

Chris's House

Scotland · Charity number SC045583

Details

Known as Centre for Help Response & Intervention Surrounding Suicide

Status Active

Legal form SCIO (Scottish Charitable Incorporated Organisation)

Registered 2015-04-29

Register [View on the OSCR register](#)

Contact

Address 2 - 4 Belhaven Road
Wishaw
ML2 7NZ

Website www.chrisshouse.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the saving of lives', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Chris's House stands for 'Centre of Help, Response and Intervention Surrounding Suicide'. The primary objective of Chris's House is to provide support and assistance to individuals who experience suicidal thoughts and feelings. We provide crisis interventions immediately by operating 24 hours a day for those in need. Thereafter, a tailored programme is offered to promote good health, both mental and physical. We achieve this by utilising psychological and mindfulness interventions by trained staff and volunteers in a safe place.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The organisation is established for charitable purposes only, and in particular, the objects are: To provide support and assistance to individuals who are experiencing thoughts of suicide, providing supports and a safe place. The supports that will be utilised will be mindfulness interventions by trained volunteers, risk assessments and where needed statutory organisations. To provide crisis intervention for the benefit of individuals who have or are experiencing suicidal thoughts in particular the protection and promotion of good health both mental and physical

Geography

- **Main operating location:** North Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£389,263	£321,589	-	5
2024-03-31	£297,579	£271,067	-	5
2023-03-31	£297,579	£271,067	-	6
2022-03-31	£335,096	£256,145	-	6
2021-03-31	£702,919	£140,558	-	4

Chris's House

Scotland - Charity number SC045583

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
CHRIS'S HOUSE**

William Duncan (UK) Limited
Chartered Accountants
4d Auchingramont Road
Hamilton
ML3 6JT

CHRIS'S HOUSE

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FOR THE YEAR ENDED 31 MARCH 2025**

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CHRIS'S HOUSE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Chris's House stands for 'Centre of Help, Response and Intervention Surrounding Suicide'. The primary objective of Chris's House is to provide support and assistance to individuals who experience suicidal thoughts and feelings. We provide crisis interventions immediately by operating 24 hours a day for those in need. Thereafter, a tailored programme is offered to promote good health, both mental and physical. We achieve this by utilising psychological and mindfulness interventions by trained staff and volunteers in a safe place.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The year ended 31 March 2025 has seen us grow as an organisation. We have continued to provide a high level of support to guests and our team continued to be fully dedicated to delivering our service to those most vulnerable and in need in Scotland. We have also continued supporting business in central Scotland delivering Mental Wellness in the workplace.

Our 2 main annual fundraisers were a huge success this year. We welcomed back almost 1,400 people to our annual Walk of Hope and had a sell-out ball with 500 people attending, helping to secure new corporate supporters on the night.

We continued to provide a wide range of provisions for guests, which included, but is not limited to:

- Counselling
- Reiki
- Havening
- Meditation
- Peer2Peer
- Art Therapy Group
- Women's Group
- Men's Group
- Men's Lifestyle Group
- Loss Surrounding Suicide (LSS)
- Cognitive Behaviour Therapy (CBT) -

Ask Tell Save a Life: 8

Telephone Training: 4

Introduction to CH: 10

SafeTALK: 17

ASIST: 1

Self Harm Training: 1

Mental Health First Aid: 12

Naloxone: 2

CHRIS'S HOUSE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE

Achievements

To date the charity has provided support to more than 10,000 guests. We continue to meet the needs of our guests.

"I'm Writing to express my sincere appreciation for the support I have received in Chris's House. The impact Chris's House has had on so lives including mine is profound. Through your efforts I have found support healing and a reminder that I am not alone. Thank you for providing this safe space where I have felt heard support and understood".

"There are no words on this earth that could thank you for what you have given me this past year. You opened your arms to me, you trusted me and you guided me, you supported me but most of all you looked after me. Chris's House has left a stamp on my heart which will stay with me forever. "

We continued to be recognised and supported by our existing pool of main donors, some of which include Les Hutchinson, Frontline Construction, Miller Fabrications We are eternally thankful for their ongoing support.

Our ambassadors continued to promote our organisation, and we are supported by [REDACTED] MMA Fighter. We continued to work closely with local organisations to provide alternative support to our guests in relation to fitness by utilising the services offered by Rivals Gym.

Chris's House continued to see an increase in guests using their services. To date the organisation has provided approximately 10,000 guests with the use of our services and most guests attended more than one session.

On behalf of the charity, we would like to thank all our supporters who gave so generously this year and our volunteers and staff who show such dedication to supporting the overall aim of Chris's House. We have had another successful year, and we hope to continue to build on this in 2025.

FINANCIAL REVIEW

Financial position

The attached Statement of Financial Position shows the income and expenditure for the year generated by the group's activities. Income of £389,263 was made up of donations from members of the public and local businesses and fundraising events.

