

Orkney Heart Support Group

Scotland · Charity number SC035467

Details

Status	Active
Legal form	Unincorporated association
Registered	2004-02-17
Register	View on the OSCR register

Contact

Address	Golden Acre Sunnybank Road St Ola Kirkwall Orkney KW15 1TP
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Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended'

What the charity does: The charity is set up to benefit those with cardiac issues in Orkney. This is achieved by having monthly meetings for members, having regular discussions with healthcare professionals to ensure the needs of cardiac patients are met and donating equipment to the local hospital, GP's and others as considered appropriate.

Beneficiaries: 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: To promote the welfare and relieve the distress of those in Orkney who suffer from cardiac illness

Geography

- **Main operating location:** Orkney Islands
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2026-04-04	£8,087	£11,829	-	0
2025-04-04	£12,489	£12,307	-	0
2024-04-04	£7,336	£10,060	-	0
2023-04-04	£17,107	£7,129	-	0
2022-04-04	£2,334	£1,666	-	0
2021-04-04	£1,120	£2,547	-	0

Accounts

APPENDIX 1

OSCR

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period

Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	05	04	2025		04	04	2026

Reference and administration details

Charity name	Orkney Heart Support Group
Other names charity is known by	-
Registered charity number	SC035467
Charity's principal address	W Braby (Treasurer)
	Golden Acre, Sunnybank Road
	Kirkwall
	Orkney
	Postcode KW15 1TP

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Phyllis Braby	Chair person		Members at AGM
2	Eleanor McDonald	Secretary		Members at AGM
3	William Braby	Treasurer		Members at AGM
4	Tom Rendall			Members at AGM
5	Jim Cormack			Members at AGM
6	Morag Walker			Members at AGM
7	Alison Robinson			Members at AGM
8	Clair Drever			Members at AGM
9	Andrew McGinn			Members at AGM
10	Derek Tait			Members at AGM
11	Jean Aim			Members at AGM
12	Sheila Scott			Members at AGM
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
—	

Structure, governance and management

Type of governing document The OHSG is a charitable unincorporated association and the purposes of the administration arrangements are set out in our constitution.

Trustee recruitment and appointment Trustees are appointed annually at the AGM in April. Appointments can be made by the executive committee if required during the year.

Objectives and activities

Charitable purposes Our purposes are to promote the welfare and relieve the distress of those in Orkney who suffer from cardiac illness, to offer support to people in Orkney who have had heart problems and to provide help and information on local exercise and rehabilitation programmes.

Summary of the main activities in relation to these objects During the past year we have supported members by regular phone calls, newsletters and information and requests on local radio. Monthly meetings of members have been held.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

We continued to promote health by supplying information when required. We made donations to Royal British Legion Kirkwall who have supported our cause through the year. We also donated equipment to the island GP surgeries. Donations were received from the public and our members.

Financial review

Brief statement of the charity's policy on reserves

The OHSG held unrestricted funds of £26225 at the year end. These funds will be used by the group to further the well-being of cardiac patients within Orkney by enabling the group to purchase any required equipment and to help individuals. Funds will also be made available to support any new activities which the members consider beneficial to cardiac patients.

Details of any deficit

Donated facilities and services (if any) -

Other optional information

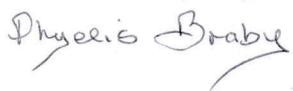
Donations were received from the public and our members.
 our cause through the year. We also donated equipment to the island GP.
 We made donations to Royal British Legion Kildare who have supported
 We continued to promote health by supplying information when required.

Summary of the main achievements of
 the charity during the financial period

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Phyllis Braby	William Braby
Position (e.g. Chair)	Chair	Treasurer
Date	24 APRIL 2026	24 APRIL 2026

Receipts and payments accounts

For the period from				to			
	05	04	2025		04	04	2026

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	5,590				5,590	11,489
Legacies					-	
Grants					-	
Receipts from fundraising activities	736				736	-
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	1,761				1,761	1,000
					-	
A1 Sub total	8,087	-	-	-	8,087	12,489
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	8,087	-	-	-	8,087	12,489
A3 Payments						
Expenses for fundraising activities	-				-	-
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	3,415				3,415	3,041
Grants and donations	8,048				8,048	8,786
Governance costs:	140				140	69
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other	226				226	411
					-	-
A3 Sub total	11,829	-	-	-	11,829	12,307
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	11,829	-	-	-	11,829	12,307
Net receipts / (payments)	(3,742)	-	-	-	(3,742)	182
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	(3,742)	-	-	-	(3,742)	182

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	29,967				29,967	29,785
	Surplus / (deficit) shown on receipts and payments account	(3,742)				(3,742)	182
						-	
						-	
	Cash and bank balances at end of year	26,225	-	-	-	26,225	29,967
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

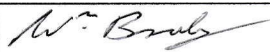
	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

