

**Agape Wellbeing**  
Registered Scottish Charity

**Annual Report & Financial Statements**

**for the**

**Year ended 31 July 2024**

**Charity No SC044968**

Agape Wellbeing SCIO -SC044968

## Trustees Annual Report

Year ended 31 July 2024

### Name & Address

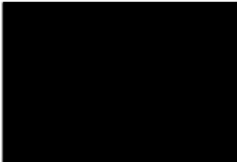
The Charity's name is the Agape Wellbeing and it may be contacted at 22 Cornwall Way, Town Centre. EAST KILBRIDE. G74 1JR

### Constitution & Purpose

The Agape Wellbeing is a Scottish Charitable Incorporated Organisation - SC044968

The purpose of Agape Wellbeing is the prevention or relief of poverty, the advancement of education and the advancement of environmental protection or improvement

### Trustees



Trustees are recruited and appointed in accordance with the Charity's constitution

### Activities and Achievements

#### **\*\*Trustee Report for Agape Wellbeing Centre\*\***

This year, Agape Wellbeing Centre has seen substantial growth and new partnerships, enabling us to better serve our community and meet an array of wellbeing needs. With weekly attendance now exceeding 105 individuals, we are proud of the variety of new programs and services we have introduced to enhance physical, mental and emotional health.

#### **\*\*New Projects and Programs\*\***

We launched a range of initiatives aimed at promoting wellness, creativity and social connection. Our Art Programmes have provided therapeutic creative outlets, while Yoga and Football programmes have offered options for relaxation, team building and fitness. Additionally, our new Fitness Classes have supported members' physical health, regardless of fitness level.

#### **\*\*Mind Time: Mental Health Support Group\*\***

To address the increasing demand for mental health support, we introduced Mind Time, a dedicated mental health support group. This initiative has provided a safe space for community members to share experiences, gain coping strategies, and connect with others. The positive feedback and strong attendance reflect the essential role that Mind Time is playing in supporting mental health.

#### **\*\*Sensory Hub and Family Programs\*\***

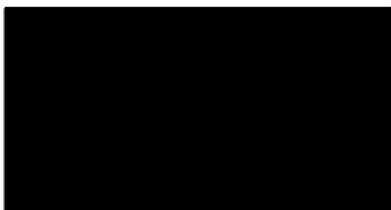
Our Sensory Hub has quickly become a crucial resource, providing a specially designed space with sensory equipment to support families. To encourage childhood development and family bonding, we also launched new programs such as Baby Massage, Messy Play, and Silly Sensory Song. These initiatives are helping families engage in meaningful and fun activities together, with a strong focus on sensory stimulation and development support.

#### **\*\*Achievements\*\***

- Expanded weekly attendance to over 100 individuals, a significant milestone in community engagement.
- Successfully launched popular new programs, including Art, Yoga, Football, Fitness, promoting both mental and physical health
- Established Mind Time, a much needed health support group fostering resilience and connection.
- Developed the Sensory Hub, creating an inclusive, supportive space for those with sensory processing needs.
- Strengthened our services through partnerships with The Village Centre, The Beacons Recovery and the NHS Improvement team.

Our progress this year would not have been possible without the dedication of our staff, volunteers and partners. We are grateful for their support and commitment to our mission and look forward to another year of growth and impact at Agape Wellbeing Centre.