Expenditure from the restricted fund amounted to £xxxx.

Unrestricted expenditure for the year totalled £321,589 which was primarily used for running costs and the refurbishment of premises, publicity and promotion sundries (this included provisions for the office which includes food, toiletries and other items which we have on hand for any guest who arrives and is in crisis). This resulted in net income of £67,674 for the year.

Reserves policy

Any funds we have will be used for ongoing running costs.

FUTURE PLANS

Over the next 12 months we will continue to grow Chris's House our main focus in the following year will be to secure premises in the Glasgow area and the hope of expanding our service to a live in service.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Chris's House is a Scottish Charitable Incorporated Organisation, governed by its constitution.

Organisational structure

The business of the charity is directed by a board of trustees comprising between no less than 4, or more than 12 members, appointed by the members at the annual general meeting to serve for one year, all being eligible for re-election.

A chairperson, secretary and treasurer are appointed by the board of trustees; office bearers can serve for a year and are eligible to be re-elected.

CHRIS'S HOUSE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

REFERENCE AND ADMINISTRATIVE DETAILS

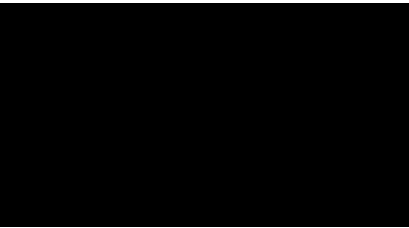
Registered Charity number

045583

Principal address

2-4 Belhaven Road
Wishaw
ML2 7NZ

Trustees



Independent Examiner



William Duncan (UK) Limited
Chartered Accountants
4d Auchingramont Road
Hamilton
ML3 6JT

Approved by order of the board of trustees on 7 October 2025 and signed on its behalf by:



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHRIS'S HOUSE

I report on the accounts for the year ended 31 March 2025 set out on pages five to eleven.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

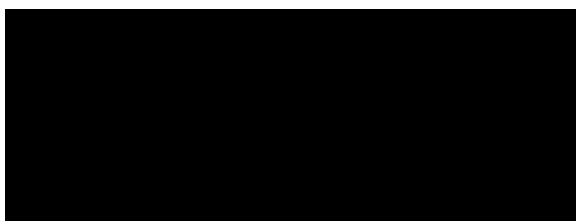
Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



William Duncan (UK) Limited
Chartered Accountants
4d Auchingramont Road
Hamilton
ML3 6JT

7 October 2025

CHRIS'S HOUSE

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		139,453	-	139,453	65,450
Charitable activities					
Charitable		1,483	-	1,483	-
Other trading activities	3	<u>248,327</u>	<u>-</u>	<u>248,327</u>	<u>224,845</u>
Total		<u>389,263</u>	<u>-</u>	<u>389,263</u>	<u>290,295</u>
EXPENDITURE ON					
Charitable activities					
Charitable		<u>307,969</u>	<u>13,620</u>	<u>321,589</u>	<u>278,811</u>
NET INCOME/(EXPENDITURE)		81,294	(13,620)	67,674	11,484
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,064,837</u>	<u>79,121</u>	<u>1,143,958</u>	<u>1,132,474</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>1,146,131</u></u>	<u><u>65,501</u></u>	<u><u>1,211,632</u></u>	<u><u>1,143,958</u></u>

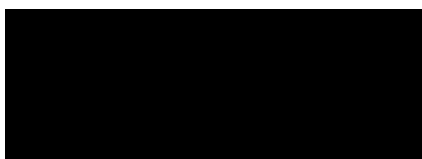
The notes form part of these financial statements

CHRIS'S HOUSE

**STATEMENT OF FINANCIAL POSITION
31 MARCH 2025**

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	6	455,166	-	455,166	470,986
CURRENT ASSETS					
Debtors	7	960	-	960	-
Cash at bank and in hand		<u>698,163</u>	<u>65,501</u>	<u>763,664</u>	<u>690,948</u>
		699,123	65,501	764,624	690,948
CREDITORS					
Amounts falling due within one year	8	(8,158)	-	(8,158)	(17,976)
		<u>690,965</u>	<u>65,501</u>	<u>756,466</u>	<u>672,972</u>
NET CURRENT ASSETS					
		<u>690,965</u>	<u>65,501</u>	<u>756,466</u>	<u>672,972</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,146,131</u>	<u>65,501</u>	<u>1,211,632</u>	<u>1,143,958</u>
NET ASSETS					
		<u><u>1,146,131</u></u>	<u><u>65,501</u></u>	<u><u>1,211,632</u></u>	<u><u>1,143,958</u></u>
FUNDS					
Unrestricted funds	9			1,146,131	1,064,837
Restricted funds				<u>65,501</u>	<u>79,121</u>
TOTAL FUNDS					
				<u><u>1,211,632</u></u>	<u><u>1,143,958</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 7 October 2025 and were signed on its behalf by:



**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. STATUTORY INFORMATION

Chris's House is a Scottish Charitable Incorporated Organisation (SCIO), registered charity number SC045583.

