

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	10	2022	To	30	09	2023

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Families and Friends Affected by Murder and Suicide
FAMS
SC045179

Postcode

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint or remove trustee (if any)
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

The charity is a Scottish Charitable Incorporated Organisation governed by its constitution dated 23 October 2014.

Trustee recruitment and appointment

Trustees are sourced from interested parties. We recruit them from Open Events, Local and National Media, Third Sector Interfaces and Previous Service Users.

Trustees are appointed at the AGM.

Current trustees must retire at the AGM but are eligible for re-appointment.

Objectives and activities

Charitable purposes

To provide practical, emotional, social peer support to people affected by murder, suicide and suicidal behaviours. To raise awareness of the impact of suicide within families and communities. To provide regular contact with those within the FAMS community, those who are referred, who self-refer and also external communities. FAMS provide a face to face human touch service specifically geared towards the individual's needs, including lived experience peer support, befriending, Counsellors and signposting to meet demand for support with mental health and wellbeing of our beneficiaries.

Summary of the main activities in relation to these objects

Providing free peer support and befriending to anyone affected by murder, suicide and suicidal behaviours.
Campaigning for suicide awareness, early intervention and prevention.
Campaigning to change the general myths and misunderstandings surrounding suicide victims and co-victims.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

FAMS have been on a learning curve during this financial year assessing the Charity's aims, objectives and services.

Financial review

Brief statement of the charity's policy on reserves

The trustees would like to have reserves equal to 3 months annual unrestricted expenditure. This would be approximately £10,000.

Our current level of reserves fall short of this target.

Details of any deficit

N/A

Donated facilities and services (if any)

N/A

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Other optional information

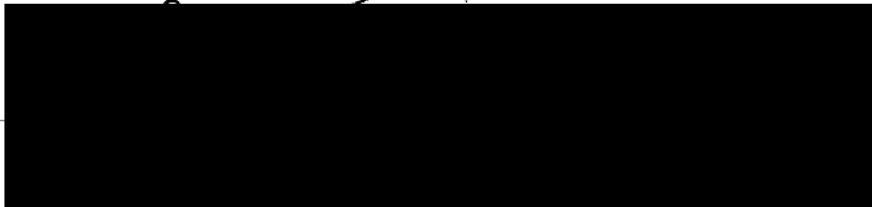
FAMS are based in North Lanarkshire, supporting people in distress. We support the health and wellbeing of adults and young people, their families, peers and communities who have been affected by trauma, post murder suicide or attempted suicide. Additionally, FAMS support the health and wellbeing of children & young people, presenting themselves with mild to moderate mental health issues, often coupled with suicidal thoughts /behaviours.

FAMS work closely with Voluntary Action North Lanarkshire (VANL) in terms of guidance and compliance. We with other statutory bodies including Police Scotland and NHS. FAMS are members of five North Lanarkshire Consortiums with an extended network of around 250 organisations.

Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)		
Position (e.g. Chair)	CHAIRMAN	TREASURER
Date	12 June 2024	12 June 2024

Families and Friends Affected by Murder and Suicide

SC045179



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	10	2022		30	09	2023

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	11,879				11,879	17,631
Legacies					-	-
Grants	14,000	55,822			69,822	143,471
Receipts from fundraising activities	3,415				3,415	35,973
Gross trading receipts					-	-
Income from investments other than land and buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities	2,335				2,335	-
Loan	2,000				2,000	
A1 Sub total	33,629	55,822	-	-	89,451	197,075
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	33,629	55,822	-	-	89,451	197,075
A3 Payments						
Expenses for fundraising activities	661				661	5,363
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	36,144	59,291			95,435	156,868
Grants and donations		7,911			7,911	-
Governance costs:						
Audit / independent examination	1,560				1,560	1,440
Preparation of annual accounts					-	-
Legal costs					-	-
Other	180	234			414	822
A3 Sub total	38,545	67,436	-	-	105,981	164,493
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	38,545	67,436	-	-	105,981	164,493
Net receipts / (payments)	(4,916)	(11,614)	-	-	(16,530)	32,582
A5 Transfers to / (from) funds	5,734	(5,734)			-	
Surplus / (deficit) for year	818	(17,348)	-	-	(16,530)	32,582

