

Thistle Health and Wellbeing

Scotland · Charity number SC045846

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Part of	Argyll & Bute Nhs Trust Endowment Funds (SC024409)
Registered	2015-07-28
Register	View on the OSCR register

Contact

Address	13 Queen's Walk Edinburgh EH16 4EA
Website	www.thistle.org.uk

Activities

Activities: 'It makes grants, donations or gifts to organisations', 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the advancement of citizenship or community development', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended', 'the promotion of equality and diversity', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Thistle Health & Wellbeing provides a range of person-centred health and wellbeing services and activities in Scotland for disabled people and people living with long-term health conditions. Thistle works in partnership with local authorities, the NHS, other third sector organisations, the people we support and their families, to build capacity, resilience, and coping skills, that support people to lead good lives and achieve what matters most to them

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: The objects for which the company is established are: 4.1 To relieve those who are in need, of all ages, by reason of disability, long term health condition, poverty or other disadvantage through providing support with the aim of assisting such individuals to lead fulfilled lives over which they have control. 4.2 To advance health including the prevention or relief of ill health, disabilities and/or long term conditions. 4.3 To provide recreational facilities and organise recreational activities with the object of improving the conditions of life of individuals who are in need by reason of disability, long term health condition, poverty or other disadvantage. 4.4 To advance citizenship and community development with a view to:- 4.4.1 individuals who

are disabled or who have a long term health condition playing a full part in civic life and making a contribution to society. 4.4.2 communities developing capacity to foster, and benefit from, the contribution of people with disabilities or long term health conditions. 4.5 To promote equality and diversity. 4.6 To promote, establish, operate and/or support other similar schemes and projects which further charitable purposes.

Geography

- **Main operating location:** City of Edinburgh
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£992,257	£1,015,080	-	26
2024-03-31	£1,411,338	£1,433,795	-	38
2023-03-31	£1,658,050	£1,676,797	-	36
2022-03-31	£1,316,294	£1,300,732	-	41
2021-03-31	£1,150,620	£1,157,820	-	32