

The Edinburgh Twins Club

Scotland · Charity number SC039623

Details

Known as	Edinburgh and Lothians Twins and Multiples Club
Status	Active
Legal form	Unincorporated association
Registered	2008-06-02
Register	View on the OSCR register

Contact

Address	6 Goldeneye Gait Edinburgh EH17 8XN
Website	www.edinburghtwins.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: The Edinburgh & Lothians Twins & Multiples Club (ELTMC) is a registered charity dedicated to supporting families in Edinburgh and the Lothians who are expecting or raising twins, triplets, or higher-order multiples. Our mission is to offer helpful information and build a supportive network of multiple birth families, empowering parents to give their children the best possible start in life. The club is run by members, for members - a community built on shared experience and mutual support.

Beneficiaries: 'Other defined groups'

Objectives: To give encouragement and support to the parents of twins, triplets or more. To advance the education of the public about the incidence and effects of multiple births. To promote greater appreciation within the medical profession of the problems of multiple births. To increase public and professional awareness of the special needs of multiples and their families. To produce and disseminate information and literature for the parents of twins and more.. Advance the educational and social development of pre-school children with the emphasis on the play experience so that they take a constructive place in the community and also to advance the education of their parents and other appropriate persons.

Geography

- **Main operating location:** City of Edinburgh
- **Geographical spread:** More than one local authority area in Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,160	£2,315	-	0
2024-03-31	£1,792	£2,823	-	0
2023-03-31	£2,016	£3,477	-	0
2022-03-31	£1,527	£3,275	-	0
2021-03-31	£361	£1,038	-	0

Accounts

Edinburgh & Lothian Twins & Multiples Club

Trustees' Report & Accounts

For the 12-month period ended

31 March 2025

Contents

Reference & Administrative Information

Trustees' Report

Independent Examiner's Report to the Trustees'

Statement of Balances

Reference & Administrative Information

Current Trustees'

Rachel Vardy, Magdalena Koscielniak, Manon Booth, Sarah Watson, Zaneta Henke, Kristen McNicoll, Sophie Galazka-Walls

Committee Roles

Chairperson	Rachel Vardy
Vice chair	Elizabeth Collen
Secretary	Catriona Murray
Treasurer	María Vicente Tedesco
Membership Secretary	Zaneta Henke
Website Coordinator	Manon Booth
Antenatal Coordinators	Jenny Lieberman Sarah Watson Sophie Galazka-Walls

General Members

Dave Dunderdale, Roxy Dunderdale, Kristen McNicoll

Contact Address

6 Goldeneye Gait, Edinburgh, EH17 8XN

Bankers

Bank of Scotland, 172 High St, Musselburgh, EH21 7DZ

Trustees' Report

Recruitment & Appointment of Trustees

All of the club's trustees are appointed or reappointed by members at our annual general meeting which is held in April each year.

Governing Document

The Edinburgh Twin Club was established in 1978 and was registered as a charity on 2 June 2008. The club is a charitable unincorporated association, and the purposes and administration arrangements are set out in our constitution.

Charitable Purpose

Our purposes as recorded in our constitution are to promote the aims of the Twins Trust.

- To give encouragement and support to the parents of twins, triplets or more.
- To advance the education of the public about the incidence and effects of multiple births.
- To increase public and professional awareness of the special needs of multiples and their families.
- To provide and disseminate information and literature for the parents or twins and more.
- Advance the educational and social development of pre-school children with the emphasis on the play experience so that they take a constructive place in the community and also to advance the education of their parents and other appropriate persons.

Activities & Achievements

During this period the club has:

- Held events for our members as follows:
 - Summer Picnic – The Meadows, 28 July 2024 attended by 25 families
 - Midlothian Summer Picnic – Dalkeith 31st August 20254, attended by 12 families
 - Halloween Party - Colinton Bowling Club, 20 October 2024 attended by 20 families
 - Christmas Party - Craigsbank Church, 7 December 2024, attended by 35 families
- Held Getting Ready for Multiples' classes every other month which have been held at Colinton Bowling Club and attended by 27 expectant families in total, giving them the chance to meet other parents due at the same time and learn more about life with twins. This also allowed us to redistribute donated twin-feeding pillows and books.
- Held regular BBT (Bumps, Babies and Toddlers) groups in Edinburgh, Midlothian and Livingston which allow families of multiples somewhere to meet and provide support to one another, and for the children to play. We were awarded funding (£2320) by the National Lottery's Community Fund to host our BBTs.
- Maintained active Facebook groups providing support and a buy/sell community for twin-specific items to our members.
- Planning for a new evening parent support group, to provide support and community for parents as they navigate the challenges of raising young multiples

Reserves

As a result of the surplus of £6,968.24, the club held unrestricted funds of £4,655.70 and restricted funds of £101.19 and £2,270.00 at the period end.

