FASD Scotland

Scotland · Charity number SC043581

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2012-11-22
Register	View on the OSCR register

Contact

Address	3 Orchard Place Hamilton ML3 6PG
Website	WWW.fasdscotland.com

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education','the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: To provide support, training and awareness of FASD.

Beneficiaries: 'Children or young people','People with disabilities or health problems','Other defined groups','No specific group, or for the benefit of the community'

Objectives: The company?s objects are: - To provide information, education, training and research for the prevention, early diagnosis and support for individuals, their family and professionals affected by FASD and the general public. To establish and develop a comprehensive and co-ordinated multi-disciplinary service designed to meet the complex needs of those affected by FASD, associated Neurodevelopmental Disorders and disabilities for the prevention of secondary disabilities. To relieve those in need by working with government, other agencies and communities providing specialist advice, developing policy and utilising evidence based best practice to improve societal problems related to FASD.

Geography

- **Main operating location:** South Lanarkshire
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£2,062	£2,623	-	0
2024-07-31	£5,865	£5,907	-	0
2023-07-31	£1,627	£2,893	-	5
2022-07-31	£5,038	£2,279	-	0
2021-07-31	£2,944	£1,438	-	0

FASD Scotland

Scotland - Charity number SC043581

Accounts

FASD Scotland
(A company limited by guarantee)

Report and Financial Statements

Year Ended 31 July 2025

Company No: SC428983
Charity No: SC043581

FASD Scotland

Index to the Financial Statements
Year Ended 31 July 2025

	Page
Reference and Administrative Information	1
Report of the Directors	2
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10

The Directors have pleasure in presenting their report and the financial statements of the charity for the year ended 31 July 2025.

Reference and Administration information

The directors of the company, who are also charity trustees for the purposes of charity law, who served throughout the year and up to the date of this report are listed on page 1, together with particulars of the principal address of the charity and details of its professional advisers.

Structure, Governance and Management

Governing Document
The organisation is a charitable company limited by guarantee, incorporated on 25 July 2012. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of new directors
Under the requirements of the Memorandum and Articles of Association a person shall not be eligible for appointment as a director unless they are a member of the company. The directors of the board shall consist of the subscribers to the Memorandum of Association and such other persons as are admitted to membership and appointed as a director. Any person appointed to the post of Chief Executive will be appointed a director (an Executive Director) of the company. An Executive Director shall continue to hold office until he/she ceases to hold the post of Chief Executive. A person shall not be eligible for election/appointment of a director if he/she is an employee of the company except in the case of the Executive Director. The minimum number of directors is 5 and the maximum number of directors is 12.

Objectives and Activities

The charity's objects are:

(a) To provide information, education, training and research for the prevention of, early diagnosis and support for individuals, their family and professionals affected by Fetal Alcohol Spectrum Disorders (FASD) and the general public.

(b) To establish and develop a comprehensive and coordinated multi-disciplinary service designed to meet the complex needs of those affected by FASD, associated Neurodevelopment Disorders and disabilities for the prevention of secondary disabilities.

(c) To relieve those in need by working with government, other agencies and communities providing specialist advice, developing policy and utilising evidence based best practice to improve societal problems related to FASD.

To support these objects FASD Scotland offers:

(a) Information and awareness about the lifelong risks of prenatal exposure to alcohol.

(b) Information, support and advocacy to families caring for a child affected by FASD.

(c) Strategies for managing FASD.

(d) Advice and training to reduce FASD Secondary Disabilities.

(e) Training for professionals involved with individuals affected by FASD.

(f) Partnership with other agencies to prevent FASD and Secondary Disabilities.

FASD Scotland

Reference and Administrative Information
Year Ended 31 July 2025

Directors:
Eileen Calder
Ray Calder
Alison Leconte
Sarah Rooney
Shaunie Calder (appointed 22 October 2024)

Registered Office:
3 Orchard Place
Hamilton
ML3 6PG

Registered Number:
SC428983

Scottish Charity Number:
SC043581

Independent Examiner:

Principal Bankers:
Virgin Money
Almada Street
Hamilton
ML3 0EX

Adolescents and Adults with FASD

Although there is a growing recognition that exposure to alcohol in the womb has a detrimental impact on the child's development and causes a wide range of comorbid conditions, there is still little understanding across public and third sector organisations. As yet no FASD services developed for affected adults or adolescents exist in Scotland.