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	339	42,444			42,783	10,201
	Surplus / (deficit) shown on receipts and payments account	818	(17,348)			(16,530)	32,582
	Cash and bank balances at end of year	1,157	25,096	-	-	26,253	42,783

(Agree balances with receipts and payments account(s))

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Independent examiners fee	Unrestricted	1,560	1,560
	Payroll fee	Unrestricted	132	234
	Paye & nic	Unrestricted	-	1,654
	Pension	Unrestricted	-	178
	Other creditors	Unrestricted	-	633
		Total	1,692	4,259

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

[Redacted Signature]

Date of approval

12 June 2024

12 June 2024

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
Total	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Corra Foundation					-	8,000
North Lanarkshire Council					-	943
CAF					-	7,325
Robertsons Trust	14,000				14,000	14,000
Routes to Work					-	3,032
Voluntary Action					-	35,370
Scottish Gov					-	40,000
Main Grants					-	24,713
Impact Funding					-	10,088
Youth Worker		17,182			17,182	-
CMHWP		38,640			38,640	-
Total	14,000	55,822	-	-	69,822	143,471

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Befriending	1,920				1,920	-
Room Hire	200				200	-
Other	215				215	-
Total	2,335	-	-	-	2,335	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Activities		7,303			7,303	16,822
Volunteers expenses	1,724	880			2,604	12,824
Training		725			725	5,890
Professional fees	15,654	9,279			24,933	46,307
Salaries	5,419	32,908			38,327	44,068
Furniture & Equipment		886			886	5,758
Repairs & cleaning	1,884				1,884	1,712
Rent	7,890	1,880			9,770	8,780
Insurance	735				735	655

Additional analysis (2)

5 Breakdown of restricted funds

Receipts	Restricted fund 2 - enter name of fund	CAF	Main Grants	North Lanarkshire Council	Restricted fund 6 - enter name	Impact Funding	Routes to Work	Voluntary Action	Scottish Govt	Youth Worker	CH/HWB	Total restricted funds	Total restricted funds last period
Donations												-	
Legacies												-	
Grants										17,182	38,640	55,822	45,810
Receipts from fundraising activities												-	
Gross trading receipts												-	
Rents from land & buildings												-	
Gross receipts from other charitable activities										17,182	38,640	-	45,810
Sub total												55,822	
Receipts from asset & investment sales													
Proceeds from sale of fixed assets												-	
Proceeds from sale of investments												-	
Sub total												55,822	45,810
Total receipts													
Payments													
Expenses for fundraising activities												-	
Gross trading payments												-	
Payments relating directly to charitable activities	#	1,153	7,325	1,026	599	1,150	998	7,794	11,120	8,813	20,463	59,291	40,054
Grants and donations				6,761								7,911	
Governance costs:												-	
Audit / independent examination	#											-	
Preparation of annual accounts											234	234	
Other	#											-	
Sub total	#	1,153	7,325	7,787	599	1,150	998	7,794	11,120	8,813	20,697	67,436	40,054
Payments relating to asset and investment movements													
Purchases of fixed assets												-	
Purchase of investments												-	
Sub total												-	
Total payments		1,153	7,325	7,787	599	1,150	998	7,794	11,120	8,813	20,697	67,436	40,054
Net receipts / (payments)		(1,153)	(7,325)	(7,787)	(599)	(1,150)	(998)	(7,794)	(11,120)	8,369	17,943	(11,614)	5,756

APPENDIX 3



Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Respective responsibilities of trustees and examiner

Basis of independent examiner's statement

Independent examiner's statement

Independent examiner's report on the accounts

FAMILIES AND FRIENDS AFFECTED BY MURDER AND SUICIDE

SC045179

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
1	OCTOBER	2022	to	30	SEPTEMBER	2023

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

In the course of my examination, no matter has come to my attention

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Name:

Relevant professional qualification(s) or body (if any):

Address:

Date:

14/06/2024