

# SISU

Scotland · Charity number SC045915

## Details

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Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2015-08-18
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address 3/2 166 Hyndland Road  
Glasgow  
G12 9hz  
G12 9HZ

Website [www.sisu-group.org](http://www.sisu-group.org)

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of health'

**What the charity does:** SISU exists to dismantle systemic barriers and provide empowering support and opportunities for women and girls affected by gender-based injustice, violence, discrimination, and inequality. Through advocacy, community education, and an open innovation approach, we are reimagining care systems to validate experiences, restore trust, and ensure equality for all. We are committed to implementing restorative justice to address both visible and invisible harms, ensuring that systemic reform leads to lasting change.

**Beneficiaries:** 'Other defined groups'

**Objectives:** 4.1 To advance the physical and mental health of women and girls who are suffering from, or have suffered from, or at risk of, violence and abuse. 4.2 The prevention or relief of poverty amongst women and girls by providing personal and professional development opportunities designed to enable young women to lead fulfilled lives free from financial hardship. 4.3 To advance education opportunities for young women by enhancing self-esteem, training and skills development and creating enabling pathways to learning and self sufficiency.

## Geography

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- **Main operating location:** Glasgow City
- **Geographical spread:** One or a few bases or facilities serving people who come from a broad area

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£64,395	£80,583	-	0
2024-05-31	£73,531	£21,129	-	0
2023-05-31	£20,963	£43,641	-	1
2022-05-31	£103,459	£114,214	-	3
2021-05-31	£109,244	£117,260	-	4

**SISU**

Scotland - Charity number SC045915

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# Accounts

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Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	06	2024		31	05	2025

### Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	77				77	79
Legacies	-				-	-
Grants	27,500	25,651			53,151	48,452
Receipts from fundraising activities	11,167				11,167	
Gross trading receipts	-				-	
Income from investments other than land and buildings	-				-	
Rents from land & buildings	-				-	
Gross receipts from other charitable activities					-	25,000
					-	
<b>A1 Sub total</b>	<b>38,744</b>	<b>25,651</b>	<b>-</b>	<b>-</b>	<b>64,395</b>	<b>73,531</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets	-				-	
Proceeds from sale of investments	-				-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>38,744</b>	<b>25,651</b>	<b>-</b>	<b>-</b>	<b>64,395</b>	<b>73,531</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	5,214				5,214	
Gross trading payments	-				-	
Investment management costs	-				-	
Payments relating directly to charitable activities	36,168	39,201			75,369	21,129
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>41,382</b>	<b>39,201</b>	<b>-</b>	<b>-</b>	<b>80,583</b>	<b>21,129</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets	-				-	
Purchase of investments	-				-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>41,382</b>	<b>39,201</b>	<b>-</b>	<b>-</b>	<b>80,583</b>	<b>21,129</b>
<b>Net receipts / (payments)</b>	<b>(2,638)</b>	<b>(13,550)</b>	<b>-</b>	<b>-</b>	<b>(16,188)</b>	<b>52,402</b>
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>(2,638)</b>	<b>(13,550)</b>	<b>-</b>	<b>-</b>	<b>(16,188)</b>	<b>52,402</b>

**Section B Statement of balances**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
<b>B1 Cash funds</b>	Cash and bank balances at start of year		52,665			52,665	261
	Surplus / (deficit) shown on receipts and payments account					(16,188)	52,403
						-	
						-	
	<b>Cash and bank balances at end of year</b>		-	52,665	-	-	36,477
	(Agree balances with receipts and payments account(s))	2,638	13,550	-	-	-	1

Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
<b>B2 Investments</b>			
	<b>Total</b>	-	-

Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
<b>B3 Other assets</b>	Vehicle	Unrestricted	2,626	4,482
		<b>Total</b>	-	2,626

Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
<b>B4 Liabilities</b>	Bank Loan	4,482	7,482
	<b>Total</b>	4,482	7,482

Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
<b>B5 Contingent liabilities</b>			
	<b>Total</b>	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
		09 December 2025

**Section C Notes to the Accounts**

**C1 Nature and purpose of funds** (may be stated on analysis of funds worksheets)

SISU delivers its charitable purpose through a co-created, three-pillar approach — Empower, Amplify and Transform— supporting young women’s healing and wellbeing, amplifying lived experience to influence systems, and developing trauma-responsive practice, training and organisational cultures. All income and expenditure during this reporting period contributed to activity across these interconnected pillars.

During the year, SISU received income from core multi-year funding, project-based grants, research and innovation partnerships, charitable activities, individual donations, and funds raised through our first public fundraising event.

Core funding from the National Lottery Community Fund – Improving Lives and The Robertson Trust continued to underpin organisational stability. These grants enabled SISU to maintain essential staffing, programme coordination, governance, administration, safeguarding, operational overheads and strategic development — ensuring the organisation could deliver its mission safely, sustainably and relationally.

Project-based funding from the Glasgow Mental Health and Wellbeing Fund and the Women’s Fund for Scotland supported the extension of programme reach and delivery of trauma-responsive, holistic support for young women across Scotland. This included wellbeing programmes, community connection activities, specialist facilitation, accessibility and participation support, and the creation of nurturing spaces for healing, confidence-building and peer connection — primarily contributing to the Empower pillar.

Funding received through the University of Glasgow and wider academic partnerships supported research, innovation and knowledge generation across the Amplify and Transform pillars. This investment enabled lived experience research, co-production, consultation, systems analysis, and the continued development of evidence-informed training, resources and feminist organisational frameworks.

Additional unrestricted income — including individual donations and proceeds from SISU’s December 2024 fundraising and launch event — contributed to programme subsidies, participation costs and organisational resilience.

All income was used in accordance with funder conditions, charity regulation and SISU’s overarching purpose: to build a society where gender no longer determines safety, value or opportunity.

	Type of activity or project supported	Individual / institution	Number of grants made	£
<b>C2 Grants</b>				
			<b>Total</b>	-

<b>C3a Trustee remuneration</b>	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	<b>x</b>
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	Authority under which paid	£
<b>C3b Trustee remuneration - details</b>		

<b>C4a Trustee expenses</b>	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	<b>x</b>
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		Number of trustees	£
<b>C4b Trustee expenses - details</b>			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
<b>C5 Transactions with trustees and connected persons</b>				

**C6 Other information**

## Additional analysis (1)

### Analysis of receipts and payments

#### 1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Other Donations	77	-			77	79
						3,500
					-	
					-	
<b>Total</b>	<b>77</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>77</b>	<b>3,579</b>

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#### 2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
Big Lottery Improving Lives		24,992	24,992	10,000
Mental Health Wellbeing Fund		660	660	9,952
Robertson Trust	27,500		27,500	25,000
<b>Total</b>	<b>27,500</b>	<b>25,652</b>	<b>53,152</b>	<b>44,952</b>

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#### 3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Fundraising	11,167				11,167	
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	<b>11,167</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>11,167</b>	<b>-</b>

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#### 4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Advertising/Publicity	3,273	2,840			6,113	
Co-ordinator	13,155	17,439			30,594	
Mentors/Specialists/Sessional	6,179	8,177			14,356	
Materials	2,275	1,612			3,887	
Overheads	1,778	1,948			3,726	
Venues	3,222	4,597			7,819	
Volunteer Costs	831	191			1,022	
Training					-	
Fundraising	5,214				5,214	
Sessional/Staff Costs	1,729	1,603			3,332	
Loan repayment	1,856				1,856	
Travel and Accommodation	1,870	629			2,499	
Bank charges		165			165	
<b>Total</b>	<b>41,382</b>	<b>39,201</b>	<b>-</b>	<b>-</b>	<b>80,583</b>	<b>-</b>

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**Additional analysis (2)**

**5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	-	-	-	-	-	-
					cross ref error	
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	-
					cross ref error	
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	-	-	-	-	-	-
					cross ref error	
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
					cross ref error	
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	-	-	-	-	-	-
					cross ref error	

<b>Nature and purpose of funds</b>	

**Additional analysis (3)**

**6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	-	-	-	-	-	-
					cross ref error	
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	-
					cross ref error	
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
<b>Sub total</b>	-	-	-	-	-	-
					cross ref error	
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
					cross ref error	
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	-	-	-	-	-	-
					cross ref error	

**Nature and purpose of funds**

**APPENDIX 3**



**Report to the trustees/members of**  
**Registered charity number**  
**On the accounts of the charity for the period**

**Set out on pages**

Independent examiner's report on the accounts <span style="float: right;">V2</span>						
Charity name <b>SISU</b>						
Registered charity number <b>SC045915</b>						
Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	06	2024	<b>to</b>	31	05	2025
					(remember to include the page numbers of additional sheets)	

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

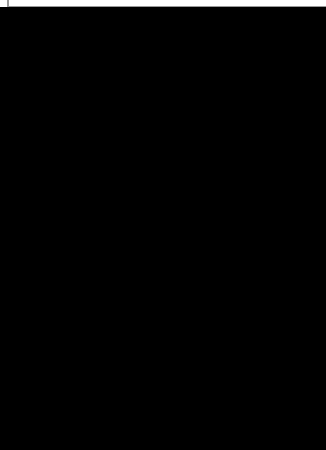
**Independent examiner's statement**

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date:**

07/12/2025

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**


\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of any items that the examiner wishes to disclose**