

Choices - Dunfermline

Scotland · Charity number SC032645

Details

Known as	Choices - Pregnancy Crisis Centre
Status	Active
Legal form	Trust (founding document is a deed of trust) (other than educational endowment)
Registered	2002-01-16
Register	View on the OSCR register

Contact

Address	Liberty Centre Pitreavie Way Pitreavie Business Park Dunfermline KY11 8QS
Website	www.choicesdunfermline.org

Activities

Activities: 'It carries out activities or services itself'

Purposes: 'the advancement of education', 'the advancement of health'

What the charity does: Choices provides confidential support to people in Fife who experience unplanned pregnancy and pregnancy loss, including termination, miscarriage and stillbirth. The support is offered in person primarily or online via Zoom if required. Choices continues to receive referrals from health professionals and other organisations. Choices employs a part-time manager and is supported by a team of five trained volunteers.

Beneficiaries: 'Children or young people', 'No specific group, or for the benefit of the community'

Objectives: (a) The advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological (b) The preservation and protection of women's health (c) The provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth, loss of a child or sexual abuse (d) The promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects

Geography

- **Main operating location:** Fife
- **Geographical spread:** Wider, but within one local authority area

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£134,998	£7,734	-	1
2024-03-31	£8,921	£7,738	-	1
2023-03-31	£8,284	£7,865	-	1
2022-03-31	£4,157	£8,183	-	1
2021-03-31	£6,091	£7,946	-	1

Accounts



Choices Dunfermline

**Annual Report & Financial Statements
For the Year Ended**

31st March 2025

Scottish Charity No. SC032645

Choices Dunfermline
Liberty Centre, Pitreavie Way
Pitreavie Business Park
Dunfermline
Fife KY11 8QS
01383738118

office@choicesdunfermline.org
www.choicesdunfermline.org

Trustees' Annual Report

For the Year Ended 31st March 2025

The Trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31st March 2025.

Administrative Information

Charity Name

Choices Dunfermline

Charity No.

SC032645

Address

Liberty Centre, Pitreavie Way, Pitreavie Business Park, Dunfermline, Fife KY11 8QS

Current Trustees



Chair

Structure, Governance & Management

Constitution

The charity's governing document is a Trust Deed.

Management

The Trustees are responsible for the governance of Choices, and the Centre Manager recruits trained volunteers as necessary to provide strategic direction.

The overall running of the Centre is delegated to the Centre Manager whilst trained volunteers assist in overseeing evening sessions.

Objectives & Activities

Charitable purposes

The Trust Deed states: - 'Advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological.

The preservation and protection of women's health.

The provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, or baby bereavement.

The promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects.'

Activities

Choices Dunfermline provides free, confidential support including

- Unplanned pregnancy support.
- Pregnancy loss support.
- Practical support and information.

Achievements & Performance

Choices continues to provide a valuable service to people in Fife, offering confidential support to people who experience unplanned pregnancy and *pregnancy loss, including termination, miscarriage and stillbirth.*

Support continues to be offered in person primarily or online via Zoom if required. We provided 267 support sessions this year. There is a steady demand for our service which leaves some clients still having to wait 3-6 months before receiving *regular support. Clients who approach us for support with unplanned pregnancy* are prioritised and are offered an appointment within a week.

Choices continues to receive referrals from health professionals and other organisations e.g. General Practitioners, Clinical Psychologists, Community Psychiatric Nurses, *bereavement midwives and other agencies.*

Choices employs a part-time manager working 10 hours per week and is supported by a team of five volunteers, one of whom is presently on a break for personal reasons.

Financial Review

Donations from individuals represented the main regular source of funding for the centre. Choices also gratefully received charitable grants.

At the end of the financial year, Choices was extremely grateful to receive a large Legacy from a couple who had been supporters of Choices since inception, one of whom had been a former Trustee (see accounts).

Plans for Future Periods

It is anticipated that continued employment of the Centre Manager will allow for ongoing promotion of the work of the centre to health professionals and other organisations, with a view to seeing a further increase in the number of client referrals.

Approved by the trustees on 10/12/25 and signed on their behalf by:

A large black rectangular box redacting the signature of the Chair.

Chair

Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	4,308				4,308	5,671
Legacies	129,690				129,690	
Grants	1,000				1,000	3,250
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Bank interest					-	
A1 Sub total	134,998	-	-	-	134,998	8,921
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	134,998	-	-	-	134,998	8,921
A3 Payments						
Expenses for fundraising activities	-				-	-
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	7,734	-			7,734	7,738
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	7,734	-	-	-	7,734	7,738
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	7,734	-	-	-	7,734	7,738
Net receipts / (payments)	127,264	-	-	-	127,264	1,183
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	127,264	-	-	-	127,264	1,183

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	3,778				3,778	2,595
	Surplus / (deficit) shown on receipts and payments account	127,264				127,264	1,183
						-	
						-	
	Cash and bank balances at end of year	131,042	-	-	-	131,042	3,778
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

				10/12/25

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below Donations	Unrestricted fund 2 - enter name of fund below Grants	Unrestricted fund 3 - enter name of fund below Legacy	Unrestricted fund 4 - enter name of fund below Fundraising Activities	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	4,308				4,308	5,671
Legacies			129,690		129,690	
Grants		1,000			1,000	3,250
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	4,308	1,000	129,690	-	134,998	8,921
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	4,308	1,000	129,690	-	134,998	8,921
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	7,734			-	7,734	7,738
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	7,734	-	-	-	7,734	7,738
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	7,734	-	-	-	7,734	7,738
Net receipts / (payments)	(3,426)	1,000	129,690	-	127,264	1,183
Transfers to / (from) funds					-	
Surplus / (deficit) for year	(3,426)	1,000	129,690	-	127,264	1,183

Nature and purpose of funds

Grants were made towards the ongoing work of the centre and provision of a part time manager for the centre

Choices Dunfermline Pregnancy Crisis Centre

SC032645

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations	-				-	-
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds						
Surplus / (deficit) for year	-	-	-	-	-	-

Nature and purpose of funds

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Independent Examiner's Report

For the Year Ended 31st March 2025

Independent Examiner's Report to the Trustees of Choices – Dunfermline Pregnancy Crisis Centre

I report on the financial statements of the charity for the year ended 31st March 2025, which are set out below.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention:-

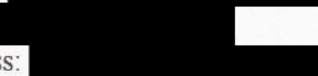
1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 2/12/2025

Name:



Qualification: CIPFA Certificate

Address:

