

Zambia Therapeutic Art (ZTA) (SCIO)

Scotland · Charity number SC045462

Details

Known as	ZTA
Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2015-03-06
Register	View on the OSCR register

Contact

Address	East Broomhill Harburn West Lothian EH55 8RE
Website	https://www.zambiatherapeuticart.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health'

What the charity does: 1. Providing training for mental health professionals and students in Zambia to enable them to use Therapeutic Art as part of their practice. 2. Training Zambian trainers to enable them to deliver locally based and sustainable training in Zambia. 3. Developing the monitoring and evaluation of the outcomes of Therapeutic Art training in Zambia and its contribution to local health systems and the establishing a programme of research. 4. Disseminating the outcomes of ZTA's work through publications and presentations.

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems', 'People with a particular ethnic or racial origin', 'Other charities or voluntary bodies'

Objectives: The organisation's purposes are: 1. The provision of education - providing training to professionals and students in the use of 'Therapeutic Art'. This will be achieved by providing practice based training programmes and clinical supervision informed by our pilot programmes 2012/13 and latest research and global policies in this field. and the in-country needs of communities, the Ministry of Health and mental health and disability organisations in Zambia. 2. To undertake research in order to further explore and establish an evidence base for training in the use of 'Therapeutic Art' and to disseminate findings to add to the mental health knowledge base and policies at local and global levels. 3. To advance health via improvements in patient/client care, which are achieved by the work of professionals trained in Therapeutic Art.

Geography

- **Main operating location:** West Lothian
- **Geographical spread:** UK and overseas

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,800	£3,472	-	0
2024-03-31	£4,800	£8,387	-	0
2023-03-31	£13,213	£11,907	-	0
2022-03-31	£10,969	£6,052	-	0
2021-03-31	£16,741	£15,016	-	0

Zambia Therapeutic Art (ZTA) (SCIO)

Scotland - Charity number SC045462

Accounts

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	04	24	To	31	03	25

Reference and administration details

Charity name	ZAMBIA THERAPEUTIC ART						
Other names charity is known by	ZTA						
Registered charity number	SC 045462						
Charity's principal address	EAST BROOMHILL						
	HARBURN						
	WEST LOTHIAN			Postcode	EH55 8RE		

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	[REDACTED]	CHAIR		
2		SECRETARY		
3		TREASURER		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

SCIO constitution

Trustee recruitment and appointment

Trustees are recruited by public advertisement and appointed by the board.

Objectives and activities

Charitable purposes

The provision of education - providing training to professionals and students in the use of 'Therapeutic Art'. This will be achieved by providing practice-based training programmes and clinical supervision informed by our pilot programmes, the latest research and global policies in this field, and the in-country needs of communities, the Ministry of Health of Zambia together with mental health and disability organisations in Zambia. 2. To undertake research in order to further explore and establish an evidence base for training in the use of 'Therapeutic Art' and to disseminate findings to add to the mental health knowledge base and policies at local and global levels. 3. To advance health via improvements in patient/client care, which are achieved by the work of professionals trained in Therapeutic Art

Summary of the main activities in relation to these objects

1. Providing training for mental health professionals and students in Zambia to enable them to use Therapeutic Art as part of their practice.
2. Training Zambian trainers to enable them to deliver locally based and sustainable training in Zambia.
3. Developing the monitoring and evaluation of the outcomes of Therapeutic Art training in Zambia and its contribution to local health systems and the establishing a programme of research.
4. Disseminating the outcomes of ZTA's work through publications and presentations.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

During this year we have continued to review our systems and our roles. Both ZTA and TAZ have held review days to identify realistic goals while assessing our resources in terms of specialisms/skills and availability. The work with TAZ was facilitated by an independent consultant funded by the Network for Social Change grant.

Following the mentoring programme delivered last year as part of the ABS training, TAZ members and others trained in ZTA courses continued to request experience of mentoring and support to become mentors themselves. While in Zambia in December 24 Lesley Hill followed up the idea of offering a programme to TA practitioners and a grant was awarded by the Souter Trust to deliver an experiential training programme. This was primarily to support work with children and young people and TAZ development funds were used to extend it to those working with adults. This was delivered in the summer with 2 initial in-person sessions delivered by ZTA trainers in Lusaka followed by five fortnightly on-line sessions. Evaluation of this programme is currently being carried out. During this summer visit work was also done with TAZ to maintain support for their review of their systems and structures. They have continued to deliver training in their places of work and, where applicable to use TA in their clinical practice.

ZTA is currently working with CIDRZ as partners in a bid to the Wellcome Trust "Healthy Minds ProMEASE". This programme would involve members of TAZ and others trained in ZTA methods to deliver training and ongoing mentoring.

