

Playlist for Life

Scotland · Charity number SC044072

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2013-06-12
Register	View on the OSCR register

Contact

Address	Suite 419 The Penatgon Centre 36 Washington St Glasgow G3 8AZ
Website	www.playlistforlife.org.uk

Activities

Activities: 'It makes grants, donations, loans, gifts or pensions to individuals','It carries out activities or services itself'

Purposes: 'the advancement of health','the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: Playlist for Life is a UK wide dementia charity which provides support to people living with dementia and their families by using music to improve their quality of life. The charity enables and empowers communities, healthcare and social care settings to take advantage of personalised playlists, by providing tools training and support to empower others to use playlists.

Beneficiaries: 'Older People','People with disabilities or health problems'

Objectives: 4 The organisation is established for charitable purposes only, and in particular, its objects (?Objects?) shall be: 4.1 the advancement of health (including the prevention or relief of sickness, disease or human suffering) focussing upon reducing the suffering of people diagnosed with all forms of dementia. and 4.2 the provision of relief to sufferers of those with all forms of dementia in need by reason of their ill health through the provision of facilities and activities intended to relieve the effects of their ill health.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£498,279	£431,271	-	9
2024-06-30	£348,920	£443,616	-	10
2023-06-30	£454,364	£460,359	-	10
2022-06-30	£992,304	£838,963	-	28
2021-06-30	£689,359	£611,426	-	18

Accounts

Charity registration number SC044072 (Scotland)

PLAYLIST FOR LIFE SCIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2025

PLAYLIST FOR LIFE SCIO

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PLAYLIST FOR LIFE SCIO

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2025

The trustees present their annual report and financial statements for the year ended 30 June 2025.

"On behalf of the Board of Trustees, I am delighted to present Playlist for Life's 2024-2025 Annual Report. This year, Playlist for Life has supported many more people living with dementia to benefit from personalised music playlists. These are helping people to connect, manage the symptoms of dementia and live well."

This year, Playlist for Life boosted our awareness raising efforts during World Alzheimer's Month with our own award-winning campaign surrounding the theme of 'The Soundtrack of Your Life'. This campaign won the Gold Award at the Scottish Design Awards and we reached over 5 million people in the national media thanks to our long-time supporter Sir Alex Ferguson.

I wish to thank all of our supporters, funders and in particular our community partners who go over and above in their efforts to help us improve quality of life for people living with dementia by pressing play on the personal soundtrack of their lives."

Sandra Stark, Chair of the Board of Trustees ([Listen to Sandra's playlist](#))

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the SCIO's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Playlist for Life is a UK-wide dementia charity that provides vital support to people living with dementia and their families by using music to improve their quality of life. Dementia is one of the biggest public health issues of our time. There are an estimated 982,000 people living with dementia in the UK. The symptoms of dementia can affect quality of life and people with dementia and their carers are amongst the most neglected in society: isolation, loneliness, and mental health issues are endemic. There is currently no cure for dementia. But, music can help.

More than two decades of academic research shows that personally meaningful music can improve quality of life and reduce some of the most distressing symptoms of dementia. The most powerful music is music that has strong personal associations: the songs that give you a flashback feeling. Playlist for Life's approach is built on the evidence-based Gerdner Protocol developed at Stanford University, which describes how the use of personally-meaningful music can bring about reductions in the use of medication, stress and distress. These outcomes have all been observed in the communities, NHS and care settings we've worked with for over 10 years.

The research shows personalised music can:

- Improve quality of life and wellbeing
- Improve connection between loved ones
- Increase communication and engagement
- Reduce anxiety and distress
- Reduce the pressures associated with providing care
- Reduce some of the most distressing symptoms of dementia

PLAYLIST FOR LIFE SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

About Playlist for Life

Our founder, the writer and broadcaster [REDACTED] discovered the power of personal music to help those living with dementia when caring for her mother, Mamie. Later, [REDACTED] discovered this is a recognised phenomenon backed up by decades of research, and she looked for a way to share this insight with other families across the UK.

[REDACTED] founded Playlist for Life in 2013 with the following objectives:

- The advancement of health (including the prevention or relief of sickness, disease or human suffering) focusing upon improving the lives of people diagnosed with all forms of dementia; and
- The provision of relief to those with all forms of dementia in need by reason of their ill health through the provision of facilities and activities intended to relieve the effects of their ill health.

Over the past 12 years Playlist for Life has provided vital support to countless families across the UK to help them connect and thrive through personally meaningful music.

Playlist for Life is an enabling organisation: we empower communities, healthcare and social care settings to take advantage of playlists themselves in a way that leaves a lasting legacy. Our strategy for fulfilling our mission is to provide the information, tools, training and support to empower others to use playlists. We continue to build a grassroots movement and engage with a broad range of stakeholders to embed playlists into dementia support across the UK.

"Dementia is one of the greatest social, medical, economic, scientific, philosophical and moral challenges of our times.

When we were caring for my mother, I would have given anything for someone to say 'Try this. It's not a cure but it can help. You can still have moments of happiness and flashes of joy.' No-one says that very often to families living with dementia. So do try compiling a playlist of meaningful music today. It might bring some joy to your family, too."

[REDACTED]
[\(Listen to Sally's playlist\)](#)

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Delivering our strategy

We strive to improve the quality of life for people living with dementia, their families and carers. To achieve and realise our vision our strategy focuses on 6 key areas.

1. Strengthen our community networks

We establish Help Points in partnership with local community organisations. We provide them with training and they share our free resources and support to local people, enabling them to make and use playlists.

2. Reach under-served communities

We work to ensure our support and resources reach people living with dementia from all backgrounds, including those from underserved and under-represented communities, remote and rural areas, those from minority ethnic backgrounds, faith groups and the LGBT+ community.

3. Expand our training to embed playlists in care

We deliver training to health and care professionals to give them the knowledge, skills and confidence to use music and improve person-centred dementia care and support in the community, in hospitals and in care settings.

4. Influence policy and practice

We engage with government policy teams and work in partnership with local community groups and national organisations to embed the use of personalised playlists into care and support.

5. Develop our evaluation process

We ensure our evaluation process is always developing to add to the growing body of research. We share best practice examples with our networks, in the community, health and social care to improve the lives of more people living with dementia.

6. Ensure sustainability

Our sustainability is critical to the organisation's long-term success and our ability to deliver our aims and objectives. We work to diversify our income through generating funding from different sources, ensuring we have the resources we need to deliver long-term change in the sector.

PLAYLIST FOR LIFE SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

What we have achieved this year

This year at Playlist for Life we have strengthened our support across the UK to help more people living with dementia, their families and carers benefit from personalised playlists.

