said goodbye this year, moving onto apprenticeships, further education, and the pursuit of love and new relationships! It was beautiful to watch them leave, knowing that we have been a significant part of their journey through adolescence.

We consistently therapeutically support around 25 young people per week for psychotherapy and counselling. Our Integrative and creative methods are well received, and on average young people access around 15 sessions each, with clinical data demonstrating good improvements in their psychological wellbeing.

We have noticed that many of the young people are Neurodiverse, with ADHD and ASD the most prevalent diagnosis and traits shown. We are proud to be able to provide a safe, inclusive place for these children and young people where they can explore who they are and what their ND means to them.

The YI Hub remains a place of fun, connection, play and exploration, however we do note that the space is small when we are at capacity. Our strategy and goals for 2026 are to secure multi-year funding for our charitable endeavours and funding to build a portable youth indoor activity area.

I would like to sincerely thank our funders The Corra Foundation, The National Lottery Young Start, The Robertson Trust, Renfrewshire Council HSCP, RS MacDonald & The Scottish Government.

I am proud to continue developing a progressive community family, children and young people wellbeing hub, where a multi-disciplinary team work collectively for the good of those who reach in. Where children, young people and families come sometimes feeling lost and bewildered and leave us feeling more empowered and better able to manage in the world.

