

The Living Well Project

Scotland · Charity number SC042266

Details

Status Active

Legal form Unincorporated association

Part of Brimmond Church of Scotland Aberdeen (SC011204)

Registered 2011-04-20

Register [View on the OSCR register](#)

Contact

Address Brimmond Church
Bucksburn
Aberdeen
AB21 9SS

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health'

What the charity does: We aim to reduce loneliness and to provide support to those suffering from memory loss and their carers. We achieve this through the provision of a befriending service. We also deliver the Living Well Cafe which operates in three local church premises on a fortnightly basis. This provides an opportunity for entertainment, enjoyment, socialising, peer to peer support and signposting to relevant services.

Beneficiaries: 'No specific group, or for the benefit of the community'

Objectives: The aim of the Charity is to improve the physical, emotional, social and spiritual wellbeing within the local community.

Geography

- **Main operating location:** Aberdeen
- **Geographical spread:** A specific local point, community or neighbourhood

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£67,868	£53,246	-	3
2023-10-31	£65,758	£45,300	-	3
2022-10-31	£49,716	£47,338	-	3
2021-10-31	£53,863	£44,894	-	3
2020-10-31	£31,124	£46,793	-	3

Accounts

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	1	NOV	2023	To	31	OCT	2024

Reference and administration details

Charity name	THE LIVING WELL PROJECT
Other names charity is known by	
Registered charity number	SC042266
Charity's principal address	Brimmond Church
	Bucksburn
	Aberdeen
	Postcode AB21 9SS

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Convenor		
2	Treasurer		
3			
4			
5			
6			
7			
8			
9	Secretary		
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Revised Constitution Dated 23rd January 2023

Trustee recruitment and appointment

Trustees must be members of any Church that supports or operates any of the activities of the Charity and are appointed in accordance with the Constitution by way of a two thirds majority vote by existing Trustees and any members of Brimmond Church aged 18 years or over present at the AGM. There is also provision for co-opted members.

Objectives and activities

Charitable purposes

The aim of the Charity is to improve the physical, emotional, social and spiritual wellbeing within the local community.

Summary of the main activities in relation to these objects

The charity operates both a Befriending Service for elderly residents within the community and Dementia Cafes across 4 venues in Aberdeen for those affected by Dementia and their carers. (One venue has not yet started operating again after the pandemic but this now progressing).

Working links have been made with local organisations, Aberdeen Council of Voluntary Organisations (ACVO) Aberdeen City Council and NHS Grampian in order to deliver the services and ensure that needs are being met.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

The befriending co-ordinator reinvigorated the befriending part of the service.

The main achievement was the successful operation and growing attendance of all three cafes operated by the project.

Financial review

Brief statement of the charity's policy on reserves

Any reserve funds held are required to meet future obligations in terms of salaries and expenses in relation to the operation of both services.

Details of any deficit

Securing grant funding has been and remains challenging and the charity has had to increasingly rely on private donations and fundraising events whilst seeking out higher value and recurrent grant funding. The charity has been able to rely on funds held in reserve from previous years where there is any shortfall between income and expenditure. However it has been fortunate to secure funding from local companies and some smaller grants.

Donated facilities and services (if any)

3

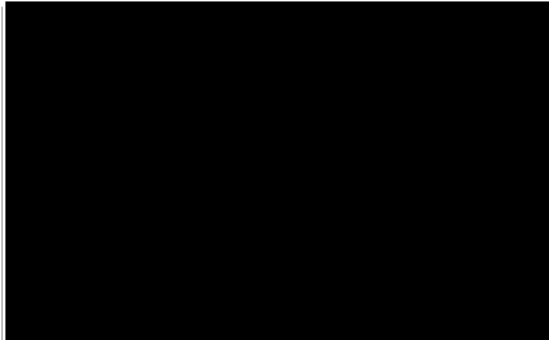
APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (e.g. Chair)	CONVENOR	
Date	30 th July 2025	

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Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	1	Nov	2023		31	Oct	2024

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	36,393				36,393	16,258
Legacies	20,000				20,000	
Grants	11,475				11,475	49,500
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	67,868	-	-	-	67,868	65,758
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	67,868	-	-	-	67,868	65,758
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	53,246				53,246	45,300
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	53,246	-	-	-	53,246	45,300
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	53,246	-	-	-	53,246	45,300
Net receipts / (payments)	14,622	-	-	-	14,622	20,458
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	14,622	-	-	-	14,622	20,458

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	55,171				55,171	34,713
	Surplus / (deficit) shown on receipts and payments account	14,622				14,622	20,458
						-	
						-	
	Cash and bank balances at end of year	69,793	-	-	-	69,793	55,171
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Laptop	Unrestricted	600	350	450
	Laptop	Unrestricted	493	-	100
	Laptop	Restricted	492	-	100
	Laptop	Restricted	492	-	100
	Mobile	Unrestricted	12	-	5
	Mobile	Restricted	30	-	5
	Mobile	Restricted	238	100	150
	Projector	Restricted	300	100	200
		Total	2,657	550	1,110

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
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Authority under which paid

C3b Trustee remuneration - details

	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	x
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations	36,393				36,393	16,258
					-	
					-	
					-	
Total	36,393	-	-	-	36,393	16,258
	reference	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £		Total current period to nearest £	Total last period to nearest £
Foundation Scotland	1,000			1,000	-
Roch Rose UK	2,500			2,500	-
Wood YPI	2,500			2,500	
Mollison Fund	1,000			1,000	
COOP	1,288			1,288	
Aberdeen Student Show	3,187			3,187	-
Other				-	
Total		-		11,475	49,500
	reference	-		-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-
	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
	53,246				53,246	47,338
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	53,246	-	-	-	53,246	47,338
	reference error	-	-	-	reference error	reference error

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Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	36,393				36,393	16,258
Legacies	20,000				20,000	
Grants	11,475				11,475	49,500
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	67,868	-	-	-	67,868	65,758
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	67,868	-	-	-	67,868	65,758
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	53,246				53,246	45,300
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	53,246	-	-	-	53,246	45,300
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	53,246	-	-	-	53,246	45,300
Net receipts / (payments)	67,868	-	-	-	67,868	20,458
Transfers to / (from) funds					-	
Surplus / (deficit) for year	14,622	-	-	-	14,622	20,458
Nature and purpose of funds						

APPENDIX 3

OSCR

Independent examiner's report on the accounts

v2

Report to the trustees/members of the charity of
THE LIVING WELL PROJECT

Office of the Scottish Charity Regulator
Registered Charity number 52642200

On the accounts of the charity for the period

Set out on pages

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
1	Nov	2023	to	31	Oct	2024

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper

Signed:

Name:

Relevant professional qualification(s) or body (if any):

Address:

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose

NONE