We now have network of 2,608 community partners (Help Points) who champion our work and share our free resources in their local communities. We expanded our training offer for the care sector and have now trained 13,000 health and care staff, and students across the UK. We increased our efforts to raise awareness and improve access to our free resources available in 12 languages for families and carers right across the UK. We built on our annual National Playlist Day campaign and secure mainstream media attention for this campaign.

Playlist for Life continues to be an essential part of the dementia support and services offered to people living with dementia across the UK at home and in health or care settings.

Below we set out what we have achieved with our awareness-raising campaigns and our 6 core priorities. We also share case studies and stories from people living with dementia, their families and carers throughout.

Since [REDACTED] dementia diagnosis, music has taken on a new importance for him, and for his wife, [REDACTED].
"Music has become part of our routine. We have the radio on in the morning, [REDACTED] plays his piano and then his guitar later on. When [REDACTED] is anxious, we play The Beatles through the headphones and it's very calming. I don't know what we would do without music because a lot in our life has changed since [REDACTED] was diagnosed, but one thing that is a constant is music"

Awareness and campaigns

Raising awareness of the power of personalised playlists through communications and campaigns is key to the charity's objectives and threaded through each of our strategy areas. We are working to reach those living with dementia, their families and carers and also people at the earliest stage in the dementia journey.

To achieve this over the last year we have:

- Spearheaded the third annual National Playlist Day campaign
- Reached an audience of over 5 million through a BBC Breakfast feature with [REDACTED]
- Increased our presence on all social media channels to share our free resources
- Hosted a stunt in partnership with Glasgow Life and Scottish band The Bluebells to provide a further boost to awareness
- Shared inspiring case studies, educational resources and shared our impact Widley.

National Playlist Day 2024: During World Alzheimer's Month in September 2024, we led the third annual National Playlist Day to encourage people to raise awareness of the power of music for those living with dementia. This campaign is aimed at the general population to reach people living with dementia, families, carers, people at an early stage in their dementia journey and also people who don't have a diagnosis of dementia. The idea is to encourage everyone to create a personalised playlist for themselves or someone close to them, to sprak joy today but provide a lifeline for the future.

We received generous pro-bono support from Glasgow based design agency Imaginary Friends to create a new campaign brand, design materials, posters, videos and a National Playlist Day landing webpage. This brought campaign to life, provided a focus point for the general population which centered on the key message 'Create the Soundtrack of Your Life'.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

The Bluebells awareness raising stunt: Scottish band, The Bluebells joined dementia inclusive choirs from Glasgow and the surrounding area, to perform their hit track, Young at Heart, in Glasgow's famous Kelvingrove Art Gallery and Museum. This stunt was to capture the attention of the general population and launch our National Playlist Day campaign. Their joyful performance captured the attention of museum visitors and Scottish national press, including the STV News, The Herald and BBC Radio Scotland. Videos of the stunt filmed by journalists and the public who witnessed it were shared online reaching a huge audience of over 500,000 people. This helped bring attention to our campaign and started a conversation around 'The Soundtrack of Your Life'. Special thanks to The Every Voice Community Choir, Westerton Male Voice Choir and Caledonia Choir, led by [REDACTED] Watch the video [here](#).

[REDACTED] shared the soundtrack of his life on national TV: We were honoured to have the support of [REDACTED] who gave a very special interview on BBC Breakfast, discussing dementia, football, memories and the songs that have soundtracked his life. The segment aired on the 19th of September on National Playlist Day. This interview was picked up by press and media worldwide bringing our message to a global audience.

Following the pre-recorded interview with [REDACTED] BBC Breakfast then interviewed our lived experience ambassadors [REDACTED] who lives with dementia, and her daughter [REDACTED] [REDACTED] shared how important music is to them and how it helps [REDACTED] day to day. [REDACTED] then listened to a live performance of a song from her playlist and shared the memories. Our Executive Director [REDACTED] was also interviewed by BBC Breakfast about National Playlist Day where he shared the impact of Playlist for Life and encouraged everyone to create a playlist. An **estimated five million people tuned in to BBC Breakfast**.

The [REDACTED] interview aired across all BBC platforms on the 19th of September and our Executive Director Michael was also interviewed on BBC Scotland TV news programme The Seven. Later that evening our lived experience ambassador [REDACTED] appeared on BBC radio 5Live alongside [REDACTED] The full BBC Breakfast segment can be viewed [here](#).

"Dementia is a big challenge for all of us, but we all know someone close to us who has dementia. It's not always easy to talk about, but music is a fantastic thing that can help. I'm beyond proud to be an ambassador for Playlist for Life. Visiting the team and hearing more about the work they do, I can see they are leading the way in using music to transform the lives of people affected by dementia. Music is a fantastic thing, I've made a start on the playlist of my life, I recommend everyone does the same and supports this fantastic charity."

[REDACTED] Playlist for Life Ambassador ([Listen to \[REDACTED\] Playlist](#))

Our core priorities

1. Strengthen our community networks

In 2024-2025 we strengthened our community Help Point network across the UK so that more people than ever before can receive free Playlist for Life resources and support in their local community to create a playlist and benefit from it.

As of June 2025, we now have a network of 2,608 community partners signed up as Help Points across the UK. Our Help Point network is made up of community organisations, carers groups, libraries, faith and cultural centres, GP Surgeries, Royal Voluntary Services, Dementia Meeting Centres and even petrol stations in more remote and rural areas.

Our Help Points provide a range of support to local communities. Some Help Points simply display our free resources in their public space for local people to pick up and get started on their playlist. Other Help Points provide hands on support to create playlists, facilitate regular Playlist for Life activity sessions, incorporate personalised music into their weekly activities and much more. Over the last 12 months we have strengthened our Help Points through training and providing new and updated resources to incorporate into their services and help them to reach more families. We also facilitated a number of online sessions bringing together Help Point leaders across the UK to share ideas, advice and connect.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

We also received funding across multiple regions in Scotland through the Community Mental Health and Wellbeing Fund to establish Help Points in areas that are under-served.

As part of strengthening our community support we co-created a brand-new resource 'Music is Medicine' with people with lived experience of dementia. This booklet has been designed to help people living with dementia and those who care for them. It shares first-person accounts and interactive activities, it guides the reader on how to use personally meaningful music to support their wellbeing and manage symptoms of their dementia. It can be used by people living with dementia and carers alike. Many of the quotes and case studies within this report are taken from this new resource, including the quote below from Gerry, who lives with dementia.

"Music reduces stress and anxiety. Music is by far the most therapeutic thing I do. I have playlists for different moods that I'm feeling. For example, if I'm a bit stressed, or a bit down, or in a party mood. The music I was brought up with is what I want to listen to as my dementia progresses. It just gets my endorphins going and gets my memories going." – Gerry, who lives with dementia.

2. Reach under-served and under-represented communities

Our community network continues to be diverse and vibrant. We are reaching far more people living with dementia from an ethnic minority background, different faiths, identity groups and other communities. Our resources, translated into 12 languages, have helped us along the way and we are working to translate them into more languages.

Over the last 12 months we have worked with key organisations already reaching people from ethnic minority backgrounds, such as West of Scotland Regional Equality Council and Tarang Art & Wellbeing Association of Scotland, to explore how we can offer culturally appropriate support beyond translated printed resources.

We have started to create videos, animations and develop new resources focusing on a range of languages and cultures to help expand our reach of under-served and under-represented communities. We are excited to launch these in the next 12 months.

Case Study: Healing through music and culture

██████████ who lives with dementia is a Trustee with Deepness Dementia Media and Arts4dementia and founder of the Box of Smiles project. Ronald shares how music from his heritage has helped him navigate changing circumstances in his life.

"I have certainly become very emotional and sensitive to changes in my life. Every day I struggle with moments of anxiety, stress and confused thinking while navigating the constant challenge of stigma that unfortunately still surrounds dementia.

"Music of my cultural heritage also helps me evaluate, live well and understand the changing circumstances of my life, while reaffirming who I am. With a smile."

"Music and remaining active have been such a valid and significant therapy in my life. It is astonishing how music and creativity rescues me. I have an overactive brain and believe that my dementia interrupts my sleep. Most nights I go to bed with music playing and I listen to music while writing my dementia diaries in the middle of the night.

For me music of cultural relevance, and by that, I mean the music that shaped the backdrop of my youth and teens tends to be more valid and enjoyable. Especially because it evokes my ability to reminisce.

When listening to music you can relate to, it feels like connecting with someone in your native language as it is universal and brings out a sense of comfort. Music also helps me to ward off stress and anxiety and it is music that is already familiar to me that is best for doing this. And it does not necessarily have to be music of my heritage that I listen to as I grew up loving a diverse range of genres, but as my parents are Jamaican, reggae and African music, particularly Lovers Rock, is very much in my DNA."

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

3. Expand Training to embed playlists in care

Training is central to the mission of Playlist for Life. By training health and care professionals we give them the knowledge, skills and confidence to use music effectively in health and care settings. Since 2014 we have trained approximately 13,000 health and care professionals and students across the UK. Our training helps us embed personalised music into the person-centred care of people living with dementia in the community, in care settings and healthcare settings.

This year we spoke with [REDACTED] the CEO of Care England as part of our blog series '5 Questions With' who believes music is one of the best tools available to us. [REDACTED] said: *"I would encourage all care providers to think about how they use music to connect with the person's sense of self, to enable people to reminisce about important parts of their life, and to connect people within a residential care home and foster a sense of community. Music can act as an important part of connections between residents and their families and friends. I believe music is one of the most powerful tools we have to support people living with dementia."*

In terms of the courses we deliver, we have continued to deliver our Introduction to Playlists course, our in-depth Certified course about integrating playlists into daily care and support, and our Train the Trainer course, which helps larger organisations roll out the use of Playlist for Life in the most efficient and cost-effective way.

We have expanded our Playlist for Students course for future health and social care workers offering this to students on 98 courses in Universities and Colleges across the UK.

There are now 111 licensed Playlist for Life trainers based in care home groups, NHS or community care settings, cascading skills and knowledge to front line health and care professionals across the UK. This model of delivery helps us to reach far more professionals with our training and embed use of personalised music in the person-centred care and support in community settings, care homes and healthcare settings.

An example of this is our work with Hallmark Luxury Care Homes where they now have a team of Our work with **Hallmark Luxury Care** continued to grow over the past year with a team of 14 Playlist for Life licensed trainers working to embed the use of personalised music across 22 care homes in England and Wales.

Tracey Carter, Head of Dementia Care and Wellbeing at Hallmark Luxury Care Homes said: *"We've seen significant benefits in the implementation of Playlist for Life in our homes and are now embarking on rolling this out across all our homes to help improve the wellbeing of our residents. We saw significant improvements in both physical and psychological wellbeing for our residents, with families also telling us they had seen positive change in their loved one, and that it had helped to develop a new dimension to their ability to connect and stay connected with them too. Our team reported positive change in many areas, including a reduction of stress and distress, weight gain and stabilisation of healthy weight and a reduction in falls too."*

Training Case Study 1: Music as a non-pharmacological intervention

[REDACTED] a Consultant Clinical Psychologist is an NHS Clinical Psychologist who has worked with older people for over 20 years and led a multi-disciplinary Care Home Liaison team at Tees, Esk and Wear Valleys NHS Foundation Trust shared her experience of using Playlist for Life to reduce the use of medication to manage the symptoms of dementia and improve wellbeing.

"Personalised music playlists have now become our most frequently prescribed non-pharmacological intervention for people presenting with distress or behaviours that challenge in dementia. Our brilliant Clinical Associate Psychologist [REDACTED] has recently completed the Playlist for Life Train the Trainer course with other TEWV colleagues across Mental Health Services for Older People, both inpatient and community."

Medication is often prescribed when people are very distressed, there is a risk of admission to hospital or someone having to move home. One of the aims of our service is to increase use of non-pharmacological interventions as a first line intervention."

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

One of the first people that we developed a playlist for was an 86-year-old lady who was very distressed... She would not sit down long enough to eat and was losing weight. The care home staff had tried to reassure her and engage her in activities, but this was not effective. Prior to moving to the care home, she was cared for by her son. He would regularly play a particular song that reminded her of her dad and had a soothing effect. We provided her with a personalised music playlist on an MP3 player with a speaker, including this song. There was an instant change in her presentation when the song began to play – she smiled, began to tap her foot, move her body side to side and sing along. As we left after the visit, she sat down in the dining room to eat her lunch."

Training Case Study 2: Improving lives in care

Rashielee Care Home in Erskine were awarded certified status for embedding playlists into dementia care.

██████████, **Care Home Manager said:** "At Rashielee, we are dedicated to trying non-pharmacological methods of reducing distress and to ensuring that people feel connected to their communities. Playlist helps us to achieve this."

██████████ a **Nursing Assistant commented:** "I think having a playlist has changed everything with all the residents. It helps their wellbeing, it helps seeing the positive impact on behaviour, mood – just seeing smiles. Happy residents, happy team."

██████████ **Deputy Manager, told us about how music benefited one resident,** ██████████
"Music is the fuel that lights ██████████ heart, it awakens her. I have used music from ██████████ playlist when she feels sad, unloved and lonely but also when she is happy. It helps me to connect to ██████████ so that we share an experience. The real ██████████ comes out and steps away from her dementia mask. I felt helpless when ██████████ was sad, when she would cry that nobody loved her. With music, I can show my love for ██████████ in involving her and sharing an experience – a good laugh and sing song!"

4. Influence policy and practice

Parliament exhibition stall

Over the last 12 months we worked with policy and decision makers to ensure personalised music is an integral part of dementia care. In 2023, Playlist for Life was mentioned and signposted in the new national dementia strategy by the Scottish Government. Since then, we have provided MSPs with more information about our work and worked with the Scottish Government Dementia Policy Team to include Playlist for Life in the strategy delivery plan.

- In August 2024 our Executive Director Michael Timmons took part in the **Festival of Politics** at The Scottish Parliament as part of Healing Arts Scotland where he shared how music is a simple, cost-effective intervention that can have a significant impact on quality of life.
- In September 2024, **MSP ██████████ Clancy raised a motion in The Scottish Parliament** recognising the power of personalised music and highlighting the positive impact Playlist for Life is having on those living with dementia. The Motion states: "The Parliament recognises the work of the music charity, Playlist for Life, which supports people with dementia; notes the benefits of personal playlists for people with that condition, including improving their mood, reducing anxiety, improving communication and opening opportunities for connection..."
- On the 19th of September ██████████ Minister for Social Care, Mental Wellbeing and Sport shared a video on social media supporting our work stating: "The power of music for people with dementia and those in their lives as a source of strength, joy and comfort can't be overstated...I know as a mental health pharmacist that music as medicine can be a powerful intervention, in particular for people experiencing distress and anxiety"

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

- On the 23rd of September, a second motion was raised in parliament this time by MSP Dr. Sandesh Gulhane in support of our National Playlist Day specifically. <https://www.parliament.scot/chamber-and-committees/votes-and-motions/S6M-14594>
- In May 2025 we hosted an information stall within The Scottish Parliament building and spoke to MSPs and Government Ministers about our work and have started planning a parliamentary reception for September 2025.

We remain an active member of various dementia and health umbrella groups, local and national organisations, with our staff regularly engaging in consultations, conferences, meetings and presenting our work to industry and policy groups. In Scotland we continue to engage with Scottish Care, Healthcare Improvement Scotland, Alzheimer Scotland and Brain Health Scotland, Age Scotland and more.

While our efforts to influence policy has been more focused on Scotland in recent months, we continue to engage with organisations at a UK-wide level, showcasing good practice through the care providers we have trained, our network of community Help Points, and The National Academy of Social Prescribers, Nordoff and Robbins, Music for Dementia and more. We are also planning to host an information session at the UK Parliament in September 2025 to inform MPs about our work.

We also met with the Arts and Health Lead for the WHO, [REDACTED] who has shared his own playlist in support of our work and provided the following quote:

"Music is an 'all brain' experience, it has the ability for the listener to take a detour around the damaged areas and for a short period of time, allow a reconnection with memory, relationships, and the world around, offering the person a respite from the storm of dementia, and offering the caregiver, a precious glimpse of the person they thought they had lost."

Furthermore, the First Minister of Scotland shared songs from his own playlist to help raise awareness: <https://www.playlistforlife.org.uk/scottish-first-minister-and-stars-share-their-playlists/>

5. Develop our evaluation process

We ensure our evaluation process is always developing to add to the growing body of research. We share best practice examples with our networks, in the community, health and social care to improve the lives of more people living with dementia.

We received a 2-year strategic grant from The RS Macdonald Charitable Trust last year to undertake a strategic project. This project will support our aim to enact long-term sustainable change and embed personalised music into existing structures within health and social care. This project will see us evaluate our model of embedding personalised music into a region. We will evaluate this work to create a framework to roll out across Scotland and potentially the UK.

We are now deep into this project and it is involving taking learning and approaches from successful work across Scotland, such as in Fife, and applying it across Lanarkshire health board. We have worked with all stakeholders across Lanarkshire including NHS, allied health professionals, care homes and care home providers and Playlist for Life is now part of the local dementia delivery plan. We are also providing training to key professionals across the region.

6. Ensure sustainability

All of our work highlighted above over the last 12 months is supporting our ambition to see personalised music being used as a standard part of dementia care, support and services across the UK. Our "Whole Community" model involved working in partnership with health and social care partnerships and other strategic partners to embed personalised music into dementia care, support and services across a whole community.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

In what is a challenging financial environment for all charities we have continued to focus on diversifying our income through identifying fundraising opportunities. Our fundraising and sustainability sub-committee made up of key members of staff and Trustees with experience of fundraising, such as Trustee Joanna Storrar who has over 30 years' experience in fundraising has continued to meet. This committee is supporting the charity to strengthen our fundraising efforts. We are looking at ways to increase online shop sales through the promotion of our most popular resource 'The 100 years book: a century of song'. We have joined the platform Just Running where Playlist for Life can be selected as a chosen charity. In June over £2,000 was raised by a team who participated in the Glasgow 10k run.

We have worked to develop more partnerships with organisations and businesses that can support our fundraising efforts.

- We are delighted that the **Westerton Male Voice Choir** selected Playlist for Life as their charity partner for 2 years (2025-2027) collecting donations at their concerts. Four choir members participated in the Glasgow Kilt Walk in April. To date from all these events they have raised £12,422.
- *After a pitch to their charity committee and staff vote, leading Scottish law firm **Turcan Connell** selected Playlist for Life as their charity partner in June 2025 for 2 years. They will be raising funds for us in the year ahead through a series of staff fundraising events, an annual Hockey Tournament and much more. [REDACTED] who heads up the charity committee, commented: "We are delighted to be supporting Playlist for Life. Dementia impacts so many families and the work that Playlist for Life are doing is hugely meaningful. We are excited to raise funds for this fantastic charity and to spread awareness of the power of personalised playlists in helping those with dementia."*
- We wish to pay special thanks again this year to [REDACTED] and [REDACTED] their outstanding fundraising Golf Event, which took place on May with 100 supporters raising over £31,000.

