

Registration number: CS001144

Comfort Zone Alternative Therapies SCIO

Annual Report and Unaudited Financial Statements

for the Year Ended 31 March 2025

Clyde Business Services
159 King Street
Glasgow
Lanarkshire
G73 1BZ

Comfort Zone Alternative Therapies SCIO

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Comfort Zone Alternative Therapies SCIO

Company Information

Chairman

Directors

Registered office

Accountants

Clyde Business Services
159 King Street
Glasgow
Lanarkshire
G73 1BZ

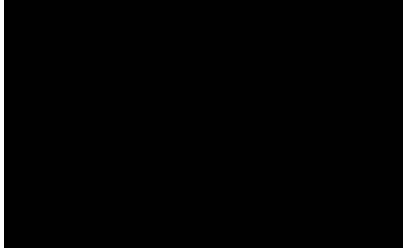
Comfort Zone Alternative Therapies SCIO

Directors' Report for the Year Ended 31 March 2025

The directors present their report and the financial statements for the year ended 31 March 2025.

Directors of the company

The directors who held office during the year were as follows:



Principal activity

The principal activity of the company is charity

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the Board on 29 April 2025 and signed on its behalf by:

.....
[Redacted signature]

**Accountants' Report to the Board of Directors on the Preparation of the Unaudited
Statutory Accounts of
Comfort Zone Alternative Therapies SCIO
for the Year Ended 31 March 2025**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Comfort Zone Alternative Therapies SCIO for the year ended 31 March 2025 as set out on pages 4 to 8 from the company's accounting records and from information and explanations you have given us.

It is your duty to ensure that Comfort Zone Alternative Therapies SCIO has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Comfort Zone Alternative Therapies SCIO. You consider that Comfort Zone Alternative Therapies SCIO is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Comfort Zone Alternative Therapies SCIO. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

.....

Clyde Business Services
159 King Street
Glasgow
Lanarkshire
G73 1BZ

29 April 2025

Comfort Zone Alternative Therapies SCIO

Profit and Loss Account for the Year Ended 31 March 2025

	Note	2025 £	2024 £
Turnover		-	-
Cost of sales		<u>(2,991)</u>	<u>(3,800)</u>
Gross loss		(2,991)	(3,800)
Administrative expenses		(1,241)	(920)
Other operating income		<u>4,801</u>	<u>3,760</u>
Operating profit/(loss)		<u>569</u>	<u>(960)</u>
Profit/(loss) before tax		<u>569</u>	<u>(960)</u>
Profit/(loss) for the financial year		<u><u>569</u></u>	<u><u>(960)</u></u>

The above results were derived from continuing operations.

The company has no recognised gains or losses for the year other than the results above.

Comfort Zone Alternative Therapies SCIO

Statement of Comprehensive Income for the Year Ended 31 March 2025

	2025 £	2024 £
Profit/(loss) for the year	<u>569</u>	<u>(960)</u>
Total comprehensive income for the year	<u><u>569</u></u>	<u><u>(960)</u></u>

Comfort Zone Alternative Therapies SCIO

(Registration number: CS001144)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current assets			
Cash at bank and in hand		<u>1,555</u>	<u>986</u>
Capital and reserves			
Retained earnings		<u>1,555</u>	<u>986</u>
Shareholders' funds		<u>1,555</u>	<u>986</u>


For the financial year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Approved and authorised by the Board on 29 April 2025 and signed on its behalf by:


Chairman

Comfort Zone Alternative Therapies SCIO

Statement of Changes in Equity for the Year Ended 31 March 2025

	Retained earnings £	Total £
At 1 April 2024	986	986
Profit for the year	569	569
At 31 March 2025	1,555	1,555
	Retained earnings £	Total £
At 1 April 2023	1,946	1,946
Loss for the year	(960)	(960)
At 31 March 2024	986	986

The notes on page 8 form an integral part of these financial statements.

Comfort Zone Alternative Therapies SCIO

Notes to the Unaudited Financial Statements for the Year Ended 31 March 2025

1 General information

The company is a private company limited by share capital, incorporated in Scotland.

The address of its registered office is:



These financial statements were authorised for issue by the Board on 29 April 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Going concern

The financial statements have been prepared on a going concern basis.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

3 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 5 (2024 - 5).

4 Share capital

Comfort Zone Alternative Therapies SCIO

Detailed Profit and Loss Account for the Year Ended 31 March 2025

	2025 £	2024 £
turnover (analysed below)	-	-
Cost of sales (analysed below)	<u>(2,991)</u>	<u>(3,800)</u>
Gross loss	<u>(2,991)</u>	<u>(3,800)</u>
Administrative expenses		
Establishment costs (analysed below)	(348)	(360)
General administrative expenses (analysed below)	(821)	(560)
Finance charges (analysed below)	<u>(72)</u>	<u>-</u>
	(1,241)	(920)
Other operating income (analysed below)	<u>4,801</u>	<u>3,760</u>
Operating profit/(loss)	<u>569</u>	<u>(960)</u>
Profit/(loss) before tax	<u><u>569</u></u>	<u><u>(960)</u></u>

This page does not form part of the statutory financial statements.

Comfort Zone Alternative Therapies SCIO

Detailed Profit and Loss Account for the Year Ended 31 March 2025

	2025 £	2024 £
Cost of sales		
Direct costs	(2,991)	(3,800)
Establishment costs		
Water rates	<u>(348)</u>	<u>(360)</u>
General administrative expenses		
Sundry expenses	(331)	(75)
Motor expenses	(130)	(125)
Accountancy fees	<u>(360)</u>	<u>(360)</u>
	<u>(821)</u>	<u>(560)</u>
Finance charges		
Bank charges	<u>(72)</u>	<u>-</u>
Other operating income		
Other operating income	<u>4,801</u>	<u>3,760</u>

This page does not form part of the statutory financial statements.