The ZTA Course was delivered to staff at Mwandu Mission hospital and a programme of mentoring by TAZ and ZTA jointly was initiated. Owing to staffing issues at the Hospital this is currently suspended.

TAZ and ZTA members are linking with others involved in Art Therapy programmes in Africa to explore the possibility of developing common approaches to degree or masters level training.

ZTA currently has a Board of 4 Trustees and 2 volunteers in our Operational team. We continue to review how best to use the skills and experience we have and to continue to support the work of all our Zambian colleagues.

Financial review

Brief statement of the charity's policy on reserves

ZTA has a small current account reserve to utilise in delivering its work in Zambia but holds no other reserves. It aims to hold sufficient to meet its fixed costs for one year ahead.

Details of any deficit

None.

Donated facilities and services (if any)

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)		
Position (e.g. Chair)	CHAIR	
Date	17. 12. 2025	

ZAMBIA THERAPEUTIC ART

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Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2024		31	March	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	800				800	2,309
Legacies					-	
Grants		3,000			3,000	2,500
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
A1 Sub total	800	3,000	-	-	3,800	4,809
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	800	3,000	-	-	3,800	4,809
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	358	3,114			3,472	9,940
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	358	3,114	-	-	3,472	9,940
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	358	3,114	-	-	3,472	9,940
Net receipts / (payments)	442	(114)	-	-	328	(5,131)
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	442	(114)	-	-	328	(5,131)

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year (inc Currency Cards)	1,784	3,257			5,041	10,172
	Surplus / (deficit) shown on receipts and payments account	442	(114)			328	(5,131)
						-	
						-	
	Cash and bank balances at end of year	2,226	3,143	-	-	5,369	5,041

(Agree balances with receipts and payments account(s))

B2 Investments	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
Total			-	-

B3 Other assets	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
Total			-	-	-

B4 Liabilities	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
Total			-	-

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
Total			-	-

Signed by one or two trustees on behalf of all the trustees

Signature*

Print Name

Date of approval

[Redacted Signature and Name]

15.12.25

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

All ZTA funds, restricted and unrestricted, go towards the delivery of services in Zambia as stated on the analysis of funds worksheet.

	Type of activity or project supported	Individual / institution	Number of grants made	£
C2 Grants	Delivery of a ZTA learning and mentoring programme	Institution	1	3,000
			Total	3,000

C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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		Number of trustees	£
C4b Trustee expenses - details			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

C6 Other information

ZAMBIA THERAPEUTIC ART

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donation from individual	800				800	2,309
					-	
					-	
Total	800	-	-	-	800	2,309

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
The Souter Chaitable Trust		3,000	3,000	2,500
			-	
			-	
Total	-	3,000	3,000	2,500

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Delivery of learning and mentoring activities		3,114			3,114	8,387
Operational expense, primarily charity insurance	358				358	1,553
					-	
					-	
					-	
					-	
Total	358	3,114	-	-	3,472	9,940

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below General Unrestricted ZTA Funds	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	800				800	9
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	800	-	-	-	800	9
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	800	-	-	-	800	9
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	358				358	1,553
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	358	-	-	-	358	1,553
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	358	-	-	-	358	1,553
Net receipts / (payments)	442	-	-	-	442	(1,544)
Transfers to / (from) funds						
Surplus / (deficit) for year	442	-	-	-	442	(1,544)

Nature and purpose of funds

General operational expenses for the ongoing support to deliver our Charitable purpose in Zambia.

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Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
	CYP Project Funds	TAZ Development Project Funds				
Receipts						
Donations					-	2,300
Legacies					-	
Grants	3,000				3,000	2,500
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	3,000	-	-	-	3,000	4,800
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	3,000	-	-	-	3,000	4,800
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	2,557	557			3,114	8,387
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	2,557	557	-	-	3,114	8,387
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	2,557	557	-	-	3,114	8,387
Net receipts / (payments)	443	(557)	-	-	(114)	(3,587)
Transfers to / (from) funds						
Surplus / (deficit) for year	443	(557)	-	-	(114)	(3,587)

Nature and purpose of funds

The CYP Project delivers training to Special Needs Teachers and Youth Workers in Zambia.
The TAZ Administration & Development Project supports the development of an administration and development function for Therapeutic Art Zambia.

Independent examiner's report on the accounts v2						
Report to the trustees/members of	Charity name ZAMBIA THERAPEUTIC ART (ZTA)					
Registered charity number	SC SC045462					
On the accounts of the charity for the period	Period start date			Period end date		
	Day	Month	Year	Day	Month	Year
	01	04	2024	to	31	03 2025
Set out on pages	1 to 6					(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.					
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.					
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> 1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached 					
Signed**:	[Redacted Signature]					
Name:						
Relevant professional qualification(s) or body (if any):						
Address:	[Redacted Address]					

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**