

The Mary Davies Trust

Scotland · Charity number SC043526

Details

Status	Active
Legal form	Trust (founding document is a deed of trust) (other than educational endowment)
Registered	2012-10-31
Register	View on the OSCR register

Contact

Address	Thistleto Shore Road Brodick Isle of Arran KA27 8AJ
Website	http://www.marydaviestrust.org.uk

Activities

Activities: 'It makes grants, donations, loans, gifts or pensions to individuals'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: The Mary Davies Trust provides a wide range of therapies to island residents referred by their GP or other medical professional. Therapies include Acupuncture, Aromatherapy, Massage, Reflexology, Reiki, Osteopathy and Psychotherapy. Suitably qualified Arran therapists are funded to provide a series of treatments to those identified by the island's medical professionals as in need of feel-good therapy. Free appointments are prioritised by the Trust according to need and consistent with its resources. Top priority is given to those caring for loved ones as it is felt that, due to their selfless devotion to their dependants, they often overlook their own needs. The charity pays for up to four sessions per client, with up to ten further monthly sessions subsidised at 50% if required.

Beneficiaries: 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: The advancement of health (including the prevention or relief of sickness, disease or human suffering).

Geography

- **Main operating location:** North Ayrshire
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£3,215	£18,628	-	0
2024-08-31	£2,374	£29,810	-	0
2023-08-31	£2,017	£32,417	-	0
2022-08-31	£10,960	£26,261	-	0
2021-08-31	£7,384	£18,015	-	0

The Mary Davies Trust

Scotland - Charity number SC043526

Accounts

Mary Davies Trust

Scottish Charity Number SC043526

ACCOUNTS

For Year Ended

31st August 2025

Mary Davies Trust

Trustees Annual Report and Accounts for the year ending 31st August 2025

Scottish Charity Number SC043526

Current Trustees

Mrs. A McNicol Chairperson

Dr E Guthrie

Mrs. H Nelson

Mrs. J Herbert

Trust Coordinator

Mrs. J Attkins

Secretary

Mr. C Attkins

Contact Address

Mary Davies Trust, Thistledo, Shore Road, Brodick, Isle of Arran, KA27 8AJ

Recruitment and appointment of Trustees

There were no changes of Trustees this year.

Governing document

The affairs of the trust are administered in terms of the will of the late Mary Davies, on which the Trust Deed previously submitted is based.

Charitable purposes

The aims of the trust are to provide and administer free, or subsidised, complementary health care for the healing of body, mind and spirit of individual members of the public referred by health care professionals.

Activities and achievements

Funding

Main funds are from the residue of the estate of the late Mary Davies and previously the sale of her house. To Safeguard the funds in line with bank guarantees, additional funds are invested with Shawbrook bank (£20,234) and the Charity bank (£60,022).

Operational Activities

The trust's operations were curtailed this year, in order to stretch available funding, with 415 therapies delivered to Arran residents.

Trustees' remuneration and expenses

The trustees received no remuneration during this financial year.

Approved by the Trustees and signed on their behalf,

Alison McNicol

Date: 19/5/26

Alison McNicol
Chairperson

Independent Examiners' Report to the Trustees of Mary Davies Trust.

I report on the accounts of the charity for the year ended 31st August 2025, which are set out on page 4.

Respective responsibilities of trustees and examiners.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is our responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to our attention.

Basis of independent examiners' statement.

An examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiners' statement.

In the course of our examination no matter has come to my attention

which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with Section 44(1)(a)
of the 2005 Act and Regulation 4 of the 2006 Accounts
Regulations, and

(b) to prepare accounts which accord with the accounting records
and comply with Regulation 9 of the 2006 Accounts
Regulations have not been met, or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Sylvia Alison* Date: 8/5/26

Sylvia Alison
7 Brathwic Terrace Brodick
Isle of Arran

Mary Davies Trust

Receipts and Payments Account - Year ended 31st August 2025

	2025	2024
<u>Receipts</u>	£	£
Gifts and Donations Income	1,034	225
Bank Interest Earned	<u>2,181</u>	<u>2,149</u>
Total Receipts	<u>3,215</u>	<u>2,374</u>
<u>Payments</u>		
Professional Therapists Fees	16,028	27,366
Voucher	50	0
Administration	2,350	2,244
Professional Fees	<u>200</u>	<u>200</u>
Total Payments	<u>18,628</u>	<u>29,810</u>
<u>Excess of Payments over Receipts for the year</u>	<u>-15,413</u>	<u>-27,436</u>
<u>Bank and Deposit Balances</u>		
Brought forward	128,997	156,433
Movement in Year:		
Excess of Payments over Receipts For the year	<u>-15,413</u>	<u>-27,436</u>
Bank and Deposit balances c/f	<u>113,584</u>	<u>128,997</u>

Approved by the Trustees and signed on their behalf,

Alison McNicol

Alison McNicol
Chairperson
Date: 19/5/26