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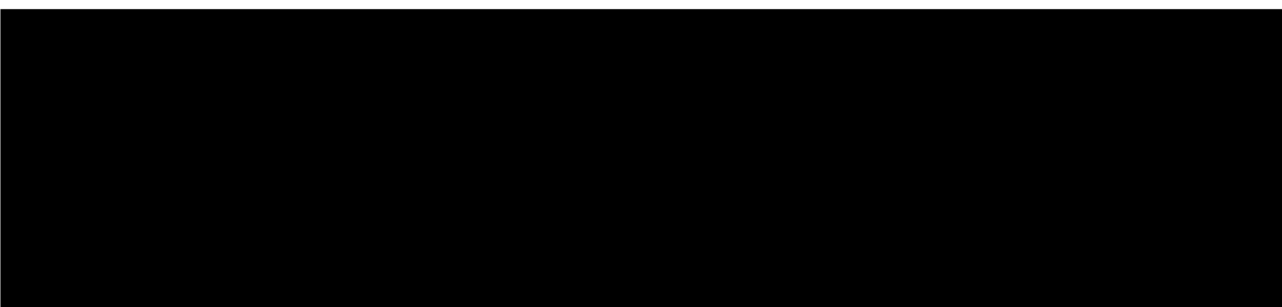
TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Trusts and Foundations

Playlist for Life has always been extremely fortunate to receive generous support from many donors, sponsors and trusts and foundations from across the UK, enabling us to support people with dementia, their families and carers. This support has been invaluable.

The Trustees would like to thank the following trusts and foundations who have provided funding to the Charity during the year:



Moving Forward

Our exciting and ambitious 2022-2025 strategy will continue to transform how Playlist for Life delivers positive change in the quality of life for people living with dementia, their families and carers. We wish to enact long-term sustainable change through embedding the use of personalised music into dementia care, support and services across the UK. We have made fantastic progress towards this goal and below we set out our next steps.

Community networks: We will strengthen our network of community support to increase access to our free resources and support. We will ensure people across the UK have access to skilled advice and support to create and benefit from playlists of personalised music.

Under-served and under-represented communities: We will grow our partnerships with organisations and groups connected to a different identity, culture, faith and heritage. We will continue to create and update resources to meet the needs of diverse communities and will increase their representation in our case studies, videos and materials.

Expand our training: We will build on our work with health boards across Scotland over the next 12 months, in Lanarkshire and Glasgow in particular. We will train key staff to cascade learning and embed the use of personalised music into person-centred dementia care and support. We will work with organisations across the UK to further roll out our Train the Trainer model into dementia care and support services.

Influence policy and practice: We will continue to engage in the Scottish Government National Dementia Strategy Delivery Subgroups to support the delivery of the strategy. We will continue to champion the voice of those with lived experience of dementia and show how music can help improve their quality of life.

Develop our evaluation: We will develop our evaluation through undertaking in-depth evaluations of our work to embed personalised music in care and support across communities. We will work with external experts and work to develop a cost-benefit analysis of using personally meaningful music in care.

Ensure sustainability: With increasing competition for limited funding across the charity sector, we will strengthen our fundraising efforts to ensure we have the resources to enact long-term sustainable change in dementia care and support across the UK.

PLAYLIST FOR LIFE SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Financial review

The results for the year are set out in the Accounts.

Income for the year was £498,279 in 2024/25 compared to £348,920 in 2023/24. Total expenditure for the year was £431,271 in 2024/25 compared with £443,616 in 2023/24.

The charity recorded an 'operating' surplus of £67,008 (2023/24 a deficit of £94,696) as reflected in the statement of financial activities.

The level of general unrestricted reserves increased from £189,437 to £232,277. This figure is in line with the charities reserves policy and provides the organisation with resilience and the capacity to develop services and initiatives.

Reserves policy

The Trustees examine the requirement to retain reserves within the Charity on an annual basis to ensure there are sufficient free unrestricted reserves to safeguard the financial stability of the Charity against unforeseen fluctuations in income levels. The current reserves target has been set at the equivalent of between three to six months expenditure, which equates to a target of between £52,500 and £105,000. The policy is reviewed on an annual basis to ensure it aligns with the strategic goals and objectives of Playlist for Life.

Investment Policy

Under the Constitution, the charity has the power to invest any money that the organisation does not immediately require in any investments, securities or properties. As there are few funds for long-term investment the trustees, having regard to the liquidity requirements of operating the charity and to the reserves policy, have operated a policy of keeping available funds in an interest-bearing bank account.

Risk management

The Trustees and Senior Management Team have examined the major strategic, business and operational risks which the Charity face and have updated a Risk Register for the organisation. The Board are satisfied that systems and key controls are in place to mitigate the exposure to major risks, which include:

- an annual Board-level review of the risks which the Charity may face, specifically funding and diversification of income;
- the establishment of systems and procedures to mitigate those risks identified;
- the implementation of procedures designed to minimise any potential impact on the Charity should any of those risks materialise,
- comprehensive strategic and operational planning, budgeting and accounting,
- monthly reviews of these risks and procedures by the Senior Management Team, and
- an annual review of the strategic direction of the charity.

Organisational Structure

The Board of Trustees is responsible for providing strategic guidance and leadership. The Board meets six times a year with regular communication occurring between the Chair, the Vice Chair and the Executive Director on matters requiring decisions between board meetings.

The Board appoints the Executive director who is responsible for ensuring that their policies and strategies are followed and for ensuring the operational management of the Charity. A formal staff structure exists below the Executive Director covering the main activities of operations, marketing & campaigns, and digital & development. There is an established procedure of delegation from the Board to the Executive Director for the approval of commitments and payments within the parameters of an annually approved operating budget.

Key Management Personnel Remuneration

The trustees consider Michael Timmons to be the key management personnel of the charity. All trustees give their time freely and no trustee remuneration was paid in the year. Details of trustee expenses and related party transactions are disclosed in note 8 to the accounts.

PLAYLIST FOR LIFE SCIO

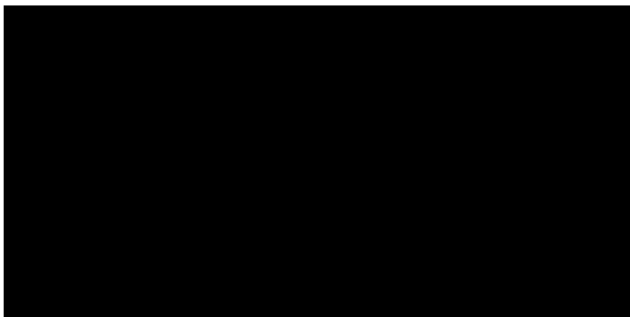
TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Structure, governance and management

The charity is a Scottish Charitable Incorporated Organisation, governed by a constitution and controlled by its Trustees. It is a registered charity, number SC044072 and was granted charitable status by The Office of Scottish Charity Regulators on 12 June 2013.

The trustees who served during the year and up to the date of signature of the financial statements were:



The members are eligible for re-election on an annual basis.

Charity name	PLAYLIST FOR LIFE SCIO
Charity number	SC044072

Principal and Operational address



Recruitment and appointment of Trustees

The Board aims to have a wide range of appropriate skills and experience represented for it to provide effective governance. The Board has considered its mix of skills and experience, completed a skills audit and are satisfied that the current Board provide that mix but are continually looking for additional Trustees that can widen that skill set. Trustees are appointed at Board Meetings on the basis of nominations received from existing Trustees. Consideration is given to specialist skills of knowledge, competence and overall suitability. The Board meets regularly to discuss strategic, operational, financial and governance matters.

Trustee Induction and Training

The induction and training of the Trustees is carried out during their term of service. New Trustees receive induction information to ensure they are aware of their responsibilities and the aims of the Charity.

Pay policy for senior staff

Our remuneration policy for the senior management team reflects the need to attract and retain suitably qualified and experienced individuals. We regularly review our remuneration policy, taking into consideration individual level of experience and with terms and conditions in similar organisations.

Bankers

Virgin Money
64 High Street
Dunfermline
KY12 7AS

Key management personnel	Michael Timmons - Chief Executive
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PLAYLIST FOR LIFE SCIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in Scotland requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the SCIO and of the incoming resources and application of resources of the SCIO for that year.

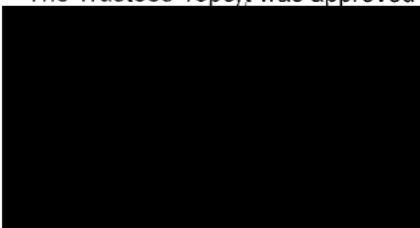
In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the SCIO and enable them to ensure that the financial statements comply with the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the provisions of the SCIO's constitution. They are also responsible for safeguarding the assets of the SCIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the SCIO's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees.



PLAYLIST FOR LIFE SCIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF PLAYLIST FOR LIFE SCIO

I report on the financial statements of the SCIO for the year ended 30 June 2025, which are set out on pages 16 to 33.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investments (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

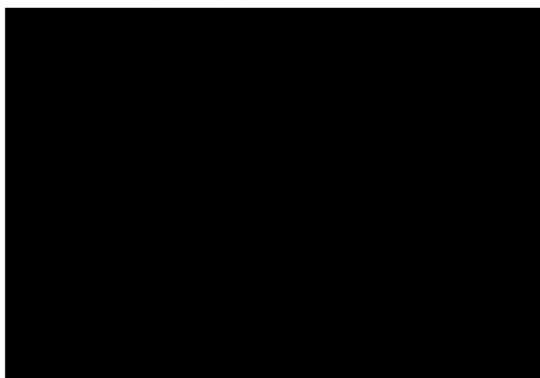
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no other matter except that referred to in the previous paragraph has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - (ii) to prepare financial statements which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Dated: 4 March 2026

PLAYLIST FOR LIFE SCIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 JUNE 2025

Current financial year

		Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes					
<u>Income from:</u>						
Donations and legacies	2	37,933	-	-	37,933	28,973
Charitable activities	4	49,237	-	362,593	411,830	233,705
Other trading activities	3	40,686	-	-	40,686	73,769
Investments	5	7,830	-	-	7,830	12,473
Total income		135,686	-	362,593	498,279	348,920
<u>Expenditure on:</u>						
Raising funds	6	5,668	-	-	5,668	17,101
Charitable activities	7	85,309	13,604	326,690	425,603	426,514
Other	10	-	-	-	-	1
Total resources expended		90,977	13,604	326,690	431,271	443,616
Net incoming/(outgoing) resources before transfers		44,709	(13,604)	35,903	67,008	(94,696)
Net incoming/(outgoing) resources before transfers		44,709	(13,604)	35,903	67,008	(94,696)
Gross transfers between funds		(1,869)	-	1,869	-	-
Net income/(expenditure) for the year/ Net movement in funds		42,840	(13,604)	37,772	67,008	(94,696)
Fund balances at 1 July 2024		189,437	100,000	75,486	364,923	459,619
Fund balances at 30 June 2025		232,277	86,396	113,258	431,931	364,923

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

PLAYLIST FOR LIFE SCIO

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2025

Prior financial year

		Unrestricted funds	Designated funds	Restricted funds	Total
		2024	2024	2024	2024
	Notes	£	£	£	£
<u>Income from:</u>					
Donations and legacies	2	28,973	-	-	28,973
Charitable activities	4	82,736	-	150,969	233,705
Other trading activities	3	73,769	-	-	73,769
Investments	5	12,473	-	-	12,473
Total income		197,951	-	150,969	348,920
<u>Expenditure on:</u>					
Raising funds	6	17,101	-	-	17,101
Charitable activities	7	193,027	-	233,487	426,514
Other	10	1	-	-	1
Total resources expended		210,129	-	233,487	443,616
Net incoming/(outgoing) resources before transfers		(12,178)	-	(82,518)	(94,696)
Net income/(expenditure) for the year/ Net movement in funds		(12,178)	-	(82,518)	(94,696)
Fund balances at 1 July 2023		201,615	100,000	158,004	459,619
Fund balances at 30 June 2024		189,437	100,000	75,486	364,923

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

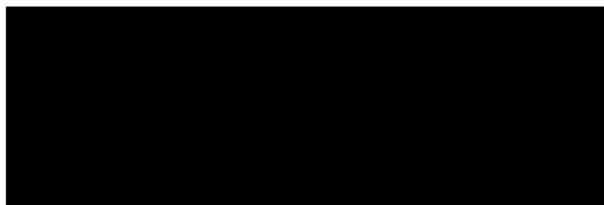
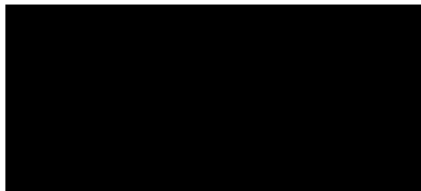
PLAYLIST FOR LIFE SCIO

BALANCE SHEET

AS AT 30 JUNE 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	13		1,252		-
Current assets					
Stocks		4,040		6,623	
Debtors	14	32,660		12,550	
Cash at bank and in hand		416,259		366,665	
		452,959		385,838	
Creditors: amounts falling due within one year	15	(22,280)		(20,915)	
Net current assets			430,679		364,923
Total assets less current liabilities			431,931		364,923
Income funds					
Restricted funds	18		113,258		75,486
<u>Unrestricted funds</u>					
Designated funds	20	86,396		100,000	
General unrestricted funds		232,277		189,437	
			318,673		289,437
			431,931		364,923

The financial statements were approved by the Trustees on 3 March 2026



PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

Charity information

Playlist for Life is a SCIO.

