

**Befriend Motherwell (SCIO)**

**1 January 2024 to 31 December 2024**

**SC045376**

**RECEIPTS AND PAYMENTS ACCOUNTS**

**Charity No: SC045376**



Scottish Charity Number: SCIO 45376

## Reference and Administrative Information

Charity Name: Befriend Motherwell (SCIO)

Charity Registration Number: SC045376

Contact Address: Dalziel St. Andrew's Church  
43 Merry Street  
Motherwell  
North Lanarkshire  
ML1 1JJ

### Trustees

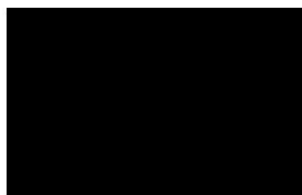


### Principal Office-bearers

Chairperson

Treasurer

Secretary



### Independent Examiner



Motherwell  
ML1 2QW

Bankers :  
Virgin Money  
43 Hamilton Road  
Motherwell

## **Befriend Motherwell Trustees' Annual Report**

**Year ended 31 December 2024**

### **Structure, Governance and Management**

Structure Governance & Management Constitution The Charity is a SCIO. It is governed by its constitution.. The Charity was granted charitable status by OSCR on 27 January 2015. The management committee, which normally meets on a quarterly basis, are the Charity's trustees. Receipts and Payments Accounts are prepared in accordance with OSCR statement of recommended practice. The trustees may co-opt further trustees if they consider it would be in the interests of the Charity so to do. The trustees are responsible for the strategic direction and governance of the Charity whilst day-to-day running is delegated to the Coordinator and assisted by the staff team. Client visits and group support are carried out by unpaid volunteers. The Coordinator attends Trustee meetings as required to discuss progress and development. The Trustees are particularly aware of their responsibilities for Health and Safety, and all staff, paid and unpaid volunteers, have disclosures under the Protection of During the year there were eight Trustees in total at present with a wide range of skills.

### **Organisational Structure**

The Trustees meet as a Management Committee for Strategic Direction and Governance. Day to day running is carried out by six paid part time employees consisting of Coordinator, Development Officer Intergenerational Officer, and 3 Group Facilitators. The Coordinator and team oversee the activities of the volunteer Befrienders who visit the Befriendees and support the five groups which meet on a weekly basis along with our various other events and activities.

## Objectives and Activities

Concern for the many lonely and isolated elderly residents in the town lies behind the initiative launched in 2011 to establish a Befriending Service based at Dalziel St Andrew's Parish Church and in 2012 a year's Pilot Project was initiated to strive to create up to 15 "matches" between volunteer befrienders and befriendees. The objective was to tackle some of the isolation faced by the many elderly in Motherwell who feel so alone. Following the initial success, and with additional funding support from the Local Change Plan, work started in 2013 on Group Befriending with five groups formed by the end of 2018. This enabled groups of elderly to meet in their own environment and join in shared activities. After five years of successful activity, in 2016, a successful application to the Big Lottery Fund was made which allowed for the expansion and growth of the organisation. This included developing new initiatives, groups and Intergenerational Working; all of which has continued to flourish.

One of the conditions of the grant was to work towards the Quality in Befriending (QiB) Excellence Award which was achieved in November 2019. The QiB Excellence Award was reached in 2022.

Befriend Motherwell, in addition to the one to one and group befriending support, organise regular events, activities and outings are arranged for the organisation's participants to enable them to continue to enjoy their lives and connect them socially with peers and others.

2024 was another successful year for Befriend Motherwell where we started our second year of the current three-year financial support from the National Lottery Community Fund. On top of this we were successful in gaining financial support of over £30k from Voluntary Action North Lanarkshire through their Mental Health and Wellbeing Fund towards supporting the large influx of referrals we have received in relating to supporting males who are isolated. This has resulted in the creation of two new Group Facilitator positions to support a new group specifically for men along with creating more one to one befriending opportunities for men. We have been encouraged by and increase in volunteer recruitment and development over this last year helping towards increasing our capacity. Alongside our core work we always aim to find new initiatives to help us support our participants as best we can. To this end we continue to offer chair yoga and chair Pilates on a weekly basis with over 80 people registered for the classes. These activities help towards improving people's physical health, mental health and wellbeing, strength and balance. During the summer

we were delighted to offer trips and outings to our participants. Over the summer period we offered trips to our participants to various different places which was supported by staff. These were enjoyed by all who took part and the feedback was very positive.

Our Intergenerational Activities continued to be successful. We developed a tool-kit thanks to financial support from the Local Activity Fund allowing us to offer a five-week programme of one afternoon a week looking at some local history of Motherwell, what classrooms were like in the 1950s, pre-decimalisation of currency and old maps of the town. This was supported by two of our older participants who are retired school teachers and are well used to working with young people. Feedback from this has been excellent and there are a number of schools looking for this to take place.

On top of these things we've organised various events quarterly over the year where participants have enjoyed time together with others, entertainment and some food. Feedback from our events has always been positive. We were delighted to introduce a new befriending group within a different venue and this group has proved to be very popular so far and feedback from it has been very positive.

Befriend Motherwell continues to be very appreciative of the financial support offered by several organisations. Through 2024 this support came from The Big National Lottery Community Fund, Dalziel St Andrew's Parish Church, Voluntary Action North Lanarkshire, and numerous individual donations. .

The Trustees of the Charity particularly wished to record their thanks to all Befriend Motherwell staff for their work on the project during the year and also to the many Volunteers who commit so much time to realising the aims of the Project in working, in so many ways, to reduce loneliness and isolation for elderly in the town. Although not all of our Volunteers choose to be reimbursed for their expenses all are advised that an allowance is included within our accounts to ensure they are able, if they wish, to receive appropriate reimbursement. A relevant reclaim form is made available to all. Evaluation and feedback forms a most important part of the projects work to ensure that we continue to deliver the service which the elderly in the town need and desire.

## **Achievements and Performance**

*Some of the headline statistics for the year help to emphasise the scale and range of the services provided during 2024*

<i>Number of Befriendees/Volunteers (one-to-one)</i>	<i>38/13 new</i>
<i>Number of Groups</i>	<i>5=52 individuals</i>
<i>Telephone Befriending Calls</i>	<i>67</i>
<i>New volunteers trained</i>	<i>13</i>
<i>Volunteer Training/Information events</i>	<i>10</i>

## **Financial Review**

Funding is received from an annual donation from Dalziel St Andrew's Parish Church and Grants received from the various Fund providers as listed on page 5 and who have an interest in the activities the Charity provides for the Elderly. All Funding received from the various funding bodies is for the purpose of core Befriend Motherwell Activities is Restricted funding and can only be used for core activities. There remains Lottery funding ( largest provider) for one more year from April 2025 and the Trustees recognise it is a major challenge to secure match funding which comes near to the level of support granted by the Lottery. The Trustees will continue to closely monitor funding implications for the longer term work of the Charity.

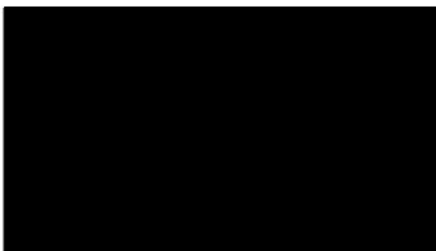
## **Reserves Policy**

All funding relates to the ongoing day to day operations of the Charity and No Financial Reserves are held by the Charity.

## **Statement of Trustees' Responsibilities**

The Trustees must prepare financial statements which give sufficient detail to enable an appreciation of the transactions of the Charity during the financial year. The Trustees are responsible for keeping proper accounting records which, on request, must reflect the financial position of the Charity at that time. This must be done to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the Charity and must take reasonable steps for the prevention and/or detection of fraud and other irregularities.

**Approved by the Trustees and signed on their behalf,**



**Date** ..... 30/3/2025 .....

## **Independent Examiner's Report to the Trustees of Befriend Motherwell**

I report on the accounts of the charity for the year ended 31 December 2024 which are set out on pages 8 to 11

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

### **Basis of independent examiner's statement**

An examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### **Independent examiner's statement**

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met

Date:

9/9/25.

**Befriend Motherwell**  
**Receipts and Payments Account**  
**Year ended 31 December 2024**

		Unrestricted	Restricted	Endowment		
		Funds	Funds	Funds	Total	Total
		2024	2024	2024	2024	2023
		£	£	£	£	£
<b><u>Receipts</u></b>	<b>Note</b>					
Donations	3	0	111,475	0	111,475	79,712
Legacies		0	0	0	0	0
Activities for Generating Funds		0	0	0	0	0
Bank & Deposit interest		0	0	0	0	0
Investment income		0	0	0	0	0
Rental of premises		0	0	0	0	0
Sale of assets		0	0	0	0	0
Sale of investments		0	0	0	0	0
Grants		0	0	0	0	0
		0	0	0	0	0
		0	0	0	0	0
<b><u>Total Receipts</u></b>		<u>0</u>	<u>111,475</u>	<u>0</u>	<u>111,475</u>	<u>79,712</u>
<b><u>Payments</u></b>	<b>4</b>					
Costs of generating funds						
Charitable activities		0	102,230	0	102,230	86,267
Governance costs						
<b><u>Total Payments</u></b>		<u>0</u>	<u>102,230</u>	<u>0</u>	<u>102,230</u>	<u>86,267</u>
Surplus of Receipts over Payments for the year before transfers		0	9,245	0	9,245	-6,555
Transfers		0	0	0	0	0
Surplus of Receipts over Payments for the year		<u>0</u>	<u>9,245</u>	<u>0</u>	<u>9,245</u>	<u>-6,555</u>



**Befriend Motherwell**  
**Statement of Balances**  
**At 31/12/2024**

	Unrestricted	Restricted	Endowment		
	Funds	Funds	Funds	Total	Total
	2024	2024	2024	2024	2023
Note	£	£	£	£	£
<b><u>Bank &amp; Deposit Balances</u></b>					
Bank & deposit balances	0	33,999	0	33,999	40,554
brought forward					
<b><u>Movement in year:</u></b>					
Surplus of receipts over payments	0	9,245	0	9,245	-6,555
Bank & deposit balances					
carried forward	<u>0</u>	<u>43,244</u>	<u>0</u>	<u>43,244</u>	<u>33,999</u>
<b><u>Investments at market value</u></b>					
	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b><u>Assets</u></b>					
	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b><u>Liabilities</u></b>					
	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

The accounts were approved by the Trustees on 30<sup>th</sup> March 2025

For and on behalf of the Trustees



**Befriend Motherwell**  
**Statement of Balances**  
**Notes to the Accounts**

**1. Trustee Remuneration and Related Party Transactions**

No trustee received any remuneration or reimbursement of expenses during the year.

No trustee or a person related to a trustee had any personal interest in any contract or transaction entered into by the charity during the year.

	At 1 Jan				As at 31 Dec
<b>2. Movements in Funds</b>	<b>2024</b>	<b>Receipts</b>	<b>Payments</b>	<b>Transfers</b>	<b>2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>					
General Fund	0	0	0	0	0
<b>Restricted funds</b>	33,999	111,475	102,230	0	43,244
	<u>33,999</u>	<u>111,475</u>	<u>102,230</u>	<u>0</u>	<u>43,244</u>
<b>Endowment funds</b>	0	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Total funds</b>	<u>33,999</u>	<u>111,475</u>	<u>102,230</u>	0	<u>43,244</u>

	Unrestricted	Restricted	Endowment	Total	Total
<b>3. Analysis of Donations</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Total</b>	<b>Total</b>
	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Dalziel St Andrew's Parish Church	0	5,078	0	5,078	4,232
Voluntary Action	0	39,792	0	39,792	6,000
Chair Yoga	0	5,111	0	5,111	1,586
National Lottery Community Fund	0	61,494	0	61,494	62,270
Individual donations	0	0	0	0	1,475
Asda foundation	0	0	0	0	500
North Lanarkshire Council - Warm Spaces	0	0	0	0	3,649
	0	<u>111,475</u>	<u>0</u>	<u>111,475</u>	<u>79,712</u>

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Endowment Funds 2024 £	Total 2024 £	Total 2023 £
<b>4. Analysis of Payments</b>					
Salaries (incl NI, Tax & pensions))	0	85,654	0	85,654	69,463
Staff. Training	0	0	0	0	0
Accommodation Costs	0	2,000	0	2,000	1,750
Insurance	0	651	0	651	597
Printing/Stationery	0	0	0	0	0
Promotional Materials	0	0	0	0	0
Payroll Costs	0	1,121	0	1,121	660
Telephones	0	591	0	591	1,436
Warm Spaces initiative	0	0	0	0	3,288
BF Events/ Catering/Christmas/Outings/Bi	0	10,991	0	10,991	7,031
BF Networks	0	75	0	75	75
Misc	0	0	0	-	330
Equipment	0	1,147	0	1,147	1,637
	<u>0</u>	<u>102,230</u>	<u>0</u>	<u>102,230</u>	<u>86,267</u>
<b>Governance costs</b>					
Independent examiner's fees	0		0		
<b>Other payments</b>					
Purchase of assets	0		0		
	<u>0</u>		<u>0</u>		