

# Independent Living Support

Scotland · Charity number SC037633

## Details

---

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2006-11-24
Register	<a href="#">View on the OSCR register</a>

## Contact

---

Address 8 George Street Meuse  
Dumfries  
DG1 1HH

Website [www.ils-dumfries.co.uk](http://www.ils-dumfries.co.uk)

## Activities

---

**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the prevention or relief of poverty', 'the advancement of education', 'the advancement of health', 'the advancement of citizenship or community development'

**What the charity does:** Independent Living Supports' vision is to build a thriving, resilient and empowered community through a sense of belonging and purpose. Our unique holistic one-to one approach remains the foundation of our work with clients. Our approach is needs led, working with the client usually up to a year or longer, building healthier foundations to advance a person from crisis point to one where they can independently manage situations. The Charity consists of two services. youth (13-25 age group) and adults (25 plus age group). We have two offices – Dumfries and Stranraer. ILS accept self-referrals through our youth service and can assist with some self-directed support packages for young people too. Our adult service referrals come through two funded programmes – peer or our 'My Great Start' (Wheatley Foundation) if you are a new tenant. ILS can accept adult self-directed support clients who have been assessed by the social services team.

**Beneficiaries:** 'No specific group, or for the benefit of the community'

**Objectives:** 2 The company's objects are: a) The advancement of health by providing one-to-one support and intervention during a crises and challenges experienced by individuals in their mental health and wellbeing. b) The prevention of relief of poverty by ensuring that individuals can access activities to improve their life skills and circumstances. c) The advancement of education of individuals by supporting activities that improve skills attainment through personal development, planning, and signposting. d) The advancement of citizenship and community development through providing targeted mental health recovery and resilience support for the empowerment of communities and volunteering activities.

## Geography

---

- **Main operating location:** Dumfries And Galloway
- **Geographical spread:** Wider, but within one local authority area

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£212,549	£203,988	-	8
2024-03-31	£177,056	£190,046	-	7
2023-03-31	£219,058	£282,700	-	10
2022-03-31	£430,419	£422,214	-	17
2021-03-31	£395,252	£438,391	-	18