

# Inverness Bravehearts

Scotland · Charity number SC037269

## Details

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Status	Active
Legal form	Unincorporated association
Registered	2006-03-06
Register	<a href="#">View on the OSCR register</a>

## Contact

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Address	Secretary Inverness Bravehearts 138 Drakies Avenue Inverness IV2 3SE
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## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

**What the charity does:** To maintain healthy exercise with structured activities for all people with heart conditions

**Beneficiaries:** 'People with disabilities or health problems'

**Objectives:** The main objects of The Club are to encourage the maintenance of a healthy life-style and to provide support to those with cardiac disease, together with their families.

## Geography

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- **Main operating location:** Highland
- **Geographical spread:** Wider, but within one local authority area

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£5,696	£4,381	-	0
2024-10-31	£3,450	£4,300	-	0
2023-10-31	£4,000	£3,500	-	0
2022-10-31	£852	£1,022	-	0
2021-10-31	£0	£0	-	0

**Inverness Bravehearts**

Scotland - Charity number SC037269

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# Accounts

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# Inverness Bravehearts



## Annual Report

# 2024 – 2025

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**Registered as a Scottish Charity**

**Affiliated to  
Chest Heart and Stroke Scotland.**

**Scottish Charity Number SC037269**

# Inverness Bravehearts



<b>Name</b>	<b>Position</b>	<b>Period as a Trustee</b>
Ian Urquhart	Chairman	Full year
Helen Corrigan	Secretary	Full Year
Margaret Matheson	Treasurer	Full Year
Val Anderson	Trustee	Full Year
John A. Gordon	Trustee	Full Year
Michael Falcon	Trustee	Full Year
George Simpson	Trustee	Full Year
Jim Christie	Trustee	Full Year
Ian Fraser	Vice Chair	Full Year
Duncan Sutherland	Trustee	Full Year
Pamela Beveridge	Trustee	Full Year

## **Inverness Bravehearts**

### **Trustees Nov 2024 to Oct 2025**

Joanne Mayers was our Exercise Coordinator

**Contact address** Helen Corrigan, 138 Drakies Avenue, Inverness IV2 3SE

**Scottish Charity Number SC037269**

## **Recruitment and appointment of Trustees**

All of the Clubs trustees are appointed or reappointed by the members at our Annual General Meeting which is held within the 12 weeks after 31<sup>st</sup> October each year. Our 21st AGM was held on 20th February 2025 .

## **Governing Document**

The Club is a charitable unincorporated association, and the purposes and administration arrangements are set out in our constitution. We are affiliated to Chest Heart and Stroke Scotland. (CHSS)

## **Report of Years Activities**

**(Year ended 31 October 2025)**

### **Charitable purposes**

Our purposes, as recorded in our constitution, are to encourage the maintenance of a healthy lifestyle and to provide support to those with cardiac disease, together with their families.

### **Activities and achievements**

#### **Fundraising**

Inverness Marks and Spencer made Inverness Bravehearts their local charity last year. They raised £1704.12 for us which we received in this financial year

#### **Social Events**

Inverness Bravehearts and partners met in December for a Christmas Meal at the Beaufort Hotel in Inverness.

March 2025 an outing of Bravehearts went to Singing in the Rain at Eden Court Theatre Inverness

June 2025 several members met for a walk in the campus of University of the Highlands and Islands in Inverness as Millburn Gym Hall was not available to us due to a school function

September 2025, 23 of us went to Roller bowl Inverness before they closed down This event was enjoyed by all

October 2025-8 of us met for a soup and sandwiches lunch at Lochardil Hotel Inverness ( Storm Amy prevented some from joining us )

### **Exercise classes**

Exercise sessions are held on Wednesday evenings from 18.00 to 19.30 at Millburn Academy Inverness.

There is no annual registration fee at present and our session fee is £5.

We had 19 members and averaged attendance of 11 per exercise session.

Unfortunately 2 members have died this year and 2 others are less able to attend .

### **AGM**

The 21st AGM was held on 20th February 2025 at The Chieftain Hotel Inverness.16 members were present. Tea/coffee and sandwiches were provided and a raffle which raised £65 was organised to offset the costs. Many thanks to The Chieftain Hotel who only charged us £25.

### **CHSS**

We continue to be affiliated to CHSS and are grateful for their support and provision of our annual insurance policy.

### **Trustee remuneration and expenses**

An honorarium of £200 was given to our Treasurer due to her hard work throughout the year

### **Reserves**

The club holds unrestricted funds of £11,266.33 in the bank and £84.16 in petty cash on 31/10/25

Inverness Bravehearts has had an income of £5696.12 and an expenditure of £4,381.32, over the period from 01/11/24 to 31/10/25

Approved by the Trustees and signed on their behalf.

