

Centre For Confidence And Well-Being Limited

Scotland · Charity number SC037080

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2005-11-28
Register	View on the OSCR register

Contact

Address	Old Edenkiln 8 Dumbrock Road Strathblane G63 9EF
Website	https://www.postcardsfromscotland.co.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health', 'the advancement of citizenship or community development', 'the promotion of equality and diversity'

What the charity does: The Centre for Confidence and Well-being Limited aims to be a catalyst for change - individual, organisational and cultural. Through its web resources, publications and events it aims to stimulate new thinking and disseminate research findings on confidence and well-being. It believes that there is a place for psychological interventions but particularly favours a broad, integral approach which stresses the importance of various factors such as physical activity, engagement in activities, the role of the family, decentralised decision-making and equality.

Beneficiaries: 'Children or young people', 'Older People', 'People with disabilities or health problems', 'People with a particular ethnic or racial origin', 'No specific group, or for the benefit of the community'

Objectives: The object of the company is to educate the public on the influence and inter-relationship of psychological, cultural, physiological and structural factors for fostering confidence and well-being at an individual, organisational and societal level.

Geography

- **Main operating location:** Glasgow City
- **Geographical spread:** Operations cover all or most of Scotland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£6,170	£12,744	-	0
2024-03-31	£1,123	£3,100	-	0
2023-03-31	£2,971	£5,781	-	0
2022-03-31	£8,213	£11,494	-	0
2021-03-31	£24,769	£19,663	-	0