Similar to previous years the lack of developed FASD services in early years means behaviour challenges and learning difficulties lead to increased difficulties, including secondary disabilities, in adolescence and adulthood. FASD Scotland has seen considerable growth specifically for areas such as Criminal Justice, sexualised behaviours, managing finances, employability, substance misuse and how to include FASD in social service/benefits funding application. This year has shown increased demand for professionals seeking to understand adolescent behaviours and in assistance to link behaviours to FASD, often undiagnosed. In addition, 'misdiagnosis' (Borderline Personality Disorder (BPD), anger management issues) is a particular problem as inappropriate understanding and medications/ treatment is adding to the risks for adults with FASD. Thus the adolescent with FASD is at increased risk and misjudged negatively by society. In particular, exclusion from education, sexual vulnerability, involvement with the criminal justice system and financial exploitation are areas where FASD Scotland has contributed. In support of this FASD Scotland has developed a way to summarise adolescents' needs on one page which has been useful for sharing with school, social work, CAMHS and residential staff. In addition, an FASD pack on sexualised behaviours has been useful.

Issues such as anxiety, mental health issues and managing financially and socially are common. Opportunities for employment have decreased and will further marginalise individuals with FASD both socially and financially. FASD Scotland has been working with families to improve their understanding of the risk and to empower them in seeking support and understanding for their affected family members and to assist in finding appropriate college courses or employment opportunities. To this end FASD Information packs on Anxiety, and Employability have been provided to families.

Anecdotally, there appears to be an increase in adolescents with FASD becoming involved with the police and accommodated in residential care or entering the criminal justice system. Behaviours related to FASD are not well understood and judged to be intentional. This problem is expected to continue until Criminal Justice Staff become fully aware of FASD and its implications on behaviour. This increase can be traced back to a lack of NHS provision in early and school years with no appropriate treatment or management plans leading to secondary disabilities in adolescence or adulthood. Without these families will be blamed for behaviours that are symptoms and appropriate supports will be absent.

Professionals who work with children/adolescents/adults with FASD

As in previous years, increasing demand continues for FASD Scotland services during this year as motivated professionals were looking to understand FASD and improve supports to families and their children/teens.

Awareness of FASD is increasing the demand for support, training, input and information from a range professional staff throughout Scotland. Training has been delivered to multi-disciplinary professionals via Zoom or Microsoft Teams. Disciplines attending training include Health (Health Visitors and CAMHS), Disability Teams, Addiction Services, Social Work, Family Support Services and Fostering and Adoption organisations. In particular training has been specifically developed for Education ASN (Additional Support for Learning) and specialist materials provided following training to further support these educators. In addition, children's home residential staff have demonstrated learning from FASD Scotland training sessions and utilised this to prepare for transition to work placements.

Training has been delivered in person where possible, but Zoom/Teams training appears more popular currently for a range of professional disciplines i.e. Education, NHS, Social Work, CAMHS etc. With no evident progress in the development of 'Universal Services' for FASD, children/adolescents and adults rely on charitable services and FASD Scotland for FASD services and supports for this large and highly vulnerable population and their complex, lifelong risks and needs.

Achievements and Performance

Support to Affected Families

Continued requests for FASD information and FASD support for complex behaviours and education learning difficulties/ challenges in particular continue. Working on parental concerns FASD Scotland has been supplying information on FASD but the implementation of neurodiversity informed classrooms and education is still far from a reality causing increased stress for the child and family. Sadly, for some families, their children have come to the attention of the education department as children cannot sustain high levels of attendance ongoing due to the pressures of the school environment and an expectation that children with FASD will be able to keep up with the pace of 'neurotypical' children of the same age. Anxiety for some children is so severe their mental health has been impacted and they can no longer manage school. This negative impact is not restricted to mainstream school as children with FASD within Special Needs School are also being impacted by lack of understanding and support for their complex needs within an educational setting. As previously reported 'blaming' the child or parent is not uncommon among educational professionals who are uneducated and lack understanding of FASD and how this impacts their pupils.

As behaviours and/or attendance issues escalate social services will likely become involved. As these services are generally not FASD informed there is a tendency for the parents or carers to be further blamed. This can open up involvement from the Children's Panel, Police, NHS Services and residential or custodial care. Again, these agencies are generally not trained in FASD. FASD Scotland is becoming increasingly involved in residential/secure care where placements have broken down and no other solution has been identified.

FASD Scotland aims to empower the parents or carers to have sufficient knowledge to advocate for the children in their care and to offer some FASD insight to these services. Parents and carers are also supported to resist being blamed and to accurately identify pre-natal exposure to alcohol as the issue and not parenting capacity.

FASD Scotland has been particularly active in assisting parents and carers understand the requirements necessary to obtain an FASD diagnosis. An FASD Diagnosis pack has been made and shared across Scotland for this purpose with some families informing that they had finally obtained a diagnosis for their child after 'many years of fighting for this to assist their child gain necessary understanding for his/her needs'. However, finding medical professionals familiar, trained and able to carry out an FASD assessment remains a massive difficulty as so few professionals have this knowledge and skill set. Parents who manage to obtain a diagnosis are not being supplied with a full assessment and Treatment Plan which means they are still 'in the dark' regarding what supports would work best for their child without a full FASD assessment report/feedback and Treatment Plan it is impossible for the parent make robust plans for their child's future, minimising risk and building on strengths. FASD Scotland has been working with families to identify the children's needs (10 Brain Domains) and strengths as a way to assist parents better understand and support their children.

Stressed Birth families have been challenged by Social Service staff who 'blame' children's behaviour of 'poor parenting', rather that the toxic effects of exposure to alcohol in the womb. FASD Scotland has been working to support families stressed rather than supported by social services staff and other professional groups.

Support is offered via online media, phone/email, tailored information packs, individual family/parent support, advocacy advice, information and support at Education and Social Work, Residential school meetings, support at court and with police investigations, advice regarding challenging behaviours, liaising with Adoptive/Foster/Social work agencies, advice when parents are seeking a diagnosis. Sharing knowledge to empower the families and affected individuals is an ongoing goal.

Work with Health Promotion and maternity staff in how best to raise FASD awareness and reduce prevalence has continued throughout the year. Other areas of work involve input to Child Protection Teams where the behavioural implications of FASD were explained. Regular inputs to Social Work and Education Teams continued throughout the year. Work with Residential staff to share knowledge and input to youth support plans continues to grow.

Diagnostic information continues to be requested as professionals who are becoming aware of FASD and realise the importance of a formalised FASD assessment and diagnosis. Support Service for Adults have recently increased their interest in FASD as they face challenges of working with adults with FASD. Information has been supplied via phone, email and via an Adults FASD Information pack.

Building future FASD experts

FASD training and events ran throughput the year, in person or online. FASD information packs were shared across Scotland. Particularly information on education, diagnosis and understanding behaviour, adults with FASD and providing strategies has been in demand from education, social work, residential staff, CAMHS, Addiction, Adult Support, employability and Criminal Justice workers including the police and responsible persons.

Development of Policy and Practice on FASD in Scotland

As yet sadly no FASD policy for Scotland or FASD Prevention Strategy has been developed by the Scottish Government. COVID-19 restrictions and media reporting increase in alcohol consumption during lockdown may well indicate an increased FASD prevalence in Scotland. FASD Scotland continues to participate in the ongoing development of GIRFEC.

Reduction in prevalence of FASD and FASD Secondary Disabilities in Scotland

Education and awareness raising has been undertaken by -

1) Continuing to share FASD prevention information as widely as possible across Scotland.
2) All training sessions advocated FASD prevention and encouraged trainees to share FASD awareness and prevention knowledge.
3) FASD Scotland Facebook, Twitter and LinkedIn media used to communicate key research and support updates from a range of countries to families, and other organisations.
4) Awareness information cards, posters, leaflets shared ongoing throughout the year.
5) Ongoing interaction and input as part of FASD Scotland's engagement with professionals, families and the public (as permitted by COVID restrictions)

Media – spreading the word

- Facebook, X and LinkedIn updates made regularly to share awareness, research and best practice. Numbers viewing and sharing continue to increase with much positive feedback.

Financial review

Our main source of income was by way of donations and training fees with £2,062 being received in the year. (2024: £5,865). This included £100 kindly donated to the charity by two of the trustees. Expenditure in the year was £2,623 (2024: £5,907) resulting in a deficit of £561 being realised this year (2023: deficit £1,266).

<u>Reserves Policy</u>
The trustees would like to build up reserves to a level that is sufficient to allow the charity to continue its current activities. They believe that reserves should be at least the equivalent of three months annual costs. Current reserves exceed this target.

Statement of Director's responsibilities

The Board of Directors are responsible for preparing the financial statements in accordance with applicable law and the United Kingdom Generally Accepted Accounting Practice.

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the directors have:

- selected suitable accounting policies and applied them consistently;
- made judgements and estimates that are reasonable and prudent;
- prepared the financial statements on the going concern basis.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard FRS102 and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board on 20 May 2026 and signed on its behalf by:

Eileen Calder
20/05/26

Eileen Calder
Director

FASD Scotland

Directors Report to the Trustees of FASD Scotland

I report on the accounts of the charity for the year ended 31 July 2025 which are set out on pages 8 to 11.

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement
My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
   - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

   have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Print Name :

EILEEN CALDER

Sign : Eileen Calder

Dated: 20 May 2026

FASD Scotland

Statement of Financial Activities
(including an Income and Expenditure Account)
Year Ended 31 July 2025

	Note	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Incoming Resources					
Donations		100	-	100	891
Training fees		1,935	-	1,935	4,870
Other income		27	-	27	104
Total incoming resources		2,062	-	2,062	5,865
Resources Expended					
Charitable activities	2	2,623	-	2,623	5,907
Total resources expended		2,623	-	2,623	5,907
Net movement in funds		(561)	-	(561)	(42)
Fund balances brought forward		2,448	-	2,448	2,360
Fund balances at 31 July 2025		1,413	-	1,887	1,799

All amounts derive from continuing operations.

All gains and losses recognised in the year are included in the Income and Expenditure Account.

The notes on pages 10 and 11 form part of these financial statements

FASD Scotland (Company Number: SC428983)

Balance Sheet
As at 31 July 2025

	Note	2025 £	2025 £	2024 £	2024 £
Current assets					
Cash at bank and in hand		1,413		2,448	
Trade Debtors		-	1,413	2,448	4,896
Creditors: Amounts falling due within one year	3		-		(672)
Net current assets			1,413		4,224
Creditors: Amounts falling due after one year			-		-
Net assets			1,413		4,224
Unrestricted funds					
- General funds			1,413		2,361
Total funds			1,413		2,361

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard FRS102.

Approved by the board of directors on 20 May 2026 and signed on its behalf by:

Eileen Calder

Eileen Calder
Director

The notes on pages 10 and 11 form part of these financial statements

Notes to the Financial Statements
Year Ended 31 July 2025

1. Accounting Policies

Basis of accounting
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard FRS102, the Financial Reporting Standard FRS102 and the Companies Act 2006.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

The charity constitutes a public benefit entity as defined by FRS102.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income.

Resources expended
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Fund Accounting
Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of a grant.

2. Charitable activities

	Unrestricted reserves £	Restricted reserves £	Total 2025 £	Total 2024 £
Direct costs				
Support group materials	102	-	102	503
Travel & accommodation	944	-	944	3,298
Support costs				
Stationery	606	-	606	790
Office equipment	42	-	42	16
Software	297	-	297	332
Other expenses	632	-	632	240
Governance Costs				
Independent Examiner's Fee	-	-	-	744
	2,623	-	2,623	5,923

3. Creditors: amounts falling due within one year

	2025 £	2024 £
Accrued expenses	-	720

4. Related Party Transactions

None of the trustees received any remuneration.

Travel and accommodation costs of £944 (2024: £3,298) were reimbursed to two (2024: two) trustees.