1.1 Accounting convention

The financial statements have been prepared in accordance with the SCIO's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The SCIO is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the SCIO. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the SCIO has adequate resources to continue in operational existence for a period of at least 12 months from the date of approval of the financial statements. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds are unrestricted funds set aside by the trustees for specific future purposes or projects.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the SCIO is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the SCIO has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the SCIO has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time Trustees contribute is not recognised, refer to the Trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

(Continued)

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1.5 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure. It is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note 9.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include office costs, payroll and governance costs and are incurred directly in support of expenditure on the objectives of the charity. The basis on which support costs have been allocated, either on a direct basis or as an apportionment of time spent are set out in note 9.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. Assets in excess of £1,000 are capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Computer Equipment	33.33 % Straight Line
--------------------	-----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

(Continued)

1.9 Financial instruments

The SCIO has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the SCIO's balance sheet when the SCIO becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the SCIO's contractual obligations expire or are discharged or cancelled.

1.10 Pensions

Playlist for Life pays contributions into employees' personal pension plans. Pension costs are included within outgoing resources in the year in which they are incurred.

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

2 Donations and legacies

	Total 2025 £	Total 2024 £
Donations and gifts	37,933	28,973

3 Other trading activities

	Total 2025 £	Total 2024 £
Fundraising events	37,215	70,335
Merchandise and book sales	3,471	3,434
	40,686	73,769

4 Charitable activities

	Total 2025 £	Total 2024 £
Grants	395,943	219,469
Training	15,887	14,236
	411,830	233,705
Analysis by fund		
Unrestricted funds	49,237	82,736
Restricted funds	362,593	150,969
	411,830	233,705

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

5 Investments

	Total 2025 £	Total 2024 £
Interest receivable	7,830	12,473
	<u>7,830</u>	<u>12,473</u>

6 Expenditure on raising funds

	Total funds 2025 £	Total funds 2024 £
Fundraising and publicity		
Staging fundraising events	5,668	17,101
	<u>5,668</u>	<u>17,101</u>

7 Charitable activities

	Total 2025 £	Total 2024 £
Staff costs	323,267	338,707
Community costs	13,525	7,851
Consultancy & Professional costs	18,440	9,892
App & Development costs	7,689	11,233
Marketing & Awareness	7,256	2,621
Equipment	-	1,229
Travel & Subsistence	6,194	2,687
	<u>376,371</u>	<u>374,220</u>
Share of support costs (see note 9)	49,232	52,294
	<u>425,603</u>	<u>426,514</u>
Analysis by fund		
Unrestricted funds	85,309	193,027
Designated funds	13,604	-
Restricted funds	326,690	233,487
	<u>425,603</u>	<u>426,514</u>

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the SCIO during the year.

No member or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year, other than Thomson Cooper Accountants who received £1,470 (2024 - £1,452). Fiona Haro, a trustee, is a partner of Thomson Cooper Accountants.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

9 Support costs

For the year ended 30 June 2025

	Support costs £	Governance costs £	2025 £	Basis of allocation
Staff costs	25,388	-	25,388	Direct Allocation
Stationery, Postage & Printing	2,516	-	2,516	Direct allocation
Telephone	445	-	445	Direct allocation
Insurance	1,970	-	1,970	Direct allocation
Rent/Premises	13,360	-	13,360	Direct allocation
Sundries	4,751	-	4,751	Direct allocation
Bank Charges	802	-	802	Direct allocation
	<u>49,232</u>	<u>-</u>	<u>49,232</u>	

For the year ended 30 June 2024

	Support costs £	Governance costs £	2024 £	Basis of allocation
Staff costs	21,905	-	21,905	Direct Allocation
Stationery, Postage & Printing	3,965	-	3,965	Direct allocation
Telephone	305	-	305	Direct allocation
Insurance	1,869	-	1,869	Direct allocation
Rent/Premises	15,116	-	15,116	Direct allocation
Sundries	7,651	-	7,651	Direct allocation
Bank Charges	1,483	-	1,483	Direct allocation
	<u>52,294</u>	<u>-</u>	<u>52,294</u>	

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Refer to the table above for the basis of apportionment and the analysis of support and governance costs.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

10 Other expenditure

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Net loss on disposal of intangible fixed assets	-	1

11 Employees

Number of employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Core	9	10

Employment costs

	2025 £	2024 £
Wages and salaries	310,557	320,612
Social security costs	24,062	26,335
Other pension costs	14,036	13,665
	348,655	360,612

The total employee benefits of key management personnel remuneration totalled £57,003 (2024: £54,878)

The charity was liable for contributions to employees' personal pension plans totalling £14,036 (2024: £13,665) in the year. At 30 June 2025 outstanding contributions totalled £nil (2024: £nil).

Pension costs are allocated to activities in proportion to the related staff costs incurred.

There were no employees whose annual remuneration was £60,000 or more.

12 Taxation

As a charity, Playlist for Life SCIO is exempt from tax on income and gains arising from its charitable activities. No tax charges have arisen in the period.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

13 Tangible fixed assets

	Computer Equipment £
Cost	
Additions	1,252
At 30 June 2025	1,252
Carrying amount	
At 30 June 2025	1,252

14 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	-	5,550
Other debtors	29,507	7,000
Prepayments and accrued income	3,153	-
	32,660	12,550

15 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	4,564	7,115
Trade creditors	1,716	-
Deferred Income	9,907	7,417
Accruals and Other creditors	6,093	6,383
	22,280	20,915

16 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	14,036	13,665

The SCIO operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the SCIO in an independently administered fund.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

17 Deferred Income

Deferred Income from Grants

	2025 £	2024 £
Balance at 1st July	7,417	27,271
Deferred in year	9,907	7,417
Released in year	(7,417)	(27,271)
Balance at 30th June	9,907	7,417
Voluntary Action Falkirk	9,907	-
The Health and Social Care Alliance	-	7,417
	9,907	7,417

The Health and Social Care Alliance

A grant was received to fund a community project over 2 years to establish Help Points in Scotland and contribute towards Communities Officers.

