

Helping Hand Trust

Income & Expenditure Statement

1st February 2024 until 31st January 2025

	2024	2025
<u>Income</u>		
Donations	3640	3850
Rent EAC Income	5086	3406
Total Income	8726	7256
<u>Expenses</u>		
Wages	1360	0
Repairs & Renewals	1426	1040
Rates & Insurance	1314	263
Stationery & Mail etc	237	930
Food Bank/Move On	9466	9607
Vehicle Exp	10545	0
Heat, Light & Maintenance	756	359
Motor Expenses	2702	1921
Professional Fees	0	785
Accountancy	175	175
	27981	15080
Profit / (Loss)	(19255)	(7824)

Per Receipts and Payments Accounts

1st February 2024 until 31st January 2025

£

Opening Balance

32,173

Add : Income

Donations

3,850

EAC Rent

3,406

Bank Interest received

1,498

Proceeds Sale of Property

36,817

Insurance refund

89

45,660

77,833

Less:

Expenses

Charitable Activities

14,120

Professional Fees

785

Accountancy Fee

175

15,080

Closing Balance

62,753

Helping Hand Trust

SC032868



Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Da01y	Month	Year		Day	Month	Year
	01	02	2024		31	01	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	3,850				3,850	3,640
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings	1,498				1,498	
Rents from land & buildings	3,406				3,406	5,086
Gross receipts from other charitable activities					-	
Insurance refund	89				89	
A1 Sub total	8,843	-	-	-	8,843	8,726
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	36,817				36,817	
Proceeds from sale of investments					-	
A2 Sub total	36,817	-	-	-	36,817	-
Total receipts	45,660	-	-	-	45,660	8,726
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	14,120				14,120	17,259
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts	175				175	175
Legal costs	785				785	
Other					-	
A3 Sub total	15,080	-	-	-	15,080	17,434
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	15,080	-	-	-	15,080	17,434
Net receipts / (payments)	30,580	-	-	-	30,580	(8,708)
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	30,580	-	-	-	30,580	(8,708)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	32,173				32,173	51,428
	Surplus / (deficit) shown on receipts and payments account	30,580				30,580	(8,708)
						-	
						-	
	Cash and bank balances at end of year	62,753	-	-	-	62,753	42,720
	(Agree balances with receipts and payments account(s))	yes	-	-	-	-	-

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	General Fund	unrestricted fund		-	47,619
		Total	-	-	47,619

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature*

Print Name

Date of
approval

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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Helping Hand Trust

SC032868

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-
	reference	-	-	-	reference	reference

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £			Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
Total	-	-			-	-
	-	-			-	-

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-
	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-
	reference error	-	-	-	reference error	reference error

SC032868

Additional analysis (2)

5 Breakdown of unrestricted funds

Breakdown of unrestricted funds	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-		-
					cross ref error	
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
					cross ref error	
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	-	-	-	-	-	-
					cross ref error	
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
					cross ref error	
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	-	-	-	-	-	-
					cross ref error	

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period								
		Period start date			Period end date			
		Day	Month	Year				
From		01	02	2024	To	31	01	2025

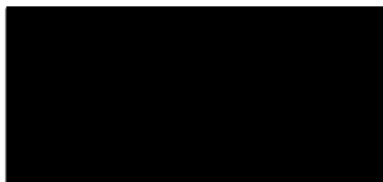
Reference and administration details

Charity name : Helping Hand Trust

Other names charity is known by

Registered charity number : SC 032868

Charity's principal address



Postcode

**Names of the charity trustees on date of approval of Trustees' Annual Report**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1		Chair		
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name

Dates acted if not for whole year

Structure, governance and management

Type of governing document

Trust Deed

Trustee recruitment and appointment

By proposal and unanimous appointment of existing trustees.

Objectives and activities

Charitable purposes

The advancement of the Christian Gospel particularly, but not exclusively, among those suffering from addictions and among the socially disadvantaged generally.

Summary of the main activities in relation to these objects

Operation of two food banks in two separate locations in East Ayrshire.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

Over the last financial, we have held two weekly food banks. One in the village of Auchinleck and the other in the village of Muirkirk.

Between the two locations, we would provide substantial amounts of food to around 40 individuals/families per week. We have a wide age range of users from folks in their late teens to senior citizens. The majority of users from Auchinleck are folks caught in the trap of addictions while at Muirkirk we are providing food supplies to a number of young families and pensioners.

In addition to providing food we offer spiritual help through presenting the Christian Gospel Message.

Financial review

Brief statement of the charity's policy on reserves

Financial reserves are, by and large, retained to finance the operating costs of the charity, which is predominantly purchasing food from Fare Share and some local supermarkets.

Details of any deficit

Donated facilities and services (if any)

APPENDIX 1

Other optional information

During this financial year we sold off our remaining tenanted property. We were having problems with our tenant as well as issues regarding repairs so the trustees decided the time was right to dispose of it. The proceeds of the sale will be retained and used for the on-going purposes of the trust.

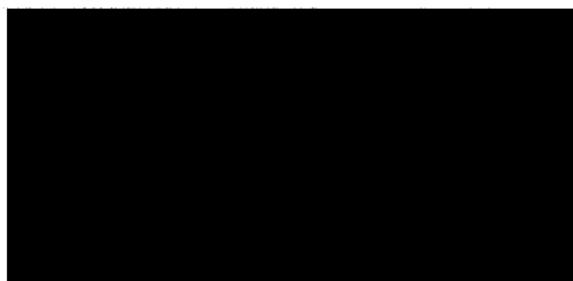
Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)
*OSCR will accept
digital or typed
signatures*

Full name(s)



Position (e.g. Chair)

Chair

Date

27th October 2025

APPENDIX 3



		Independent examiner's report on the accounts							v2
Report to the trustees/members of Registered charity number On the accounts of the charity for the period Set out on pages	Charity name	Hepling Hand Trust							
	Registered charity number	SC032868							
	Period start date				Period end date				
	Day	Month	Year		Day	Month	Year		
	01	02	2024	to	31	01	2025		
								(remember to include the page numbers of additional sheets)	
Respective responsibilities of trustees and examiner Basis of independent examiner's statement Independent examiner's statement	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p> <p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p> <p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <p>1. which gives me reasonable cause to believe that in any material respect the requirements:</p> <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <p>2. [REDACTED]</p>								
Signed: Name: Relevant professional qualification(s) or body (if any): Address:	[REDACTED]				Date:	30 th October 2025			
DB Bookkeeping Services									
Trinity Business Spaces									
18 East Shaw Street									
Kilmarnock KA1 4AN									

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose