

21st Century Families

Scotland · Charity number SC042725

Details

Status	Active
Legal form	SCIO (Scottish Charitable Incorporated Organisation)
Registered	2011-11-14
Register	View on the OSCR register

Contact

Address c/o Long Calderwood Primary
Neville
Calderwood
East Kilbride
G74 3QT

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health', 'the advancement of citizenship or community development'

What the charity does: The charity is set up to promote happy, healthy and resilient children. 21st Century Families helps to promote the benefits that children's play will have on their physical, emotional and social health. Over 250 families engage in indoor and outdoor challenges requiring minimal to no equipment.

Beneficiaries: 'Children or young people', 'No specific group, or for the benefit of the community'

Objectives: 4.1 To advance the education of parents/carers of the factors which affect children's learning and development 4.2 To advance the education of professionals and practitioners to support parents to reflect on 21st Century lifestyle and identify opportunities for positive change 4.3 To advance the health of families by promoting healthy lifestyles through active play and healthy eating 4.4 To advance citizenship by building support networks for 21st Century Families 4.5 To advance community development by encouraging and developing volunteers to gain new skills and build confidence

Geography

- **Main operating location:** South Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£0	£2,207	-	0
2023-12-31	£3,000	£1,212	-	0
2022-12-31	£2	£4,080	-	0
2021-12-31	£3,500	£4,883	-	0
2020-12-31	£9,900	£4,305	-	0

21st Century Families

Scotland - Charity number SC042725

Accounts

Charity registration number: SC042725

21st Century Families

Report and Accounts

for the year ended

31 December 2024

**21st Century Families
Report of the Trustees
for the year ended 31 December 2024**

The Trustees present their report and accounts for the year ended 31 December 2024.

Principal activities

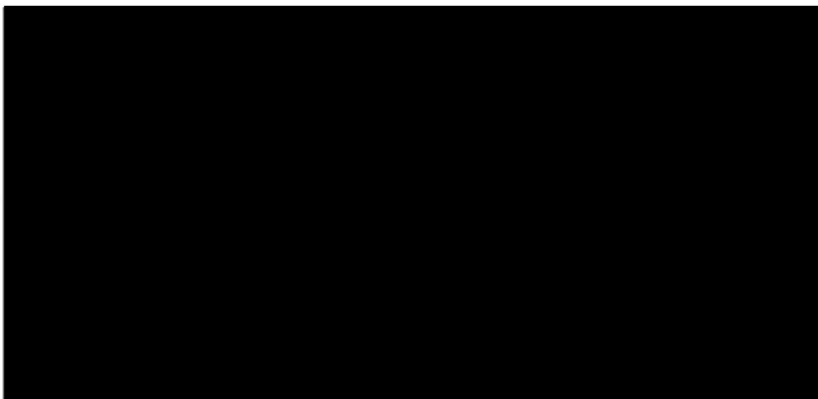
21st Century Families is a registered charity working with schools and communities to promote happy, healthy and resilient children. The charity was registered on 14th November 2011 and commenced its activities on 1 December 2011.

Our Play award programme '21 Ways to Play Learn and Have Fun' from Primary 1 – Primary 3 has been very successful. Over 250 families from 6 schools across South Lanarkshire engaged with this initiative. Families participated in indoor and outdoor challenges requiring minimal or no equipment.

Pupils were awarded for completing challenges and under each section of the booklet, Indoor Adventurer, Outdoor Explorer, Managing Myself and Family Fun. The skills progressed across the three age groups and family involvement was encouraged throughout. This year we also piloted an ASN award with 1 local school.

Trustees

The following persons acted as trustees during the period:



This report was approved by the Trustees on 23 September 2025, and signed on their behalf.



Chair

**21st Century Families
Independent Examiner's Report**

Independent Examiner's Report to the Trustees of 21st Century Families

I report on the accounts of the charity for the year ended 31 December 2024 which are set out on pages 3 to 5.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1)(c) of the Act and to state whether particular matters have come to my attention.

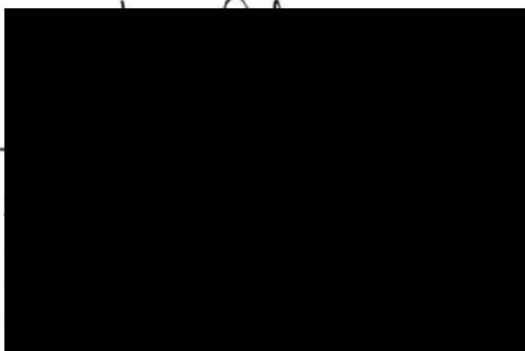
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulationshave not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



23 September 2025

21st Century Families
Statement of financial activities
for the period ended 31 December 2024

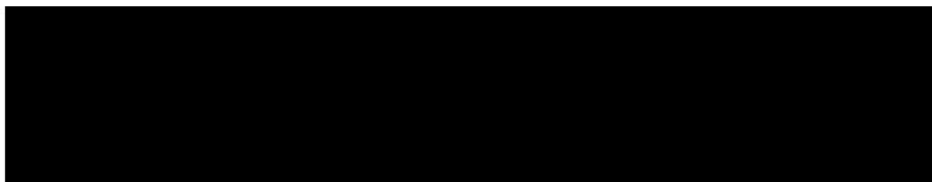
	Note	Restricted £	Unrestricted £	Total 2024 £	Total 2023 £
Incoming resources					
Grants		-	-	-	3,000
Donations		-	-	-	-
Interest Receivable		-	-	-	-
		<u>-</u>	<u>-</u>	<u>-</u>	<u>3,000</u>
Resources expended					
Accountancy fees		-	-	-	115
Honoraria		-	-	-	100
Software/website		-	-	-	110
Stationery and postage		-	2,089	2,089	277
Storage		-	23	23	-
Subscriptions and awards		-	70	70	611
Miscellaneous		-	25	25	-
		<u>-</u>	<u>2,207</u>	<u>2,207</u>	<u>1,212</u>
Surplus/(deficit) for year		-	(2,207)	(2,207)	1,788
Funds brought forward		810	2,198	3,008	1,220
Transfer between funds		- 200	200	-	200
Funds carried forward	4	<u>610</u>	<u>191</u>	<u>801</u>	<u>3,008</u>

**21st Century Families
Balance sheet
As at 31 December 2024.**

	Note	Restricted £	Unrestricted £	Total 2024 £	Total 2023 £
Current assets					
Cash at bank		810	567	1,377	3,584
		<u>810</u>	<u>567</u>	<u>1,377</u>	<u>3,584</u>
Current liabilities					
Accruals	3	-	576	576	576
PAYE		-	-	-	-
		<u>-</u>	<u>576</u>	<u>576</u>	<u>576</u>
Net assets		<u>810</u>	<u>- 9</u>	<u>801</u>	<u>3,008</u>
Funds brought forward				3,008	1,220
Surplus/(deficit) for year				(2,207)	1,788
Funds carried forward	4			<u>801</u>	<u>3,008</u>

The notes on page 5 form an integral part of these accounts

Approved by the trustees on 23 September 2025 and signed on their behalf by:-



Chair

Vice chair

**21st Century Families
Notes to the Accounts
for the year ended 31 December 2024**

1. Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Current liabilities

	2024 £	2023 £
Accruals	<u>576</u>	<u>576</u>

4. Movement in Funds

	At 01.01.2024 £	Movement in funds £	Transfers £	At 31.12.2024 £
Unrestricted funds				
General Fund	<u>2,198</u>	<u>(2,207)</u>	<u>200</u>	<u>191</u>
Restricted funds				
Restricted	<u>810</u>	<u>-</u>	<u>-</u>	<u>200</u>
			<u>200</u>	<u>610</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	<u>-</u>	<u>(2,207)</u>	<u>(2,207)</u>
Restricted funds	<u>-</u>	<u>-</u>	<u>-</u>