

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period

Period start date				Period end date			
Day	Month	Year		Day	Month	Year	
From	01	04	23	To	31	03	24

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

The Hope Café Lanarkshire

sc 044352

St Ninians Church

Vicars Road

Stonehouse

Postcode ML9 3EB

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sandra Lindsay	Secretary		
2	Robert Millar	Chair		
3	Joyce Millar	Joint treasurer		
4	Myra Pate	Joint treasurer		
5	Jeanette Kemp			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

The Hope Cafe is an SCIO. Is governed by its constitution which was adopted on 30th July 2013. The Hope Cafe was granted charitable status on 23rd October 2013.

Trustee recruitment and appointment

Any individual aged 16 years and over or any corporate body who subscribes to the purposes of the organisation can apply to be nominated for trusteeship. They do this by completing a trustee application form which is then considered by the board at its next meeting. Our constitution provides for a minimum of three and a

Objectives and activities

Charitable purposes

The organisation is established for charitable purposes only and in particular to help with mental health in the community, providing activities and information that will promote good mental health.

We also encourage the advancement of citizenship and community development by providing supportive

Summary of the main activities in relation to these objects

We will provide a safe friendly space for people to come on their own or with friends. We will provide a range of activities e.g. relaxation exercises, discussion groups, speakers and community information as well as holistic therapies where possible.

On alternate weeks we will hold peer support group meetings

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

We welcomed upwards from 40 patrons every week.

Element, which is a local company sent volunteers weekly to help out at the café.

The relaxation room is going from strength to strength where the mindfulness sessions are very well received.

The holistic therapists are fully booked every week.

The flower arranging were well received. Local florists donated the flowers and many of the flower arrangements were sent to nursing homes.

The facilitated peer support group continued to be well attended and continued to receive very positive feedback.

The Christmas party was well attended and has become something of a feature in Stonehouse .

Financial review

Brief statement of the charity's policy on reserves

The Hope Cafe Lanarkshire has no reserve of at least three months running costs.

Details of any deficit

We have no deficit

Donated facilities and services (if any)

Use of Saint Ninian's Church Hall.
Volunteers help out at the café and continue to Saint mental health services.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)		
Position (e.g. Chair)	chair	Secretary
Date	15/10/25	15/10/25

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2023		31	03	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	310				310 -	500
Legacies					-	
Grants					-	500
Receipts from fundraising activities	115				115 -	260
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	4134				4134 -	3421
A1 Sub total	4559 -	-	-	-	4559 -	4681 -
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	4559 -	-	-	-	4559 -	4681 -
A3 Payments						
Expenses for fundraising activities	517				517 -	1368
Gross trading payments	2346				2346 -	2030
Investment management costs					-	
Payments relating directly to charitable activities	5577				5577 -	6246
Grants and donations	50				50 -	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	8490 -	-	-	-	8490 -	9644 -
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	8490 -	-	-	-	-	-
Net receipts / (payments)	(3931) -	-	-	-	(3931) -	(4963) -
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	(3931) -	-	-	-	(3931) -	(4963) -

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	11593				11593 -	16556
	Surplus / (deficit) shown on receipts and payments account	(3931)				(3931) -	(4963)
						-	
						-	
	Cash and bank balances at end of year	7662 -	-	-	-	7662 -	11593 -

(Agree balances with receipts and payments account(s))

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (If available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	

Date of approval

15/10/25

December 2007

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

To provide a café and activities, including mindfulness and relaxation groups along with holistic therapies and discussion groups to improve the mental health of participants and the community. To identify and provide support for those mentally struggling, encourage self help and to offer a facilitated peer participation group for additional support.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

X

C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

X

C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

--

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Masons					-	500
Individuals	310				310	-
					-	
					-	
Total	310	-	-	-	310	500

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Community council			-	500
			-	
			-	
			-	
Total	-	-	-	500

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Raffle					-	280
Café Takings	4134				4134	3421
Craft fair	115				115	-
					-	
					-	
					-	
Total	4249	-	-	-	4249	3681

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Counselling fees	3600				3600	4200
Catering costs	2348				2348	2030
Catering equipment						437
Insurance	677				677	609
Rent	1000				1000	1000
Other costs	517				517	1368
Donation	50				50	
					-	
					-	
Total	8490	-	-	-	8490	9644

sc 044352

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	316				316	300
Legacies					-	-
Grants					-	600
Receipts from fundraising activities	115				115	280
Gross trading receipts					-	-
buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities	4124				4124	3421
Sub total	4559	-	-	-	4559	4301
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
Sub total	-	-	-	-	-	-
Total receipts	4559	-	-	-	4559	4301
Payments						
Expenses for fundraising activities	317				317	1365
Gross trading payments	2348				2348	2090
Investment management costs					-	-
Payments relating directly to charitable activities	5577				5577	6246
Grants and donations	50				50	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Sub total	8492	-	-	-	8492	9701
Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
Sub total	-	-	-	-	-	-
Total payments	8492	-	-	-	8492	9701
Net receipts / (payments)	(3931)	-	-	-	(3931)	(4400)
Transfers to / (from) funds						
Surplus / (deficit) for year	(3931)	-	-	-	(3931)	(4400)

Nature and purpose of funds

To provide a coffee and activities, including holistic therapy, reading and relaxation groups among others to improve the mental health of participants and the community. A facilitated peer participation group provides additional support.

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total						
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total						
Total receipts						
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total						
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total						
Total payments						
Net receipts / (payments)						
Transfers to / (from) funds						
Surplus / (deficit) for year						
Nature and purpose of funds						

HOPE CAFÉ – ACCOUNTS

2023/2024

Income

Takings	£4134.00
Craft Fair	£ 115.00
Donations	£ 310.00

£4,559.00
=====

Expenditure

Counselling	£ 3900.00
Catering Costs	£ 2346.00
Donation - Gala £	50.00
Rent	£ 1000.00
Other Costs	£ 517.00
Insurance	£ 677.00

£8,490.00
=====

Deficit for Year: (£3,931.00)

Balance b/f	£11,593.00
Add Income	£ <u>4,559.00</u>
	£16,152.00
Less Expenditure	£ <u>8,490.00</u>

Balance c/f £ 7,662.00
=====

HOPE CAFÉ – ACCOUNTS

2023/2024

Income

Takings	£4134.00
Craft Fair	£ 115.00
Donations	£ 310.00

£4,559.00

=====

Expenditure

Counselling	£ 3900.00
Catering Costs	£ 2346.00
Donation - Gala £	50.00
Rent	£ 1000.00
Other Costs	£ 517.00
Insurance	£ 677.00

£8,490.00

=====

Deficit for Year: (£3,931.00)

Balance b/f	£11,593.00
Add Income	£ <u>4,559.00</u>
	£16,152.00
Less Expenditure	£ <u>8,490.00</u>

Balance c/f

£ 7,662.00

=====

APPENDIX 3



Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Independent examiner's report on the accounts v2						
Charity name The Hope Cafe Lanarkshire						
SC 044352						
Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	04	2023	to	31	03	2024
1					(remember to include the page numbers of additional sheets)	

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:**

Wilma Cairncross

Date:

01/6/25

Name:

Wilma Cairncross

Relevant professional qualification(s) or body (if any):

Retired Grade 6 with HMRC

Address:

65 Glen Clova
East Kilbride
74 3TB

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose