

The Scottish Centre for Personal Safety

Scotland · Charity number SC044042

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2013-05-31
Register	View on the OSCR register

Contact

Address	The Scottish Centre for Personal Safety Barony St. John Centre Princes Street Ardrossan North Ayrshire KA22 8DQ
Website	www.ScotCPS.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the saving of lives'

What the charity does: We provide empowering Personal Safety training to vulnerable people and businesses. With our physical Barony St John Centre as well as our online presence, we also provide a point of contact for those who are at risk of abuse/violence or those seeking advice. And we raise awareness of the importance of Personal Safety throughout Scotland via newspaper articles, campaigns and protests.

Beneficiaries: 'Children or young people', 'People with disabilities or health problems', 'People with a particular ethnic or racial origin', 'No specific group, or for the benefit of the community', 'Other charities or voluntary bodies'

Objectives: The SCIO's charitable purposes is: 1. The potential saving of lives and will include. i. The provision of practical training and solutions to help people avoid violence and aggression. ii. The raising of awareness of the importance of personal safety in Scottish communities. iii. The provision of a point of contact for those who are at risk of violence or those seeking advice in Scotland. iv. The reduction of the fear of crime throughout Scotland.

Geography

- **Main operating location:** North Ayrshire
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£124,755	£178,616	-	5
2024-06-30	£67,844	£115,346	-	1
2023-06-30	£57,263	£41,285	-	1
2022-06-30	£124,015	£67,154	-	1
2021-06-30	£143,125	£95,161	-	0

Accounts

The Scottish Centre for Personal Safety SCIO

SC044042

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	1st	07	2024		30th	06	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations					-	
Legacies					-	
Grants		110,375			110,375	55,830
Receipts from fundraising activities	3,500				3,500	1,549
Gross trading receipts	674				674	
Income from investments other than land and buildings					-	
Rents from land & buildings	2,355				2,355	3,135
Gross receipts from other charitable activities	7,851				7,851	7,330
					-	
A1 Sub total	14,380	110,375	-	-	124,755	67,844
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	14,380	110,375	-	-	124,755	67,844
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments	49,360	120,097			169,457	26,915
Investment management costs					-	
Payments relating directly to charitable activities		8,800			8,800	88,349
Grants and donations					-	
Governance costs:					-	
Audit / independent examination		360			360	83
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	49,360	129,256	-	-	178,616	115,347
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	49,360	129,256	-	-	178,616	115,347
Net receipts / (payments)	(34,980)	(18,881)	-	-	(53,861)	(47,503)
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	(34,980)	(18,881)	-	-	(53,861)	(47,503)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	65,705	48,885			114,590	162,092
	Surplus / (deficit) shown on receipts and payments account	(34,980)	(18,881)			(53,861)	(47,502)
	adjustment uncashed cheque from previous accounts					-	
						-	
	Cash and bank balances at end of year	30,725	30,004	-	-	60,729	114,590
	(Agree balances with receipts and payments account(s))	- 0	- 0	-	-	- 0	- 1

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval


3/11/25

3/11/25

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	07	2024	To	30	06	2025

Reference and administration details

Charity name	The Scottish Centre for Personal Safety		
Other names charity is known by			
Registered charity number	SC044042		
Charity's principal address	Barony St. John Centre		
	Princes Street		
	Ardrossan		
	North Ayrshire	Postcode KA22 8DQ	

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1		Executive Manager		
2		Chair		Board
3		Treasurer		Board
4		Trustee		Board
5		Trustee		Board
6		Trustee		Board
7				
8				
9				
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20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

The Scottish Centre for Personal Safety is a Scottish Charitable Incorporated Organisation (SCIO), which was registered on 31st May 2013.

The charity is administered in accordance with the terms detailed in its Constitution.

Trustee recruitment and appointment

Appointment and removal of Trustees is in accordance with the Constitution which requires that appointment is approved by unanimous agreement of the existing Trustees and removal of any Trustee by the unanimous agreement of the others (unless resignation of said Trustee).

We currently have 6 Trustees on our Board.

Objectives and activities

Charitable purposes

The overall mission of the charity is to potentially save lives by preventing and reducing violence and fear of violence throughout Scotland; and to empower individuals to manage safer lives,

Our aims are:

- The provision of practical training and solutions to help people avoid violence and aggression.
- The raising of awareness of the importance of personal safety in Scottish communities.
- The provision of a point of contact for those who are at risk of violence or those seeking advice in Scotland.
- The reduction of the fear of crime throughout Scotland.

Summary of the main activities in relation to these objects

We champion equality, diversity and human rights as defining values of our charity.

We promote equality of opportunity for all, giving every individual the chance to achieve their potential, free from prejudice and discrimination.

To achieve this, we provide empowering, bespoke Personal Safety training to groups, businesses and individuals but particularly groups such as female survivors of violence, children, sensory impaired people, people with learning disabilities, ethnic minority groups and LGBTQ groups – basically anyone who is vulnerable and/or targeted by Hate Crime.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

This has been a very rewarding year for us, as our charity finally completed the extension of our Barony St John Centre, and our new Barony Café finally opened. It was the culmination of over 5 years of planning, fundraising and building and we cannot thank enough all the local businesses who offered their time and expertise, sometimes free of charge, to make our extension come to fruition, as well as the many funders who helped fund this project.

We also realised that instead of just opening a Wellbeing café, we could offer other wellbeing activities and services in our Centre to help improve both the physical and mental wellbeing of our local community.

Funding from **The Robertson Trust** contributed towards our core costs (and will continue until November 2025) allowing us to keep our Barony St John Centre in Ardrossan functioning and a vital part of our community.

Also, a massive "Thank you" to the **Bank of Scotland Foundation** for funding our "Safe & Sound" Project Manager for the next 2 YEARS.

And thanks to The National Lottery's **Awards for All Community Fund** for funding all our travel and accommodation costs for courses for women and girls for the next 2 YEARS.

This funding enabled us to run an amazing **192** training sessions this year, empowering **1,831** individuals - our highest number since we started in 1997. This brings the total number of people we have helped to **12,138** - Absolutely phenomenal figures considering we only had **7** active volunteer Instructors this year!

Internally, we presented our "*Volunteer of the Year*" trophy at our bi-annual Instructor Training Day in February 2024 to **Claire McLaughlan**. This is the second time Claire has won our award, having previously won in 2022. Her win this year was for her outstanding commitment and contribution to both our charity and our community.

Externally, The Ayrshire Community Trust's **Adult Volunteer Recognition Award** commends volunteers for their voluntary work in our local area. Our volunteer Instructor, **Craig Bainbridge** was presented with a *Palladium Award* for "*an outstanding contribution to volunteering in the community and extremely valuable service to their organisation*" after he completed 130hrs of voluntary work, helping vulnerable people, in the last year alone, 336hrs in the last 4 years he's been volunteering with us.

Our charity reached the final of the **Ayrshire Achieves** awards in the category of "**Thinking Outside the Box**" for the mental health benefits our empowering Personal Safety courses give service users of Ayrshire's Health & Social Care Partnership. And we also reached the final of **TACT's Volunteer Awards 2025** in the category of "**Support to**

the Community". And although we did not win either of these external recognition awards, we are extremely proud to have our work, and the benefits of our training, recognised by our local community.

Best of all, and by far our biggest achievement this year, have been the comments from course participants, which included;

"For the whole of my life, I lived in fear... I now know, that for anyone who has lived through fear, who feels small, helpless, or broken; there is hope. Strength lives inside you, even if it feels buried right now. Personal Safety training and in particular, self defence, helped me find mine. It changed my life. I will never be able to thank Alan and the Team enough for the best gift I have ever received - FREEDOM."

"I have previously been a victim of sexual assault & domestic violence – by taking part, it really helped me feel more confident within myself and in my job!"

"I have had so many abusive moments in my life - to take part in this was huge. It helped me feel safer within myself, even being at home alone."

"I wasn't sure what to expect from the course but I found it enjoyable, informative and quite honestly one of the best courses I have ever attended and trust me I have lost count of how many that is!! The bottom line is, this course could save your life or even save you from being raped."

"This was the best training I have done in a very long time. I have newfound confidence and self-defence skills, whereas I had zero confidence before in my ability. Also, the trainers explained everything very clearly – both the legal side and the practical moves. They came across as genuinely caring and created a real bond with the group."

"There's no denying the knowledge shared by this charity can save lives. The sessions aimed to improve safety and build confidence, and they do - it's helped me with my own anxiety - but it's the fabulous volunteers that have also left a lasting impression."

For more details on the vulnerable people we have helped during the last year and the impact we have had both locally and nationally, please see our Social Impact Report 2024-25 on our website (www.ScotCPS.org.uk).

Financial review

Brief statement of the charity's policy on reserves

Most of our funds are restricted with reserves being used for maintenance, repairs, core costs and consumables.

Details of any deficit

N/A

Financial review (cont.)

Donated facilities and services (if any)

We donate the Main Hall of Centre and its facilities as well as our Personal Safety training and wellbeing activities to various local groups including clients of Penumbra, First Steps – Young People, the Community Brokerage Network, Positive Pathways, people with learning disabilities and people who are sensory impaired.

We also let various local charities and groups use our Training Room, free of charge.

From a service viewpoint, most of our Personal Safety talks, training sessions and courses are provided free of charge or at an extremely reduced rate. Money should not be a barrier to our empowering training!

APPENDIX 1

Other optional information

This was our 12th year as a charity (the previous 16yrs were as a not-for-profit social enterprise) and our objective for this year was to redevelop our Barony St John Centre into a Wellbeing Centre, offering various mental and physical wellbeing services to help the most vulnerable people in our local community. This was partly achieved as we only managed to complete the building of our extension in December 2024. Our community café opened in June 2025 and our wellbeing services are due to start in September 2025.

Receiving funding for a two-year period this year has helped our charity plan ahead and grow. Although, as we offer almost all of our services free-of-charge to vulnerable people who can't afford to pay for our training, we obviously worry about future funding - for projects, core costs, maintenance, staff, etc. etc. Ideally, with the huge, well-documented, positive impact we have on vulnerable people throughout Scotland, combined with the many national recognition award we have received over the years which verify our impact, we truly hope that The Scottish Government will one day step in and fund us over a long-term period. Our fingers are crossed.

Moving forward, our objective for Year 13 is to grow our wellbeing activities in our Barony St John Centre to help the most vulnerable people in our local community. And obviously to continue offering empowering Personal Safety courses and workshops to vulnerable people throughout Scotland.

Watch this space!

The trustees declare that they have approved the trustees' report above.

Declaration

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Executive Manager

Chairperson

Date

3/11/2025

3/11/25



Office of the Scottish Charity Regulator

	Independent examiner's report on the accounts v2																										
Report to the trustees/members of	Charity name The Scottish Centre for Personal Safety SCIO																										
	Registered charity number SC044042																										
	<table><tr><th colspan="3">Period start date</th><th></th><th colspan="3">Period end date</th></tr><tr><th>Day</th><th>Month</th><th>Year</th><th></th><th>Day</th><th>Month</th><th>Year</th></tr><tr><td>1</td><td>July</td><td>2024</td><td>to</td><td>30</td><td>June</td><td>2025</td></tr></table>							Period start date				Period end date			Day	Month	Year		Day	Month	Year	1	July	2024	to	30	June
Period start date				Period end date																							
Day	Month	Year		Day	Month	Year																					
1	July	2024	to	30	June	2025																					
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44) (1)(c) of the 2005 Act and to state whether particular matters have come to my attention.																										
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.																										
Independent examiner's statement	In connection with my examination, no matter has come to my attention: 1 which gives me reasonable cause to believe that, in any material respect, the requirements: – to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and – to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.																										
Signed: Name: Relevant professional qualification(s) or body (if any): Address:																											

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose