



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	April	2024	To	31	March	2025

Reference and administration details

Charity name  
Other names charity is known by  
Registered charity number  
Charity's principal address

HEART OF AFRICA UK
SC045511

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

**APPENDIX 1**

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

## Structure, governance and management

### Type of governing document

The charity is an unincorporated organisation and is governed by its constitution.  
The charity was granted charitable status by OSCR on the 24th March 2015.

### Trustee recruitment and appointment

Members of the committee shall be appointed at the Annual General meeting(AGM)  
They shall be committee members for one year and shall be eligible for re-election.  
The committee shall elect office bearers (to hold office for one year) at the earliest possible meeting.

## Objectives and activities

### Charitable purposes

The purpose of the charity is The prevention or relief of poverty,  
The advancement of health,  
The promotion of religious or racial harmony.

### Summary of the main activities in relation to these objects

The purpose of the charity is the prevention or relief of poverty, the advancement of health, and the promotion of religious and racial harmony. These purposes are advanced through the delivery of inclusive, community-based activities.

During the year, the charity delivered cooking classes focused on healthy eating and nutrition, aimed at improving health outcomes and supporting individuals and families experiencing financial hardship. The charity also delivered a women's sewing and empowerment programme, providing

practical skills development, confidence-building, and opportunities for social integration. In addition, children's holiday cooking sessions were delivered during school holiday periods, offering structured activities that promote healthy eating habits, life skills, and positive social engagement.

## APPENDIX 1

### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

During the financial period, the charity successfully delivered a range of community-based programmes in furtherance of its charitable purposes. Key achievements included the delivery of healthy eating and cooking classes, supporting improved nutrition, wellbeing, and the development of practical life skills among participants.

The charity also delivered a women's sewing and empowerment programme, enabling participants to acquire vocational skills, build confidence, and strengthen social connections within the community. In addition, children's holiday cooking sessions were delivered during school holiday periods, providing safe and structured activities that promoted healthy eating habits, learning, and positive engagement.

Furthermore, the charity organised and delivered stigma-prevention events during the summer and in December. These events focused on raising awareness and reducing stigma associated with long-term health conditions within ethnic minority communities, encouraging open dialogue, understanding, and community cohesion.

Through these activities, the charity contributed to the prevention and relief of poverty, the advancement of health, and the promotion of social inclusion and harmony within the communities it serves.

### Financial review

#### Brief statement of the charity's policy on reserves

The charity does not currently operate a reserves policy

Details of any deficit

Donated facilities and services (if any)

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Fu

Position (e.g. Chair) Chair

Date

Receipts and payments accounts							
For the period from	01 April 2024			to	31 March 2025		
	Day	Month	Year		Day	Month	Year
	Monday, April 01, 2024				Monday, March 31, 2025		

**Section A Statement of receipts and payments**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations					-	
Legacies					-	
Grants	7,000	22,700			29,700	10,000
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>A1 Sub total</b>	<b>7,000</b>	<b>22,700</b>	<b>-</b>	<b>-</b>	<b>29,700</b>	<b>10,000</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,000</b>	<b>22,700</b>	<b>-</b>	<b>-</b>	<b>29,700</b>	<b>10,000</b>
<b>A3 Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	13,044	22,700			35,744	7,000
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
<b>A3 Sub total</b>	<b>13,044</b>	<b>22,700</b>	<b>-</b>	<b>-</b>	<b>35,744</b>	<b>7,000</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>13,044</b>	<b>22,700</b>	<b>-</b>	<b>-</b>	<b>35,744</b>	<b>7,000</b>
<b>Net receipts / (payments)</b>	<b>(6,044)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(6,044)</b>	<b>3,000</b>
<b>A5 Transfers to / (from) funds</b>	<b>6,044</b>					
<b>Surplus / (deficit) for year</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(6,044)</b>	<b>3,000</b>

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	6,044				6,044	3,000
	Surplus / (deficit) shown on receipts and payments account	( 6,044)				( 6,044)	3,044
						-	
						-	
	Cash and bank balances at end of year	-	-	-	-	-	6,044
(Agree balances with receipts and payments account(s))							
B2 Investments	Details	Fund to which asset belongs		Market valuation to nearest £		Last year to nearest £	
Total		-		-		-	
B3 Other assets	Details	Fund to which asset belongs		Cost (if available) to nearest £		Current value (if available) to nearest £	
Total		-		-		-	
B4 Liabilities	Details	Fund to which liability relates		Amount due to nearest £		Last year to nearest £	
Total		-		-		-	
B5 Contingent liabilities	Details	Fund to which liability relates		Amount due (estimate) to nearest £		Last year to nearest £	
Total		-		-		-	

Signed by one or two trustees on behalf of all the trustees

Signature\*

Print Name

Date of approval


\* Please note - OSCR will accept digital or typed signatures



## Section C Notes to the Accounts

**C1 Nature and purpose of funds**  
 (may be stated on analysis of funds worksheets)

Unrestricted funds are those funds that may be used at the discretion of the trustees in the furtherance of the objects of the Charity. Restricted Funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for a specific purpose. In the last financial year HOA received a restricted grant of £3,000 from Corra Boost fund which was used for volunteer expenses during the summer holidays to run the cooking sessions in our community cafe. During the last financial year, HOA also received £7,000 from Henry Duncan fund which will support our project that offers activities which support the reduction of stigma associated to long term conditions within the Black, Asian and Minority Ethnic communities in Lanarkshire. Heart Of Africa also received a restricted fund from the national lottery community fund the sum of £19,700 to run a one year sewing and cooking integration and empowerment programme in Rutherglen, South Lanarkshire.