The charity's registered number and registered office address can be found in the report of the trustees.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Basic financial instruments are recognised as follows:

(i) Debtors

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

2. ACCOUNTING POLICIES - continued

Financial instruments

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method less any impairment.

(ii) Cash and cash equivalents

Cash and cash equivalents include cash at bank and in hand.

Cash and cash equivalents are shown net of bank overdrafts, which are included as current borrowings in liabilities on the statement of financial position.

(iii) Creditors

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Provisions for liabilities

The company recognises a provision for annual leave accrued by employees as a result of services rendered in the current period, and which employees are entitled to carry forward and use within the next 12 months. The provision is measured at the salary cost payable for the period of absence.

3. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Fundraising income	<u>248,327</u>	<u>224,845</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.25	31.3.24
	£	£
Trustees' salaries	<u>50,892</u>	<u>49,172</u>

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

5. AVERAGE NUMBER OF EMPLOYEES

The average number of employees was 5.

CHRIS'S HOUSE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

6. TANGIBLE FIXED ASSETS

	Freehold property £	Motor vehicles £	Office equipment £	Totals £
COST				
At 1 April 2024	500,899	27,090	-	527,989
Additions	<u>-</u>	<u>-</u>	<u>1,034</u>	<u>1,034</u>
At 31 March 2025	<u>500,899</u>	<u>27,090</u>	<u>1,034</u>	<u>529,023</u>
DEPRECIATION				
At 1 April 2024	36,684	20,319	-	57,003
Charge for year	<u>10,018</u>	<u>6,771</u>	<u>65</u>	<u>16,854</u>
At 31 March 2025	<u>46,702</u>	<u>27,090</u>	<u>65</u>	<u>73,857</u>
NET BOOK VALUE				
At 31 March 2025	<u>454,197</u>	<u>-</u>	<u>969</u>	<u>455,166</u>
At 31 March 2024	<u>464,215</u>	<u>6,771</u>	<u>-</u>	<u>470,986</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Other debtors	<u>960</u>	<u>-</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	-	150
Taxation and social security	4,469	16,386
Other creditors	<u>3,689</u>	<u>1,440</u>
	<u>8,158</u>	<u>17,976</u>

9. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	1,064,837	81,294	1,146,131
Restricted funds			
Restricted	79,121	(13,620)	65,501
TOTAL FUNDS	<u>1,143,958</u>	<u>67,674</u>	<u>1,211,632</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	389,263	(307,969)	81,294
Restricted funds			
Restricted	-	(13,620)	(13,620)
	<u>389,263</u>	<u>(321,589)</u>	<u>67,674</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	1,043,813	21,024	1,064,837
Restricted funds			
Restricted	88,661	(9,540)	79,121
	<u>1,132,474</u>	<u>11,484</u>	<u>1,143,958</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	290,295	(269,271)	21,024
Restricted funds			
Restricted	-	(9,540)	(9,540)
	<u>290,295</u>	<u>(278,811)</u>	<u>11,484</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	1,043,813	102,318	1,146,131
Restricted funds			
Restricted	88,661	(23,160)	65,501
	<u>1,132,474</u>	<u>79,158</u>	<u>1,211,632</u>
TOTAL FUNDS			

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	679,558	(577,240)	102,318
Restricted funds			
Restricted	-	(23,160)	(23,160)
	<u>679,558</u>	<u>(600,400)</u>	<u>79,158</u>
TOTAL FUNDS			

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

CHRIS'S HOUSE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	139,453	65,450
Other trading activities		
Fundraising income	248,327	224,845
Charitable activities		
Other income	<u>1,483</u>	<u>-</u>
Total incoming resources	389,263	290,295
EXPENDITURE		
Charitable activities		
Trustees' salaries	50,892	49,172
Wages and national insurance	89,364	51,398
Pensions	3,145	2,551
Rent and Insurance	6,592	10,674
Heat and light	15,614	10,352
Telephone	3,626	4,068
Postage and stationery	7,574	5,652
Caravan and mini bus expenses	4,914	5,904
Sundry expenses	15,250	8,900
Event expenses	43,133	45,494
Training expenses	1,793	850
Repairs and renewals	19,174	34,915
Volunteer expenses	12,387	15,477
Sessional costs	13,620	9,540
Cleaning expenses	9,963	4,609
Freehold property	10,018	11,453
Motor vehicles	6,771	6,773
Office equipment	<u>65</u>	<u>-</u>
	313,895	277,782
Support costs		
Governance costs		
Accountancy and legal fees	<u>7,694</u>	<u>1,029</u>
Total resources expended	<u>321,589</u>	<u>278,811</u>
Net income	<u><u>67,674</u></u>	<u><u>11,484</u></u>

This page does not form part of the statutory financial statements