

BADENOCH AND STRATHSPEY THERAPY GARDENS SCIO

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
for the year to 31st December 2024

Charity Number SC 044544

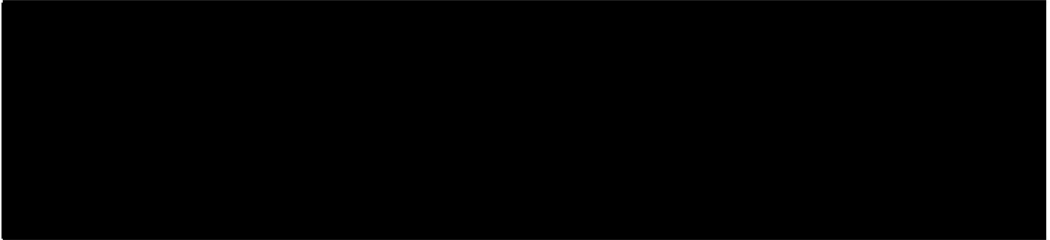
BADENOCH AND STRATHSPEY THERAPY GARDENS SCIO

TRUSTEES' ANNUAL REPORT

The Trustees present their Report together with the Financial Statements for the year ended 31st December 2023.

Reference and Administrative Information

Charity Name - Badenoch and Strathspey Therapy Gardens SCIO
Charity Number - SC 044544
Address - St Giles, Acres Road, Kingussie, PH21 1LA



Structure, Governance and Management

The charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 19th December 2014. The charity was previously an unincorporated association but changed its legal form to a SCIO. Until 4th April, 2018 the charity was known as St Vincent's Therapy Garden. Anyone who pays a subscription is a member of the charity.

The Trustees who are the management committee meet regularly throughout the year. Any member is eligible to be appointed as a trustee. Trustees are elected annually at the Annual General Meeting which is held in April. There must be a minimum of three and a maximum of nine trustees.

Objectives and Activities

The objectives of the charity are:-

1. To relieve those in need by reason of age, ill health and disability through the development within the local communities of therapy gardens which aim to improve the health and wellbeing of service users as well as encouraging their social involvement with volunteers.
2. The advancement of education and training in relation to horticultural activity through work experience training courses and other relevant means.

Achievements and Performance

Activity started in February with our Project Manager continuing the winter sessions of indoor gardening related crafts for those people experiencing loneliness and isolation. Those attending enjoyed the variety of activities and the social time together.

In March the Project Manager attended the Trellis Conference at The Bield outside Perth, which was a valuable time for meeting others and gaining further knowledge for gardening activities. Also, during March the Trellis International Seminar Series, showcasing Social and Therapeutic Horticultural projects from around the world was again hosted online, with some of our committee members linking into the inspiring sessions. It continues to give us encouragement that what we are providing locally is as beneficial here as it is in many other countries.

One of our founder members was presented with an Award of Merit by the Royal Horticulture Society at their AGM in May at the Botanic Gardens in Edinburgh. This was in recognition of their contribution to social and therapeutic horticulture and gardening in the Highlands.

The Growing Spaces in Kingussie continued with their sessions throughout the year with individuals and groups from Caberfeidh Horizons attending regularly. They also had Shinty Memories attend a couple of sessions, including one which was filmed, and shown on STV, about how Age Scotland was funding and supporting community groups like Shinty Memories. We also held the Annual General Meeting at the Growing Spaces.

At the Therapy Garden at the Hospital in Aviemore, in addition to the regular session with the Richmond Trust, we have had several patients attend with support workers as well as visitors and those coming to the hospital or GPs for appointments. There was an Open Day in September there and the project manager hosted a separate Green Health information session for hospital staff.

Due to staffing levels at the Glen Centre, the sessions there continued although a bit intermittently, but the sessions at the Care Home in Newtonmore continued to be very successful, and new sessions started at Grant House in Grantown on Spey.

Our project manager has made contact with the new local Men's Shed, with a view to working together in the future.

We had a successful funding application to The Cairngorm Trust for collaborative working with Community ConnXions to provide transport to locations where we undertake indoor gardening related craft sessions. These provide a valuable social time with others who experience loneliness during the winter months, and which will continue until early 2025.

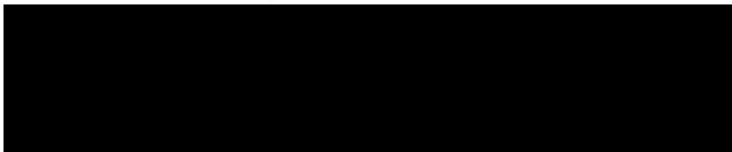
Financial Review

The Trustees received funding of the second instalment from the Co-operative Community Fund in March, and also funding in November for a Nature Project at the Hospital Therapy Garden. In May we received two payments from The Robertson Trust. At the end of August, a successful funding application from the Bank of Scotland Foundation was received, which if all is spent within a year, will result in the same amount being received in August 2025. In September we were also successful in receiving two years funding from Awards for All.

A donation was received from the Aviemore Folk Club, and the collection tins from various locations contributed a reasonable amount this year. We received some match funding from Voluntary Action Badenoch and Strathspey towards our Winter Gatherings Project with The Cairngorm Trust, although the money from the Trust will not be claimed until the project completes at the end of March 2025.

Reserves Policy

Due to the size of the charity, up until now it has not been possible to have a reserves policy as such, however due to our improved financial situation it has been determined to designate £2,500, in respect of three months activity.



BADENOCH AND STRATHSPEY THERAPY GARDENS SCIO

RECEIPTS AND PAYMENTS ACCOUNT
for the year to 31st December 2024

RECEIPTS

	<u>2024</u>	<u>2023</u>
	£	£
Subscriptions and donations -note 4	256	388
Grants – note 5	27,824	9,950
Bank interest	<u>243</u>	<u>234</u>
	28,323	10,572

PAYMENTS

Cost of charitable activities – note 6	<u>12,043</u>	<u>15,338</u>
	12,043	15,338
Surplus/(Deficit) for the year	£16,280	£ (4,766)

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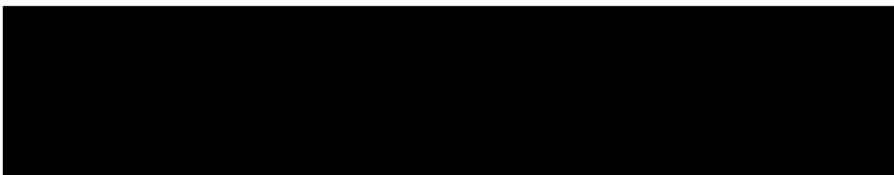
STATEMENT OF BALANCES
as at
31st December 2024

	<u>2024</u>	<u>2023</u>
Opening balance at 1 st January 2024	£12,402	£17,168
Surplus/(Deficit) for the year	<u>16,280</u>	<u>(£4,766)</u>
Closing balance at 31 st December 2024	<u>£28,682</u>	<u>£12,402</u>
Represented by		
Cash at bank	£28,663	£12,348
Cash in hand	<u>£19</u>	<u>£54</u>
	<u>£28,682</u>	<u>£12,402</u>

Note – Funds from HTSI are restricted for using on "Getting together to Garden".
£500 from VABS towards Winter Gatherings

These accounts were approved by the Trustees on

2nd April, 2025



BADENOCH AND STRATHSPEY THERAPY GARDENS SCIO

NOTES TO THE ACCOUNTS for the year ended 31st December 2024

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in the furtherance of the objects of the charity. The trustees have noted the two grants which have restricted funds this year.

3. Related Party Transactions

No trustees or any connected person benefitted from the charity in any way during the year.

4. Subscriptions and Donations

	<u>2024</u>	<u>2023</u>
	£	£
Membership monies	39	36
Easy Fundraising	-	19
Kingussie Community Hydro	-	329
Donations	88	4
Folk Club Donation	130	-
	<u>257</u>	<u>388</u>

5. Grants Received

	£	£
Co-op Community Fund	1,524	-
HTSI MHW Fund	-	9,950
Robertson Trust	2,500	-
Awards for All	13,300	-
Bank of Scotland Fund	10,000	-
VABS (Matched Funding)	500	-
	<u>27,824</u>	<u>9,950</u>

6. Cost of Charitable Activities

	£	£
Horticultural services	9,229	8,677
Consumables for gardening work	540	284
Rent of growing space	65	65
Insurance	107	81
Trellis Conference and course fees	-	415
Sundries	205	214
Subscriptions	39	40
HTSI Expenditure	-	2,738
Travelling expenses	1,105	1,058
Gazebo and Banners, table, Plaques	-	946
Donation to Trellis	100	100
Trellis Course time for PM	-	720
Hall/ Room Hire	163	-
Community Transport	275	-
Wooden Signs	215	-
	<u>12,043</u>	<u>15,338</u>

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF
BADENOCH AND STRATHSPEY THERAPY GARDENS SCIO

I report on the accounts of Badenoch and Strathspey Therapy Gardens SCIO for the year ended 31st December 2024 which are set out on pages 4 to 7.

Respective Responsibilities of Trustees and Examiner

The charity trustees consider that an independent examination is needed under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005. It is my responsibility to examine the accounts under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination of the statement of accounts for the year ended 31 December 2024, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect:
 - accounting records have not been kept in accordance with Section 44 (1)(a) of the Charities and Trustee Investments (Scotland) Act 2005 and Regulation 4 of The Charities Accounts (Scotland) Regulations 2006
 - the accounts do not accord with those records
 - the statement of accounts do not comply with any of the requirements of Regulation 8 of The Charities Accounts (Scotland) Regulations 2006
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date 28/2/25