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants	Corra Boost fund to support our summer cooking sessions	Institution	1	3,000
	Henry Duncan Fund an unrestricted fund to support the reduction of stigma	Institution	1	7,000
	National Lottery Community Fund to Run sewing and cooking sessions	Institution	1	19,700
			Total	29,700

## C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
C3b Trustee remuneration - details		

## C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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	Number of trustees	£
C4b Trustee expenses - details		

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

## C6 Other information

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### Analysis of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
					-	
					-	
					-	
					-	
<b>Total</b>	-	-	-	-	-	

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Henry Duncan Grant	7,000		7,000	
Corre Boost Fund		3,000	3,000	
National Lottery Community Fund		19,700	19,700	
			-	
<b>Total</b>	<b>7,000</b>	<b>22,700</b>	<b>29,700</b>	

3 Gross receipts from other charitable activities

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	-	-	-	-	-	

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
	13,044	22,700			35,744	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	13,044	22,700	-	-	35,744	

reference error

## Additional analysis (3)

## 6 Breakdown of restricted funds

	Corra Boost Fund restricted income of £3,000 per year	National Lottery Community Fund restricted income of £19,700 per year	Southwark Food bank income of £0 per year	Southwark Food bank income of £0 per year	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants	3,000	19,700			22,700	3,000
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>3,000</b>	<b>19,700</b>	<b>-</b>	<b>-</b>	<b>22,700</b>	<b>3,000</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,000</b>	<b>19,700</b>	<b>-</b>	<b>-</b>	<b>22,700</b>	<b>3,000</b>
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	3,000	19,700			22,700	3,000
Grants and donations					-	
Governance costs					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	<b>3,000</b>	<b>19,700</b>	<b>-</b>	<b>-</b>	<b>22,700</b>	<b>3,000</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>3,000</b>	<b>19,700</b>	<b>-</b>	<b>-</b>	<b>22,700</b>	<b>3,000</b>
<b>Net receipts / (payments)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

## Nature and purpose of funds

During the financial year, Heart of Africa (HOA) received a restricted grant of £3,000 from the Corra Boost Fund. The grant was applied towards volunteer expenses incurred in supporting children during the summer holiday period through the delivery of cooking and hospitality work experience sessions. The charity also received a restricted grant of £19,700 from the National Lottery Community Fund. This funding is designated for the delivery of a one-year women's sewing and cooking programme in Rotherham.

## Additional analysis (2)

## 5 Breakdown of unrestricted funds

	Directly received from donors or other funders	Indirectly received from donors or other funders	Received through transfers from other funds	Received through transfers from other funds	Total unrestricted funds	Total unrestricted funds test period
<b>Henry Duncan Grant</b>						
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants	7,000				7,000	7,000
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>7,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,000</b>	<b>7,000</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,000</b>	<b>7,000</b>
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	13,044				13,044	7,000
Grants and donations					-	
Governance costs					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	<b>13,044</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>13,044</b>	<b>7,000</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchases of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>13,044</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>13,044</b>	<b>7,000</b>
<b>Net receipts / (payments)</b>	<b>(6,044)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(6,044)</b>	<b>-</b>
<b>Transfers to / (from) funds</b>	<b>6,044</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>6,044</b>	<b>-</b>
<b>Surplus / (deficit) for year</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

**(Nature and purpose of funds)**

During the financial year, the Henry Duncan Grant received an unrestricted grant of £7,000 from the Henry Duncan Fund. This funding has supported the charity's ongoing work to reduce stigma associated with long-term health conditions among ethnic minority communities in South Lanarkshire. The unrestricted nature of the grant has enabled the Trustees to apply the funds

**Independent examiner's  
report on the accounts**

V2

**Report to the  
trustees/members of**

Charity name  
HEART OF AFRICA UK

**Registered charity  
number**

SC045511

**On the accounts of the  
charity for the period**

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	April	2024	to	31	MARCH	2025

**Set out on pages**

(remember to include the page  
numbers of additional sheets)

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent  
examiner's statement**

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

**Independent examiner's  
statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

30/09/2025

**Name:**

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

**APPENDIX 3**

**Disclosure section**

Only complete if the examiner needs to highlight material problems.

Give here brief details of  
any items that the  
examiner wishes to  
disclose