Approved by the Board of Trustees on 26.11.2024 and signed on its behalf by:-



Statement of Financial Activities

Year ended 31 July 2024

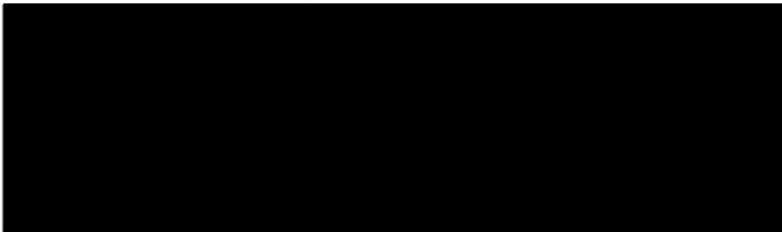
	Note	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Total 2023
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary Income	1	27,856	54,835	82,691	92,240
Sales	2	778		778	1,123
<b>Income resources from charitable activities</b>		0	0	0	0
<b>Total</b>		<b>28,634</b>	<b>54,835</b>	<b>83,469</b>	<b>93,363</b>
<b>EXPENDITURE ON</b>					
Charitable Activities	3	29,302	76,716	106,018	107,348
<b>NET INCOME/EXPENDITURE</b>		<b>-668</b>	<b>-21,881</b>	<b>-22,549</b>	<b>-13,985</b>
<b>RECONCILIATION OF FUNDS</b>					
Net Movement in funds		-668	-21,881	-22,549	-13,985
<b>Total Funds brought forward</b>		<b>13,406</b>	<b>62,509</b>	<b>75,915</b>	<b>89,900</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>12,738</b>	<b>40,628</b>	<b>53,366</b>	<b>75,915</b>

Balance Sheet

Year ended 31 July 2024

Note	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Total 2023
CURRENT ASSETS				
Cash at Bank & in hand	12,738	40,628	53,366	75,915
NET CURRENT ASSETS	12,738	40,628	53,366	75,915
CURRENT LIABILITIES				
Within one year	0	0	0	0
TOTAL ASSETS LESS CURRENT LIABILITIES	12,738	40,628	53,366	75,915
NET ASSETS	12,738	40,628	53,366	75,915
FUNDS				
Unrestricted Funds		12,738	12,738	27,470
Restricted Funds		40,628	40,628	48,445
TOTAL FUNDS	0	53,366	53,366	75,915

The accounts were approved by the Trustees and signed on their behalf by:



## ACCOUNTING POLICIES

### **Basis of preparing financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

## Notes to the Financial Statements for the year ended 31 July 2024

	Unrestricted Funds 2024	Restricted Funds 2024	Total 2024	Total 2023
<b>1 Voluntary Income</b>				
Donations/Grants	27,856	54,835	82,691	92,240
<b>2 Activities for Generating Funds</b>				
Sales	778	0	778	1,123
<b>3 Trustees' Remuneration and Benefits</b>				
No remuneration was paid to Trustees or any connected persons during the year. (2022 - nil)				
<b>4 Expenditure</b>				
Charitable Activities				
Staff Costs		53,498	53,498	54,167
Training		56	56	2,378
Course Materials		22,201	22,201	20,655
Premises	18,152		18,152	22,211
Marketing	133		133	2,676
General Expenses	5,079	961	6,040	2,652
Travel Expenses	1,671		1,671	769
Agape Kidz				0
	25,035	76,716	101,751	105,508
Support Costs				
Printing and stationery	1,748		1,748	232
Telephone and computer costs	535		535	578
Insurance	990		990	844
Materials for resale	881		881	844
Bank charges	113		113	186
	4,267	0	4,267	2,684
<b>Total</b>	<b>29,302</b>	<b>76,716</b>	<b>106,018</b>	<b>108,192</b>

**Independent Examiner's Report to the Trustees of  
Agape Wellbeing SCIO**

I report on the accounts for the year ended 31 July 2024 set out on pages 1 to 4.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The Charity's trustees consider that the audit requirement of Regulation 10(1)(a) to © of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)© of the Act and to state whether particular matters have come to my attention.


**Basis of the independent examiner's report**

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the
  - 2006 Accounts Regulations; and
  - to prepare accounts which accord with the accounting records to comply with Regulation 8 of the 2006 Accounts Regulations
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
AMS Chartered Accountants  
Unit 23a  
St James Avenue  
East Kilbride  
GLASGOW  
G74 5QD

ICAS - Chartered Accountants

