

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	04	2024	To	31	03	2025

Reference and administration details

Charity name	North Coast Connection
Other names charity is known by	
Registered charity number	SC042907
Charity's principal address	

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chairperson		
2	Treasurer		
3	Secretary		
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
	01.04.2024 – 08.10.2024

Structure, governance and management

.Type of governing document

North Coast Connection is a Scottish Charitable Incorporated Organisation. The SCIO was incorporated on 15 March 2013 and has had charitable status from 30 January 2012.
The organisational structure consists of a management committee or board elected by the membership.

.Trustee recruitment and appointment

The constitution provides for the members, at each AGM, to elect trustees from the membership to form a management committee. The board may appoint any member to be a trustee at any time. The board may also, at any time, appoint to the board any non-member with particular expertise, or representing a body with which the organisation has links. At each AGM, any trustee so appointed must retire from office. Of the remaining trustees, one third (those who have been in office the longest) shall retire from office but can be re-elected unless the trustee advises the board that he/she does not wish to be re-elected.

Objectives and activities

.Charitable purposes

The organisation's purposes are to provide and promote the provision of recreational and educational facilities and activities for the encouragement of social inclusion, citizenship and improved community and individual wellbeing; to relieve those in need by reason of age, ill health or disability and to improve the conditions of life of the inhabitants of North Sutherland - (primarily the Parishes of Durness, Tongue and Farr).

Summary of the main activities in relation to these objects

North Coast Connection provides a community Health and Well-being Hub based at the Kyle Centre in Tongue. A service level agreement with NHS Highland enables the organisation to run a community lunch club with health-promoting activities three days a week, signpost and facilitate access to local services, and provide space for local community groups and committees to meet. Partnership working and grant income enables us to improve the centre and provide additional activities including outreach into our local community. We continue to work closely with our community transport provider to ensure equitable access to the Kyle Centre, local services and any services and activities we provide.

Achievements and performance

Summary of the main achievements of the charity during the financial period

Main Activities: The community lunch club at the Kyle Centre and our outreach hot meal delivery service have continued throughout this reporting period. A total of 364 hot meals were delivered and 1258 meals served at the Kyle Centre during this reporting period.

Our annual fund-raising Daffodil Tea held on 20th April 2024 raised £397.40.

Befriending service: We continue to provide this service in partnership with Highland Hospice. This is primarily a visiting service provided by volunteers, supplemented with telephone and email contact between visits. Over this period 7 clients have received a service from 7 volunteers.

North Coast Helping Hands marked Befriending Week exhibiting items loaned from the Strathnaver Museum for a [REDACTED] exhibition and also organised a Poetry afternoon with [REDACTED]

Health Walks Our Health Walks continued with an average of 12 people joining the weekly walks led by trained volunteer walk leaders. Grant funding has enabled the group to also provide day trips, giving the walkers the opportunity to walk in a different area and meet up with other walking groups. The group has also purchased equipment including a mobile defibrillator. The Walking Group marked their tenth anniversary with an event at Borgia Cabin on 12th June. Members of the walking group participated in the 2024 Scottish Mental Health Arts Festival creating artworks from nature which were displayed at Eden Court theatre in Inverness.

Footcare Service: 33 footcare sessions have been provided during this reporting period.

Garden Project: Our network of community growers has met regularly during this reporting period. As well as being social events, the meetings give an opportunity to share expertise, seeds and plants. Our community polytunnel has again been used by new members of the group.

Members of our gardening group participated in a Community Herbarium project, preserving plant specimens using traditional botanical methods. The specimens collected are stored at the Strathnaver Museum.

After School Club: This volunteer-led activity is available for all children of primary school age in the area. This is a weekly event and an average of 18 children attend each session, undertaking various activities including participating in a workshop run by Species on the Edge and helping to decorate the Kyle Centre for Christmas and Easter.

Care & Support Service Development Project: Through this project we explored whether North Coast Connection could provide a locally managed care and support service.

A light in the Dark: We organised a series of events including a Karaoke night during the Winter months. Mental Health First Aid (MHFA) Training was proposed in this activity but not included in the funding award from the Mental Health Communities Wellbeing Fund. MHFA Training was provided through a separate grant from the Anne, Duchess of Westminster Fund.

Financial review

Brief statement of the charity's policy on reserves

The policy is to hold reserves to:

1. cover three months operating costs
2. make redundancy payments should the charity or any project cease to operate
3. replacement costs for large appliances
4. cover building repairs (not covered by insurance) and maintenance

Details of any deficit

Donated facilities and services (if any)

1427.25 volunteer hours were donated across all our activities during this reporting period. This excludes time spent by board members at meetings and carrying out other administrative duties.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)



Chairperson

Date

24/6/2025

OSCr

Office of the Scottish Charity Regulator

		Independent examiner's report on the accounts						
Report to the trustees/members of	Charity name	NORTH COAST CONNECTION						
	Registered charity number	SC 042907						
	On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year	
	1	04	24	to	31	03	25	
Set out on pages	7-11						(remember to include the page numbers of additional sheets)	
Respective responsibilities of trustees and examiner	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>							
Basis of independent examiner's statement	<p>My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.</p>							
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 							
Signed:					Date:	07/08/2025		
Name:								
Relevant professional qualification(s) or body (if any):								
Address:								

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose

North

SC042907



Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	3,833	509			4,342	3,716
Legacies					-	-
Grants		76,319			76,319	63,767
Receipts from fundraising activities	1,309				1,309	678
Gross trading receipts	5,399	8,033			13,432	11,595
Income from investments other than land and buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities		10,534			10,534	190
					-	
A1 Sub total	10,541	95,395	-	-	105,936	79,946
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	10,541	95,395	-	-	105,936	79,946
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments		5,386			5,386	5,605
Investment management costs					-	-
Payments relating directly to charitable activities		86,356			86,356	68,518
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination	90				90	75
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	90	91,742	-	-	91,832	74,198
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	90	91,742	-	-	91,832	74,198
Net receipts / (payments)	10,451	3,653	-	-	14,104	5,748
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	10,451	3,653	-	-	14,104	5,748

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

The funds are used to provide a community well-being hub based at the Kyle Centre in Tongue. A service level agreement with NHS Highland enables the organisation to run a community lunch club with health-promoting activities three days a week. The service provides the support needed to keep people happy and independent in the community. North Coast Connection also signposts people to other services, facilitating access to these, and provides a space for local community groups and committees to meet. Partnership working and grant income enables the maintenance and improvement of the centre and provides additional activities including outreach into our local community.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

Authority under which paid

£

C3b Trustee remuneration - details

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

Number of trustees

£

C4b Trustee expenses - details

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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North

SC042907

Additional analysis (1)**Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
General Donations	3,833	90			3,923	2,562
Health Walks		419			419	276
Gardening Grp					-	878
					-	
Total	3,833	509	-	-	4,342	3,716
	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £		Total current period to nearest £	Total last period to nearest £
NHSH		54,000		54,000	54,000
Highland Hospice		2,241		2,241	2,500
North West Sutherland Trust		13,254		13,254	
The Wood Foundation		3,000		3,000	
Energy Saving Trust		-			6,067
North Highland INI					1,200
Community Mental Health Fund		3,824		3,824	
Total	-	76,319		76,319	63,767
	-	-		-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
refunds to NCC		568			568	
Insurance claim payment		9,966			9,966	
fundraising		1,309			1,309	
trading		13,432			13,432	
					-	
					-	
					-	
					-	
Total	-	25,275	-	-	25,275	-
	-	reference error	-	-	reference error	reference error

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Staffing Cost		46,870			46,870	42,857
Volunteer Costs		630			630	306
Activities and materials		5,252			5,252	2,470
Office and stationery		7			7	243
Building and equipment		17,409			17,409	10,498
Equity and equality		5,423			5,423	2,445
Utilities		7,424			7,424	7,312
Fees		3,101			3,101	2,387
Other		240			240	
					-	
					-	
Total	-	86,356	-	-	86,356	68,518
	-	-	-	-	-	-

SC042907

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	3,833				3,833	2,562
Legacies					-	
Grants					-	
Receipts from fundraising activities	1,309				1,309	678
Gross trading receipts	5,399				5,399	5,486
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	10,541	-	-	-	10,541	8,726
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	10,541	-	-	-	10,541	8,726
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	90				90	
Preparation of annual accounts					-	75
Legal costs					-	
					-	
					-	
Sub total	90	-	-	-	90	75
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	90	-	-	-	90	75
Net receipts / (payments)	10,451	-	-	-	10,451	8,651
Transfers to / (from) funds					-	
Surplus / (deficit) for year	10,451	-	-	-	10,451	8,651

Nature and purpose of funds

These funds support the provision of additional community activity and contribute to the upkeep of the building