Voluntary Action Falkirk

A grant was received to support community-based initiatives that promote and develop good mental health and wellbeing.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

18 Restricted funds

The income funds of the charity include restricted funds comprising the following balances of donations and grants held on trust for specific purposes:

For the year ended 30 June 2025

	Movement in funds				
	Balance at 1 July 2024	Incoming resources	Resources expended	Transfers	Balance at 30 June 2025
	£	£	£	£	£
Voluntary Action East Dunbartonshire CMHWP	9,000	10,000	(9,084)	-	9,916
SMF Alliance	3,950	7,417	(11,367)	-	-
Voluntary Action Moray CMHWP	7,995	-	(7,995)	-	-
Scottish Power Foundation	-	96,358	(22,165)	-	74,193
	-	2,135	-	-	2,135
Life Changes Trust	43,208	-	(45,077)	1,869	-
Voluntary Action East Renfrewshire CMHWP	-	9,250	(2,679)	-	6,571
Voluntary Action Falkirk CMHWP	-	93	(93)	-	-
Merchants House	-	2,500	(2,500)	-	-
NHS GGC Endowment Fund	-	83,340	(83,220)	-	120
Voluntary Action North Lanarkshire CMHWP	833	-	(833)	-	-
	3,000	75,000	(77,121)	-	879
Rayne Foundation	-	30,000	(29,885)	-	115
NHS Tayside Charitable Foundation	7,500	7,500	(15,000)	-	-
Garfield Weston Foundation	-	20,000	(19,313)	-	687
Glasgow Council for Voluntary Services	-	9,000	(310)	-	8,690
Inverclyde CMHWP	-	10,000	(48)	-	9,952
	75,486	362,593	(326,690)	1,869	113,258

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

18 Restricted funds

(Continued)

For the year ended 30 June 2024

	Movement in funds				
	Balance at 1 July 2023	Incoming resources	Resources expended	Transfers	Balance at 30 June 2024
	£	£	£	£	£
Voluntary Action East Dunbartonshire CMHWP	-	9,000	-	-	9,000
East Lothian CMHWP	-	1,000	(1,000)	-	-
SMF Alliance	6,905	29,666	(32,622)	-	3,950
Voluntary Action Moray CMHWP	-	10,000	(2,005)	-	7,995
	6,044	19,854	(25,898)	-	-
	-	3,815	(3,815)	-	-
Life Changes Trust	85,242	-	(42,033)	-	43,208
Voluntary Action East Renfrewshire CMHWP	7,258	-	(7,258)	-	-
Voluntary Action Falkirk CMHWP	9,971	-	(9,971)	-	-
Voluntary Action North Lanarkshire CMHWP	21,625	833	(21,625)	-	833
Voluntary Action Shetland CMHWP	2,434	-	(2,434)	-	-
	-	39,300	(36,300)	-	3,000
Rayne Foundation	18,525	-	(18,525)	-	-
NHS Tayside Charitable Foundation	-	7,500	-	-	7,500
Garfield Weston Foundation	-	20,000	(20,000)	-	-
Glasgow Council for Voluntary Services	-	10,000	(10,000)	-	-
	158,004	150,969	(233,486)	-	75,486

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

18 Restricted funds

(Continued)

Life Changes Trust

A grant was received to fund a community project to establish our community help-point programme and music labs in Scotland.

Rayne Foundation

Funding towards the development and delivery of our training for health and care professionals across the UK, so that people living with dementia being supported by professional care staff will have access to a playlist as part of their care to improve quality of life. Funding used towards Communication Officer (responsible for training).

Scottish Power Foundation

A grant received following winning an award at the Scottish Power Foundation awards to go towards our communities work to sustain and grow our Help Point network and expand our support into harder to reach communities. Funding for our Head of Communities and additional funds for our communications and marketing work.

[REDACTED]
A grant received for the purchase of new laptops in 2024 and a new Apple MacBook, mobile phone and portable projector in 2025.

[REDACTED]
A grant aimed at helping transform dementia care in Scotland through personalised music playlists.

Voluntary Action East Dunbartonshire Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through East Dunbartonshire and to deliver training and resources to ensure volunteers can support families.

Voluntary Action East Lothian Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through East Lothian and to deliver training and resources to ensure volunteers can support families.

Voluntary Action Moray Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through Moray and to deliver training and resources to ensure volunteers can support families.

Voluntary Action Falkirk Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through Falkirk and to deliver training and resources to ensure volunteers can support families.

Voluntary Action East Renfrewshire Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through East Renfrewshire and to deliver training and resources to ensure volunteers can support families.

Voluntary Action Shetland - Community Mental Health and Wellbeing Fund

A grant to assist with training community health and social care staff to deliver 'Playlist for Life' to local people around Shetland.

Voluntary Action North Lanarkshire - Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through North Lanarkshire and to deliver training and resources to ensure volunteers can support families.

SMF Alliance

A grant was received to fund a community project over 2 years to establish Help Points in Scotland and contribute towards Communities Officers.

NHS Tayside Charitable Foundation

A grant aimed at helping providing personalised music playlists to those suffering with Dementia.

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

18 Restricted funds

(Continued)

Glasgow Council for Voluntary Services

A grant to assist with expanding our community help point through Glasgow and to deliver training and resources to ensure volunteers can support families.

Merchants House

A grant to assist with the mental health and well-being of people living with dementia and their carers through music in Inverclyde.

NHS GGC Endowment Fund

A grant to help improve the quality of life of people living with dementia through personally meaningful music in the Greater Glasgow and Clyde area.

Garfield Weston Foundation

A grant used for salaries and production and design work.

Inverclyde Community Mental Health and Wellbeing Fund

A grant to assist with expanding our community help point through Inverclyde and to deliver training and resources to ensure volunteers can support families.

19 Unrestricted funds

These are general funds funds which are material to the SCIO's activities made up as follows:

For the year ended 30 June 2025

	Movement in funds				
	Balance at 1 July 2024	Incoming resources	Resources expended	Transfers	Balance at 30 June 2025
	£	£	£	£	£
General Funds	189,437	135,686	(90,977)	(1,869)	232,277
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

For the year ended 30 June 2024

	Movement in funds				
	Balance at 1 July 2023	Incoming resources	Resources expended	Transfers	Balance at 30 June 2024
	£	£	£	£	£
General Funds	201,615	197,951	(210,129)	-	189,437
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

PLAYLIST FOR LIFE SCIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

20 Designated funds

These are funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Movement in funds			
	Balance at 1 July 2024	Incoming resources	Resources expended	Transfers
	£	£	£	£
Innovation and Initiative Fund	100,000	-	(13,604)	-
	100,000	-	(13,604)	-

This fund is to assist with innovative projects within the charity.

21 Analysis of net assets between funds

Year Ended 30 June 2025

	Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total 2025 £
Fund balances at 30 June 2025 are represented by:				
Tangible assets	1,252	-	-	1,252
Current assets/(liabilities)	231,025	86,396	113,258	430,679
	232,277	86,396	113,258	431,931

Year Ended 30 June 2024

	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 30 June 2024 are represented by:				
Current assets/(liabilities)	189,437	100,000	75,486	364,923
	189,437	100,000	75,486	364,923

22 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

