

Healthy and Active in East Kilbride Ltd

Scotland · Charity number SC032831

Details

Status	Active
Legal form	Company (the charity is registered with Companies House)
Registered	2002-02-21
Register	View on the OSCR register

Contact

Address	Unit 200 Centre West TownCentre East Kilbride G74 1LL
Website	www.olderandactive.co.uk

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of health', 'the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage'

What the charity does: To deliver services to help individuals dealing with illness, mental health challenges, social isolation and loneliness, and poverty.

Beneficiaries: 'Older People', 'People with disabilities or health problems', 'No specific group, or for the benefit of the community'

Objectives: The company's objects are: 1) To promote inclusion, integration and cohesion of people and communities in the East Kilbride locality, 2) To provide relief for people suffering from mental and physical health problems, social isolation and loneliness, inequalities, particularly in marginalised groups, 3) To provide a range of support and information services to improve the physical and mental health and well-being of people in the East Kilbride locality, 4) To operate as the community anchor organisation in East Kilbride, working collaboratively with partners supporting policies and strategies at local and national level, providing advice and support for local third sector organisations, people and communities. The company's objects are restricted to those set out in article 4 (but subject to article 6). The company may (subject to first obtaining the consent of OSCR) add to, remove or alter the statement of the company's objects in article 4. on any occasion when it does so, it must give notice to the registrar of companies and the amendment will not be effective until that notice is registered on the register of companies.

Geography

- **Main operating location:** South Lanarkshire
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£419,115	£401,148	-	10
2024-03-31	£440,695	£442,729	-	11
2023-03-31	£337,460	£303,395	-	11
2022-03-31	£293,331	£268,684	-	10
2021-03-31	£330,237	£307,678	-	10