The Committee considers the general fund of £4,655.70 and the restricted national lottery fund of £2,270.00 will enable them to fund activities to meet the charitable objectives of the organisation over the course of the next financial year, including parent and toddler groups, antenatal classes and information dissemination. Further funding may be sought to run the planned parent support group on a regular basis. They do not have a policy for the level of the reserves they should hold.

Approved by the Trustees and signed on their behalf;

Name	Rachel Vardy
Role	Chairperson 2024/25
Date	27 th January 2026

Independent Examiner's Report to the Trustees of Edinburgh & Lothian Twins & Multiples Club

I report on accounts of the charity for the period ended 31 March 2025.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity's trustees consider that the audit requirement of Regulation 10(1) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required for an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention (other than disclosed below and by trustees above);

1. Which gives me reasonable causes to believe that in any material respect the requirements:

- a) To keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations and
- b) To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

Have not been met or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name	Calum Brown
Address	4 Damselfly View, Edinburgh, EH17 8XH
Date	23rd March 2026
Signed	Calum Brown

2024-25 Profit and Loss Account

Edinburgh & Lothians Twins & Multiples Club				Profit and Loss Account	
Scottish Charity Number SC039623				For the period ending 31 March 2025	
	Unrestricted	Restricted (toys)	Restricted (National Lottery)	Totals	Profits & Losses
Opening Balance	£5,080.95	£101.19	£0.00	£5,182.14	
Total Income	£1,839.56	£0.00	£2,320.00	£4,159.56	
Social Event	£637.36	£0.00	£0.00	£637.36	-£14.76
BBT	£282.23	£0.00	£0.00	£282.23	-£131.64
Admin	£0.00	£0.00	£0.00	£0.00	-£637.87
Education	£340.00	£0.00	£0.00	£340.00	-£254.95
Marketing	£0.00	£0.00	£0.00	£0.00	£0.00
Donation	£289.50	£0.00	£2,320.00	£2,609.50	£2,609.50
Misc	£290.47	£0.00	£0.00	£290.47	£290.47
Total Payments	£2,264.81	£0.00	£50.00	£2,314.81	£1,844.75
Social Event	£652.12	£0.00	£0.00	£652.12	
BBT	£363.87	£0.00	£50.00	£413.87	
Admin	£637.87	£0.00	£0.00	£637.87	
Education	£594.95	£0.00	£0.00	£594.95	
Marketing	£0.00	£0.00	£0.00	£0.00	
Comittee Expenses	£16.00	£0.00	£0.00	£16.00	
Misc	£0.00	£0.00	£0.00	£0.00	
Closing Balance	£4,655.70	£101.19	£2,270.00	£7,026.89	

2024-25 Notes

The total losses stated in the above report (summed from transactions across all accounts) does not account for a total of £58.65, due to the writing off an inaccurate petty cash balance. We opened the year with a petty cash balance of £88.15 and closed with a balance of £29.50.

The amount the club has had in cash has been £29.50, whilst £88.15 has been carried forwards in our accounts over the course of many years.

This includes over the pandemic where beforehand, several independent petty cash funds were maintained for each BBT and class location, with their total summed together for our annual reports. Over the pandemic and subsequent years as we closed and restarted different groups, the account-stated value of the petty cash has not emerged. We suspect this has been an error in the accounts rather than an actual loss of funds.

Previous years (2023-24) Profit and Loss account (for comparison)

Edinburgh & Lothians Twins & Multiples Club
Scottish Charity Number SC039623

Profit and Loss Account
For the period ending 31 March 2024

	Unrestricted	Restricted	Totals	Profits & Losses
Opening Balance	£6,107.05	£101.19	£6,208.24	
Total Income	£1,792.76	£0.00	£1,792.76	
Social Event	£640.39	£0.00	£640.39	£145.39
BBT	£300.84	£0.00	£300.84	-£344.27
Admin	£0.00	£0.00	£0.00	-£537.89
Education	£360.00	£0.00	£360.00	-£165.00
Marketing	£0.00	£0.00	£0.00	£0.00
Donation	£436.53	£0.00	£436.53	-£184.06
Misc	£55.00	£0.00	£55.00	£55.00
Total Payments	£2,823.59	£0.00	£2,823.59	-£1,030.83
Social Event	£495.00	£0.00	£495.00	
BBT	£645.11	£0.00	£645.11	
Admin	£537.89	£0.00	£537.89	
Education	£525.00	£0.00	£525.00	
Marketing	£0.00	£0.00	£0.00	
Comittee Expenses	£620.59	£0.00	£620.59	
Misc	£0.00	£0.00	£0.00	
Closing Balance	£5,076.22	£101.19	£5,177.41	