	W. BRABY	24/4/26



Office of the Scottish Charity Regulator

	Independent examiner's report on the accounts v2						
Report to the trustees/members of	Charity name Orkney Heart Support Group						
Registered charity number	SC035467						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year	to	Day	Month	Year
	05	04	2025		04	04	2026
Set out on pages	(remember to include the page numbers of additional sheets)						
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]						
	1. which gives me reasonable cause to believe that in any material respect the requirements: • to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and • to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations						
	have not been met, or						
	2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed:				Date:	28/3/26		
Name:	Alan Shearer						
Relevant professional qualification(s) or body (if any):	MCIBS (Member of the Charter Institute of Bankers in Scotland)						
Address:	30 Burnside Kirkwall Orkney KW15 1TF						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

Orkney Heart Support Group

Financial Statement for 5 April 2025 to 4 April 2026

April 25	Income	April 26
£5526.00	Donations	£2831.79
£5963.14	Funeral Donations	£2758.58
	Fund raising	£736.78
£1000.00	Members contributions (Outings & dues)	£1761.00
<u>£12489.14</u>		<u>£8088.15</u>
	Expenditure	
	Members activities	
£2354.00	Xmas dinner/May buffet	£2368.00
£3041.13	Flowers/fruit/cards	£567.12
	Donations	£2935.12
£750.00	Royal British Legion	£0.00
£500.00	CHSS	£500.00
£7500.00	GP Surgeries	£7500.00
£36.00	Other	£48.35
	First Aid Courses	£480.00
£68.60	Governance	£139.94
£411.24	Post & Stationery	£226.23
<u>£12306.97</u>		<u>£11829.64</u>
	Balances	
£29784.56	Balance at 5 April 25	£29966.73
£182.17	Surplus/(deficit) for year	(£3741.49)
£29966.73	At 4 April 26	£26225.24

I, A Shearer, have examined the accounts and can confirm that the above statement is a true and fair view of the affairs of the Orkney Heart Support Group.

Signed  Date 28/3/26

OHSB Financial Review 2025-2026

This financial review covers the period from 5th April 2025 to 4th April 2026.

The income for the year amounted to £8088.15 a decrease of £4400.99 on the previous year. During the year we received £2758.58 from funeral donations, £1500 from Orkney Renewables, £1000 from Friends of Stonework Orkney, £100 from the St Magnus Guild, and smaller donations amounting to £231.79. Members contributions for the year amounted to £1761. We also had a fund raising day in Tesco which raised £736.78.

Expenditure for the year amounted to £11829.64 a decrease of £477.33 on the previous year. During the year we donated £500 to CHSS who provide our insurance cover, £7500 to island GP surgeries to purchase cardiac equipment. Members benefits cost £2935.12 and other costs including first aid courses amounted to £894.52 .

For the year we had an operating deficit of £3741.49. All our funds are unrestricted and at the 4th April 2026 Orkney Heart Support Group had funds of £26225.24 .