Chair Ian Urquhart

Date.

.....  
16/03/26

Inverness Bravehearts

**Annual Report**

**2024 – 2025**

**Contents.**

**Trustees.**

**Report of Years Activities.**

**Financial Statement.**

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**Affiliated to**

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Duncan Sutherland	Trustee	Full Year
Pamela Beveridge	Trustee	Full Year

**Inverness Bravehearts**

**Trustees Nov 2024 to Oct 2025**

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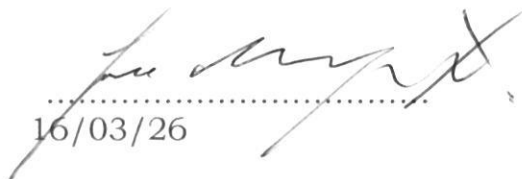
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Chair Ian Urquhart

Date.

  
.....  
16/03/26

**INVERNESS BRAVEHEARTS**  
**Scottish Charity SCO37269**  
**Receipts & Payments Accounts for the Year**  
**from 1st November 2024 to 31st October 2025**

Receipts (Gross)	This Year		Last Year	
	£	£	£	£
Meals	£542.00		£300.00	
Raffle	£65.00			
Weekly Class Fees	£2,860.00		£2,895.00	
Income from Membership		£3,467.00		£3,195.00
Fund Raising:-				
Ten Pin Bowling				
Polo Shirts				
Christmas Cards	£105.00			
Race night				
Total Fund Raising		£105.00		£0.00
Donations:-				
Gifts and Donations	£1,904.12		£100.00	
Chest Heart Stroke				
Total Donations		£1,904.12		£100.00
Additional Funds:-				
Gift Aid from Inland Revenue				
Eden Court Payments	£220.00		£160.00	
Total Additional Funds		£220.00		£160.00
<b>Total Receipts</b>		<b>£5,696.12</b>		<b>£3,455.00</b>

Payments (Gross)	This Year		Last Year	
	£	£	£	£
Programmed Activities & Events:-				
Hire of Hall for Weekly Classes	£1,559.04		£1,084.36	
Professional Fees	£1,260.00		£1,410.00	
Total Programmed Activities & Events		£2,819.04		£2,494.36
Administration:-				
Treasurers Honorarium + Sec	£200.00		£200.00	
Stationery	£62.28		£25.25	
Total Administration		£262.28		£225.25
Miscellaneous:-				
Meals	£779.00		£1,211.10	
Polo Shirts			£0.00	
Other	£105.00		£55.00	
Eden Court	£395.50		£300.00	
Flowers	£20.50		£30.30	
Total Miscellaneous		£1,300.00		£1,596.40
<b>Total Payments</b>		<b>£4,381.32</b>		<b>£4,316.01</b>

<b>Surplus (Deficit) for the Year</b>		<b>£1,314.80</b>		<b>-£861.01</b>
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**INVERNESS BRAVEHEARTS**  
**Scottish Charity SCO37269**  
**Statement of Balance as at**  
**31st October 2025**

	This Year	Last Year
	£	£
Balance at start of Financial Year	10,057.69	110,918.70
Surplus/(Deficit) for the Year	£1,314.80	-£861.01
<b>Total</b>	<b>£11,372.49</b>	<b>£10,057.69</b>

<b>Represented By:-</b>		
Clydesdale Cheque Account	£11,288.33	£9,455.75
Treasurers' Petty Cash	£84.16	£601.94
<b>Total</b>	<b>£11,372.49</b>	<b>£10,057.69</b>

Inverness Bravehearts has one material asset - a Music Centre courtesy of Highland Cross. It is used at the weekly classes and is held in a locked box at Millburn Academy, Inverness.

Signed on behalf of Inverness Bravehearts

*M. Matheson*

Name

**Margaret Matheson**

Position

**Treasurer**

*I. ... C.A.*

**Independent Examiners Report to the Trustees of Inverness Bravehearts  
Scottish Charity SC037269**

I report on the accounts of your charity for the year ended 31<sup>st</sup> October 2025 which are set out on the pages numbered 1 and 2.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland Regulations 2006). The charity trustees considered that the Audit requirement of the Regulation 10(1) (d) of the Accounts regulations did not apply. It is my responsibility to examine the accounts as required under section 44(1) © of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulation 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, I do not express an audit opinion on the view given by the accounts.

In the course of my examination, no matter has come to my attention.

Name: ..... THOMAS WILLIAM MACLEAN


Qualifications ..... CHARTERED ACCOUNTANT

Address ..... 1MRE, BALNAIN

..... DRUMNADROCHIT, INVERNESS

..... IV63 6TJ

Date: ..... 12/3/26

 C.A.