



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	January	2022	To	31	December	2022

Reference and administration details

Charity name	Food4Africa UK (SCIO)		
Other names charity is known by			
Registered charity number	SC037178		
Charity's principal address	<div></div>		
	Po	<div></div>	

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<div></div>			
2	<div></div>			
3	<div></div>			
4	<div></div>			
5				
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18				
19				
20				

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

## Structure, governance and management

Type of governing document	Constitution – as a Scottish Charitable Incorporated Organisation (SCIO)
Trustee recruitment and appointment	All three Trustees were reappointed when the charity changed its status in May 2022 from a limited company to a SCIO.

## Objectives and activities

Charitable purposes	<p>The charity's purposes are:</p> <p>4.1 To help relieve hunger among vulnerable children aged six months to twelve years in Southern Africa, by the provision and delivery of a nutritionally enriched meal to such children, thereby helping to improve energy levels, enhance immune systems, develop learning potential, improve concentration and school performances, so these children can contribute towards a sustainable future for all.</p> <p>4.2 To help support early childhood development and the advancement of education among vulnerable children aged six months to twelve years in Southern Africa, so these children can contribute towards a sustainable future for all.</p>
Summary of the main activities in relation to these objects	<p>Feeding vulnerable children a daily 'porridge' of 19 vitamins and minerals.</p> <p>Working with local partners to support the development of sustainable communities.</p>

## APPENDIX 1

### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

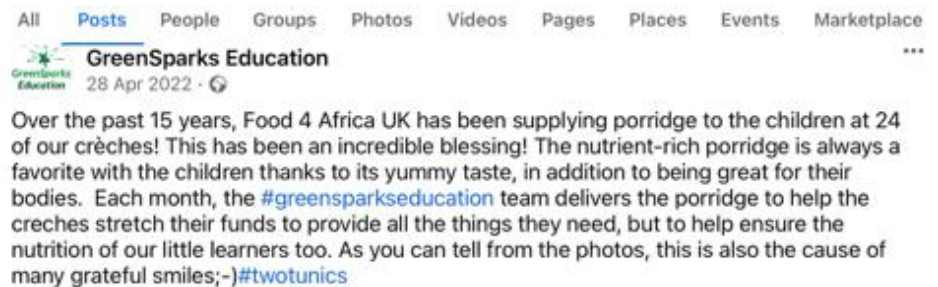
We are delighted that in 2022 we were able to continue to work with our partner in South Africa, GreenSparks Education, to feed 1,500 children.

In May 2022 we had confirmation from OSCR of our change from a limited company to a SCIO. This helped with our strategic planning for the future sustainability of the charity.

By the end of 2022, we were able to donate £2,500 to support the feeding programme.

As the year came to an end, finances were becoming a little less stressed and we look forward to a more prosperous 2023 and to continuing our important work.

Below are some of the GreenSparks Education Facebook posts during 2022 which kindly mention our continuing support to feed vulnerable children and prepare them for school and life ahead...



## Summary of the main achievements of the charity during the financial period

All **Posts** People Groups Photos Videos Pages Places Events Marketplace



### GreenSparks Education

17 Jun 2022 · 🌐

Every week, the [#greensparkseducation](#) team has the privilege of seeing the practical outpouring of the kindness and generosity of our donors. So, when our donors are able to see this first hand, it fills our hearts with joy!

That happened this week, when directors of Food4Africa, Dawn (UK) and Gordon (SA) joined us to visit some of the 24 creches that they support with porridge. This porridge is specially formulated and packed with nutrients to help support the children's growth and development. Thanks to the generosity of their supporters 1200 children benefit from this blessing!

It was also a great opportunity for the creche leaders and children to meet special people who care about them;-) [#twotunics](#)

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### GreenSparks Education

20 Oct 2022 · 🌐

As teachers, we are trained to consider Maslow's hierarchy of needs when helping our learners grow. The pyramid defines the most basic human needs as being air, water, food, shelter, sleep and clothing. Unless these most basic needs are met, we find it difficult to progress to the next levels.

For most people, the analysis is purely theoretical, as most of these needs are met daily. However, in the communities we serve, the crisis of not having these vital needs met, is more than just theory - it's a harsh reality. In the context of education, the [#GreenSparks](#) team often summarizes this concept by saying "hungry children can't learn." It's that simple!

That is why we are so grateful to Food4Africa for continuing to supply delicious, nutrient-rich porridge to our creches. We deliver 850 packets a month to very grateful teachers and children, and we are so thankful for the amazing provision that enables us to do so. We are also extremely grateful to [#twotunics](#) for making it possible to facilitate the entire logistical process.

## Summary of the main achievements of the charity during the financial period

All **Posts** People Groups Photos Videos Pages Places Events Marketplace



### GreenSparks Education

1 Dec 2022 · 🌐

When our little people graduate from creche, it's a BIG deal! At the end of every year, the 4-year-olds in our creches close the chapter of their creche education with a monumental graduation ceremony. Naturally, making this day as special as can be requires a LOT of time and preparation, and the graduates leave knowing they are loved and valued.

However, this day is about a lot more than the end of a season. It's also about the journey to becoming ready for 'BIG School'. This is a day when parents and community members get an insight into the amazing work the teachers have done with love and patience to educate and equip these little learners so that they can embrace their entry into the local schools with confidence, and the advantage of knowing their colors, shapes and numbers. We are so thankful for our dedicated teachers!

This is also a day that testifies to the faithfulness of our donors - your generosity has not only provided the resources needed to prepare these children for formal education, but it has also given them the confidence that comes from knowing they are capable. Thank you for your faithfulness - you have helped to plant and water little seeds that will grow into mighty trees! [#greensparkseducation](#)



## Financial review

Brief statement of the charity's policy on reserves

Details of any deficit

Donated facilities and services (if any)

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## APPENDIX 1

## Other optional information

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Date

Chair

31 August 2023

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## APPENDIX 3



### Independent examiner's report on the accounts V2

**Report to the trustees/members of** Food4Africa UK (SCIO)

**Registered charity number** SC037178

**On the accounts of the charity for the period**

**Period start date**

**Period end date**

Day

Month

Year

Day

Month

Year

01

January

2022

to

31

December

2022

**Set out on pages** Page 1 to 6

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be

**Signed:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**

31/8/23

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of  
any items that the  
examiner wishes to  
disclose

New bank account is set up with RBS Bank. During the year  
transfer of £500 was made from Barclays Bank to RBS.

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## Food4Africa 2022 Accounts

Food4Africa - Summary Account Info for Year Ending 31.12.2022			
<b>Income</b>	<b>On bank statements</b>	<b>£482.73</b>	
	Composed of:		
	Justgiving donations and Gift Aid		£135.77
	Monthly Standing Orders		£15.00
	Amazon		£212.77
	Easyfundraising		£19.19
	HMRC refund		£100.00
			<b>£482.73</b>
<b>Expenditure</b>	<b>On bank statements</b>	<b>£4,079.00</b>	
	Composed of:		
	<b>Compliance and Operating Costs</b>		
	Donations for food (bank transfers)		£2,500.00
	Bank charges for transfers		£44.00
	Payments to Justgiving		£36.00
	HMRC payment		£100.00
	ICO annual subscription		£35.00
	Subscription to Scottish International Development Alliance		£50.00
	Accountant Fee		<u>£1,314.00</u>
			<b>£4,079.00</b>
<b>For information</b>	<b>Other operating costs paid for privately (not charged to the charity)</b>		
	Vistaprint - promotional materials		£37.01
	Wordpress - F4A website costs		£84.00
	Page 1 of 6		<b>£121.01</b>

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**Additional analysis (1)****Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
JustGiving	136				136	
Monthly standing order	15				15	
Smile Amazon	212					
Easyfundraising	19					
HMRC refund	100				100	
					-	
					-	
<b>Total</b>	<b>482</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>251</b>	<b>-</b>
	reference	-	-	-	reference	-

**2 Grants**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
	-	-	-	-

**3 Gross receipts from other charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
	-	-	-	-	-	-

**4 Payments relating directly to charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations to South Africa	2,500				2,500	
Bank charges for donations	44				44	
Payments to JustGiving	36				36	
HMRC payment	100				100	
ICO annual Subscription	35				35	
Scottish International Dev Alliance Subscription	50				50	
Accounting Fee	1,314				1,314	
					-	
					-	
					-	
<b>Total</b>	<b>4,079</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,079</b>	<b>-</b>

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## Additional analysis (2)

## 5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations	483				483	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>483</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>483</b>	<b>-</b>
					cross ref error	
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>483</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>483</b>	<b>-</b>
					cross ref error	
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	180				180	
Grants and donations	2,500				2,500	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts	1,314				1,314	
Legal costs					-	
other	85				85	
<b>Sub total</b>	<b>4,079</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,079</b>	<b>-</b>
					-	
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>4,079</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,079</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>(3,596)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(3,596)</b>	<b>-</b>
<b>Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>(3,596)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(3,596)</b>	<b>-</b>
					cross ref error	

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**Additional analysis (3)****6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-	-
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	-	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-	-
<b>Net receipts / (payments)</b>	-	-	-	-	-	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	-	-	-	-	-	-
<b>Nature and purpose of funds</b>						

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**Food4Africa UK - Bank Receipts for 2022****On bank statements**

Date	Description	Amount
05.01.22	Direct credit - Justgiving	£5.70
12.01.22	Direct credit - Justgiving	£2.85
19.01.22	Direct credit - Justgiving	£4.27
25.01.22	Standing order - Bain	£15.00
25.01.22	Direct credit - Justgiving	£57.96
02.02.22	Direct credit - Justgiving	£2.85
09.02.22	Direct credit - Justgiving	£2.85
16.02.22	Direct credit - Justgiving	£3.56
22.02.22	Direct credit - Justgiving	£55.73
23.02.22	Direct Credit - Amazon	£81.44
09.05.22	Direct Credit - Amazon	£59.70
07.06.22	Direct Credit - EastFundraising	£19.19
16.09.22	Direct Credit - Amazon	£49.55
28.09.22	Deposit at Glasgow Argyle Street - HMRC refund	£100.00
15.09.22	Direct Credit - Amazon	£22.08

**Barclays Total income      £482.73**

04.11.22	Money from Barcalys to RBS SCIO account	£250.00
07.12.22	Money from Barcalys to RBS SCIO account	£250.00

**RBS Total income      £500.00**

**Total      £982.73**

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**Food4Africa UK - Bank Payments for 2022**  
**Breakdown of info on bank statements**

Date	Description	Amount
20.01.22	CHAPS transfer to TT - donation	£2,000.00
20.01.22	AFTS payment	£23.00
25.01.22	Direct Debit - Justgiving	£18.00
18.02.22	Wylie & Bisset - Accounts	£954.00
25.02.22	Direct Debit - Justgiving	£18.00
07.03.22	HMRC payment	£100.00
25.05.22	Bill payment Scottish International Development	£50.00
26.05.22	Wylie & Bisset - Accounts	£360.00
27.05.22	Direct Debit - ICO	£35.00
04.11.22	Transfer from Barclays to RBS new account	£250.00
07.11.22	CHAPS transfer to TT - donation	£500.00
07.11.22	AFTS payment	£21.00
07.12.22	Transfer from Barclays to RBS new account	£250.00
		<b>£4,579.00</b>

**Notes**

**1 Donations and bank charges**

Month	Recipient	Amount	Bank Charges	
January	Two Tunics	£2,000.00	£23.00	
November	Two Tunics	£500.00	£21.00	
	<b>Totals</b>	<b>£2,500.00</b>	<b>£44.00</b>	<b>£2,544.00</b>

**2 Justgiving Fees**

2 payments	at £18 per month	<b>£36.00</b>
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**3 Compliance and Operating Costs**

Month	Recipient	Purpose	Amount	
February	Wylie & Bisset	Accountant Fee	£954.00	
March	HMRC payment		£100.00	
May	Scottish International Development	Subscription	£50.00	
May	Wylie & Bisset	Accountant Fee	£360.00	
May	ICO	Annual Registration	£35.00	
Nov & Dec	RBS F4a SCIO	transfer to new bank account	£500.00	
	<b>Total</b>		<b>£1,999.00</b>	<b>£1,999.00</b>

Expenditure- bank **£4,579.00**

**4 For information Other costs paid for privately (not charged to the charity)**

Recipient	Purpose	Amount
IONOS web hosting	Website / email	£29.26
WordPress	F4A website costs	£84.00
		<b>£113.26</b>

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