W Braby (Treasurer)
Orkney Heart Support Group

LEDGER

Date	ref No.	Description	confirmed	IN	OUT	Balance	Code
04/04/2025		b/f				£29,966.73	
05/04/2025	1	Orkney Media (AGM)(010377)	*		£33.60	£29,933.13	gov
07/04/2025	2	St Magnus Guild (500211)	*	£100.00		£30,033.13	don
16/04/2025	3	J W Gray (biscuits) (010378)	*		£24.01	£30,009.12	benefit
23/04/2025	4	Buffett (500212)	*	£518.00		£30,527.12	member
23/04/2025	4	Membership (500212)	*	£245.00		£30,772.12	member
23/04/2025	4	Donations (500212)	*	£152.00		£30,924.12	don
23/04/2025	4	Membership (t/x)	*	£5.00		£30,929.12	member
23/04/2025	4	Buffet (t/x)	*	£14.00		£30,943.12	member
01/05/2025	5	OIC (first aid) (t/x)	*		£360.00	£30,583.12	benefit
05/05/2025	6	W Shearer (fruit) (010379)	*		£30.00	£30,553.12	benefit
06/05/2025	7	Membership (500213)	*	£55.00		£30,608.12	member
06/05/2025	7	H Connolly (funeral) (500213)	*	£450.00		£31,058.12	f/don
06/05/2025	7	Donations (500213)	*	£14.00		£31,072.12	don
06/05/2025	7	A Hill (donation) (500213)	*	£13.39		£31,085.51	don
22/05/2025	8	CHSS (donation) (010380)	*		£500.00	£30,585.51	gift
27/05/2025	9	R Moar (funeral)(500214)	*	£1,100.00		£31,685.51	f/don
29/05/2025	10	C Seator (buffet) (T/X)	*		£968.00	£30,717.51	benefit
05/06/2025	11	Membership (500215)	*	£30.00		£30,747.51	member
05/06/2025	11	Buffet (500215)	*	£84.00		£30,831.51	member
05/06/2025	11	Donation (500215)	*	£2.00		£30,833.51	don
12/06/2025	12	Floors (010381)	*		£75.00	£30,758.51	benefit
13/06/2025	13	Shearer (fruit) (010382)	*		£30.00	£30,728.51	benefit
08/07/2025	14	VAO fee (T/X)	*		£15.00	£30,713.51	gov
07/08/2025	15	Floors (010383)	*		£83.50	£30,630.01	benefit
27/08/2025	16	R Dunnett (funeral) (500216)	*	£110.00		£30,740.01	f/don
27/08/2025	17	Membership (500216)	*	£5.00		£30,745.01	member
15/09/2025	18	Floors (robinson)(010384)	*		£25.00	£30,720.01	benefit
15/09/2025	19	McLeods (don) (500217)	*	£50.00		£30,770.01	don
20/09/2025		Virgin acc in use TX began				£30,770.01	
25/09/2025	20	PO Stamps (newsletter)(debit card)	*		£43.50	£30,726.51	post & stationery
30/09/2025	21	Orkney Renewables (TX)	*	£1,500.00		£32,226.51	don
02/10/2025	22	Hoy & Walls Patient Fund (T/X)	*		£1,500.00	£30,726.51	gift
03/10/2025	23	Debit card cashback	*	£0.15		£30,726.66	bank credit
08/10/2025	24	Sanday Surgery (development) (T/X)	*		£1,500.00	£29,226.66	gift
22/10/2025	25	J W Gray (biscuits)(000001)	*		£26.93	£29,199.73	benefit
27/10/2025	26	OIC (reg fee)(000002)	*		£20.00	£29,179.73	gov
29/10/2025	27	Papa Westray Surgery (T/X)	*		£1,500.00	£27,679.73	gift
29/10/2025	28	Westray Surgery (T/X)	*		£1,500.00	£26,179.73	gift
04/11/2025	29	Xmas dinner (000001)	*	£600.00		£26,779.73	member
04/11/2025	29	membership fee (000001)	*	£5.00		£26,784.73	member
06/11/2025	30	Xmas dinner (Retson T/X)	*	£20.00		£26,804.73	member
24/11/2025	31	Tesco Fundraiser (000002)	*	£736.78		£27,541.51	fund raise
28/11/2025	32	Shearer (fruit & vouchers)(000003)	*		£170.00	£27,371.51	benefit
03/12/2025	33	G Rendall (funeral) (000003)	*	£605.00		£27,976.51	f/don
03/12/2025	33	Xmas Dinner (000003)	*	£180.00		£28,156.51	member
04/12/2025	34	OIC (1st Aid) (T/X)	*		£120.00	£28,036.51	benefit
18/12/2025	35	S Slater (funeral) (000004)	*	£493.58		£28,530.09	f/don
22/12/2025	36	Shearer (fruit) (000004)	*		£15.00	£28,515.09	benefit
08/01/2026	37	S Reid (Xmas dinner) (bank TX)	*		£1,400.00	£27,115.09	benefit
30/01/2026	38	Stronsay Surgery (development)(T/X)	*		£1,500.00	£25,615.09	gift
09/02/2026	39	Friends of Stonework (donation)(000000)	*	£1,000.00		£26,615.09	don
13/02/2026	40	Post Office (stamps) (card)	*		£71.34	£26,543.75	post & stationery
16/02/2026	41	P Braby (costs) (T/X)	*		£87.68	£26,456.07	benefit
16/02/2026	41	P Braby (costs) (T/X)	*		£48.35	£26,407.72	gift
16/02/2026	41	P Braby (costs) (T/X)	*		£71.34	£26,336.38	gov
16/02/2026	41	P Braby (costs) (T/X)	*		£111.39	£26,224.99	post & stationery
03/03/2026	42	Debit card cashback		£0.25		£26,225.24	bank credit
		correct statement 7				£26,225.24	
04/04/2026		end of year				£26,225.24	

Orkney Heart Support Group 25-26					
Recon of bank statements					
Statement No.	Date	Amount	Cheques outstanding	Balance	Ledger
142	20/04/2025	£30,033.13	£0.00	£30,033.13	£30,033.13
143	20/05/2025	£31,085.51	£0.00	£31,085.51	£31,085.51
144	20/06/2025	£30,803.51	£75.00	£30,728.51	£30,728.51
145	20/07/2025	£30,713.51	£0.00	£30,713.51	£30,713.51
146	20/08/2025	£30,713.51	£83.50	£30,630.01	£30,630.01
147	20/09/2025	£30,770.01	£0.00	£30,770.01	£30,770.01
148	13/10/2025	£0.00	£0.00	£0.00	£32,226.51
1	01/10/2025	£14,956.50	-£17,270.01	£32,226.51	£32,226.51
2	01/11/2025	£26,179.73	£0.00	£26,179.73	£26,179.73
3	01/12/2025	£27,541.51	£170.00	£27,371.51	£27,371.51
4	01/01/2026	£28,515.09	£0.00	£28,515.09	£28,515.09
5	01/02/2026	£25,615.09	£0.00	£25,615.09	£25,615.09
6	01/03/2025	£26,224.99	£0.00	£26,224.99	£26,224.99
7	01/04/2026	£26,225.24	£0.00	£26,225.24	£26,225.24
	END Year				

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