

# Healthy Valleys

Scotland · Charity number SC034253

## Details

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Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2004-03-21
Register	<a href="#">View on the OSCR register</a>

## Contact

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**Address**  
Thornton Road Community Centre  
34 Thornton Road  
Kirkmuirhill  
Lanark  
ML11 9QE

**Website** [www.healthyvalleys.org.uk](http://www.healthyvalleys.org.uk)

## Activities

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**Activities:** 'It carries out activities or services itself'

**Purposes:** 'the advancement of education', 'the advancement of health'

**What the charity does:** Established 2003, to reduce health inequalities in rural South Lanarkshire. We deliver a range of community led health improvement programmes to those individuals and families who are most in need of support. This includes Early Years, Mental Health and Wellbeing and Community Food and Health. Inclusion is key to the success of this organisation, and as such, we engage a range of local people and train them to deliver activity programmes across our catchment areas.

**Beneficiaries:** 'Children or young people', 'Older People', 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

**Objectives:** a. To preserve and protect the mental and physical health of individuals resident in Scotland, ('the Operating Area') and to assist in the relief of ill health and the provision of health education for such individuals. b. To advance education, and in particular health education, among the residents of the Operating Area so as to develop their mental, social and spiritual capacities so that their conditions of life may be improved. c. To promote, establish and operate other schemes of a charitable nature for the benefit of the community within the Operating Area

## Geography

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- **Main operating location:** South Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£983,443	£923,521	-	28
2024-03-31	£1,083,093	£1,067,405	-	34
2023-03-31	£1,009,454	£1,050,003	-	34
2022-03-31	£1,043,002	£889,787	-	36
2021-03-31	£980,782	£788,947	-	41