

ARC Hippotherapy (SCIO)

Scotland · Charity number SC046528

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2016-05-05
Register	View on the OSCR register

Contact

Address	68 North Deeside Road Bieldside Aberdeen AB15 9DT
Website	www.archippotherapy.com

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Working with children and adults with disabilities, ARC Hippotherapy provides specialised physiotherapy through equine movement. Hippotherapy involves a specially trained physiotherapist who works with the horse as a 'live' treatment tool. The movement of the horse supports the attainment of individualized treatment goals. This therapy can elicit positive changes in children and adults who present with cognitive, motor, and/or psychosocial disabilities.

Beneficiaries: 'People with disabilities or health problems', 'Other charities or voluntary bodies'

Objectives: The organisation's purpose is to promote the objects of the Riding for the Disabled Association incorporating Carriage Driving (Company No 5010395) a charity registered under Charity Number SC039473 (lithe Company') by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and wellbeing in the Aberdeen area.

Geography

- **Main operating location:** Aberdeen
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£6,529	£11,095	-	0
2024-05-31	£5,392	£10,905	-	0
2023-05-31	£4,293	£4,887	-	0
2022-05-31	£3,803	£5,772	-	0
2021-05-31	£2,991	£3,232	-	0

Accounts

Financial report ARC Hippotherapy

Financial year 01/06/24-31/05/25				
BB @ 01/06/24				£17,377.97
	In	Out		
June	£214.00	£0.00		
July	£751.00	£1642.84		
August	£345.00	£6373.21		
September	£0.00	£0.00		
October	£400.00	£0.00		
November	£665.85	£861.00		
December	£525.00	£0.00		
January	£60.00	£0.00		
February	£0.00	£0.00		
March	£1597.37	£1527.50		
April	£738.37	£0.00		
May	£1232.54	£690.00		
	£6529.13	£11094.55		
BB @ 31/05/25				£12,812.37
Fees	£2985.00			
Donations	£3,544.13			
Expenses		£708.59		
ARC		£6,729.00		
Physiotherapists		£1,593.75		
Membership and Insurance		£2,063.21		
	£6529.13	£11094.55		

Independent Examiner's Report to the Trustees of ARC Hippotherapy (SCIO)

I report on the accounts of the charity for the year ended 31 MAY 2025

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulationshave not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Relevant Professional qualification/professional body: Quality Assurance and Compliance Manager

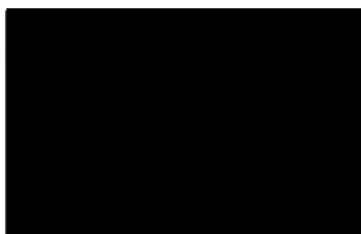
Address: 1 BRICK HOUSE THE BUSH PETER CULTER ABERDEEN

Date: 21/02/2020

ARC Hippotherapy – SC046528

Trustees' Annual Report : 01.06.24 to 31.05.25

TRUSTEES :



Chairperson	Whole Year
Secretary	Whole Year
Treasurer	Whole Year
Safeguarding Officer	Whole Year
	Whole Year
	Whole Year

OBJECTIVES AND ACTIVITIES

Charitable purposes

ARC Hippotherapy's purpose is to promote the objects of the Riding for the Disabled Association incorporating Carriage Driving (Company No. 5010395) a charity registered under Charity Number SC039473 ("the Company") by providing disabled people with the opportunity to ride and/or to carriage drive to benefit their health and wellbeing in the Grampian and Highland region.

Summary of the Main Activities

During this period the group was run by a committee of 6 trustees (volunteers) and we utilise the services of [REDACTED] both of whom are physiotherapists and Ceara Whyte who is an Occupational Therapist. They have all completed further in-depth post-registration training, through the ACPEA Hippotherapy Equine Facilitated Therapy Course. The charity pays for these services. Recognising the need for physiotherapy provision in Grampian and Highland region, ARC Hippotherapy aims to improve the quality of life for those with movement dysfunction by providing high quality physiotherapy (hippotherapy) through equine movement, in a safe and fun environment.

ACHIEVEMENTS AND PERFORMANCE

Summary of the main achievements

During this period, we ran 3 sessions in June 2024, a further 12 sessions between September and December 2024. In 2025 we ran 9 sessions between January and the end of March, followed by a further 7 sessions in April and May. A total of 31 weeks of hippotherapy session for 16 participants during this period. A total of 268 activities.

Ongoing therapist assessments and completion of questionnaires issued to participants and their parents, established that all participants showed improvement over this period, whether postural control, balance, co-ordination of functional movements or in their riding skills.

In August 2024, a mechanical horse simulator was installed at Aberdeen Riding Club, together with a hoist. ARC Hippotherapy were able to make use of both these pieces of equipment. Using a mechanical horse for therapeutic sessions is a more suitable option for several of our

participant riders and equally offers them the benefit of therapeutic stimulation offered by equine movements. The use of the hoist enables riders who have difficulty mounting, to access this form of therapy. This combination allows us to provide Hippotherapy for riders who can't mount from our hydraulic lifting platform or who we can't safely facilitate on a real horse.

FINANCIAL REVIEW

In June 2024 the board agreed to change their reserve policy, by agreeing a reserve fund of £9,000 to be retained. This figure was adopted to cover 6 month's expenditures plus contingencies for repairs and replacement of equipment if needed.

For the period 01/06/24 to 31/05/25 the charity did not incur any deficits during the year. It is expected that since the charity and it's members participated in several fundraising events significantly boosting funds, it is not foreseen that a deficit situation should arise going forward. Further fundraising events are planned.

Donated Facilities and Services

During this period the charity has provided 268 hippotherapy sessions where a total of 35 volunteers each giving approximately between 1 and 5.5 hours of support each week.

Aberdeen Riding Club support the charity by offering considerably reduced rates for the hire of their arena and horses.

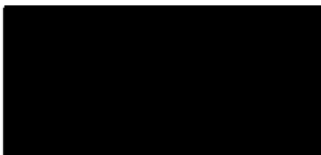
The three members of the Therapy Team also offer their services at a much reduced rate to the charity.

Declaration

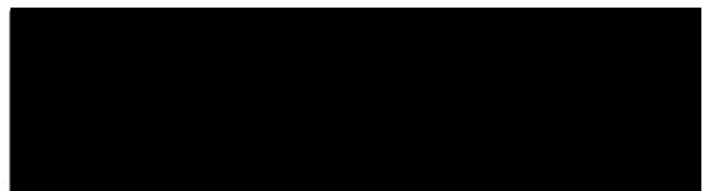
The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signatures(s)



Secretary



Treasurer

Date