

Grampian Cardiac Rehabilitation Association

Scotland · Charity number SC033331

Details

Known as	Grampian Heart & Health, GCRA
Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2003-07-17
Register	View on the OSCR register

Contact

Address	Office 6 Turrieff Business Centre Markethill Industrial Estate Turrieff Aberdenshire AB53 4AG
Website	www.grampianhearthealth.org.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health'

What the charity does: Grampian Heart & Health provides, coordinates, promotes, encourages and manages phase IV Cardiac Rehabilitation (CR) and chronic health conditions (CH) exercise classes throughout Grampian so that long term benefits may be widely available to members in the community. This is done by establishing partnerships and referral networks with local GP's, health centres, hospitals, physiotherapy services, diabetic clinics, phase III and other healthcare providers to support the referral of individuals into appropriate programme in the community. Providing a means for gathering appropriate CR and CH data for potential study and research to assist in the identification of optimum exercise. Gathering and providing funds for ongoing professional development, accreditation and guidance for all staff and volunteers involved in CR and CH, so small groups may benefit from association with larger groups. Providing defibrillators for first aid to CR and CH participating members.

Beneficiaries: 'Older People', 'People with disabilities or health problems'

Objectives: To protect and preserve good health through the advancement of public education on the benefits of exercise in Cardiac Rehabilitation...

Geography

- **Main operating location:** Aberdeenshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£105,194	£128,823	-	3
2024-07-31	£93,593	£93,331	-	2
2023-07-31	£112,294	£105,599	-	1
2022-07-31	£84,913	£113,420	-	3
2021-07-31	£83,150	£60,925	-	3